

# Interstate Hiking Club

Organized 1931

Affiliate of the NY-NJ Trail Conference



## Schedule of Hikes

May 2004 through October 2004

**Web Page:** [http:// www.MINDSPRING.COM/~INTERSTATEHIKING/](http://www.MINDSPRING.COM/~INTERSTATEHIKING/)  
**E-Mail:** [INTERSTATEHIKING@MINDSPRING.COM](mailto:INTERSTATEHIKING@MINDSPRING.COM)

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Interstate Hiking Club  
C/O Charles Kientzler  
711 Terhune Drive  
Wayne, NJ 07470-7111

## **First Class Mail**

# GENERAL INFORMATION ABOUT THE INTERSTATE HIKING CLUB

## *Who we are!*

The Interstate Hiking Club (IHC) is a medium-sized hiking club, organized in 1931. IHC has been affiliated with the NY/NJ Trail Conference, as a trail maintaining club, since 1931.

**Guests are welcome!** An adult must accompany anyone under 18. **No Pets allowed on IHC hikes.**

## *Where do we go?*

Most of our activities are centered in the NY/NJ area; some hikes are farther away. The club occasionally sponsors trips in the Catskills and Pennsylvania. **Our hikes are not usually accessible by public transportation.**

## *What do we do?*

Hikes generally are scheduled for every Sunday, and some Saturdays, as day-long outings. They are graded by difficulty of terrain, distance and pace.

**Strenuous:** More climbing, usually rugged walking, generally 9 miles or more.

**Moderate:** Some climbing and rugged walking, but less than 9 miles.

**Easy:** Generally easy, fairly level trails, slower pace, and 6 to 8 miles.

The club also maintains trails in association with the NY/NJ Trail Conference. Two Sundays a year are devoted to this service work. In addition we have done in the past; orienteering, snow-shoeing, cross-country skiing, swimming, canoeing, mountain biking, backpacking, and camp-out's in the Adirondack's and Maine.

## *What to bring:*

Footwear is very important. **Hiking boots with non-slip soles are essential for all hikes.** New footwear should be broken-in before being used on a hike!

**Bring plenty of water to drink (2 quarts minimum recommended),** a trail lunch, but please no food that requires cooking.

Bring a pack to carry your gear in, including rain gear, sweater, etc., leaving your hands free for climbing.

## *Things to be aware of:*

All outdoor activities involve **inherent risks.** Your participation in these activities is at your own personal discretion and **you are solely responsible for your safety!**

**The stated meeting time for a hike "is" the departure time.**

**The leader is in charge of the event.** Allow the leader to set the pace. **Do not rush ahead or fall behind the group.**

**The leader has the right to refuse any person he/she deems not prepared for the hike.**

## *How to join:*

Application for membership may be given to any club officer or mailed to the treasurer **upon the completion of one hike.**

A guest attending three hikes in three successive months is expected to apply for membership

## INTERSTATE HIKING CLUB OFFICERS FOR JUNE 2003 TO JUNE 2004

<b>President:</b>	Ilse Dunham	3 Brentwood Dr.	Kinnelon, NJ 07405	(973) 838-8031	ADUNHAM@NAC.NET
<b>Secretary:</b>	Ann Gilabert	28 Bergen Ave.	Haskell, NJ 07420	(973) 839-0292	JETT IX@AOL.COM
<b>Treasurer:</b>	Charles Kientzler	711 Terhune Dr.	Wayne, NJ 07420	(973) 835-1060	CKIENTZLER@AOL.COM
<b>Trails Chair:</b>	James Canfield	107 Rolling Ridge Rd.	W. Millford, NJ 07480	(973) 728-9774	CANFIELD@NETROM.COM
<b>Entertainment:</b>	Anita Kientzler	711 Terhune Dr.	Wayne, NJ 07420	(973) 835-1060	CKIENTZLER@AOL.COM
<b>Web Page:</b>	Mike Selender	159 Jewett Ave.	Jersey City, NJ 07304	(201) 451-5411	-See IHC e-mail below-
<b>Internet:</b>	<a href="http://www.MINDSPRING.COM/~INTERSTATEHIKING/">http://www.MINDSPRING.COM/~INTERSTATEHIKING/</a> <b>IHC e-Mail:</b> INTERSTATEHIKING@MINDSPRING.COM				

## Membership Application

Having **completed at least one club hike**, I wish to apply for membership in the Interstate Hiking Club.

