

# Interstate Hiking Club

Organized 1931

Affiliate of the NY-NJ Trail Conference



## Schedule of Hikes

May 2008 through October 2008

**Web Page:** [http:// www.MINDSPRING.COM/~INTERSTATEHIKING/](http://www.MINDSPRING.COM/~INTERSTATEHIKING/)  
**e-mail:** [INTERSTATEHIKING@MINDSPRING.COM](mailto:INTERSTATEHIKING@MINDSPRING.COM)

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Interstate Hiking Club  
C/O Charles Kientzler  
711 Terhune Drive  
Wayne, NJ 07470-7111

**First Class Mail**

## GENERAL INFORMATION ABOUT THE INTERSTATE HIKING CLUB

### *Who we are!*

The Interstate Hiking Club (IHC) is a medium-sized hiking club, organized in 1931. IHC has been affiliated with the NY/NJ Trail Conference, as a trail maintaining club, since 1931.

**Guests are welcome!** An adult must accompany anyone under 18. **No Pets allowed on IHC hikes.**

### *Where do we go?*

Most of our activities are centered in the NY/NJ area; some hikes, bicycle rides and canoe trips are farther away. The club occasionally sponsors trips in the Catskills and Pennsylvania. Our hikes are not usually accessible by public transportation.

### *What do we do?*

Hikes, bicycle rides and canoe trips generally are scheduled for every Sunday, and some Fridays and Saturdays, as day-long outings. They are graded by difficulty of terrain, distance and pace. **The Hiking grades are:**

**Strenuous:** More climbing, usually rugged walking, generally 9 miles or more.

**Moderate:** Some climbing and rugged walking, but less than 9 miles.

**Easy:** Generally easy, fairly level trails, slower pace, and 6 to 8 miles.

**The club also maintains trails in association with the NY/NJ Trail Conference. Two Sundays a year are devoted to this service work. In addition, in the past we have participated in the following: orienteering, snow-shoeing, cross-country skiing, swimming, canoeing, mountain biking, backpacking, and camp-outs in the Adirondacks and Maine.**

### *What to bring:*

**Footwear is very important. Hiking boots with non-slip soles are essential for all hikes.** New footwear should be broken-in before being used on a hike!

**Bring plenty of water to drink (In the Summer; 2 quarts recommended), a trail lunch,** but please no food that requires cooking. Bring a pack to carry your gear in, including rain gear, sweater, etc., leaving your hands free for climbing.

### *Things to be aware of:*

**All outdoor activities involve inherent risks. Your participation in these activities is at your own personal discretion and you are solely responsible for your safety!**

**The stated meeting time for a hike "is" the departure time.**

**The leader is in charge of the event. Allow the leader to set the pace. Do not rush ahead or fall behind the group.**

**The leader has the right to refuse any person he/she deems not prepared for the hike/event.**

### *How to join:*

Application for membership may be given to any club officer or mailed to the treasurer **upon the completion of one activity.** A guest attending three events in three successive months is expected to apply for membership.

## INTERSTATE HIKING CLUB OFFICERS FOR JUNE 2007 TO May 2008

President:	Guy Percival	628 Sussex Ave.	Morristown NJ 07960	973-590-7437	JENGUY@OPTONLINE.NET
Secretary:	Jordan Lampert	266 Newman St.	Metuchen NJ 08840	732-516-0148	ROTHKO26@OPTONLINE.NET
Treasurer:	Charles Kientzler	711 Terhune Dr.	Wayne NJ 07420	973-835-1060	CKIENTZLER@AOL.COM
Trails Chair:	James Canfield	107 Rolling Ridge Rd.	W. Millford NJ 07480	973-728-9774	CANFIELD@NETROM.COM
Entertainment:	Anita Kientzler	711 Terhune Dr.	Wayne NJ 07420	973-835-1060	CKIENTZLER@AOL.COM
Web Page:	Mike Selender	159 Jewett Ave.	Jersey City NJ 07304	201-484-7277	--See IHC e-mail below--
Internet:	http://www.MINDSPRING.COM/~INTERSTATEHIKING/ IHC e-mail: INTERSTATEHIKING@MINDSPRING.COM				

## Membership Application

Having **completed at least one club activity**, I wish to apply for membership in the Interstate Hiking Club.

Enclosed are dues and initiation fee.

**Note!** Current Members Annual Dues are \$10.00: Due on June 1.

**If joining between May 1 and Dec. 1, dues are \$11.00 per person. (\$10.00 per year plus \$1.00 initiation fee)**

**If joining between Dec. 1 and May 1, dues are \$6.00 per person. (\$5.00 [1/2 year] plus a \$1.00 initiation fee)**

**Junior (under 18) dues are \$1.00 a year. The Club fiscal year is June 1st to May 31st.**

Name: \_\_\_\_\_ (Please PRINT Clearly)

Street: \_\_\_\_\_

City, State, Zip: \_\_\_\_\_

Phone: (\_\_\_\_) \_\_\_\_\_ -- E-mail: (All Caps) \_\_\_\_\_

Date of your IHC hike: \_\_\_\_/\_\_\_\_/\_\_\_\_ Application Date: \_\_\_\_/\_\_\_\_/\_\_\_\_

Amount: \_\_\_\_ \$11.00 (App. Date: 5/1 to 12/1) \_\_\_\_ \$6.00 (App. Date: 12/1 to 5/1) \_\_\_\_ \$1.00 (Junior)

Mail to: Interstate Hiking Club, c/o Charles Kientzler, Treasurer, 711 Terhune Drive, Wayne, NJ 07470

## INTERSTATE HIKING CLUB Summer 2008 SCHEDULE

Rain, inclement weather, or poor driving conditions will cancel the activity. Contact the leader if in doubt.

