

Interstate Hiking Club

Organized 1931

Affiliate of the NY-NJ Trail Conference



Schedule of Hikes

May 2010 through October 2010

IHC Web Page: www.interstatehikingclub.org

IHC e-mail: info@interstatehikingclub.org

In Memoriam

Past President Arthur Schneier 2009

This Schedule is dedicated to Art.

In the early 1960's, Arthur, his wife Lillian, and his three young daughters first encountered IHC. They charmed everyone with their love of hiking, and were considered as mentors to novice hikers. They set a shining example for responsible enjoyment of nature's bounty. Art wrote articles for the NY/NJ TC Trail Walker on nature subjects for many years, including an article in 1985 on climbing Katahdin via the Knife Edge Trail. Art and Lillian both were **IHC Past Presidents** and served the club in other positions. He was our **Trails Chair** for many years and in addition served as Supervisor of the AT in Putnam Co, NY. Art, having hiked the AT with IHC in sections, continued both north and south in sections, fulfilling a dream as an **AT End to Ender**. Lillian never finished that dream as illness cut her life short. Jean Schneier, Arthur's wife, notified IHC of Art's passing earlier this year. He will be missed by all that knew him.

GENERAL INFORMATION ABOUT THE INTERSTATE HIKING CLUB

Who we are!

The Interstate Hiking Club (IHC) is a medium-sized hiking club, organized in 1931. IHC has been affiliated with the NY/NJ Trail Conference, as a trail maintaining club, since 1931.

Guests are welcome! An adult must accompany anyone under 18. **No Pets allowed on IHC hikes.**

Where do we go?

Most of our activities are centered in the NY/NJ area; some hikes, bicycle rides and canoe trips are farther away. The club occasionally sponsors trips in the Catskills and Pennsylvania. Our hikes are not usually accessible by public transportation.

What do we do?

Hikes, bicycle rides and canoe trips generally are scheduled for every Sunday, and some Fridays and Saturdays, as day-long outings. They are graded by difficulty of terrain, distance and pace. **The Hiking grades are:**

Strenuous: More climbing, usually rugged walking, generally 9 miles or more.

Moderate: Some climbing and rugged walking, but less than 9 miles.

Easy: Generally easy, fairly level trails, slower pace, and 6 to 8 miles.

The club also maintains trails in association with the NY/NJ Trail Conference. Two Sundays a year are devoted to this service work. In addition, in the past we have participated in the following: orienteering, snow-shoeing, cross-country skiing, swimming, canoeing, mountain biking, backpacking, and camp-outs in the Adirondacks and Maine.

What to bring:

Footwear is very important. Hiking boots with non-slip soles are essential for all hikes. New footwear should be broken-in before being used on a hike!

Bring plenty of water to drink (In the Summer; a minimum of 2 quarts recommended), a trail lunch, but please no food that requires cooking. Bring a pack to carry your gear in, including rain gear, sweater, etc., leaving your hands free for climbing.

Things to be aware of:

All outdoor activities involve inherent risks. Your participation in these activities is at your own personal discretion and you are solely responsible for your safety!

The stated meeting time for a hike "is" the departure time.

The leader is in charge of the event. Allow the leader to set the pace. Do not rush ahead or fall behind the group.

The leader has the right to refuse any person he/she deems not prepared for the hike/event.

How to join:

Application for membership may be given to any club officer or mailed to the treasurer **upon the completion of one activity.** A guest attending three events in three successive months is expected to apply for membership.