Enclosed are dues and initiation fee. If joining between May 1 and Dec. 1, dues are \$5.00 per year plus \$1.00 initiation fee for a total of \$6.00. If joining between Dec. 1 and May 1, dues are \$2.50 (1/2 year) plus a \$1.00 initiation fee for a total of \$3.50. Junior (under 18) dues are \$1.00. **The Club fiscal year is 7/1 to 6/30. Annual Dues: Due on June 1**

**Name:** \_\_\_\_\_ (Please PRINT Clearly)

**Street:** \_\_\_\_\_

**City, State, Zip:** \_\_\_\_\_

**Phone:** (\_\_\_\_\_) \_\_\_\_\_ -- \_\_\_\_\_ **e-mail:(All Caps)** \_\_\_\_\_

**Date of your IHC hike:** \_\_\_\_/\_\_\_\_/\_\_\_\_ **Application Date:** \_\_\_\_/\_\_\_\_/\_\_\_\_

**Amount:** \_\_\_\_\_ \$6.00 (App. Date, 5/1 to 12/1) \_\_\_\_\_ \$3.50 (App. Date, 12/1 to 5/1) \_\_\_\_\_ \$1.00 (Junior)

**Mail to: Interstate Hiking Club, c/o Charles Kientzler, Treas., 711 Terhune Drive, Wayne, NJ 07470**

# INTERSTATE HIKING CLUB SUMMER 2004 SCHEDULE

## The Highlands Trail Project

The Highlands trail, a long distance trail, was designed to attract people to the natural beauty of the endangered New Jersey and New York Highlands. Interstate Hiking Club is making this a club project, to piece together and hike the different sections over the next several years.

### **Sunday May 2, 2004 Breakneck Ridge and Notch Strenuous**

After a steep, rocky climb over the chins, we will enjoy views over the Hudson River from Breakneck Ridge and Sugarloaf Mountain. The return to our cars will be via the Wilkinson Trail. **Rain will cancel this hike.**

**Leaders: Carolyn and Jim Canfield** Phone (973) 728-9774

**Meet: 9:00 AM Anthony Wayne Recreation Area** (North parking area), **Harriman State Park, New York 10911**

**From the South: Exit 17** on the Palisades Interstate Parkway (15 miles north of the NYS Thruway).

**From the North: Exit 17** on the Palisades Interstate Parkway. The parking area is 0.5 miles south of the Route 6 & Seven Lakes Drive Intersection.

### **Sunday May 9, 2004 Reeves Meadow Roundabout Strenuous**

To Pine Meadow Lake or the Ramapo Torne? Or both? This 10+ mile hike will take us through several valleys and along a few ridges. **Rain will cancel this hike.**

**Leader: Joel McKenzie** Phone (973) 694-3056

**Meet: 9:00 AM Reeves Meadow Visitor Center, Seven Lakes Drive, Sloatsburg, New York 10974**

**From the North or South:** (from Suffern @ I-87N & I-287 Exit 15A) take Route 17 North 4.5 miles to traffic light for Seven Lakes Drive. Turn right and proceed east on Seven Lakes Drive 1.5 miles to Reeves Meadow Visitor Center (on right side).

### **Sunday May 16, 2004 Kakiat Lollipop Strenuous**

Using portions of the SBM, Pine Meadow and Conklins Crossing trails the leader will take us on a large loop in Harriman Park with lots of views. Somewhere near the Kakiat, after many ups and downs, we might even see Grandma and Grandpa.

