

Interstate Hiking Club

71st Anniversary

Organized 1931

Affiliate of the NY-NJ Trail Conference

Schedule of Hikes

May 2002 through October 2002

<http://www.mindspring.com/~interstatehiking/>

interstatehiking@mindspring.com

**Interstate Hiking Club
C/O Charles Kientzler
711 Terhune Drive
Wayne, NJ 07470-7111**

First Class Mail

GENERAL INFORMATION ABOUT THE INTERSTATE HIKING CLUB

Who we are!

The Interstate Hiking Club (IHC) is a medium-sized hiking club, organized in 1931, affiliated with the NY/NJ Trail Conference. IHC members are of various ages and diverse backgrounds.

Guest are welcome! An adult must accompany anyone under 18.

Where do we go?

Most of our activities are centered in the NY/NJ area, some hikes are further away. The club occasionally sponsors trips in the Catskills and Pennsylvania. **Our hikes are not usually accessible by public transportation.**

What do we do?

Hikes generally are scheduled for every Sunday, and some Saturdays, as day long outings. They are graded by difficulty of terrain, distance and pace.

Strenuous: More climbing, usually rugged walking, generally 9 miles or more.

Moderate: Some climbing and rugged walking, but less than 9 miles.

Easy: Generally easy, fairly level trails, slower pace, 6 to 8 miles.

The club also maintains trails in association with the NY/NJ Trail Conference. Two Sundays a year are devoted to this service work. In addition we have done in the past, orienteering, snowshoeing, cross-country skiing, swimming, canoeing, mountain biking, backpacking, and camp-out in the Adirondacks and Maine.

What to bring:

Footwear is very important. **Hiking boots with non-slip soles are essential for all hikes.** New footwear should be broken-in before being used on a hike!

Bring plenty of water to drink (2 quarts minimum recommended), a trail lunch, but please no food that requires cooking.

Bring a pack to carry your gear in, including rain gear, sweater, etc., leaving your hands free for climbing.

Things to be aware of:

All outdoor activities involve **inherent risks.** Your participation in these activities is at your own personal discretion and **you are solely responsible for your safety. ! Be prompt.** Late arrival may cause you to miss the scheduled event.

Absolutely No Pets Please! Pets are not allowed on our hikes!

The leader is in charge of the event. Allow the leader to set the pace. Do not rush ahead or fall behind the group. If you must leave early, tell the leader at the start of the event. **The leader has the right to refuse any person he/she deems not prepared for the hike.**

How to join:

Application for membership may be given to any club officer or mailed to the treasurer **upon the completion of one hike.**

A guest attending three hikes in three successive months is expected to apply for membership

INTERSTATE HIKING CLUB OFFICERS FOR JUNE 2001 TO JUNE 2002

President:	Roy Williams	32 Waterfall Village	Bloomington, NJ 07403	(973) 283-9756	Royhiker1@aol.com
Secretary:	Phellis Swan	100 Hunter Pl #1B	Pompton Lakes, NJ 07442	(973) 835-4513	bobphellis@aol.com
Treasurer:	Charles Kientzler	711 Terhune Dr.	Wayne, NJ 07420	(973) 835-1060	ckientzler@aol.com
Trails Chair:	Ilse Dunham	3 Brentwood Dr.	Kinnelon, NJ 07405	(973) 838-8031	adunham@nac.net
Entertainment:	Anita Kientzler	711 Terhune Dr.	Wayne, NJ 07420	(973) 835-1060	
Publicity:	Muriel Morrison	63 Hillcrest Dr.	Wayne, NJ 07420	(973) 694-7969	
Web Page:	Mike Selender	159 Jewett Ave.	Jersey City, NJ 07304	(201) 451-5411	
Internet:	http://www.mindspring.com/~interstatehiking/		e-mail:		interstatehiking@mindspring.com

Membership Application

Having **completed at least one club hike**, I wish to apply for membership in the Interstate Hiking Club.