### Canoeing General Instructions

Bring a partner, canoe, or kayak, life jackets, lunch and dry clothes in a waterproof bag. Rain may cancel the trip. Call before 8:00 AM to check. River runs are dependent on the water level in the river. Rentals are not usually available at launch sites, however check with Dave. For a partner, check with Dave Patchin (973) 822-0372 or PATCHIN6@AOL.COM at least 10 days before the event, and perhaps he can match you with a partner.

**Friday May 2, 2008**

**Canoe—South Branch Raritan River**



A pretty run through Hunterdon County from Clinton to the campground at Darts Mill.

**We will shuttle cars**

*See top of Page 3 for additional canoe information*

**Leaders: Dave and Joanne Patchin 973-822-0372**

**Must call and register.**

**Meet: 9:30 AM Blue Cactus Restaurant, Main St., Clinton, NJ 08809**

**From I-287 South and I-78 West:** Take I-78 West to Exit 15. At the end of the ramp turn right onto Main Street. Drive 0.4 miles crossing the bridge. At the end of the bridge turn left into Blue Cactus parking lot for river access.

**Saturday May 3, 2008**

**Bicycle—North Country Trailway, Westchester**

**Moderately Strenuous**



This is a great paved bicycle path. It is the former rail bed for the Putnam Division of the New York Central RR.

**We will bike and explore about 25 - 30 mi. of this historic old railroad.**

**Paved path suitable for all style bikes. Bring Lunch!**

**HELMETS REQUIRED.**

**Leaders: Charlie & Anita Kientzler 973-835-1060**

**You must call & register to ensure ride is still on.**

**Meet: 9:00 AM McDonald's, Route 59, Nyack, NY 10960**

**From I-287 or Rt-17, Suffern, NY:** Take NYS Thruway east (I-87 & I-287) 13 miles to Exit 11 (last exit before Tappan Zee Bridge). Proceed to the traffic light on Rt-59. Go straight ahead about 200 feet to McDonald's rear entrance on right. Park in the rear. Leader will distribute driving instructions to starting point in Westchester Co. for 10:00 AM start.

**From Rt. 9W:** Go west on Rt-59 1/8 mile to McDonald's at traffic light. Turn left at the light.

**Sunday May 4, 2008**

**Catmount Mtn. Loop**

**Strenuous**

This hike in the heart of Harriman St. Park is about 9 miles in length and has 5 climbs that afford excellent views.

**Leader: Jordan Lampert 732-516-0148**

**Meet: 9:00 AM Lake Sebago Hiker's/Boat Launch Lot, Seven Lakes Dr, Harriman State Park, NY 10974**

**From Suffern @ I-87 & I-287 Interchange Exit 15:** Take Rt-17 north 4 miles, to Seven Lakes Drive, just north of Sloatsburg, NY. Turn right onto Seven Lakes Dr; go 4.2 miles. The "Boat Launch Parking" is on the left. (Small Sign, Small Road)

**Sunday May 10, 2008**

**AT—Culvers Gap to Buttermilk Falls**

**Moderately Strenuous**

This 8-mile hike along mostly the AT starts with a major climb up from Culvers Gap, and soon we are rewarded with pretty views of the Delaware River and the Pocono Mts. We descend using the Buttermilk Falls trail, which is lovely in the Spring.

**Leaders: Guy & Jen Percival 973-590-7437**

**Meet: 9:00 AM Augusta, Park Ride Parking Lot, Intersection Rt-206 & Rt-15, Augusta, NJ 07822**

**We will then setup a shuttle ending at Culvers Gap.**

**From I-80 Exit 34:** Onto Rt-15 north. Continue for about 17 miles through Lafayette on Rt-15 to the traffic light at the intersection of Rt-15 with Rt-206. Turn left at light to parking lot located on southeast corner next to Chatterbox restaurant.

**Sunday May 11, 2008**

**Bike—Hope to Belvidere Circular**

**Moderately Strenuous**



A 30 mile ride of very scenic countryside from Hope to the Delaware, crossing at Columbia. Onward, on the PA side, to Belvidere. On the return a winery visit is possible.

**Rain cancels!**

Ride is suitable for all style bikes.

Bring lunch!

HELMETS REQUIRED

**Leader: Ursula Davis**

973-786-7087

**You must call & register to ensure ride is on.**

**Start Bicycling: 10:00 AM Parking Lot, Hope - Blairstown Rd, (Rt. 521), Blairstown, NJ 07825**

**From I-80 West Exit 12:** After exiting I-80, make a right onto Rt. 521 northbound (Hope - Blairstown Rd.). Go about 0.05 mi. to parking on left.

**Friday May 16, 2008**

**Canoe—Lamington River**



A Spring flower run from Bedminster Township to North Branch.