**Rain will cancel this hike.**

**Leader: Hank Perrine** Phone (212) 666-0694

**Meet: 9:00 AM Kakiat County Park, Route 202, Suffern, New York 10901**

**From: The Junction of Route 202 & Route 59 (traffic light):** Take Route 202 east 3 miles. Look for Yellow Blinker, depicting a school crossing zone. Park entrance is on left, sign for Viola School is on right

### **Sunday May 23, 2004 East Hudson Highlands Moderately Strenuous**

On this hike the leader will take the eastern approach for the climb up Fishkill Ridge. Great panoramic views are guaranteed from Bald and Lambs Hill. **Rain will cancel this hike.**

**Leader: Jane Egan**

Phone (973) 636-0444

**Meet: 9:00 AM Pacesetter Shopping Center, Stop & Shop Super Market, Route 202**

**Mount Ivy, New York 10970**

**From:** The Palisades Interstate Parkway Exit 13: Go west on Route 202 about ½ mile. Pacesetter's Shopping Center is on the left. Park 10 rows in front of Stop & Shop.

**Sunday May 30, 2004**

**A Spring Potpourri**

**Moderately Strenuous**

It is the Camp Smith Trail that leads the assault on Anthony's Nose, high above the Hudson River, Bear Mtn. Bridge and Iona Island. We conclude the hike via the Bear Mountain Inn, SBM and 1777 trails. **A Shuttle is required. Rain will cancel this hike.**

**Leader: Ilse Dunham**

Phone (973) 838-8031

**Meet: 9:00 AM Pacesetter Shopping Center, Stop & Shop Super Market, Route 202**

**Mount Ivy, New York 10970**

**From:** The Palisades Interstate Parkway Exit 13: Go west on Route 202 about ½ mile. Pacesetter's Shopping Center is on the left. Park 10 rows in front of Stop & Shop.

**A Reminder: The dues are payable today, please don't delay. \$5.00 per member**

**Sunday June 6, 2004**

**Annual meeting and hike**

**Moderate**

**IHC Members only please**

We encourage all IHC members to come to the annual business meeting and election of officers. The meeting will be held at the Dutch Doctor Shelter. Plan to come on an optional after-the-meeting-hike. **Rain will not cancel the meeting.**

**Leaders: The "Old" Officers**

Phone (973) 838-8031 (973) 835-1060

**Meet: 9:00 AM Johnstontown Circle at end of Johnstontown Road, Sloatsburg, New York 10974**

**From Suffern:** @ I-87 & I-287N Interchange Exit: 15A take Route 17 north 4 1/2 miles, to Seven Lakes Drive, just north of Sloatsburg, NY. Turn right onto Seven Lakes Drive; and proceed to Johnstontown Road on the left after underpass. Follow Johnstontown Road to the circle (turn around) at end.

**Saturday June 12, 2004**

**Search for Hidden Pond in the Gunks**

**Moderate**

This jewel of a pond is located in a remote corner of Minnewaska State Park, not often visited, but should be nice at this time of year, with the Mountain Laurel in bloom. Bring sneakers or Tivas for a possible fording of the Kill. **Rain will cancel this hike.**

**Leader: June Slade**

Phone (845) 358-5215

**Meet: 8:00 AM Municipal Parking Lot, Route 202, Suffern, New York 10901**

**Location:** At the Junction of Route 202 & Route 59 (traffic light) next to RR tracks.

**Saturday June 19, 2004**

**High Peter's Kill Laurel Hike**

**Moderately Strenuous**

This area is truly a hiker's paradise. High Peter's Kill cliffs is one of the finest areas in the Shawangunks and the Mountain Laurel can be a sea of white blossoms at this time of year. Plan to have supper at one of the restaurants in the area.