Enclosed are dues and initiation fee as listed below. **The Club fiscal year is 7/1 to 6/30.** Annual Dues: Due on June 1 Dues are \$5.00 per year plus \$1.00 initiation fee for a total of \$6.00. If joining between December 1st and June 1st, dues are \$2.50 (1/2 year) plus a \$1.00 initiation fee for a total of \$3.50. Junior (under 18) dues are \$1.00.

Name: _____

Street: _____

City, State, Zip: _____

Phone: (_____) _____ e-mail: _____

Date of your IHC hike: ____/____/____ Application Date: _____

Amount: _____ \$6.00 (6/1 to 12/1, Full Year) _____ \$3.50 (12/1 to 6/1, 1/2 Year) _____ \$1.00 (Junior)

Mail to : Treasurer IHC Charlie Kientzler 711 Terhune Drive Wayne, NJ 07470

INTERSTATE HIKING CLUB Summer 2002 SCHEDULE

The Long Path Project

The Long Path Begins at the George Washington Bridge and continues 250+ miles to the Mohawk River and ultimately to the Adirondacks. Many IHC day hikes have brought us in contact with the Trail marked by aqua-blue blazes. The IHC maintains 2 miles of the LP on Schunemunk Mt. A series of hikes along the Long Path is repeat of the IHC LP project of 1992-94, and will get us reacquainted with the Trail. The order of the various hikes has been adjusted to the season, so we will do three more sections this summer.

May 5
Sunday
9:00 am
Sharp

Red, White & Blue Circular **Strenuous**

This is a large (11-12 miles) circular starting at Anthony Wayne Parking lot. We will take the Anthony Wayne trail to the 1779. Then the 1779 to the AT/R-D. Then the AT/R-D west where we will enjoy spectacular views from the top of Black Mountain. Then on to the Brien Shelter. Then from the Shelter, we will hike along several unmarked trails to the Red Cross Trail. We will take that back to the 1779 And then some ski trails will take us back to the parking area. The pace will be vigorous with limited stops. **No Beginner Hikers Please.** Joint with ADK Ramapo

Leader: **Stacy Gould Phone # (845) 357-2620 No calls after 9:00 pm please. Rain or serious threat thereof will cancel this hike**

Meet: **Anthony Wayne Recreation Area(North parking area), Harriman State Park, NY 10911**
From the South: Exit 17 on the Palisades Interstate Parkway(15 miles north of the NYS Thruway)
From the North: The parking area is 0.5 miles south of Rt 6 & Seven Lakes Drive Intersection.

May 11
Saturday
8:45 am
or
9:30 am

Hudson Highlands Ramble (6.5 miles) **Strenuous**

We will ascend MT Taurus via the Washburn Trail from Rt 9D. Then we take the Undercliff Trail descending to the clove and then climb up to Breakneck Ridge where we meet the Breakneck Ridge trail and continue on it to the summit. Depending on the group's wishes and the weather we can descend via the By-pass or the Breakneck Ridge Trail. **Inclement Weather cancels the hike.** Joint with ADK.

Leader: **Pete Heckler Phone # (201)-261-4644 No phone calls on the morning of the hike.**

Meet: **I will meet first at Clarkstown, New York at 8:45 am for car pooling.** Commuter parking lot on Middletown Rd. just south of Exit 10 of the Palisades Parkway. Then at the Washburn Trialhead Parking Lot on Rt 9D 0.8 miles north of Traffic light in **Cold Spring, New York 10516 at 9:30 am**

May 19
Sunday
10:00 am

The Ramapo Lake Loop, Ramapo State Park (Approx 5 miles.) **Easy**

We will take a nice leisurely stroll around Ramapo lake. This is a great hike for beginners! We will be walking on some paved road & some unpaved roads down and around the lake and then back up to the parking lot.