**We will shuttle cars.**

*See top of Page 3 for additional canoe information*

**Leaders: Dave and Joanne Patchin 973-822-0372**

**Must call and register**

**Meet: 9:30 AM Launch site, Lamington Rd, Bedminster, NJ 07921**

**From I-287 South and I-78 West:** Take I-78 to Exit 26. Turn right on Rattlesnake Road. Go 1.3 miles to Lamington Road. Turn left and drive 1/2 mile to the parking area on the left, just before the bridge over the river.

**Sunday May 18, 2008 Wanaque Ridge Trail (TC Map 115) Moderate**  
 A 7 mile scenic hike along the new Wanaque Ridge Trail, see Indian Rock, (see the Jan/Feb issue of NY/NJ Trail Walker), with excellent views of the Wyanokies. Then we hike the well known Cannon Ball & Hoeflerlin trails around Ramapo Lake to return. Joint hike with Ramapo ADK **Please pre-register by e-mail to: P\_HECKLER@MSN.COM**  
**Leader: Pete Heckler** 973-831-2307 **(Please, no calls the morning of hike)**

**Meet 9:30 AM Back Beach Park, Haskell, NJ 07420**

**From I-287, Exit 55:** Go north on Ringwood Ave (Rt-511) about 0.9 miles to 4<sup>th</sup> Ave. on the right (Valero Gas Station on corner). Follow 4<sup>th</sup> St. east 2 blocks to T intersection with Boulevard Ave. Turn left and drive north about 1/2 mile to Back Beach Park.


**Sunday May 25, 2008 Ramapo Circular Moderate**  
 A 6 to 7 mile hike using various trails, including the new Indian Rock & Wanaque Ridge Trails. (see the Jan/Feb issue of NY/NJ Trail Walker)

**Leader: Jim McKay** 973-538-0756 JRMCKAY@VERIZON.NET

**Meet: 9:00 AM Ramapo Mountain State Forest, Lower Parking Lot, Skyline Drive, Oakland NJ 07436**

**From I-287 Exit 57:** Then Skyline Drive north towards Ringwood. Parking area is on the left as you start up the mountain approx. 0.3 miles from the exit ramp.

**Friday May 30, 2008 Canoe—Delaware River; Dingmans Ferry to Bush Kill Access**

 An interesting run on a relatively calm stretch of the river.

**We will shuttle cars. See top of Page 3 for additional canoe information**

**Leaders: Dave and Joanne Patchin** 973-822-0372 **Must call and register.**

**Meet: 9:30 AM Launch site, Dingmans Ferry Access, Dingmans Ferry, Pa 18328**

**From I-80 West Exit 34:** Go north on Rt-15 to Rt-206 N (Rt-15 ends). Follow Rt-206 to R-560 (just past Stokes State Park on bottom of hill) on the left. Follow R-560 across Dingmans Bridge (toll). Take the first left into Dingmans Ferry Access.

→ **Please note that dues (\$10.00 per member) are due by Today!** ←

**Sunday June 1, 2008 IHC Annual Meeting and Hike Moderate**  
**IHC Members Only, Please.**

Claudius Smith's Den (with nice views on top) will be our destination for the annual business meeting and election of officers. After the meeting an optional longer hike will be available. **RAIN DOES NOT CANCEL THE MEETING.**

**We encourage all IHC members to come to the annual business meeting and election of officers.**

**Leaders: The "Old" Officers** **Guy Percival** 973-590-7437 **Jordan Lampert** 732-616-0148  
**James Canfield** 973-728-9774 **Charlie Kientzler** 973-835-1060

**Meet: 9:00 AM Tuxedo metered commuters lot, Village Dr, Tuxedo, NY, 10987**

**From Suffern @ I-87 & I-287 Interchange Exit 15A:** Take R-17 about 6.5 miles north to Tuxedo. Just past the Tuxedo train station, turn right on East Village Rd, cross the tracks and turn left into the large parking lot which is free on weekends.

**Sunday June 8, 2008 Sterling Ridge to East Shore Rd. (TC Map #100) Moderately Strenuous**

Hike the Sterling Ridge and Lake To Lake Trails in Sterling Forest. The Sterling Ridge Trail which is maintained by IHC, has excellent views from various lookouts, with the best view of Greenwood Lake from the Fire Tower.

**Shuttle Required** - From meeting point on East Shore Road (P14) to Sterling Ridge Trail Head on Rt-17A (P8).


**Leaders: Pete Tilgner & Suzan Gordon** 201-871-3531 **Joint hike with Ramapo ADK**

**Meet: 9:00 AM Sterling Forest Parking (P14), East Shore Rd, Greenwood Lake, NY 10925**

**From the North; From NJ take Rt-287 N:** To Exit 15A/ Rt-17 north to Co. Rt-72 W. (Sloatsburg, Sterling Mine Rd.), to Margaret King Ave. (Little League Ball Field on right), turn right driving to Co. Rt-511 (Greenwood Lake Tpk.). Turn right and follow it past Monksville Reservoir to East Shore Rd. Turn right and drive north 5.5 miles (NY State), to parking area P14 on right.