INTERSTATE HIKING CLUB OFFICERS FOR JUNE 2009 TO May 2010

President:	Guy Percival	628 Sussex Ave.	Morristown NJ 07960	973-590-7437	JENGUY@OPTONLINE.NET
Secretary:	Marguerite La Corte	PO Box 52	Mt. Tabor NJ 07878	973 625-4379	REDTABORLADY@VERIZON.NET
Treasurer:	Charles Kientzler	711 Terhune Dr.	Wayne NJ 07420	973-835-1060	CKIENTZLER@AOL.COM
Trails Chair:	James Canfield	107 Rolling Ridge Rd.	W. Milford NJ 07480	973-728-9774	CANFIELD@NETROM.COM
Entertainment:	Anita Kientzler	711 Terhune Dr.	Wayne NJ 07420	973-835-1060	CKIENTZLER@AOL.COM
Web Page:	James Canfield	107 Rolling Ridge Rd.	W. Milford NJ 07480	973-728-9774	CANFIELD@NETROM.COM
Internet:	www.interstatehikingclub.org		IHC e-mail:	info@interstatehikingclub.org	

Membership Application

Having **completed at least one club activity**, I wish to apply for membership in the Interstate Hiking Club.

Enclosed are dues and initiation fee. ***Note! Current Members! Annual Dues are \$10.00: Due on June 1***

If joining between May 1 and Dec. 1, dues are \$11.00 per person. [\$10.00 per year plus \$1.00 initiation fee]

If joining between Dec. 1 and May 1, dues are \$6.00 per person. [\$5.00 (1/2 year) plus a \$1.00 initiation fee]

Junior (under 18) dues are \$1.00 a year. The Club fiscal year is June 1st to May 31st.

Name: _____ (Please PRINT Clearly)

Street: _____

City, State, Zip: _____

Phone: (____) _____ -- **E-mail: (All Caps)** _____

Date of your IHC hike: ____/____/____ **Application Date:** ____/____/____

Amount: ____ \$11.00 (App. Date: 5/1 to 12/1) ____ \$6.00 (App. Date: 12/1 to 5/1) ____ \$1.00 (Junior)

Mail to: Interstate Hiking Club, c/o Charles Kientzler, Treasurer, 711 Terhune Drive, Wayne, NJ 07470

INTERSTATE HIKING CLUB SUMMER 2010 SCHEDULE

Rain, inclement weather, or poor driving conditions will cancel the activity. Contact the leader if in doubt.

→ Note that following three events require advance reservations! ←

5/29-31/10 - Connecticut AT Day Hikes; 9/18-25/10 - Acadia NP; 7/21/10 - Delaware R Clean up

Canoeing General Instructions

Bring a partner, canoe, or kayak, life jackets, lunch and dry clothes in a waterproof bag. **Rain may cancel the trip.** Call the leader before 8:00 AM to check. Rentals are not usually available at launch sites, however check with leader.

Sunday May 2, 2010 Ringwood State Park to Mahwah and return Moderately Strenuous
This hike starts in the Skylands section of Ringwood St. Pk; then goes over the ridge to Macmillan Reservoir in Ramapo Valley County Reservation via the green trail. From there we return using another scenic route back to Ringwood.

Rain or Foul Weather cancels this hike.


Leader: Steve Rikon 973-962-4149 RIKON4@OPTONLINE.NET

Meet: 9:00AM Skylands Parking Lot A, Skylands Manor, Ringwood, NJ 07456

From I-287 Exit 55: Go north on Ringwood Ave. (Rt-511) about 7 miles to Sloatsburg Rd; turn right for 2 mi to Skylands sign. Turn right onto Morris Ave, go one mi to "Eagles Gateway" near Manor House; continue straight to parking lot "A" on left.

From Suffern @ I-87 & I-287 Interchange Exit 15A: Take Rt-17 north 2 mi to Sterling Mine Road (Rt-72). Right exit at Sterling Mine Road (becomes Sloatsburg Rd. in NJ), go about 4 mi. Turn left at Skylands Botanical Garden sign, and proceed as above.

Friday May 7, 2010 Canoe Monksville Reservoir.

 A nice place to spend an easy day on a reservoir and visit a reconstructed water wheel in Long Pond Iron Works.
See top of Page 3 for additional canoe information

Leader: Roy Messaros 201-337-5004 Must call and register.