Leader: **Ann Gilibert Phone # (973) 839-0292**

Meet: **Upper Parking Lot, Ramapo Mountain State Forest, Oakland NJ 07436**
From I-287, Take Exit 57 then Skyline Drive north towards Ringwood. Parking area is on the left at the top of the mountain approx. 1.3 miles from the exit.

May 26
Sunday
9:00 am

Ramapo State Park/Ramapo Reservation **Strenuous**

This weeks hike is on the opposite side of the Skyline Drive from last week's hike. Hike from Skyline Drive to MacMillan Reservoir, then up to Ringwood St PK. & back to the cars via a different route

Leader: **Steve Rikon Phone # (973) 962-4149 Call leader for details**

Meet: **Upper Parking Lot, Ramapo Mountain State Forest, Oakland NJ 07436**
From I-287, Take Exit 57 then Skyline Drive north towards Ringwood. Parking area is on the left at the top of the mountain approx. 1.3 miles from the exit.

June 2
Sunday
9:00 am

Annual Meeting and Hike **Moderate**

IHC Members Only

Claudius Smith's Den will be our destination for the annual business meeting and election of officers. We hope that you will attend. **IHC Members only please.**

Leader: **The "old" Officers**

Meet: **Tuxedo RR Station, Tuxedo, NY 10987**
From North or South (Suffern @ I-287 & I-87 interchange: Take Exit 15A) then Rt 17 north about 7 miles to Tuxedo. The Railroad Station is on the northbound side of Rt 17.

June 9
Sunday
8:45 am
Six and a Half Hills Special **Strenuous**
We will hike almost, but not quite, all of the Seven Hills Trail. There are four steep climbs, but along the way there are many lovely viewpoints. Lunch will be on top of Diamond Mountain. We will return via the TMI and the lovely Stoney Brook trails. Expect a brisk pace along with several steep ascents, scrambling, and two steep descents. Not for the faint hearted!
Precipitation or serious threat thereof will cancel this hike
Leader: Stacy Gould Phone # (845) 357-2620 No calls after 9:00 pm please.
Meet: Reeves Meadow Visitor Center, Seven Lakes Drive, Sloatsburg, New York 10974
From the North or South: (from Suffern @ I-87N & I-287 Exit 15A) Take Rt 17 North 4.5 miles to traffic light for Seven Lakes Drive. Turn right and proceed east on Seven Lakes Drive 1.5 miles to Reeves Meadow Visitor Ctr.

June 15
Saturday
8:30 am
North County Trailways Bike Ride **Strenuous**
This is a great paved bicycle path. It is the former Putnam Division of the New York Central Railroad. We will bike ride & explore about 25 miles of this historic old railroad bed in Westchester County, New York.
Leader: Ann Gilabert Phone # (973) 839-0292
Meet: McDonald's, Rt 59, Nyack NY 10960
From NYS Thruway East Bound: Take Exit 11 to traffic light on Rt 59. Go straight ahead about 200 feet to McDonald's rear entrance.
From Rt 9W: go west on Rt 59 1/8 mile to McDonald's at traffic light. Turn left at the light.

June 16
Sunday
8:30 am
Suffern Bear Mountain Trail --North Section (10.2 miles) Note Early Starting Time! **Strenuous**
Just look at the contour lines on the map and be prepared for a quick climb up and down the Irish Mountain. Now a serious scramble up Pingyp, then on to a series of hills, including the Cats Elbow & West Mountain. Then the shoulder of Bear Mountain is next, finally the Bear Mountain Inn. **Shuttle Required**
Leader: Pete Rigotti Phone # (718) 769-3814 Calls only between 9:00 pm & 9:30 pm peterlabor@yahoo.com
Meet: Bear Mountain Inn, Rt 9W, Bear Mountain NY 10980
Take the Palisades Interstate Parkway north to Route 9W traffic circle near Bear Mountain bridge. Then south on Rt 9W approx 1 mile to the Inn. **A Parking Fee is required.**