**From the South; From I-287 Exit 55:** Take Rt-511 (Ringwood Ave.) north about 11 miles to junction of Greenwood Lake Tpk. and East Shore Drive. Turn onto E. Shore Dr. and continue for 5.5 miles (past the State Line) to parking area on the right of the Road. **P14**

**Friday June 13, 2008 Canoe—Lake Sebago, Harriman State Park, N.Y.**

 Spend a day paddling on a beautiful lake in the mountains with spring flowers, (maybe.)

**See top of Page 3 for additional canoe information**

**Leaders: Dave and Joanne Patchin** 973-822-0372 **Must call and register.**

**Meet: 10:00 AM Sebago Boat Launch; Seven Lakes Dr; Harriman S. P., NY 10974 (after you buy your permit)**

**From Suffern @ I-87 & I-287 Interchange Exit 15A:** Take Rt-17 north 4½ mi. to Seven Lakes Dr, just north of Sloatsburg, NY. Turn right onto Seven Lakes Dr. and proceed east 4.2 miles. Parking is on the left (**small road, small sign**). **Note: A \$25 (may be more) seasonal permit is required to paddle on all but two of the lakes in Harriman.** From Sebago Boat Launch, drive north 6 mi. to the Ranger Station on the circle at Lake Tiorati to buy your permit, which is valid from April 1 to Nov. 30, 2008. **Have your life jackets available for the ranger inspection. (Allow time for permit purchase.)** We will use the permit again in October.

**Sunday June 15, 2008 D&R Towpath—Kingston to Princeton (10 mi.) Moderately Strenuous**

This is a mostly level hike along the Towpath, with just one uphill to lunch by the Princeton University Museum. We will have time to visit the Museum. One exhibit has Roman glass that was on a shelf so long that it distorted by flowing.

**Leaders: Guy & Jen Percival** 973-590-7437

**Meet: 9:00 AM Kingston D&R Towpath Parking Lot, Kingston, (Princeton), NJ 08540**

**From I-287 Exit 17 Route 206 south:** Take Rt 206 south through the Somerville Circle about 14 miles to CR-518/Georgetown and Franklin Turnpike Continue to follow CR-518 (Washington St.) 1.2 mi. through town to light. Turn right at CR-603/Kingston-Rocky Hill Rd/Laurel Ave, continue 1.9 mi to light at Rt-27. Turn right and proceed 0.1 miles downhill to make a left (on a side road) into the Kingston D&R Canal Boat basin parking lot. If you cross the Millstone river you have gone too far

**Sunday June 22, 2008****Palisades Loop****Moderately Strenuous**

This six mile loop hike combines a walk along the top of the Palisades with a steep descent to the river and a stroll along the river passing several outstanding viewpoints. We will stop at the Kearney House if time allows.

**Leader: Carol O'Keefe** 973-328-7395

**Meet: 9:30 AM** New Jersey PIP Headquarters, Alpine Approach Road, Alpine, NJ 07620

**From The Palisades Parkway Exit 2:** (almost 8 miles north of the GW Bridge) The Park Headquarters are 1/2 mile down (eastward) the Alpine Boat Basin Road. **Note: Parking is allowed in this lot although signs indicate that parking is for official business only.**

**Northbound:** Get off at exit, stay left at bottom of curve, follow sign to the Headquarters.

**Southbound:** Get off at exit, make right onto Rt-9W northbound, go on to traffic light and make right. Proceed, after overpass, bear right to the Headquarters.

**Friday June 27, 2008****Canoe—Delaware River; Matamoras, Pa. to Milford, Pa.**

A one day 10 mile run on a fairly quiet section of the river with moderate rapids.

**We will shuttle cars.**

*See top of Page 3 for additional canoe information*

**Leaders: Dave and Joanne Patchin** 973-822-0372 **Must call and register.**

**Meet: 9:30 AM** Boat launch at Pennsylvania Fish and Boat Com.; Delaware Dr; Matamoras, PA 18336

**From: I-80 West Exit 34B:** Take R-15 to Rt-206 North (Rt-15 ends) to the toll bridge, which crosses over to Milford, Pa., and turn right onto Rt-209. In Milford, at the traffic light, turn right. On Rt-209 N. drive 6.7 miles into Matamoras, Pa. At the bridge over the Delaware (do not cross the bridge), turn left onto Delaware Dr. Drive 1.4 miles along the river to the Pennsylvania Fish and Boat Commission boat launch on the right. **Note: Parking at the takeout at Milford Beach will cost \$5 a car or \$2.50 if you have a Golden Age Passport. Allow 2 hours minimum driving time.**

**Sunday June 29, 2008****Hanks Pond to Buckabear Pond****Moderately Strenuous**

Enjoy this lovely 8-mile linear hike through the Pequannock watershed. Seldom done and not to be missed.

**Shuttle Required.**

**Leader: James Schlenker** 908-561-0228

**Meet: 9:00 AM** Burger King / Stop & Shop Super Market, Route 23 North, Butler, NJ 07405

**From I-287 Exit 52:** Take Route 23 North 3 miles to Kinnelon Avenue. Continue through traffic light to first entrance on right into Burger King / Stop & Shop parking lot. Park in front of the Stop & Shop near the highway.

**Weekend July 4 - 6, 2008****Shawangunk Ridge Backpack Trip****Strenuous**

Want an overnight trip? Backpack from the Basha Kill to High Point NJ. A three day trip camping out along the scenic Shawangunk Ridge Trail. (2 nights sleeping under the stars, we trust.)