**Rain will cancel this hike.**

**Leader: Ilse Dunham**

Phone (973) 838-8031

**Meet: 8:30 AM Municipal Parking Lot, Route 202, Suffern, New York 10901**

**Location:** At the Junction of Route 202 & Route 59 (traffic light) next to RR tracks.

**Sunday June 27, 2004 The Highlands Trail Section 5 & AT (8.9 mi.) Moderately Strenuous**

Today we hike both the Appalachian Trail and the Highlands trail, starting at Mt. Peter, past the Fitzgerald falls, with a refreshing stop at the top of the 25 foot waterfall, and then leave the AT using the co-aligned Allis trail to Rt-17A. **Shuttle Required**

**Rain will cancel this hike.**

**Leader: Steven Rikon**

Phone (973) 962-4149

**Meet: 9:00 AM A&P/Hewitt Post Office Shopping Ctr; Warwick Tpk, Hewitt, New Jersey 07421**

**From Rt. 23:** Go north to Newfoundland, turn right onto Union Valley Rd (Rt. 513) go northeast 9.3 miles (bear left at Shop Rite Super Market) to intersection of Warwick Tpk. turn right 1 block to shopping center on right.

**From I-287 Exit 55 (Rt. 511):** Go north on Rt. 511 (Ringwood Ave.) about 13.9 miles to Warwick Tpk. at south end of Greenwood Lake. Continue straight-ahead ½ block to shopping center on left.

**Saturday July 3, 2004**

**Garrett Mountain**

**Moderate**

Garrett Mountain Reservation on the top of the First Watchung Range, offers splendid views of nearby Paterson City, Turkey Mtn., High Mtn., and also to the northwest as far as Schunemunk Mountain. Let us see what else we can find.

**Rain will cancel this hike**

**Leader: Charlie and Anita Kientzler**

Phone (973) 835-1060

**Meet: 9:00 AM Home Depot, Riverview Dr. & Rt-46 (North Side), Totowa, New Jersey 07512**

**From I-80 Westbound: Exit 55 Union Ave:** Go south to Rt-48 West for ~1/2 mi. to Riverview Dr. proceed past underpass to first entrance to Mall. Park on "Coconuts" (south side) of Home Depot.

**From I-80 Eastbound: Exit 53 Wayne Rt-46:** Go east on Rt-46 ~3/4 mi. to Riverview Dr. Exit after going under underpass toward Wayne. Proceed north over Rt-46 on Riverside Dr. to Mall entrance on left. Park on "Coconuts" (south side) of Home Depot.

**Sunday July 11, 2004**

**From Ridge to River**

**Moderately Strenuous**

This hike was selected by the Bergen Record as the best hike of the week. We begin the hike at Catfish Pond (Mohican Outdoor Center) and follow the AT along the ridge for great views, dip down to Delaware River via the Kaiser Trail with stands of Rhododendrons, and back up the Coppermines Trail to the pond for a refreshing swim. Sounds good? It is.

**Rain will cancel this hike**

**Leader: Guy and Jennifer Percival**

Phone (973) 984-1005

**Meet: 9:00 AM Blaiirstown "Foot Bridge Park" Parking Lot off Route 94, Blaiirstown, NJ 07825**

**From I-80 West Exit 12:** Proceed north on Route 521 about 5 miles, to intersection of Route 94. Turn left onto Route 94 south towards Blaiirstown, proceed approx. 1/4 mile to road leading to park on left. **Do not go as far as the traffic light.** Parking is at end of road in gravel lot behind park.

**Sunday July 18, 2004**

**Wawayanda SUN and FUN**

**Easy**

This Area is beautiful any time of the year, however, this time of the season blooming Rhododendrons provide beauty and Hemlock give shade for a summer hike. Bring your bathing suit for a swim or simply lounge in the shade. **Rain will cancel this hike**

**Leader: Marguerite La Corte**

Phone (973) 625-4379

**Meet: 9:00 AM A&P/Hewitt Post Office Shopping Ctr; Warwick Tpk, Hewitt, New Jersey 07421**

**From Rt. 23:** Go north to Newfoundland, turn right onto Union Valley Rd (Rt. 513) go northeast 9.3 miles (bear left at Shop Rite Super Market) to intersection of Warwick Tpk. turn right 1 block to shopping center on right.