June 23
Sunday
9:00 am
M.I.T End to End(T.-M.I Backwards) (8.2 miles) **Strenuous**
No Advance degree needed for this Hike across Southern Harriman Park, just hiking boots, lunch & at least 2 Liters (2 Quarts) of water. **Shuttle required.**
Leader: Jim Hayes Phone # (201) 825-9506
Meet: Tuxedo RR Station, Tuxedo, NY 10987
From Suffern @ I-287 & I-87N Interchange Exit 15A: Take Rt 17 about 7 miles north to Tuxedo. The Railroad Station is on the northbound side of Rt 17.

June 29
Saturday
8:00 am
Lake Awosting Swim Hike **Strenuous**
This lake is one of the sky lakes in the Shawangunks. We begin the hike along the scenic Mossy Glen Trail and the Peter's Kill; we will pass the Rainbow Falls in Huntington Ravine on the way to the lake. We will car pool, bring single dollars for tolls and parking fees. Plan on supper at the Gilded Otter Brew Pub in New Paltz, NY
Rain cancels
Leader: Ilse Dunham Phone # (973) 838-8031
Meet: Municipal Parking Lot, Rt 202, Suffern, New York 10901
At the Junction of Rts 202 & 59 (traffic light) next to RR tracks. We will car pool.

June 30
Sunday
10:00 am
Skyland Saunter **Easy**
The New Jersey Botanical Gardens will be bursting with early summer flowers; perhaps we will catch a guided tour of the Manor House. The gardens and surrounding woodlands provide many trails for an enjoyable, easy hike. Along the way we pass Swan Pond, if the swans are not at the pond- Phellis Swan will. We Plan to have lunch at Shepherds Lake. Bring \$ for parking fee.
Leader: Phellis Swan Phone # (973) 835-4513
Meet: Parking Lot A. Skylands Manor, Ringwood, NJ 07456
From I-287: Exit 55. Go north on Ringwood Ave (Rt 511) about 7 miles to Sloatsburg Road; turn right for 2 miles to Skylands Sign. Turn right on to Morris Ave. go 1 mile to Gateway near Manor House; continue straight ahead to parking (A) lot on left.
From Rt 17 Sloatsburg: Exit at Sloatsburg Road. Continue on Sloatsburg Rd to Skyland Sign. Turn left on to Morris Ave. Proceed as above.

July 7
Sunday
9:00 am
Hike to Victory **Moderate**
First we work our way up Tom Jones and Parker Cabin Mountains, then down the Victory Trail and on over to Sebago Lake for a Swim.
Leader: Ilse Dunham Phone # (973) 838-8031
Meet: Red Apple Rest, Southfields, NY 10975
From Suffern @ I-287 & I-87N Interchange Exit 15A: Take Rt 17 north 10 1/2 miles. The Red Apple Rest (Restaurant) is on the northbound side of Rt 17. **Park in rear! We will car pool/shuttle** to Rt 106 Parking Lot.

