

# Interstate Hiking Club

Organized 1931

Affiliate of NY-NJ Trail Conference



Schedule of Hikes

May 1999 through October 1999

<http://www.mindspring.com/~interstatehiking/> [interstatehiking@mindspring.com](mailto:interstatehiking@mindspring.com)

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Interstate Hiking Club  
c/o Brian Mazur  
11 Maple Place  
Clifton, NJ 07011

**First Class Mail**

## Who we are?

The Interstate Hiking Club (IHC) is a medium-sized hiking club, organized in 1931, affiliated with the NY/NJ Trail Conference. IHC members are of various ages and diverse backgrounds.

## Where do we go?

Most of our activities are centered in the NY/NJ area. Some hikes are further away. The club occasionally sponsors trips in the Catskills and Pennsylvania. We have had camp-outs in the Adirondacks and Maine.

## What do we do?

Hikes generally are scheduled for every Sunday, and some Saturdays, as day-long outings. They are graded by difficulty of terrain, distance and pace.

<b>Strenuous</b>	Some climbing, usually rugged, generally 9 miles or more.
<b>Moderate</b>	Some climbing and rugged walking, but less than 9 miles.
<b>Easy</b>	Generally easy, fairly level trails, slower pace, 6 to 8 miles.

## Is that all we do?

No. Occasionally the club will host other outdoor activities. In the past we have done trail clearing, orienteering, bushwhacking, snowshoeing, cross-country skiing, camping, backpacking, swimming, canoeing and rafting.

## What to bring:

Footwear is very important. We strongly recommend hiking boots with non-slip soles. New footwear should be broken-in before being used on a hike.

Bring water, a trail lunch, but please no food that requires cooking.

Bring a pack to carry your gear in, including rain gear, sweater, etc., leaving your hands free for climbing.

## Things to be aware of:

All outdoor activities involve **inherent risks**.

Your participation in these activities is at your own personal discretion and **you are solely responsible for your safety**.

Be prompt. Late arrival may cause you to miss the scheduled event.

No pets please.

The leader is in charge of the event. Allow the leader to set the pace. Do not rush ahead or fall behind the group. If you must leave early, tell the leader at the start of the event.

Guests are welcome. An adult must accompany anyone under 18.

## What we ask of you:

Application for membership may be given to any club officer or mailed to the treasurer upon completion of one hike. Guests attending three hikes in three successive months are expected to apply for membership.

**A membership form and list of club officers appear at the end of this schedule.**

# Interstate Hiking Club



## May 1999 — October 1999 Hikes

<p><b>Sunday</b> <b>May 2</b> <b>8:30 AM</b></p>	<p><b>Appalachian Trail #19 – Ralph's Peak Cabin to Rt. 301, Canopus Lake</b></p> <p><b>Moderately strenuous.</b> Distance 7.3 miles. We continue our series of Appalachian trail hikes by jumping across the Hudson to Dutchess County and working our way west. This section has two highlights: a view from the summit of Shenandoah Mountain and a great view of Canopus Lake from cliffs to the north. Rain cancels.</p> <p>Ilse Dunham (973) 838-8031</p> <p><b>Suffern, NY, Municipal Parking Lot</b>, next to RR tracks, junction of Rts 202 &amp; 59. <b>Shuttle required.</b> <i>Contact leader for alternate meeting points.</i></p>
<p><b>Sunday</b> <b>May 9</b> <b>9:00 AM</b></p>	<p><b>Stonetown Linear</b></p> <p><b>Moderately strenuous.</b> Traverse Windbeam, Bear and Board Mountains, then up around Monksville. Good views of reservoirs. We'll see where the long gone tracks to Greenwood Lake passed through a blasted-out gorge.</p> <p>Steve Rikon (973) 962-4149</p> <p><b>Stonetown Road</b>, Ringwood, NJ</p> <p>From I-287: Exit 55, take Rt 511 (Ringwood Ave.) north Approx. 2-3 miles. Left on West Brook Road which crosses reservoir. Right on Stone town Road. Park on road shoulder (plenty of room) along fence just south of Stonetown Fire House (which is marked on Trail Conference map #21). <b>Shuttle required.</b></p>
<p><b>Sunday</b> <b>May 16</b> <b>9:00 AM</b></p>	<p><b>Johnsontown Circular</b></p> <p><b>Moderately strenuous.</b> A lot of ups and downs with wonderful views. We'll do two loops, one on each side of Seven Lakes Drive.</p> <p>Barbara Albeck (973) 328-8557 barbalbeck@aol.com</p> <p><b>Johnsontown Circle</b>, Sloatsburg, NY</p> <p>Take Rt 17 north to Sloatsburg, NY. Immediately north of Sloatsburg is a traffic light for Seven Lakes Drive. Proceed east on Seven Lakes Drive. Turn left onto Johnsontown Road after I-87 underpass. Continue to circle and parking at end of road.</p>