**From I-287 Exit 55 (Rt. 511):** Go north on Rt. 511 (Ringwood Ave.) about 13.9 miles to Warwick Tpk. at south end of Greenwood Lake. Continue straight-ahead 1/2 block to shopping center on left.

**Sunday July 25, 2004**

**Annual Hike and Picnic on Pompton Lake**

**Moderate**

**IHC Members only Please**

First we will hike to Ramapo Lake for lunch. Afterwards we drive back to Kientzler's home for a swim in the pool (don't forget the bathing suit) and picnic. **Bring something to cook, Charlie will have the grill going and Anita will supply the extras.**

**If it rains the picnic is still on!**

**Leader: Charlie and Anita Kientzler**

Phone (973) 835-1060

**Meet: 9:00 AM Lower Parking Lot, Ramapo Mountain State Forest, Oakland New Jersey 07436**

**From I-287 Exit 57:** Take Skyline Drive north (up the hill) towards Ringwood. Parking area is on the left as you start up the mountain approx. 0.3 miles from the exit ramp.

**Sunday August 1, 2004**

**Merrill Creek Reservoir and Preserve**

**Easy**

From the book of 50 Hikes in New Jersey: "this hike is an easy hike". A combination of trails leads us along the perimeter of the 650 acre lake, with a stop at the Visitors Center and more. **Rain will cancel this hike**

**Leader: Barbara Murray**

Phone (908) 647-8030

**Meet: 9:00 AM McDonald's, Morris Hills Shopping Center, Jct. of Rt-202 & Rt-46,**

**Parsippany-Troy Hills, New Jersey 07054**



**From I-287 South: Exit 42** onto Rt-202 south. Continue south about 1/2 mile across Rt-46 and turn right into the shopping center. McDonald's will be ahead on the Rt-46 side.

**From I-287 North: Exit 43** to Rt-202 south for 1.3 miles to Rt-46 and follow the above instructions.

**From I-80 West or East:** Exit to I-287 north, then Exit 43 on I-287 and follow the above instructions for I-287 north.

**Sunday August 8, 2004**

**Kittatinny Cooling**

**Moderate**

Crater Lake is the object of today's hike. With a nice beach, warm water, and a nearby Raspberry patch what could make a better lunch spot. Don't forget the bathing suit! **Rain will cancel this hike**

**Leader: David Kientzler**

Phone (973) 948-3983

**Meet: 9:00 AM Park Ride Parking Lot, Intersection Rt-206 & Rt-15, Augusta, New Jersey 07822**

**From I-80 Exit 34:** On to Rt-15 north. Continue for about 17 miles through Lafayette on Rt-15 to the traffic light at the intersection of Rt-15 with Rt-206. Parking lot is on southeast corner next to Chatterbox restaurant. We will drive to the start of the hike from the meeting point.

**Sunday August 15, 2004 Sterling Lake Loop Moderate**

A 7 to 8 mi. circular hike on various trails around Sterling Lake. We plan to visit the fire tower & relics from the Iron Age as well as the new Visitor's Center. **Rain will cancel this hike**

**Leader: Jim McKay** Phone (973) 538-0756

**Meet: 9:00 AM Sterling Forest Visitor Center, Sterling Forest, Tuxedo, New York 10987**

**From Suffern @ I-87 & I-287 Interchange: Exit 15A.** Take Rt-17 north approximately 2 miles to Sterling Mine Road exit (CR-72). Proceed west on Sterling Mine Road (CR-72) approximately 3 miles to traffic light. Turn right at traffic light onto Long Meadow Road (CR-84). Go north approximately 3.5 miles to Old Forge Road on left. Turn left onto Old Forge Road and take the next right toward the Visitor's Center (left side 1/4 mi.) and park in the parking lot on right. (The old visitor center lot.)