- July 14 Sunday 9:00 am** **Arden Mine Tour Circular** **(12.0+ miles)** **Strenuous**
 We will start on the ASB Trail then hike the Island Pond Road to the Boston Mine. From there we will use the Dunning Trail to the end, passing & stopping by more mine on the way. Then we go to Times Square and head North on the Old Surebridge Mine Road to see some more mines. After which we will take the AT back past the Lemon Squeezer. If we have time we will stop by Island Pond on the way.
- Leader:** **Roy Williams Phone # (973) 283-9756 or E-mail Royhiker1@aol.com**
Meet: **Elk Pen Parking Area, Arden NY 10910**
From I-87 & I-287 Interchange: Exit 15A; Take Rt 17 north about 13 miles to the Arden Valley Road entrance to Harriman State Park on the right. Turn right and proceed 1/2 mile to parking area on right.
- July 20 Saturday 9:00 am** **Minnewaska State Park Bike Ride** **Moderately Strenuous**
 We will bike ride on some of the carriage roads in Minnewaska State Park. Awosting Lake and Castle Point are some of our destinations. **Mountain bikes & hybrids only. Parking fee at the park.**
- Leader:** **Ann Gilabert Phone # (973) 839-0292**
Meet: **Harriman RR Station, Rt 17 Arden, New York 10910**
From the South: (from Suffern @ I-87N & I-287 Exit 15A) Take Rt 17 North 15 miles. The Commuter Lot is on the Northbound side (right) of Rt 17.
From the North: NYS Thruway exit 16: Proceed south on Rt 17 about 2 miles to Commuter lot on the left side.
- July 21 Sunday 9:00 am** **Bearfort Ridge/Surprise Lake** **Moderately Strenuous**
 This Ridgtop hike gives us views of Greenwood Lake far below. The ledges are formed of puddingstone and lead us past Surprise Lake; a Glacial pond nestled on top of the Mountain.
- Leader:** **Gail Stock Phone # (973) 839-9038**
Meet: **A&P/Hewitt Post Office, Shopping Ctr. Warwick Tpk, Hewitt New Jersey, 07421**
From Rt23, North to Newfoundland, turn right onto Union Valley Rd (Rt 513) go north 9.3 miles (bear left at Shop Rite Super Market) to intersection of Warwick Tpk turn right 1 block to shopping center on right
From I-287 Exit 55 (Rt511) go north about 13.9 miles to Warwick Tpk. at south end of Greenwood Lk. Continue straight-ahead 1/2 block to parking lot on left.
- July 28 Sunday 9:00 am** **Sterling Fire Tower Circular** **Moderately Strenuous**
 We will hike a verity of trail today, starting on the Lake to Lake trail, and then heading north on the Sterling Ridge Trail to the fire tower. There maybe you can enjoy the views from the tower (If the ranger says it is OK). Then we will take the Fire Tower Trail back. Maybe we will stop at some old ruins to look around on the way back.
- Rain Cancels.**
Leader: **Ann Gilabert (973) 839-0292**
Meet: **Municipal Parking Lot, Suffern, New York 10901**
 At the Junction of Rts 202 & 59 (traffic light) next to RR tracks. We will car pool.
- August 4 Sunday 9:00 am** **Terrapins in Terrace Pond?** **Moderate**
 Shall we bask? Sun-strewn boulders, dappled shade at shore's edge, and the allure of sparkling water on a Summer's day bring us back to this treasure tucked among Laurel Ledges.
- Shuttle required.**
Leader: **Patricia Wexler Phone # (201) 792-1939 Or Roy Williams Phone # (973) 283-9756**
Meet: **A&P/Hewitt Post Office, Shopping Ctr. Warwick Tpk, Hewitt New Jersey, 07421**
From I-287 Exit 55 (Rt511) go north about 13.9 miles to Warwick Tpk. at south end of Greenwood Lk. Continue straight-ahead 1/2 block to parking lot on left
From Rt23, North to Newfoundland, turn right onto Union Valley Rd (Rt 513) Go north 9.3 miles (bear left at Shop Rite Super Market) to intersection of Warwick Tpk turn right 1/2 block to shopping center on right
- August 11 Sunday 9:00 am** **Long Path Project # 7, Lake Skannatati to Nawahunta, (8.5 Miles)** **Moderately Strenuous**
 Some points of interest on this section of the Long Path are the Hogencamp Mine, Times Square, Surebridge Mine, and Hippo Rock. Let's see if we find more. **Shuttle required. Rain cancels**
- Leader:** **Joel McKenzie Phone # (973) 694-3056**
Meet: **Silvermine Picnic Area, Seven Lakes Drive, Harriman State Park, NY 10911**
From Suffern @ I-287 & I-87N Interchange Exit: 15A Take Rt 17 north 4 1/2 miles, to Seven Lakes Drive, Just north of Sloatsburg, NY. Turn right onto Seven Lakes Drive; go 12.6 miles. Parking is on the right.
From the Palisades Interstate Parkway: North to Long Mountain Circle, @ intersection of PIP & US Rt 6. Take Seven Lakes Drive west 1.5 miles to Silver Mine Picnic Area.