<p><b>Saturday May 22</b></p>	<p><b>Gertrude's Nose Ünter-Montaine (Shawangunks)</b></p> <p><b>Very strenuous.</b> A long traverse beneath these stunning cliffs with a least one climb up for views. Heavy rock &amp; talus scrambling. We'll visit caves and "the nostril". First done by IHC in May 1998. Joint with AMC &amp; PBA. Up to 10 fast-paced miles.</p> <p><b>Advanced registration required by Thursday night. Group size limited.</b></p> <p>Mike Selender (201) 451-5411 mike_selender@mindspring.com</p>
<p><b>Sunday May 23 8:30 AM</b></p>	<p><b>Appalachian Trail #17 – Route 9, Graymoor to Dennytown Road</b></p> <p><b>Moderately strenuous.</b> Distance 8.8 miles. We continue through the hills (Little Fort, Denning, Canopus) of Westchester and Putman counties to the eastern end of Fahnestock State Park.</p> <p>Bob Maloney (201) 391-6591 rgmalo2@juno.com</p> <p><b>Pacesetter (Grand Union) Shopping Center, Rt 202, Mount Ivy, NY</b></p> <p>On south side of Rt 202 1/2 mile west of Palisades Parkway Exit 13. <b>Shuttle required.</b> <i>Contact leader for alternate meeting points.</i></p>
<p><b>Sunday May 30 9:00AM</b></p>	<p><b>Appalachian Trail #6 Redo – Deckertown Pike to Rt 519</b></p> <p><b>Moderately Strenuous.</b> Distance: 8.3 miles. Up in the sky so blue—we climb this last section of the Kittatinny Ridge, with views on either side, then swing downhill, turning east. Nearby is High Point, at 1803 feet, the highest spot in New Jersey. Optional dinner stop after hike.</p> <p>Steve Rikon (973) 962-4149</p> <p><b>Burger King, Butler, NJ.</b></p> <p><i>From I-287 Exit 52 take Rt 23 north 3 miles to Kinnelon Ave. Continue thru traffic light to first entrance into Grand Union/Burger King parking lot. Park near this entrance. <b>Shuttle required.</b></i></p>
<p><b>Sunday June 6 9:00 AM</b></p>	<p><b>Annual Meeting and Hike</b></p> <p><b>Moderate.</b> We'll hike less than 2 miles from Silvermine to the Long Path on Stockbridge Mountain where we'll conduct club business, review finances and elect officers for the coming year. "Retired hikers" welcome. There are shelters if it rains. After the meeting you can either return directly to Silvermine or join a <b>moderately strenuous</b> exploration of the remnants of Bailytown and a mine or two. <b>Members only. Dues are due today!</b></p> <p>Mike Selender (201) 451-5411mike_selender@mindspring.com</p> <p><b>Reeves Meadow Visitors Center, Seven Lakes Drive, Sloatsburg, NY</b></p> <p>Take Rt 17 north to Sloatsburg, NY. Immediately north of Sloatsburg is a traffic light for Seven Lakes Drive. Proceed east on Seven Lakes Drive 1.5 miles to Reeves Meadow Visitors Center. We'll carpool to the starting point at Silvermine in order to save on <b>parking fee</b> at later.</p> <p><i>Alternate meeting point 9:20 am:</i> <b>Silvermine Parking Area, Harriman Park, NY.</b></p> <p><i>From Rt 17:</i> Turn right onto Seven Lakes Drive just north of Sloatsburg, NY. Go 12.6 miles to parking area on right. <i>From Palisades Interstate Parkway:</i> North to Long Mountain circle (intersection of PIP and US Rt 6). Take Seven Lakes Drive west 1.5 miles to Silvermine Parking Area on left. <b>Parking fee.</b></p>