Meet: 10:00 AM Boat Launch, Monksville Reservoir, Ringwood, NJ 07456

From I-287 Exit 55: Take Rt-511 (Ringwood Ave.) north about 10 miles. Pass the Wanaque Reservoir and the Monksville Dam. Look for the Long Pond Ironworks State Park sign, turn left into the park and follow signs to the boat launch.

Sunday May 9, 2010 Conashaugh View Trails, Dingmans Ferry, PA Moderately Strenuous


Today we will be hiking approximately 8 miles on some new trails in the Delaware Water Gap National Recreation Area. We will go past the remains of the Zimmermann Farm. Marie Zimmermann was a national acclaimed Sculptress, Painter, Silversmith, Goldsmith, etc. Some of her works are displayed in the Metropolitan Museum New York. Then over to Adams Falls to see the remains of the areas first electric wheel built around 1908-15. This was the Estate of former Pennsylvania Governor William Sproul (1919-). **Rain or Foul Weather cancels this hike. Shuttle/Carpool Required**

Leader: Roy Williams 570-828-6207 Royhiker1@aol.com

Meet: 9:00AM Augusta, Park and Ride Parking Lot, Intersection Rt-206 & Rt-15, Augusta, NJ 07822

From I-80 Exit 34: Onto Rt-15 north. Continue for about 17 miles through Lafayette on Rt-15 to the traffic light at the intersection of Rt-15 with Rt-206. Turn left at light to the Park and Ride parking lot located on southeast corner next to Chatterbox restaurant. Shuttle/Carpool required from park and ride to trail head. *Toll to cross Dingmans Ferry Bridge both ways.*

Saturday May 15, 2010 Bicycle — Paulinskill Valley Circular Moderately Strenuous

 We cycle to historic Blairstown, then along Paulinskill to Marksboro—Fredon back via Johnsonburg through Hope on various country roads with moderate traffic. Some ups and down. 30 + miles.

Bring lunch and water. Helmets required. Rain or Foul Weather cancels this ride.

Leader: Ursula Davis 973-786-7087 Please call to ensure ride is still on

Meet: 10:00AM Blairstown - Parking Lot, Hope - Blairstown Rd, (Rt. 521), Blairstown, NJ 07825

From I-80 West Exit 12: After exiting I-80, make a right onto Rt-521 northbound (Hope – Blairstown Rd.). Go about 0.05 mi. to parking on left.

Sunday May 16, 2010 Clifton and Paterson Industrial Walk/Historical Hike Moderate


People attending the hike should be prepared for a mostly urban/suburban experience with a decent long interlude in Garrett Mountain Reservation. There will be famous Texas wiener places, defunct silk factories, parks, a farmer's market, Garrett Mt. and much more. About 8 miles length. **Shuttle Required. Rain or Foul Weather cancels this hike.**

Leaders: Al MacLennan & Craig Nunn 973-451-1435 AJMACLENNAN@VERIZON.NET

Meet: 9:00AM Walgreens, 1138 Main Ave, Clifton NJ 07011 (Southeast corner of Main Ave. and Clifton Ave)

From I-80 (East or West) Exit 60: Take Rt-20 south 0.6 mi to Rt-46 westbound. Continue westbound toward Clifton 1.4 mi to Main Ave. Turn southward on Main Ave 0.5 mi to intersection of Clifton Ave. Walgreens parking is on the southeast corner.

Friday May 21, 2010 Canoe—Spruce Run Reservoir

 We will paddle on an old favorite, which has plenty of water all year long.

See top of Page 3 for additional canoe information

Leaders: Ellie King & Pat Gaburo 973-377-4074 Must call and register.

Meet: 10:00 AM Boat Launch, Spruce Run State Park, Van Syckels Rd, Clinton, NJ 08809

From I-78W Exit 17 (Rt-31): Drive north 3 mi. on Rt-31, past the reservoir on the left, to the light at Van Syckels Rd. (look for sign). Turning onto Van Syckels Road, proceed 1.5 mi to Park Entrance, Turn left into the State Park and follow sign for boat launch.