**For a one day trip join us on Sunday.**

**Moderately Strenuous for the day trip.**

**Leader: Chris Davis** 609-924-2563

**Shuttle required.**

**Call Chris Davis for information and REGISTER BEFORE June 10 for backpack, WED. 7/02 for the Sunday Hike.**

**Friday July 11, 2008****Canoe—Schwartzwood Lake**

A pleasant day on a quiet lake with lunch at the old mill.

*See top of Page 3 for additional canoe information*

**Leader: Marie Taranto** 973-226-6738 **Must call and register.**

**Meet: 9:30 AM** Dunkin Donuts, Rt-206/Rt-94 (Water St.), Newton, NJ 07860

**From I-287N & I 80W; Take I-80 West to Exit 25 (Rt-206 N):** Follow Rt-206 N 11½ miles to the center of Newton. Continue north on Rt-206/Rt-94 ½ mile through Newton. Look for Dunkin Donuts on the left side by light. We will caravan to the lake on Rt-622.

**Note! Rental canoes and kayaks are available close by the launch site. (973-383-4200)**

**Sunday July 13, 2008****Dingmans Falls to G. W. Childs State Park****Moderately Strenuous**

A beautiful not too strenuous summer hike with possible dips in refreshing swim holes. About seven shady miles. We'll admire seven stunning water falls and climb about 250 steps up and down. Bring a swimsuit, Ursula is leading and its summer time!

**Leader: Ursula Davis** 973-786-7087

**Meet: 9:00 AM** Augusta, Park Ride Parking Lot, Intersection Rt-206 & Rt-15, Augusta, NJ 07822

**From I-80 Exit 34:** Onto Rt-15 north. Continue for about 17 miles through Lafayette on Rt-15 to the traffic light at the intersection of Rt-15 with Rt-206. Turn left at light to Parking lot on southeast corner next to Chatterbox restaurant. **We will drive to the start of the hike from here.**

**Sunday July 20, 2008****Annual Hike and Picnic on Pompton Lake****Moderate**

**IHC Members and Families only Please**



First we will hike to Pequannock Knob for lunch and perhaps some berries. Afterwards we drive back to Kientzler's house for a swim in the pool (don't forget the bathing suit) and picnic. Bring a dish to share and something to cook. Charlie will have the grill going. If you wish, bring a door prize contribution. **Rain does not cancel the Picnic!**




**Leaders: Charlie & Anita Kientzler** 973 835-1060

**Meet: 9:00 AM** Home Depot parking lot, Route 23 North, Riverdale, NJ 07457

**From I-287 Exit 52:** Take Rt-23 north ½ mile to light. Turn right to Home Depot parking lot. Park on south side near Staples.

**Friday July 25, 2008**

**Canoe—Cedar Creek-Double Trouble State Park**

 A trip on a winding waterway, crystal clear and the color of iced tea, in the Pine Barrens. Swimming allowed.

**We will shuttle cars.**

**See top of Page 3 for additional canoe information**

**Leaders: Dave and Joanne Patchin**

973-822-0372

**Must call and register**

**Meet: 9:30 AM Double Trouble State Park, Bayville, NJ 08721**

**From Garden State Parkway south Exit 77:** Go through the toll, turn right immediately to Rt-619. Turn left (south) and drive ½ mile to a major crossroad (a “T”). Double Trouble State Park will be directly across the road. Distance is 68 mi. from Rt-78 and Garden State interchange. **Allow 2 hours minimum travel time to the launching place.**

**Sunday July 27, 2008**

**Mahlon Dickerson**

**Moderately Strenuous**

We will hike out and back, taking the Yellow Trail to the Beaver Brook Trail in the Wildlife Management Area.

Leaders Choice may change hike according to conditions and hikers..

**Leader: Carol O'Keefe**

973 328-7395

**Meet: 10:00 AM Saffin Rock-Rill parking lot. Mahlon Dickerson Co. Park, Weldon Rd., Weldon, NJ 07849**

**From Rt. 80 Exit 34B Rt-15 North:** Go about 5 mi. to Weldon Rd. on right. Exit and continue north about 1 mi. to Saffin Rock Rill Parking on the right. This is the first Mahlon Dickerson entrance on Weldon Rd.

**Sunday August 3, 2008**

**Garrett Mountain**

**Moderate**

Garrett Mountain Reservation on the top of the First Watchung Range, offers splendid views of nearby Paterson City, Turkey Mtn., High Mtn., and also to the northwest as far as Schunemunk Mountain. Perhaps a side trip to Great Falls can be made after the hike.

**Rain will cancel this hike**

**Leaders: Charlie & Anita Kientzler**

973-835-1060


**Meet: 9:00 AM Home Depot, Riverview Dr. & Rt-46 (westbound Side), Totowa, NJ 07512**

**From I-80 Westbound:** Exit 55 Union Ave: Go south ½ mi to Rt-48 West. Then west for ½ mi. to Riverview Dr., stay on Rt-46 and proceed past underpass to first entrance to Mall. Park on “Coconuts” (south side) of Home Depot.

**From I-80 Eastbound Exit 53 Wayne Rt-46:** Go east on Rt-46 1 mi. to Riverview Dr. Exit after going under underpass toward Wayne. Proceed north over Rt-46 on Riverside Dr. to Mall entrance on left. Park on “Coconuts” (south side) of Home Depot.