- August 17**
Saturday
8:00 am
Leader:
Meet:
- The Shawangunk's - Mohonk Preserve** **Moderately Strenuous**
We shall visit places with names such as "Giant's Workshop, Eagle Cliff, The Great Crevice, Sky Top" and perhaps a few more. A day use fee is collected by Mohonk Preserve!(\$7.00per person)
At end of the day we will have an early supper at one of the local restaurants.
Charlie & Anita Kientzler Phone # (973) 835-1060
Municipal Parking Lot, RT 202, Suffern, New York 10901
At the Junction of Rts 202 & 59 (traffic light) next to RR tracks.
- August 18**
Sunday
10:00 am
Leader:
Meet:
- Campgaw Conundrum** **Easy**
Hemlock, Grey Birch, Dogwood, and old Cedar Trails wind through the woods of Campgaw Mountain. We'll pop out at the top of the ski slope for a wide-angle view and lunch. Home early.
Phellis Swan Phone # (973) 835-4513
Campgaw County Reservation, Mahwah, NJ 07430
From the south: Take I-287 Exit 58, Oakland, then proceed north on Rt 202(Ramapo Valley Road) 4 miles to Darlington Ave. on right. Turn right onto Darlington Ave. go east to first right onto Campgaw road. Proceed almost 2 miles to reservation on right; bear right at Y, go to large parking lot on left.
From North: Rt 17 take Rt 202 south about 2 miles to Darlington Ave. Turn left then follow the above directions
- August 25**
Sunday
9:00 am
Leader:
Meet:
- Annual Picnic on Pompton Lakes and Hike** **Moderate**
IHC Members only, Please. The annual IHC Picnic will first have a hike along the Morris Canal Feeder. Then we drive back to the Kientzler's home for a swim in the pool (don't forget the bathing suit). We will also picnic so bring your food to cook (Charlie will have the grill going and Anita will supply the extras.)
Charlie & Anita Kientzler Phone # (973) 835-1060
Pompton Plains Shopping Center(A&P) Rt 23 Northbound, Pequannock NJ 07444
From the Rt I-80, Rt-46 & Rt 23 Interchange: Take Rt 23 north 5.5 miles to Jackson Ave. (Right turn). Enter from either Rt 23 or Jackson Ave. Meet at north side of lot along Jackson Ave.
- August 31**
Saturday
8:00 am
Leader:
Meet:
- Canoe on the Housatonic River, Connecticut** **IHC Members only!**
Take your own Canoe, or rent locally. This is a beautiful river, but it's a far drive to Kent, Connecticut area. Some of us will camp, others accommodations are available. **You Must Call Leader for detail!**
Steve Rikon Phone # (973) 962-4149
Municipal Parking Lot, RT 202, Suffern, New York 10901
At the Junction of Rts 202 & 59 (traffic light) next to RR tracks.
- September 1**
Sunday
9:00 am
Leader:
Meet:
- Appalachian Trail, Pawling, NY to Connecticut Border.** **(7.0 miles) Moderately Strenuous**
We complete our quest traverse the NY/NJ sections of the Appalachian Trail by hiking this 7-Mile section. Cars will be parked at the end, **as a shuttle is necessary.** We plan to start our hike at 9:30 am at the Pawling parking lot.
Rain cancels. IHC Members only!
Steve Rikon Phone # (973) 962-4149 You Must Call Leader for detail!
Appalachian Trail RR Station, Parking Lot, Rt 22. Pawling, NY 12564
Just north of Pawling, NY on Rt 22: in the southeast corner of Dutchess County. There are many ways to get here. One suggestion: From the Tappan Zee Bridge I-287/I87 Exit 8, take I-287 eastward to I-684 north. Then Rt 22 North. Stay on Rt 22 past Pawling.
- September 7**
Saturday
8:30 am
Leader:
Meet:
- D & R Canal Tow Path Bike Ride** **Strenuous**
We will bike along the old Tow Path for the Delaware & Raritan Canal from Washington Crossing State Park, NJ to Lambertville, and then we will cross over to New Hope, Pa. Then continue north on that side until we cross back over at the Centerville Bridge. Then head back to Washington Crossing, NJ. Mountain Bikes & Hybrids only.
Ann Gilabert Phone # (973) 839-0292
McDonald's @ Morris Hills Shopping Center, Intersection of Rts 202 & 46, Parsippany-Troy Hills, NJ 07054
From I-287 south: Exit 42 onto Rt 202 south. Continue south about ½ mile across Rt 46 and turn into the shopping center. McDonald's will be ahead on the Rt 46 side. Car pool/shuttle required.
From I-287 north: Exit 43 to Rt 202 south for 1.3 miles to Rt 46 and follow above instructions.
From I-80 west or east : Exit to I-287 north, then Exit 43 on I-287 and follow above instruction for I-287 north