<p><b>Saturday June 12</b></p>	<p><b>Urban Walk – Downtown NYC/Brooklyn Bridge</b></p> <p><b>Easy.</b> We'll spend the day exploring lower Manhattan. Areas to be visited include: Battery Park, the Financial District, South Street Seaport and a walk across the Brooklyn Bridge.</p> <p>David Kocian (201) 393-0986 davidamk@yahoo.com</p> <p>Contact leader for details.</p>
<p><b>Sunday June 13 9:00 AM</b></p>	<p><b>Seven Hills</b></p> <p><b>Moderate</b> Mountain Laurel should be in bloom as we climb Diamond Mountain following the Seven Hills trail. We probably won't hike the entire length of this trail, but that option is available to those who want to continue.</p> <p>Robin Abrett (973) 616-9392 robin-abrett@worldnet.att.net</p> <p><b>Reeves Meadow Visitors Center</b>, Seven Lakes Drive, Sloatsburg, NY</p> <p>Take Rt 17 north to Sloatsburg, NY. Immediately north of Sloatsburg is a traffic light for Seven Lakes Drive. Proceed east on Seven Lakes Drive 1.5 miles to Reeves Meadow Visitors Center. <b>Short shuttle required.</b></p>
<p><b>Sunday June 20 9:00 AM</b></p>	<p><b>Schunemunk</b></p> <p><b>Moderately strenuous.</b> See the glories of nature on this mountain in June. Visit the megaliths. This will be a circular hike. <b>Rain cancels.</b></p> <p>Frank Bauer (201) 845-3066</p> <p><b>Red Apple Rest</b>, Rt 17, Southfields, NY</p> <p>The restaurant is on the northbound side of Rt 17, 10 miles north of Sloatsburg, NY. <b>Park in the back.</b></p>
<p><b>Saturday June 26 8:00 AM</b></p>	<p><b>Mountain Bike Trip to Ski Plattekill (Western Catskills)</b></p> <p>Ski Plattekill features terrain and routes for different levels of this activity. All day lift tickets cost \$20 and bike rentals require reservations by credit card.</p> <p><b>Advanced registration required by Thursday night.</b></p> <p>Brian Mazur (973) 478-5285 mazurb@hotmail.com</p> <p><b>Harriman RR Station</b>, Rt 17, Harriman, NY</p> <p><i>From Rt 17 north:</i> Continue past Southfields (Red Apple Rest) and Arden (AT-Elk Pen parking). The entrance to the commuter parking lot is approx. 2 miles further on the northbound (right-hand) side.  <i>From NYS Thruway Exit 16:</i> Proceed south on Rt 17 approx. 2 miles. Commuter lot will be on your left.</p>