**Sunday August 22, 2004 Hike to Victory Moderately Strenuous**

First we work our way up Tom Jones and Parker Cabin Mountains, then down to the Victory Trail and Sebago Beach for a swim.

**Rain will cancel this hike**

**Leader: Ilse Dunham** Phone (973) 838-8031

**Meet: 9:00 AM Tuxedo RR Station, Rt. 17, Tuxedo, New York 10987**

**From Suffern @ I-287 & I-87N Interchange Exit 15A:** Take Rt. 17 north about 7 miles to Tuxedo. The Railroad Station is on the northbound side of Rt. 17.

**Sunday August 29 2004 Highlands Trail HT Section #14 (6.8 mi.) Moderate**

We will hike about 7 mi. on the Highlands Trail from Ryker Lake (Edison & Glen Rd.) to Mahlon Dickerson County Park.

**A shuttle is required. Rain will cancel this hike.**

**Leader: Jim McKay** Phone (973) 538-0756

**Meet: 9:00 AM Mahlon Dickerson Co. Park, Saffin Pond Parking, Weldon Rd., Weldon, NJ 07849**

**From Rt. 80 west:** Take exit 34B (Rt. 15 North). Go about 5 mi. to Weldon Rd. on right. Go 3 mi. to Saffin Pond parking lot on right.

**Sunday September 5, 2004 Lake Askoti Circular Moderately Strenuous**

From Lake Skannatati we follow the ABS to the Red Cross Trail and past a prominent hole in the ground, the Hasenclever Mine. We continue along the Beach Trail and pass a cemetery, a reminder of past settlements in this area. Then we connect with the Long Path back to our start. **Heavy rain will cancel this hike.**

**Leader: Jim Hayes** Phone (201) 825-9506

**Meet: 9:00 AM Lake Skannatati Parking Area, Seven Lakes Drive, Harriman State Park, NY 10974**

**From Suffern @ I-287 & I-87N Interchange Exit 15A:** Take Rt-17 north 4 1/2 miles, to Seven Lakes Drive, just north of Sloatsburg, NY. Turn right onto Seven Lakes Drive; go 7.8 miles. Parking is on the left along the lower lake.

**Saturday September 11, 2004 NYC Bike Ride ~ Fort Lee to Battery & Return Moderate**

This bike ride starts at Fort Lee, crosses the George Washington Bridge, then past the Little Red Lighthouse on the way to the Hudson River Shore Path. Then we follow the hard paved path southward to the Battery at the South tip of NYC. After lunch we retrace our route northward. Total distance is about 28 miles. **Road, ATB or Hybrids can be used. Rain will cancel this ride.**

**Leader:** Roy Messaros

Phone (201) 337-5004

Ursula Davis

Phone (973) 786-7087

**Meet: 9:30 AM Fort Lee Historic Park, Hudson Terrace, Fort Lee, New Jersey 07024.**

**Directions:** Take any road (I-95 or Rt-4) that leads to the George Washington Bridge and exit at the sign "last exit before the tolls". Continue on this ramp (parallel to the bridge approaches) crossing several lights until the "T" intersection with Hudson Terrace. Hudson Terrace is **one way northbound by the Park Entrance**, and you must make a U-turn around the block. Go right 1/4 block and bear right onto side street, go 1 block and turn left to Hudson Terrace northbound. Go 3/4 block to entrance into the Park on the right.

**Sunday September 12, 2004 Triangle Trek Moderately Strenuous**

The entire Triangle Trail is on the Program, using the TMI and RD as the "base" of the triangle. Lunch will be on Parker Cabin Mtn. and the afternoon break on C. Smith's Rock. **Rain will cancel this hike**

**Leader: Jim Hayes** Phone (201) 825-9506

**Meet: 9:00 AM Tuxedo RR Station, Rt. 17, Tuxedo, New York 10987**

**From Suffern @ I-287 & I-87N Interchange Exit 15A:** Take Rt-17 north about 7 miles to Tuxedo. The Railroad Station is on the northbound side of Rt-17.