- September 8** **Johnsontown Jeometry Hike** **(8.6 miles)** **Strenuous**
Sunday This hike will keep you in shape. Trails will include a Circle, Rectangle, Triangle, & a Cruciform. Can you guess
9:00 am their correct names? If not you will have to hike them to find out.
Leader: **Jim Hayes** **Phone # (201) 825-9506**
Meet: **Johnsontown Circle, Sloatsburg, NY 10974**
From Suffern @ I-287 & I-87N Interchange Exit: 15A Take Rt 17 north 4 1/2 miles, to Seven Lakes Drive,
Just north of Sloatsburg, NY. Turn right onto Seven Lakes Drive; and proceed to Johnsontown Road on
the left after underpass. Follow road to the circle (turn around) at end.
- September 15** **Nyack Beach Walk, Nyack Beach State Park** **Easy**
Sunday Change of Pace! This is a scenic walk in a beautiful state park. Bring walking shoes or sneakers for this stroll
10:00 am along the Hudson **Short shuttle required from meeting place.**
Leader: **Ann Gilabert** **Phone # (973) 839-0292**
Meet: **McDonald's, Rt 59, Nyack, NY 10960**
From NYS Thruway East: Take Exit 11 to traffic light on Rt 59. Go straight ahead 200 ft to McDonald's
Rear entrance.
From Rt 9W: Go west on Rt 59 1/8 mile to McDonald's at traffic light. Turn left at the light.
- September 22** **Lake Skannatati Circular** **Moderately Strenuous**
Sunday A Four Trail Special Circular hike passing some mines along the way. We will also pass Times Square and the
9:00 am Lemon Squeezer. There will be some very nice views along the way on this early Fall Hike.
Leader: **Frank Bauer** **Phone # (201) 845-3066**
Meet: **Lake Skannatati Parking Area, Seven Lakes Drive, Harriman State Park, NY 1097**
From Suffern @ I-287 & I-87N Interchange Exit 15A: Take Rt 17 north 4 1/2 miles, to Seven Lakes Drive,
Just north of Sloatsburg, NY. Turn right onto Seven Lakes Drive; go 7.8 miles. Parking is on the left along the lower
Lake. **Rain or poor driving conditions will cancel this hike.**
- September 29** **Long Path Project # 9, Schunemunk Mountain** **(7.0 Miles)** **Moderately Strenuous**
Sunday High Knob & The Western Ridge afford some of the best views in the area with both the Gunks and the Catskills to
8:30 am the North, the Hudson Highlands to the east and High Point to the west! **(Shuttle required) Rain cancels.**
Leader: **Donal Maloney** **Phone # (201) 760-6320** or **Roy Williams** **Phone # (973) 283-9756**
Meet: **Red Apple Rest, Southfields, NY 10975**
From Suffern @ I-287 & I-87N Interchange Exit 15A: Take Rt 17 north 10 1/2 miles. The Red Apple Rest
(Restaurant) is on the northbound side of Rt 17. Park in rear!
- October 6** **Delaware Water Gap, Mount Tammany Tramp** **Moderately Strenuous**
Sunday From the Delaware River, at the Woodcock Bar Parking area, the Douglas trail begins east of the Old Mine Road; we
9:00 am hike via the Northwest, Spring, Dunnfield Creek and Blue Dot trails to the summit of Mt T., with a grand view of
the Water Gap below. **Rain cancels.**
Leader: **Ilse Dunham** **Phone # (973) 838-8031**
Meet: **Delaware Water Gap, Kittatinny Visitor Center. NJ**
Take Rt I-80 west to Delaware Water Gap, to exit for Visitor center. **THIS IS THE LAST EXIT BEFORE**
BRIDGE TO PA. Follow signs to Visitor Center. Turn left at the stop sign at the end of the exit ramp; proceed
under Rt 80 to parking lot.
- October 13** **Breakneck Ridge, Undercliff Trail & Mount Taurus** **Strenuous**
Sunday In the Hudson Highlands State Park, east of the Hudson River, are two striking peaks rising above the river. We
8:30 am shall climb both, enjoy the breathtaking views and perhaps find out why the bull broke his neck.
Leader: **Roy Williams** **Phone # (973) 283-9756** or **E-mail Royhiker1@aol.com**
Meet: **Anthony Wayne Recreation Area(North parking area), Harriman State Park, NY 10911**
From the South: Exit 17 on the Palisades Interstate Parkway(15 miles north of the NYS Thruway)
From the North: The parking area is 0.5 miles south of Rt 6 & Seven Lakes Drive Intersection.