<p><b>Sunday June 27 9:00 AM</b></p>	<p><b>Appalachian Trail #16 – Bear Mountain Bridge to Route 9, Graymoor</b></p> <p><b>Moderately Strenuous.</b> Distance: 5.8 miles plus 1.5 mile loop to Anthony's Nose. This section includes the Bear Mountain Bridge, South Mountain Pass, Canada Hill and Hudson Highlands State Park. We'll make a side trip to Anthony's Nose for Hudson River views.</p> <p>Elsie and Joel McKenzie (973) 694-3056 emckenzie@sprynet.com</p> <p><b>Bear Mountain Inn, Bear Mountain, NY</b></p> <p>Take the Palisades Interstate Parkway north to Route 9W traffic Circle near the Bear Mountain Bridge. Turn south on Rt 9W and continue approx. 1 mile to the Inn. <b>\$4 parking fee. Shuttle required.</b></p>
<p><b>Sunday July 4 9:00 AM</b></p>	<p><b>Old AT to Nurian</b></p> <p><b>Moderately strenuous.</b> Via Mystery Swamp trail. Many bushwhacks on this hike. Lunch on the Lichen trail.</p> <p>Pete Rigotti (718) 769-3814</p> <p><b>Elk Pen Parking Area, Arden, NY</b></p> <p><i>From Rt 17 north:</i> Continue north through Sloatsburg, Tuxedo and Southfields (Red Apple Rest). Approx. 7 - 8 miles past Tuxedo look for road to the right with Appalachian Trail crossing sign. Follow road (Arden Valley Road) for 0.5 miles to parking area on right.  <i>From NYS Thruway Exit 16:</i> Proceed south on Rt 17 approx. 4 miles. Look for road to the left with Appalachian Trail crossing sign.</p>
<p><b>Sunday July 11 9:00 AM</b></p>	<p><b>Picnic on Pompton Lake</b></p> <p><b>Moderate.</b> First we will hike to High Mountain. Afterwards we will drive back to the Kientzler's home for a swim in the pool (don't forget the bathing suit) and picnic. Bring something to cook (Charlie will have the grill going and Anita will supply the extras).</p> <p>Charlie and Anita Kientzler (973) 835-1060</p> <p><b>Copper Tree Mall (Grand Union), Rt 202, Oakland, NJ.</b></p> <p>Take I-287 to Exit 58 Oakland, then proceed south on Route 202 two blocks. Meet on north side of parking lot away from Grand Union.</p>
<p><b>Sunday July 18 9:00 AM</b></p>	<p><b>Delaware Water Gap</b></p> <p><b>Moderately strenuous.</b> Dunnfield creek and a stop at Sunfish Pond to cool your toes. Return via Appalachian Trail. <b>Rain cancels.</b></p> <p>Ilse Dunham (973) 838-8031</p> <p><b>Delaware Water Gap Visitor Center, Dunnfield, NJ</b></p> <p>Take I-80 West to exit for Visitor's Center (approximately 1 mile before the bridge to Pennsylvania). Follow signs for Visitor's Center parking. The road will pass under I-80.</p>