**Friday August 8, 2008**

**Canoe—Delaware River; Milford, NJ to Byram Access**

 An interesting stretch the Delaware, about 12 miles with moderate rapids. (Look for the Hotdog Man!) Take out is just above the Lumberville Wing Dam.

**We will shuttle cars**

**See top of Pg. 3 for additional canoe information**

**Leaders: Dave and Joanne Patchin**

973-822-0372

**Must call and register.**

**Meet: 9:30 AM Launch site, Upper Black Eddy Access; Upper Black Eddy, PA 18972**

**From: I-78W Exit 15: Stay left at exit for left turn** onto Rt-513. Follow Rt-513 south about 8½ miles to Rt-519. Turn right onto Rt-519 and drive 3.7 miles to Milford, NJ. In Milford (at the T), turn right (with Rt-519), go 1 block to the post office, then left onto Bridge Street, cross the river, left onto Rt-32. Upper Black Eddy Access Area is 200 feet south on the left.

**Sunday August 10, 2008**

**Glen Gray or Bust**

**Moderately Strenuous**

We will hike through and around some of the Old Scout Camps of the Ramapo Mountains. Each one has a lake with a view, and on the ridges we also will have views.

**Leader: Jane Egan**

973-636-0809

**No calls after 9:00 PM**

**Meet: 9:00 AM Ramapo Mt. State Forest, Upper Parking Lot, Skyline Dr, Oakland, NJ 07436**

**From I-287 Exit 57:** Take Skyline Drive north towards Ringwood. Parking area is on the left at the top of the mountain about 1.3 miles from I-287.

**Sunday August 17, 2008**

**Apshawa Preserve—West Milford**

**Moderately Strenuous**

This Preserve is one of the newest additions to our park land. Let's explore it with Steve.

**Leader: Steve Rikon**


973-962-4149

**Meet: 9:00 AM Burger King / Stop & Shop Super Market, Route 23 North, Butler, NJ 07405**

**From I-287 Exit 52:** Take Route 23 North 3 miles to Kinnelon Avenue. Continue through traffic light to first entrance on right into Burger King / Stop & Shop parking lot. Park in front of the Stop & Shop near the highway.

**Friday August 22, 2008**

**Canoe—Split Rock Reservoir**

 A reservoir recently opened to boating and canoeing. Very pretty and quiet.

**See top of Page 3 for additional canoe information**

**Leader: Henry Fernandez**

973-462-7747

**Must call and register.**

**Meet: 10:00 AM Split rock Reservoir parking lot; Split Rock Road, Rockaway, NJ 07866**


**From I-287N Exit 44:** At the top of the ramp, turn right over I-287 onto Main St. (Rt-511) in Boonton. Drive 0.3 mile to Boonton Rd. (Rt-511) Turn right and go 2.5 miles to Rockaway Valley Rd. Turn left and drive 2.2 miles to Split Rock Rd, a 150 degree turn on the right. (Stone Rd. is the street 0.1 mile before Split Rock Rd.) Follow Split Rock Rd. 2.8 miles (Stay to the right at Decker Rd. and to the left at Charlottesburg Rd.) to the parking lot and launch area. (The last 0.8 mile is gravel.)

**From I-80 Exit 37 Rockaway/Hibernia:** Go north on Green Pond Rd. (Rt-513) toward Hibernia. At about 6.5 miles turn right at the Marcella Firehouse sign. This is Upper Hibernia Rd. Continue 2 mi. to fork in the road. Bear left onto Split Rock Rd. After the pavement ends keep going over the dam. The new fisherman's boat launch parking lot is about 1/8 mile on the left after the dam.

**Sunday August 24, 2008 Black River County Park Moderately Strenuous**  
 The Patriots Path connects four important cultural sites. We shall see the Cooper Mill, then explore the Patriots Path beyond Elizabeth Kay Center to Bamboo Brook with a look at its formal gardens. This 8 mile hike is mostly level, and has been known to have raspberries along the trail. **Shuttle Required**  
**Leader: Claire Bransfield** 908-240-1479  
**Meet: 9:00 AM Cooper Mill Historical Site, Rt-24 (Rt-513), Chester, NJ 07930**  
**From I 80 Exit 27 (Rt-206 South):** Continue southward 7+ miles to the Chester area at the intersection of Route 513 (no Rt-24 sign). Turn right (west) and continue 1.5 miles to the Morris County "Cooper Mill" on the left.