Sunday May 23, 2010**Greenwood Lake Ridge****Strenuous**

We will hike the length of Greenwood Lake plus a little. About 10 miles. Our rewards are beautiful views and a few cookies. Bring lots of fluids.

Leader: Ursula Davis

973-786-7087

Meet: 9:00 AM A&P Shopping Center/Hewitt Post Office; 1938 Union Valley Rd (Greenwood Lk. Tpk), Hewitt, NJ 07421

From Rt-23 north: Right exit onto Union Valley Rd. (Rt-513). Then go northeast 7 miles to the traffic light in the center of West Milford by Shoprite. Turn left following Union Valley Rd (Rt-513) at 1.4 mi. bear right (Do not go up White Rd.). Continue straight on Union Valley Rd (Rt-513) ½ mi. to intersection of Rt-511 (Greenwood Lake Tpk.). The shopping center is ½ block on right .

From I-287 Exit 55 (Rt-511): Go north on Ringwood Ave. (name changes to Greenwood Lake Tpk.) about 14 miles to Lakeside Rd. at south end of Greenwood Lk. Continue straight-ahead ½ block to shopping center on left.

Long Weekend May 28-31, 2010 Connecticut AT day Hikes**Moderately Strenuous**


This will be an enjoyable three days of day hikes from the Housatonic Meadows State Park. Trips to select from are a 5 mile river walk on the AT by the Housatonic River, a hike up My Easter, St Johns Ledges or hang Glider View. **Some trips will require a shuttle.** We will camp Friday, Saturday & Sunday nights. Join us for all three or just one day!

Leaders: Jennifer Percival, Chris Davis 609-924-2563 or 973-590-7437 jenguy@optonline.net

→ **Must Register with leaders by April 15, 2010 in order to get public campsite!** ←

Meet: Call either leader to register and figure out meal plans. IHC Members and Families only Please!

Friday June 4, 2010**Canoe—Leaders Choice**

 Spend a day paddling on our leader's favorite small river, and looking at spring flowers, (maybe.)

See top of Page 3 for additional canoe information

Leader: Carol Czajkowski

973-539-4084

Must call and register.

Meet: 10:00 AM Leaders Choice Call Leader for location.

Directions: Call Leader for directions.

→ **Please note that dues (\$10.00 per member) are due by Today!** ←

Sunday June 6, 2010**IHC Annual Meeting and Hike****Moderate/Moderately Strenuous**

IHC Members Only, Please.

RAIN DOES NOT CANCEL THE MEETING.

A fine view in fair weather, and a shelter if it spritzes. After the meeting an optional longer hike will be available.

We encourage all IHC members to come to the annual business meeting and election of officers.

Leaders: The "Old" Officers

Guy Percival 973-590-7437 **Marguerite La Corte** 973-625-4379

James Canfield 973-728-9774 **Charlie & Anita Kientzler** 973-835-1060

Meet: 9:00 AM Silvermine Picnic Area, Seven Lakes Drive, Harriman State Park, NY 10911

From Suffern @ I-87 & I-287 Interchange Exit 15A: Take Rt-17 north 4½ miles, to Seven Lakes Drive, just north of Sloatsburg, NY. Turn right onto Seven Lakes Drive; go 12½ miles. Silver Mine Picnic/Parking Area is on the right. **\$ Parking Fee.**

From the Palisades Interstate Parkway Exit 18 @ intersection of PIP & Rt-6: Go north to Long Mountain Circle, then take Seven Lakes Drive west 1½ miles to Silver Mine Picnic/Parking Area on left. **\$ Parking Fee.**

Friday June 11, 2010**Canoe—Pompton Lake**

 Spend a day paddling on a beautiful lake with a picnic afterwards.

See top of Page 3 for additional canoe information

Leaders: Anita & Charlie Kientzler

973-835-1060

Must call and register.