**Sunday September 19, 2004 Around the Horn (Cape?) Moderate**

A trip to the naked (no trees that is) part of Harriman for a spectacular experience. Special places such as: Ship Rock, Bowling Rocks, Cape Horn, Lichen View and Black Rock, are on the agenda. **Rain will cancel this hike.**

**Leader: Pete Rigotti** E-mail: PETERLABOR@YAHOO.com

**Meet: 9:00 AM Lake Skannatati Parking Area, Seven Lakes Drive, Harriman State Park, NY 10974**

**From Suffern @ I-287 & I-87N Interchange Exit 15A:** Take Rt-17 north 4 1/2 miles, to Seven Lakes Drive, just north of Sloatsburg, NY. Turn right onto Seven Lakes Drive; go 7.8 miles. Parking is on the left along the lower lake.

**Sunday September 26, 2004 Arden Mine Tour Circular (12.0+ miles) Strenuous**

We will start on the ASB Trail then hike the Old Arden Road which connects with the Nurian, which connects with the Dunning, and the Island Pond Road to the Boston Mine. From there we will use the Dunning Trail to the end, passing & stopping by more mine on the way. Then we go to Times Square and head North on the Old Surebridge Mine Road to see some more mines. After which we will take the AT back past the Lemon Squeezer. If we have time we will stop by Island Pond on the way.

**Rain will cancel this hike.**

**Leader: Roy Williams** Phone # (570) 828-6207 or E-mail Royhiker1@aol.com

**Meet: 9:00 AM Elk Pen Parking Area, Arden Valley Road, Arden, New York 10910**

**From I-87 & I-287 Interchange: Exit 15A;** Take Rt-17 north about 13 miles to the Arden Valley Road entrance to Harriman State Park on the right. Turn right and proceed 1/2 mile to parking area on right.

**Saturday October 2, 2004 Walkkill Valley Rail Tr. Bike Ride ~ Gardiner to Rosendale Moderate**

Enjoy up to 25 miles along the Walkkill River as we cycle through autumn foliage and the apple orchards.

**ATB or sturdy Hybrids only. Rain will cancel this ride**

**Leaders: Carolyn and Jim Canfield** Phone (973) 728-9774

**Meet: 10:00 AM Visitor Parking Lot at Huguenot Village Visitor Center, New Paltz, New York 12561**

**From Exit 18:** of the NY Thruway, turn left onto Route 299 (Main St.) and follow it west about 1.3 miles to the intersection of Rt-208 and Rt-32. Turn right on N. Chestnut St. (Rt-32) and go 3 blocks to Broadhead St. on the left. **Parking** is on Broadhead St. just past the Rail Trail.

**Sunday October 3, 2004 Delaware Water Gap Delight Moderately Strenuous**

The Dunfield Creek trail follows the tumbling waters of the creek, with stands of Hemlock and Rhododendrons overlooking the rocky stream. We hike around Sunfish Pond and find a great lunch spot, and return via the AT. **Rain will cancel this hike.**

**Leader: Ilse Dunham** Phone (973) 838-8031

**Meet: 9:00 AM Delaware Water Gap, Kittatinny Visitor Center, Rt. I-80, Columbia, NJ 07832**

**From I-80:** Go west to Delaware Water Gap area, Exit for Visitor Center. **THIS IS THE LAST EXIT BEFORE BRIDGE TO PA.** Follow signs to Visitor Center making a **Left** at stop sign at end of exit ramp and proceeding under I-80.

**October 9,10,11, 2004 Columbus Day Weekend at Hawk Mountain, Pennsylvania Moderate**

This is the time and place to watch the mass migration of Raptors: Hawks, Bald and Golden Eagles. Enjoy the fall foliage while hiking from lookout to lookout and seeing the River of Blue Rocks, all at an easy pace. On Saturday be sure to arrive in time for the Raptor Program at Hawk Mtn. Raptor Center!