→ **Aug 27<sup>th</sup> Deadline for Nov 2008–April 2009 Hike Schedule** ←

**Sunday August 31, 2008 Lewis Morris to Audubon & Back Strenuous**  
 This 10 mile hike on the Grand Loop Trail from Lewis Morris Park through Jockey Hollow to the Audubon Center. We will have lunch while bird watching and return.  
**Leaders: Guy & Jen Percival** 973-590-7437  
**Meet: 9:00 AM Sunrise Lake Parking Lot, Lewis Morris County Park, Morris Twp., NJ 07960**  
**From I-287 South Exit 35 Morristown:** Go west into center of Morristown on South St. Go around 3 sides of the green continuing on South St. which is now Rt-510 & Rt-24(or Rt-124) west. Three miles after the Green, look for the entrance to Lewis Morris on the left just after passing Whitehead Rd. on the right. Make first possible right from the park road, down to Sunrise Lake Parking Area

**Friday September 5, 2008 Canoe—Spruce Run Reservoir**  
 We will paddle on an old favorite, which has plenty of water all year long.  
*See top of Page 3 for additional canoe information*  
**Leaders: Dave and Joanne Patchin** 973-822-0372 **Must call and register.**  
**Meet: 10:00 AM Boat Launch, Spruce Run State Park, Van Syckels Rd, Clinton, NJ 08809**  
**From I-78W Exit 17 (Rt-31):** Drive north 3 mi. on Rt-31, past the reservoir on the left, to the light at Van Syckels Rd. (look for sign). Turn left into the State Park. Go about 1½ mi; follow sign for boat launch. With your NJ Senior Citizen Pass, the park is free.

**Sunday September 7, 2008 Buttermilk Falls to Crater Lake loop. Strenuous**  
 This 10 mile hike starts up past Buttermilk Falls and then on to scenic Crater Lake for lunch. Swimming is allowed here! We return on an alternate route. **Shuttle Required** to Buttermilk Falls Parking.  
**Leader: Guy & Jen Percival** 973-590-7437  
**Meet: 9:00 AM Augusta, Park Ride Parking Lot, Intersection Rt-206 & Rt-15, Augusta, NJ 07822**  
**From I-80 Exit 34:** Onto Rt-15 north. Continue for about 17 miles through Lafayette on Rt-15 to the traffic light at the intersection of Rt-15 with Rt-206. Parking lot is on southeast corner next to Chatterbox restaurant. We will drive to the start of the hike from here.

**Sunday September 14, 2008 Top of the Skyline Strenuous**  
 We will hike using various trails from Skylands Manor to Skyline Drive. There are several nice views along the way and perhaps a lake or two. **Shuttle Required** to Parking Lot A at Skylands Manor.  
**Leader: Steve Rikon** 973-962-4149  
**Meet: 9:00 AM Ramapo Mt. State Forest, Upper Parking Lot, Skyline Drive, Oakland, NJ 07436**  
**From I-287 Exit 57:** Take Skyline Drive north towards Ringwood. Parking area is on the left at the top of the mountain about 1.3 miles from exit ramp.

**Friday September 19, 2008 Canoe—Hackensack River**  
 A new tidal river for most of us. We will paddle up river with the incoming tide, and back down the river to the launch site with the out going tide. We'll view Revolutionary War Sites such as New Bridge Landing and the Zabriskie House.  
*See top of Page 3 for additional canoe information*  
**Leader: Roy Messaros** 201-337-5004 **Must call and register.**  
**Meet: 11:00 AM Foschini Park Boat Launch, River St. (Rt-503), Hackensack, NJ 07601**  
 → **Note! Later Launch time due to the tide!** ←

**From I-80 Local Lanes Only Exit 66:** From the ramp, turn left on Vreeland Ave. 3 blocks to "T" intersection, then left on Hudson St. one block, right on E. Kennedy to River St. (Rt-503). Go left 1¼ miles to Park Entrance (E. Camden St) by Toyota Dealer on right.  
**From Rt-4 Exit Hackensack Ave. (Rt-503):** Go south 1½ miles on Hackensack Ave. (becomes River St.). Park Entrance is on left.

**Saturday September 20, 2008 City Walk—East River Park, NYC Strenuous**  
 This NYC city walk starts upriver and heads southward along the East River Park, and ends at South Street Seaport. Dinner is in Chinatown afterwards.  
**Leader: Jordan Lampert** 732-516-0148  
**Meet: Call to register for time and directions to meeting place**

**Sunday September 28, 2008 AT—Vernon over Pochuck Mt. (9.4 mi.)**  
 This hike on the Appalachian Trail is the next section west of the Pochuck Boardwalks. It starts on Rt-517 in Vernon, goes over the Pochuck Mt. and ends on Rt-284 near Unionville, NY. No more Road walking! **Shuttle Required**  
**Leader: Carolyn and Jim Canfield** 973-728-9774  
**Meet: 9:00 AM AT Crossing on Rt-517 (McAfee-Glenwood Rd.), Glenwood, NJ 07418**  
**From I-287 Exit 52:** Take Rt-23 north 22.5 miles to Rt-94 in Hamburg, NJ. Go right (north) 2.6 miles to Rt-517 on left. After turning left continue north on Rt-517 for 5.5 miles to AT crossing and parking along road.

**Friday October 3, 2008 Canoe—Lakes Kanawauke and Little Long Pond, Harriman State Pk, N.Y.**

Spend a nice day on two lakes in a great state park. Perhaps the change-of-season color will be available.

*See top of Page 3 for additional canoe information*

**Leaders: Pat Gaboro & Ellie King** 973-377-4074 **Must call and register.**

**Meet: 10:00 AM Kanawauke Parking, Rt-106, Harriman S P, Bear Mountain, NY 10911 (Park permit required)**

**From Suffern @ I-87 & I-287 Interchange Exit 15:** Take Rt-17 north 4 miles to Seven Lakes Drive, just north of Sloatsburg, NY.