- October 20** **Long Path Project #8, Nawahunta to Rt 293** (7+ miles) **Moderately Strenuous**
Sunday Stockbridge Shelter, Long Mountain, and Howell Mountain will afford splendid views of the Fall colors, while the
9:00 am climb from the valleys in between will keep us warm. **Shuttle required. Rain cancels.**
Leader: **Jim & Carolyn Canfield** **Phone # (973) 728-9774**
Meet: **Silvermine Picnic Area, Seven Lakes Drive, Harriman State Park, NY 10911**
From Suffern @ I-287 & I-87N Interchange Exit: 15A Take Rt 17 north 4 1/2 miles, to Seven Lakes Drive,
Just north of Sloatsburg, NY. Turn right onto Seven Lakes Drive; go 12.6 miles. Parking is on the right.
From the Palisades Interstate Parkway: North to Long Mountain Circle, @ intersection of PIP & US Rt 6. Take
Seven Lakes Drive west 1.5 miles to Silver Mine Picnic Area.
- October 26** **Day Light Saving Time Ends, Do Not Forget to Set Your Clock Back 1 Hour**
- October 27** **IHC Trail Clearing on Schunemunk Mountain** **Moderately Strenuous**
Sunday The Club maintains this section of the Long Path, the Western Ridge Crossover and the Barton Swamp Trails, as
9:00 am well as the Lower Jessup Trail. We need your help! **Please come and help us maintain these trails.** Bring your
lunch, work gloves and large clippers, or use the tools provided by the club.
Leader: **Ise Dunham** **Phone # (973) 838-8031**
Meet: **Red Apple Rest, Southfields, NY 10975**
From Suffern @ I-287 & I-87N Interchange Exit 15A: Take Rt 17 north 10 1/2 miles. The Red Apple Rest
(Restaurant) is on the northbound side of Rt 17. Park in rear!
- November 2** **Saturday, Rain date for Trail Clearing, Same leader, same time and place as above.**