Meet: 10:00 AM Kientzler's Home, 711 Terhune Dr. (Rt-202), Wayne, NJ 07470

From I-287 North Exit 58: On exiting turn left at light and proceed 0.1 mi to Rt-202 (Ramapo Valley Rd). Turn right (southbound), drive 1 mi to Light where Rt-202 turns right. Follow Rt-202 1 mi to driveway on right. **Note! Driveway is at the end of guardrail**

From I-287 South Exit 58: On exiting, turn left (southbound) onto Rt-202 (Ramapo Valley Rd) and continue through town 1.3 mi to Light where Rt-202 turns right. Follow Rt-202 1 mi to driveway on right. **Note! Driveway is at the end of guardrail**

Saturday June 12, 2010**NYC Hike****Moderately Strenuous**

Walk the High Line, pass through the Chelsea Piers, walk downtown through Greenwich Village, around the World Trade Center site, go to WFC and have lunch, walk over the Brooklyn Bridge and back to NY over the Manhattan Bridge. Bring shoes that are comfortable for lots of miles on city streets.

Leader: Al MacLennan

973-451-1435

AJMACLENNAN@VERIZON.NET

Meet: Call leader to register and get meeting time/location

Saturday June 19, 2010**Ice Caves Mt. – Minnewaska****Strenuous**

Ice Caves Mt. is also known as **Sam's Point Dwarf Pine Ridge Preserve**. Some of the features on this hike may include the climb up to Ice Caves Mt. and the views from this area. Sorry but it may be too early for Blueberries! **Drive to hike.**

Leader: Chris Davis

609-924-2563

Meet: 8:30 AM Harriman RR Station, Route 17, Arden, NY 10910

From the South, @I-87N & I-287 Exit 15A: Take Rt-17 North 15 mi. The Commuter Lot is on the northbound side (right) of Rt-17.

From the North, NYS Thruway Exit 16: Proceed south on Rt-17 about 2 miles to Commuter lot on the left side.

Friday June 25, 2010 Canoe—Wawayanda

Spend a day on a pretty lake that is easy paddling.

*See top of Page 3 for additional canoe information***Leader: Henry Fernandez**973-462-7747 **Must call and register****Meet: 10:00 AM Wawayanda State Park, Boat Launch Parking, Hewitt, NJ 07421****From I-287 Exit 55:** Go north on Ringwood Ave. (Rt-511) about 13 miles to Warwick Tpk. at south end of Greenwood Lake. Continue straight-ahead 5 mi. on Warwick Tpk. past Upper Greenwood Lake. Turn left at park entrance. Continue past the Ranger Station 2¼ mi. to the entrance to Beach Parking on the left. Drive left past the Beach Parking ¼ mi. to the Boat Launch Parking Area.**Sunday June 27, 2010 Anderson Bypass & Swim in Macs Lake Moderately Strenuous**On this circular hike, we will have views of the Kittatinny mountain range and of Lake Hopatcong via a little used section of the Highland Trail that borders Hopatcong and Byram. Also a visit to Bear Pond which is a MOST beautiful little known pond and part of the Hudson Farm area. Bring bathing suits for swim at end of hike. **Heavy Rain Cancels****Leader: Mac McCaulley**

973-398-3002 MACMCCAULLEY@AOL.COM CELL 908-416-4460

Meet: 9:00AM Roland May Eves Mtn Inlet Sanctuary; Rt-609 (Lakeside Ave/Northwood Rd); Hopatcong, NJ 07821**From I-80 Exit 34B (Rt-15 North):** Go north on Rt-15 about 4.6 mi.; and exit onto Rt-181N toward Lk. Forest/Woodport. Proceed 1.8 mi. on Rt-181N to Prospect Point Rd on left. Turn on Prospect Point Rd and go 1.2 mi to Northwood Rd (Rt-609) on right. Turn and proceed 1.0 mi. turning into parking area on left. **Note! Northwood Rd. becomes Lakeside Ave in Hopatcong****Sunday July 4, 2010 Wawayanda Swim Strenuous**

We start by the AT and hike into Wawayanda to see the Mountain Laurel in bloom and take a refreshing swim. Bring your suit! About 9 miles. We will meet at the A&P and combine into as few cars as possible. Then head over to AT parking.