<p><b>Saturday July 24</b></p>	<p><b>Canoe Trip – Delaware North of Port Jervis</b></p> <p>Potentially some rough water on this one.</p> <p><b>Contact leader for details.</b></p> <p>Brian Mazur (973) 478-5285 mazurb@hotmail.com</p>
<p><b>Sunday July 25 9:00 AM</b></p>	<p><b>Ramapo Circular</b></p> <p><b>Moderate.</b> Hike the Cannonball Trail to Cannonball LAke. We'll return through the Ramapo Valley County Reservation.</p> <p>David Kocian (201) 393-0986 davidamk@yahoo.com</p> <p><b>Upper Parking Lot, Ramapo Mountain State forest, Oakland, NJ</b></p> <p><i>From I-287: Exit 57. Take Skyline Drive north toward Ringwood. Parking area is on the left approx 1.3 miles from the exit.</i></p>
<p><b>Saturday July 31 8:00 AM</b></p>	<p><b>North Lake Escarpment Trail (Catskills)</b></p> <p><b>Moderately strenuous.</b> The historic, scenic hike will encompass many famous places such as the Catskill Mountain House, Artist's Rock, Sunset Rock and Newman's Ledge. Swimming is available in the prak and we also plan to have an early supper in one of the restaurants in the area.</p> <p>Charlie and Anita Kientzler (973) 835-1060</p> <p><b>Suffern, NY, Municipal Parking Lot,</b> next to RR tracks, junction of Rts 202 &amp; 59.</p>
	<p><b>It's time to work on the Schedule of Hikes for November 1999 through April 2000. Submit hikes you'd like to lead to the club president or volunteer to lead hikes selected by the schedule committee. The variety of hikes and flavor of the schedule depends mainly on the participation of volunteer leaders.</b></p>
<p><b>Sunday August 1 9:00 AM</b></p>	<p><b>Tale of Two Lakes</b></p> <p><b>Moderately strenuous.</b> Claudius Smith's Den, Sebago Lake and "the raspberry patch or high-bush blueberries" are on the intinery. If the day is warm, we will cool our feet at Lake Skenanto.</p> <p>Charlie and Anita Kientzler (973) 835-1060</p> <p><b>Tuxedo Railroad Station,</b> Tuxedo, NY</p> <p>Railroad station is on northbound side of Rt 17 in the village of Tuxedo approx. 2.5 miles north of NYS Thruway exit 15A.</p>

<p><b>Sunday August 8 8:00 AM</b></p>	<p><b>Lake Awosting (Shawangunks)</b></p> <p><b>Moderately strenuous.</b> One of 5 major sky lakes in the Shawangunk Mountains, lake Awosting sits within white vertical walls and ridgetops covered with gnarled pines. The shore line includes a stone beach for swimming (don't forget the bathing suit). Bring singles for <b>ride share and parking fee</b> at Minnewaska State Park.</p> <p>Gail Stocks (973) 839-9038</p> <p><b>Suffern, NY, Municipal Parking Lot</b>, next to RR tracks, junction of Rts 202 &amp; 59.</p>
<p><b>Sunday August 15 8:30 AM</b></p>	<p><b>Appalachian Trail #18 – Dennytown Road to Route 301, Canopus Lake, NY</b></p> <p><b>Moderate.</b> Three lakes and an Appalachian Trail loop makes for a special summer hike. We'll visit Canopus Beach for a swim. Bring singles for <b>parking fee</b> at beach.</p> <p>Ilse Dunham (973) 838-8031</p> <p><b>Suffern, NY, Municipal Parking Lot</b>, next to RR tracks, junction of Rts 202 &amp; 59. <i>Contact leader for alternate meeting points.</i></p>
<p><b>Sunday August 22 9:00 AM</b></p>	<p><b>Bearfort Ridge/Surprise Lake</b></p> <p><b>Moderately strenuous.</b> Hike the Bearfort Ridge with its puddingstone, cool forests and views of Greenwood Lake. Enjoy the rhododendron grove as it gives way to Surprise Lake.</p> <p>Gail Stocks (973) 839-9038</p> <p><b>Hewitt Post Office / Five Star Shopping Center</b>, Warwick Tpk, Hewitt, NJ</p> <p><i>From Rt 23:</i> North to New Foundland, NJ; turn right onto Union Valley Rd (Rt 513), go 9.3 miles (bear left at ShopRite) to intersection of Warwick Tpk; turn right one block into shopping center. <i>From I-287:</i> Exit 55 (Rt 511, Ringwood Ave); go north about 13+ miles to Warwick Tpk at <i>south end</i> of Greenwood Lake (Jct of Rt 511 &amp; Rt 513 &amp; Lakeside Ave); continue straight ahead on Warwick Tpk for half a block.</p>
<p><b>Sunday August 29 9:00 AM</b></p>	<p><b>Sterling Ridge &amp; Gillis Pool</b></p> <p><b>Moderately strenuous.</b> A short hike loop hike on the Sterling Ridge with two high points—one the ridge top, the other an in-ground pool. Swim suits yes; birthday suits, no. <b>Members only.</b></p> <p>Howard Gillis</p> <p><b>South end of the Sterling Ridge Trail</b>, Hewitt, NJ.</p> <p>From I-287: Exit 55, take Rt 511 (Ringwood Ave) north approx. 10+ miles to junction with Greenwood Lake Tpk (Rt 511) and East Shore Drive.</p>