**Leader: Guy and Jennifer Percival** Phone (973) 984-1005 [JENGUY@OPTOMLINE.NET](mailto:JENGUY@OPTOMLINE.NET)

**Contact:** the Leaders for details regarding itinerary, camping, or motels in the area.

**Reservations at Motels or Campground are to be made on your own! RASAP**

**Sunday October 17, 2004 The New Connection Strenuous**

We have a hike for you, if you like views, ups and downs, hiking through a tunnel and getting a good workout Get aquatinted with the newly relocated Stillman Trail which extends from Black Rock Forest to the "new" side of Butter Hill.

**Note!** We will not be hiking in the Crow's Nest section, as it is closed for removal of discarded ordinance.

**Rain will cancel this hike.**

**Leader: Pete Heckler** Phone (201) 261 4644 **No phone calls morning of hike**

**Meet: 9:00 AM Storm King State Park, Rt. 9W Parking Area, West Point, New York 10996**

**From Palisades Interstate Parkway Northbound:** Continue north following both Rt-6 west and the PIP until the intersection of Rt-9W at the Bear Mtn. Bridge (about 18 miles north of New York State Thruway). Go north on Rt-9W 8 miles. At the top of the hill, on the right, is a view point and the **parking area**.

**Sunday October 24, 2004 IHC Trail clearing on Schunemunk Moderately Strenuous**

The Club maintains this section of the Long Path, as well as the Lower Jessup Trail. We need your help! **Please come and help us maintain these trails.** Bring your lunch, water, work gloves and large clippers, or use the tools provided by the club.

**Rain will cancel and postpone to Saturday, October 30, 2004.**

**Leader: Jim Canfield, Trails Chairperson** Phone (973) 728-9774

**Meet: 9:00 AM Red Apple Rest, Route 17, Southfields, New York 10975**

**From Suffern @ I-287 & I-87N Interchange Exit 15A:** Take Route 17 north 10 1/2 miles. The Red Apple Rest (Restaurant) is on the northbound side of Route 17. **Park in the rear!**

**Saturday October 30, 2004 Rain Date for Trail clearing on Schunemunk**

**Meet: Same time and place as October 24, 2004**

**Saturday October 30, 2004 DAYLIGHT SAVING TIME ENDS. Don't forget to set your clock back 1 hour tonight**

**Sunday October 31, 2004 Autumn on Breakneck Ridge & Mt. Taurus Strenuous**

In the Hudson Highlands State Park, east of the Hudson River, are two striking peaks rising above the river. We shall climb both, enjoy the breathtaking views and perhaps find out why the bull broke his neck. Bring your camera and take some gorgeous pictures. The views of the Hudson River and Valley are spectacular at this time of the year. We will use some or all of these trails: Breakneck Ridge to Notch, Notch to Washburn, Washburn to Undercliff, Undercliff to Brook, Brook to Cornish, Cornish to Visit the Old Cornish Estate then the Brook back to Route 9D & parking lot.

**Rain or inclement weather will cancel this hike.**

**Leader: Roy Williams** Phone # (570) 828-6207 or E-mail Royhiker1@aol.com

**Meet: 8:30 AM Anthony Wayne Recreation Area (North parking area), Harriman State Park, NY 10911**

**From the South: Exit 17** on the Palisades Interstate Parkway (15 miles north of the NYS Thruway)

**From the North: Exit 17** on the Palisades Interstate Parkway. The parking area is 0.5 miles south of Route 6 & Seven Lakes Drive Intersection on the Palisades Parkway.

**Alternate meeting place: 9:00 AM, Breakneck Ridge parking lot** is on left side of the road (1/8 mile past the tunnel) on Route 9D north of Cold Spring, New York 10915