Leader: Ursula Davis

973-786-7087

Shuttle Required**Meet: 9:00 AM A&P Shopping Center/Hewitt Post Office; 1938 Union Valley Rd (Greenwood Lk. Tpk), Hewitt, NJ 07421****From Rt-23 north:** Right exit onto Union Valley Rd. (Rt-513). Then go northeast 7 miles to the traffic light in the center of West Milford by Shoprite. Turn left following Union Valley Rd (Rt-513) at 1.4 mi. bear right (Do not go up White Rd.). Continue straight on Union Valley Rd (Rt-513) ½ mi. to intersection of Rt-511 (Greenwood Lake Tpk.). The shopping center is ½ block on right.**From I-287 Exit 55 (Rt-511):** Go north on Ringwood Ave. (name changes to Greenwood Lake Tpk.) about 14 miles to Lakeside Rd. at south end of Greenwood Lk. Continue straight-ahead ½ block to shopping center on left.**Sunday July 11, 2010 Fahnestock Moderately Strenuous**

We will hike the ridges running from southwest to northeast that dominates the terrain. Between them are several lakes and ponds and numerous wetlands and streams. There will be steep sections, but no long or difficult climbs. 9 Miles total

Shuttle Required**Rain or Foul Weather Cancels hike.****Leader: Chris Davis**

609-924-2563

CHRISDAVIS08558@YAHOO.COM

Meet: 8:30 AM Anthony Wayne Recreation Area (N. Parking Area), Harriman St. Park, NY 10911**From the South:** Exit 17 on the Palisades Interstate Parkway (Exit is 15 miles north of the NYS Thruway).**From the North:** Exit 17 on the Palisades Interstate Parkway. (Exit is ½ mi. south of the Rt-6 and Seven Lakes Dr. Intersection.)**Friday July 16, 2010 Canoe—Merrill Creek Reservoir**

An easy paddle around a nice reservoir above the Delaware River. Perhaps we may see the Eagle again.

*See top of Page 3 for additional canoe information***Leaders: Charlie & Anita Kientzler**

973-835-1060

Must call and register.**Meet: 10:00 AM Boat Launch, Merrill Creek Reservoir, Merrill Creek Rd., Phillipsburg, NJ 08865****From I-78 West Exit 4:** Turn right at the end of the ramp on to S. Main St. and drive north 1.8 miles to the center of Stewartville. At the blinking light, turn right on Washington St. (becomes Stewartville Rd.) and go 2.7 mi to Rt-57 in New Village. Cross Rt-57 diagonally, turning left onto Montana Rd. which goes uphill for 2 mi. Left on Richlines Rd. and drive 0.3 mi, turning left again, onto Merrill Creek Rd. Follow signs to the Boat Launch.**Sunday July 18, 2010 Buttermilk Falls (Mendham, NJ) to Lewis Morris Park Moderate**A hike of about 8 miles starting in the Buttermilk Falls Natural Area in Mendham Twp., and proceeding past Buttermilk Falls, down India Brook to the Patriot's Path to Lewis Morris Park. **Shuttle Required****Leader : Jim McKay**