<p><b>Sunday September 5 9:00 AM</b></p>	<p><b>Man 'O War</b></p> <p><b>Moderately strenuous.</b> Rock search continues. This time we find it or we sleep in the woods. More bushwhacking. Many views. Bring plenty of water.</p> <p>Pete Rigotti (718) 769-3814</p> <p><b>Reeves Meadow Visitors Center</b>, Seven Lakes Drive, Sloatsburg, NY</p> <p>Take Rt 17 north to Sloatsburg, NY. Immediately north of Sloatsburg is a traffic light for Seven Lakes Drive. Proceed east on Seven Lakes Drive 1.5 miles to Reeves Meadow Visitors Center.</p>
<p><b>Sunday September 12 8:30 AM</b></p>	<p><b>Appalachian Trail #10 – Longhouse Road, West Milford to Mount Peter</b></p> <p><b>Moderately strenuous.</b> Distance: 8.5 miles. This section includes Long House Creek, Bearfort Ridge and Bellvale Mountain, with views of Greenwood Lake 600 feet below.</p> <p>Elsie and Joel McKenzie (973) 694-3056 emckenzie@sprynet.com</p> <p><b>Red Apple Rest</b>, Rt 17, Southfields, NY</p> <p>The restaurant is on the northbound side of Rt 17, 10 miles north of Sloatsburg, NY. <b>Park in the back. Shuttle required.</b></p>
<p><b>Saturday September 18 9:00 AM</b></p>	<p><b>Pyngyp via SBM</b></p> <p><b>Strenuous.</b> Plenty of sweating and views on this circular hike. Be prepared for a bushwhack across Flaggy Meadow Mountain.</p> <p>Pete Rigotti (718) 769-3814</p> <p><b>Beech Trail Parking</b>, Tiorati Brook Road, Harriman State Park, NY</p> <p><i>From the Palisades Interstate Parkway:</i> Take exit 16 and follow Tiorati Brook Road west for approx 1.5 miles. Look for parking area where the Beech trail crosses the road.  <i>From Seven Lakes Drive:</i> At Tiorati Circle, proceed east approx 2.5 miles on Tiorati Brook Road. Look for parking area where the Beech trail crosses the road.</p>
<p><b>Sunday September 19 9:00 AM</b></p>	<p><b>Popolopen Torne</b></p> <p><b>Moderately strenuous.</b> We'll hike the 1779 Trail to Popolopen Torne for lunch and grand views of Bear Mountain and the Hudson River Valley.</p> <p>David Kocian (201) 393-0986 davidamk@yahoo.com</p> <p><b>Reeves Meadow Visitors Center</b>, Seven Lakes Drive, Sloatsburg, NY</p> <p>Take Rt 17 north to Sloatsburg, NY. Immediately north of Sloatsburg is a traffic light for Seven Lakes Drive. Proceed east on Seven Lakes Drive 1.5 miles to Reeves Meadow Visitors Center. <b>Shuttle required.</b></p>