Turn right onto Seven Lakes Dr. for 7 miles to Kanawauke Circle and Rt-106. Go west (left) ¼ mile on Rt-106 to parking for boat launch on the left. **Note: If you do not have the Harriman \$25 Canoe permit, see June 13, 2008 for permit information.**

**Sunday October 5, 2008 Ramapo Valley County Reservation Moderate**

An 8-mile hike on the Schuber trail to a lookout for lunch & back on the Yellow/Silver trail.

**Leader: Jim McKay** 973-538-0756 JRMCKAY@VERIZON.NET

**Meet 9:30 AM Ramapo Mt. County Reservation, Rt-202, Mahwah, NJ 07430**

**From Rt-17 Mahwah, NJ:** Take Rt-202 south 1.8 miles to Ramapo Mt. County Reservation entrance on right side of road.

**From I-287 Exit 58 Oakland, NJ:** Take Rt-202 north 4.8 mile to Ramapo Mt. County Park on left. No left turns allowed here! So continue north about 1 block and make U-turn and come back to parking lot entrance.

**Saturday October 11, 2008 Bonticou Crag, Shawangunks Moderate or Moderately Strenuous**

The approach of the Crag uses a combination of shale roads and paths. The final ascent can be made via the easy "Back Way" or via a short climb "Straight up the Cliff". On a clear day the broad summit offers views from the Catskills to the Hudson Highlands. An optional hike to Table Rocks is available for additional views. **We should have time to stop at the nearby Apple Orchards and perhaps have an early supper in the area.** The hike starts at the Spring Farm Parking Area in the Mohonk Preserve and there is a **Hiking Fee \$\$.**

**Leaders: Charlie & Anita Kientzler** 973 835-1060

**Meet: 8:00 AM Harriman RR Station, Rt. 17, Arden, New York 10910**

**From the South: Suffern @ I-87N & I-287 Exit 15A:** take Rt-17 North 15 miles. The Commuter Lot is on the northbound side (right) of Rt-17.

**From the North: NYS Thruway Exit 16:** Proceed south on Rt-17 about 2 miles to Commuter lot on the left side.

**Friday October 17, 2007 Canoe—Merrill Creek Reservoir**

An easy paddle around a nice reservoir above the Delaware River. Perhaps we may see the Eagle again.

*See top of Page 3 for additional canoe information*

**Leaders: Charlie & Anita Kientzler** 973-835-1060 **Must call and register.**

**Meet: 10:00 AM Boat Launch, Merrill Creek Reservoir, Merrill Creek Rd., Phillipsburg, NJ 08865**

**From I-78 west Exit 4:** Turn right at the end of the ramp on to S. Main St. and drive north 1.8 miles to the center of Stewartville. At the blinking light, turn right on Washington St. (becomes Stewartville Rd.) and go 2.7 miles to Rt-57 in New Village. Cross Rt-57 diagonally, turning left onto Montana Rd. which goes uphill for 2 miles. Left on Richlines Rd. and drive 0.3 mile, turning left again, onto Merrill Creek Rd. Follow signs to the Boat Launch.

**Sunday October 19, 2008 IHC Trail Clearing on Schunemunk Mt. Moderately Strenuous**

The club maintains this section of the Long Path, as well as the Lower Jessup Trail. Please come and help us maintain these trails! Bring your lunch, water, clippers and good working gloves. If you do not have clippers you can use the tools provided by the club.

**Leader: Jim Canfield**

**(973) 728-9774**

**Meet: 9:00 AM Schunemunk, Taylor Road Parking area, Mountainville, NY 10953**

**From I-87 Exit 16 Harriman/Woodbury Commons:** After tollbooths stay to right for first exit, Woodbury & Rt-32. Take Rt-32 north about 7½ miles to Pleasant Hill Road, (Black Rock Hunting Club sign on left), Mountainville, NY. Turn left, go to first road (Taylor Road) turn left again, proceed to parking lot on right side of road after crossing over thruway.

**From Rt-17:** Travel north on Rt-17 to Rt-32 in Harriman, NY. Take Rt-32 north 8½ miles to Pleasant Hill Road. **See above.**

**Saturday October 25, 2007 Rain date - Trail Clearing, same leader, same time and place as above.****Sunday October 26, 2008 Breakneck Ridge & Taurus Strenuous**

In the Hudson Highlands State Park, east of the Hudson River, are two striking peaks rising above the river. We shall climb both, enjoy the breathtaking views and perhaps find out why the bull broke his neck. Bring your camera and take some gorgeous pictures. The views of the Hudson River and Valley are spectacular at this time of the year.

**Leader: Roy Williams**

Royhiker1@aol.com

**Shuttle Required**

**Rain Cancels hike.**

**Meet: 8:30 AM Anthony Wayne Recreation Area (N. Parking Area), Harriman St. Park, NY 10911**

**From the South:** Exit 17 on the Palisades Interstate Parkway (15 miles north of the NYS Thruway).

**From the North:** Exit 17 on the Palisades Interstate Parkway. Parking is ½ mi. south of the Rt-6 and Seven Lakes Dr. Intersection.

**Alternate meeting place: 9:00 AM Breakneck Ridge Parking Lot:** The lot is on left side of the road (¼ mile past the tunnel) on Rt-9D north of Cold Spring, NY 10915