973-538-0756

JRMCKAY@VERIZON.NET

Meet: 9:30 AM Sunrise Lake Parking Lot, Lewis Morris County Park, Morris Twp., NJ 07960**From I-287 North/South Exit 35 Morristown:** Go west into center of Morristown on South St. Go around 3 sides of the green continuing on Washington St. (becomes Mendham Rd) which is now Rt-510 & Rt-24 West. Three miles after the Green, look for the entrance to Lewis Morris on the left just after passing Whitehead Rd. on the right. Turn left into the Park, and at about 0.6 mi make a right from the park road, down to Sunrise Lake Parking Area, Lower Parking Lot.**Wednesday July 21, 2010 Delaware River Clean up**The NPS hosts an **On The Water Clean-up Day** for the Delaware River once a year. 32 miles of the Delaware are cleaned in 8 mi sections, from two access points; Smithfield Beach and Dingmans This is a no cost event to you except for your transportation, lunch and personal items. Everything is provided for your day on the river, i.e., canoe, life vest, garbage bag, bus shuttle, safety talk, etc. Sign-in starts around 8AM, and we should be on the water by 10AM. We spend about 3-4 hours on the river. To participate for this event **YOU MUST REGISTER with the PARK SERVICE**. They want info, such as, number of people, ages and access point you want to show up at. At this time I do not have the Park Service POC for the event, so **please send me your e-mail if interested**, I will make a list and send out the info when I get it – this may not be until July 10th, it is the government you know.**Leader : Pete Beck**

201-274-4471

PETEBECK_00@YAHOO.COM

Alternate POC: Charles Kientzler

973-835-1060

CKIENTZLER@AOL.COM

Sunday July 25, 2010 Annual Hike and Picnic on Pompton Lake Moderate**IHC Members and Families only Please**

First we will hike to Pequannock Knob for lunch and perhaps some berries. Afterwards we drive back to Kientzler's house for a swim in the pool or river (don't forget the bathing suit) and picnic. Bring a dish to share and something to cook. Charlie will have the grill going. If you wish, bring a door prize contribution. **Rain does not cancel the Picnic!**

**Leaders: Charlie & Anita Kientzler 973-835-1060****Meet: 9:00 AM Home Depot parking lot, Route 23 North, Riverdale, NJ 07457****From I-287 Exit 52:** Take Rt-23 north ½ mile to light. Turn right to Home Depot parking lot. **Park away from Home Depot Store.****Friday July 30, 2010 Canoe—Split Rock Reservoir**

A reservoir recently opened to boating and canoeing. Very pretty and quiet.

See top of Page 3 for additional canoe information**Leader: Bob Bodenstein**908-204-0321 **Must call and register.****Meet: 10:00 AM Split rock Reservoir parking lot; Split Rock Road, Rockaway, NJ 07866**

From I-287N Exit 44: At the top of the ramp, turn right over I-287 onto Main St. (Rt-511) in Boonton. Drive 0.3 mile to Boonton Rd. (Rt-511) Turn right and go 2.5 miles to Rockaway Valley Rd. Turn left and drive 2.2 miles to Split Rock Rd, a 150 degree turn on the right. (Stone Rd. is the street 0.1 mile before Split Rock Rd.) Follow Split Rock Rd. 2.8 miles (Stay to the right at Decker Rd. and to the left at Charlottesburg Rd.) to the parking lot and launch area. (The last 0.8 mile is gravel.)

From I-80 Exit 37 Rockaway/Hibernia: Go north on Green Pond Rd. (Rt-513) toward Hibernia. At about 6.5 miles turn right at the Marcella Firehouse sign. This is Upper Hibernia Rd. Continue 2 mi. to fork in the road. Bear left onto Split Rock Rd. After the pavement ends keep going over the dam. The new fisherman's boat launch parking lot is about 1/8 mile on the left after the dam.

Sunday Aug 1, 2010 Awosting Swim and More—Minnewaska SP Strenuous

A ten mile hike out towards Mud Pond with a swim in Lake Awosting. Bring your swim suit!