<p><b>Sunday September 26 9:00 AM</b></p>	<p><b>Appalachian Trail #11 – Mount Peter to West Mombasha Road</b></p> <p><b>Moderately strenuous.</b> Distance: 7.1 miles. We continue over Bellvale Mountain past the Eastern Pinnacles and Wildcat Shelter. Then we turn east and cross Trout Brook and Mombasha High Point.</p> <p>Brian Mazur (973) 478-5285 mazurb@hotmail.com</p> <p><b>Red Apple Rest, Rt 17, Southfields, NY</b></p> <p>The restaurant is on the northbound side of Rt 17, 10 miles north of Sloatsburg, NY. <b>Park in the back. Shuttle required.</b></p>
<p><b>Saturday October 2 8:30 AM</b></p>	<p><b>The Badlands (Shawangunks)</b></p> <p><b>Moderate.</b> Up to 10 miles of carriage roads and trails in the Sam's Point Dwarf Pine Ridge Preserve, a unique natural area in Ellenville NY. We'll visit Sam's Point, Lake Maratanza, Indian Rock, High Point, Sunrise Rock, Verkeerder Kill Falls and an off-trail point of interest. The blueberry should be bright red against the dark green of pitch pines. <b>Parking fee.</b></p> <p>Mike Selender (201) 451-5411 mike_selender@mindspring.com</p> <p><b>Harriman RR Station, Rt 17, Harriman, NY</b></p> <p><i>From Rt 17 north:</i> Continue past Southfields (Red Apple Rest) and Arden (AT-Elk Pen parking). The entrance to the commuter parking lot is approx. 2 miles further on the northbound (right-hand) side.  <i>From NYS Thruway Exit 16:</i> Proceed south on Rt 17 approx 2 miles. Commuter lot will be on your left.</p>
<p><b>Sunday October 3 9:00 AM</b></p>	<p><b>Sterling Ridge End-to-End</b></p> <p><b>Strenuous.</b> No permits! No trail work today! We are free to celebrate the public acquisition of this forest.</p> <p>Connie Addeo (973) 628-9083</p> <p><b>South end of the Sterling Ridge Trail, Hewitt, NJ.</b></p> <p>From I-287: Exit 55, take Rt 511 (Ringwood Ave) north approx. 10+ miles to junction with Greenwood Lake Tpk (Rt 511) and East Shore Drive. <b>Shuttle required.</b></p>
<p><b>Sunday October 10 9:00 AM</b></p>	<p><b>Hudson Highlands Hike</b></p> <p><b>Moderately strenuous.</b> Let's enjoy the fall colors and views of the Hudson. The Osborne Loop trail will bring us back by a more sheltered route.</p> <p>Frank Bauer (201) 845-3066</p> <p><b>Route 9D, Just North of Bear Mountain Bridge</b></p> <p>On East side of Hudson River. There are parking areas on both sides of the road.</p>

<p><b>Sunday October 17 9:00 AM</b></p>	<p><b>Appalachian Trail #12 – West Mombasha Road to Arden, NY</b></p> <p><b>Moderately strenuous.</b> Distance: 5.5 miles. We continue over Buchanon Mountain and skirt Little Dam Lake. Then it's up over Arden Mountain and down Agony Grind.</p> <p>Donal Maloney (201) 391-6591</p> <p><b>Red Apple Rest</b>, Rt 17, Southfields, NY</p> <p>The restaurant is on the northbound side of Rt 17, 10 miles north of Sloatsburg, NY. <b>Park in the back. Shuttle required.</b></p>
<p><b>Sunday October 24 9:00 AM</b></p>	<p><b>West Mountain and Timp Torne</b></p> <p><b>Moderately strenuous.</b> We'll visit the Fire Escape and Timp Pass. Perhaps a tour of abandoned Doodletown. Excellent views if the leaves are down.</p> <p>Barbara Albeck (973) 328-8557 barbalbeck@aol.com</p> <p><b>Anthony Wayne Recreation Area (north parking area)</b>, Harriman Park, NY</p> <p>Exit 17 on Palisades Interstate Parkway (15 miles north of NYS Thruway, just beyond Visitors Center in middle island). From the north, the parking area is 0.5 miles south of the Rt 6 and Seven Lakes Drive intersection.</p>
<p><b>Saturday October 30 9:00 AM</b></p>	<p><b>East of the Hudson</b></p> <p><b>Strenuous.</b> The Undercliff-Breakneck-Washburn trails connection. Join us for a spectacular and challenging hike with a grand view of the Hudson River and Storm King Mountain. <b>Rain cancels.</b></p> <p>Ilse Dunham (973) 838-8031</p> <p><b>Anthony Wayne Recreation Area (north parking area)</b>, Harriman Park, NY</p> <p>Exit 17 on Palisades Interstate Parkway (15 miles north of NYS Thruway, just beyond Visitors Center in middle island). From the north, the parking area is 0.5 miles south of the Rt 6 and Seven Lakes Drive intersection. <i>Contact leader for alternate meeting point.</i></p>
	<p><b>Eastern Standard Time Resumes – Fall Back One Hour</b></p>
<p><b>Saturday October 31 9:00 AM</b></p>	<p><b>Norvin Green State Forest</b></p> <p><b>Moderate.</b> High Point, Yoo-Hoo, lots of ups and downs. We'll cross the famous river (without the ice) and finish with a tailgate at the leader's house.</p> <p>Robin Abrett (973) 616-9392 robin-abrett@worldnet.att.net</p> <p><b>Weiss Ecology Center</b>, Ringwood, NJ</p> <p><i>From I-287: Exit 55. Take Ringwood Ave (Rt 511) north 4 miles and turn west onto Westbrook Rd. Make a left at the "Y" intersection followed by a second left onto Snake Den Rd. Follow road to Weiss Ecology Center parking lot on right. <b>Parking fee.</b></i></p>

## Officers/Contacts

<b>President</b>	Mike Selender	159 Jewett Avenue, Jersey City, NJ 07304-2003 mike_selender@mindspring.com	(201) 451-5411
<b>Secretary</b>	Brian Mazur	11 Maple Place, Clifton, NJ 07011 mazurb@hotmail.com	(973) 478-5285
<b>Treasurer</b>	Bob Maloney	6 Rock Court, Park Ridge, NJ 07656-1420 rgmalo2@juno.com	(201) 391-6591
<b>Trails Chair</b>	Charles Kientzler	711 Terhune Drive, Wayne, NJ 07470-7111	(973) 835-1060
<b>Entertainment Chair</b>	Anita Kientzler	711 Terhune Drive, Wayne, NJ 07470-7111	(973) 835-1060
<b>Publicity</b>	Muriel Morrison		
<b>interstatehiking@mindspring.com</b>		<b><a href="http://www.mindspring.com/~interstatehiking/">http://www.mindspring.com/~interstatehiking/</a></b>	

## Membership Application:

Having **completed at least one club hike**, I wish to apply for membership in the Interstate Hiking Club. Enclosed are dues and initiation fee as listed below:

Dues are \$5.00 plus a \$1.00 initiation fee for a total of \$6.00. If joining after December 1st, dues are \$2.50 plus a \$1.00 initiation fee for a total of \$3.50. Junior (under 18) dues are \$1.00.

<b>Name:</b>					
<b>Street:</b>					
<b>City, State, Zip:</b>					
<b>Phone:</b>		<b>E-Mail:</b>			
<b>Date:</b>		<b>Amount:</b>	<input type="checkbox"/> \$6.00	<input type="checkbox"/> \$3.50 (after 12/1)	<input type="checkbox"/> \$1.00 (junior)

This form may be given to any club officer or mailed to the treasurer:

Robert G. Maloney  
6 Rock Court  
Park Ridge, NJ 07656-1420

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## Membership Renewal:

Annual dues of \$5 are due on or before the annual meeting and hike on June 6, 1999. To help simplify this process, please mail this form along with a check for \$5 (payable to Interstate Hiking Club) to our club treasurer:

Robert G. Maloney  
6 Rock Court  
Park Ridge, NJ 07656-1420

<b>Name:</b>				
<b>Street:</b>				
<b>City, State, Zip:</b>				
<b>Phone:</b>		<b>Date:</b>		
<b>E-mail:</b>				