Drive to hike. \$ Parking Fee Continuous Rain Cancels this hike.**Leader: Guy & Jen Percival 973-590-7437 JENGUY@OPTONLINE.NET****Meet: 8:30 AM Harriman RR Station, Route 17, Arden, NY 10910****From the South, @I-87N & I-287 Exit 15A:** Take Rt-17 North 15 mi. The Commuter Lot is on the northbound side (right) of Rt-17.**From the North, NYS Thruway Exit 16:** Proceed south on Rt-17 about 2 miles to Commuter lot on the left side.**Saturday August 7, 2010 Poughkeepsie RR Bridge Walkway Circular Moderate**The walkway over the Hudson on the restored RR bridge is now open. A nice 6 mi hike can be made by using the RR Bridge, trails in Franny Reese Park, the Mid Hudson Bridge and a loop in historic Poughkeepsie. **Drive to hike.****Leaders: Charlie & Anita Kientzler 973-835-1060****Meet: 9:30 AM Harriman RR Station, Route 17, Arden, NY 10910****From the South, @I-87N & I-287 Exit 15A:** Take Rt-17 North 15 mi. The Commuter Lot is on the northbound side (right) of Rt-17.**From the North, NYS Thruway Exit 16:** Proceed south on Rt-17 about 2 miles to Commuter lot on the left side.**Sunday August 15, 2010 Dunnfield Creek to Millbrook Mtn Circular Strenuous**

This 10 mi hike will start up the Dunnfield creek trail and head over to Millbrook Mtn with views down to the Delaware.

Continuous Rain cancels this hike.**Leader: Guy & Jen Percival 973-590-7437 JENGUY@OPTONLINE.NET****Meet: 9:00 AM Delaware Water Gap, Kittatinny Visitors Center, I-80 Columbia NJ 07832****From: I-80 west to Delaware Water Gap area:** Exit for Visitor Center. THIS IS THE LAST EXIT BEFORE BRIDGE TO PA.

Follow signs to Visitor Center making a Left at stop sign at end of exit ramp and proceeding under I-80.

Friday August 20, 2010 Canoe-D&R Canal

An interesting stretch of the historic Canal both ways.

See top of Pg. 3 for additional canoe information**Leader: Bob Bodenstein**908-204-0321 **Must call and register.****Meet: 10:00 AM D&R Canal Griggstown Lock Parking, 1273 Canal Rd, Princeton NJ 08540**

From I-287 South Exit 17, (Rt-202/206 South): Drive 1.5 mi to split of Rts-202/206. **Take Rt-206** south 9 miles to the Bellemead Griggstown Road (Rt-630) on left. Turn onto it, watch for a right/left jog in road, and drive 3.6 miles. At River Rd (Rt-533), turn left then right again in 0.1 mile. Cross bridge over river and canal to Canal Road. Turn right, drive 0.6 mile to parking lot on right.

Sunday August 22, 2010 AT—High Point to Unionville Moderately StrenuousThis 9 mile hike travels down from the High Point Monument through New Jersey and New York to the AT crossing on Route 284. **Shuttle required.****Leaders: Carolyn and Jim Canfield 973-728-9774****Meet: 9:00 AM Appalachian Trail crossing on Route 284; Sussex, NJ 07461**

From I-287 Exit 52A: Take Rt-23 North about 25 mi to Sussex. Then Rt-284 North 6.5 mi toward Unionville, NY. The crossing is about ½ mi south of the NY/NJ State Line. Parking on left.

→ **Aug 27th Deadline for November 2010—April 2011 Hike Schedule** ←

Sunday August 29, 2010 Pyngyp & the Nickel Mine Moderately Strenuous

This 9 mile Hike goes up over Pyngyp Mtn on the SBM trail, then back to Flaggy Meadow. There will be an optional in/out to visit the Nickel Mine.

Continuous Rain cancels this hike

Leader: Jim Schlenker 908-561-0228 JIMPUTNUM@YAHOO.COM


Meet: 9:00 AM Tiorati Brook Rd (a.k.a. Cedar Pond Rd.) Parking near PIP, Harriman St Pk, NY 10980

From Suffern @ I-287 & I-87N Interchange Exit 15A: Take Rt-17 north 4½ miles to Seven Lakes Drive, just north of Sloatsburg, NY. Turn right and proceed east on Seven Lakes Drive 5½ mi. to Lake Welch Pky. Turn right and continue 5 mi. to intersection with Tiorati Brook Rd. **Don't continue onto the PIP. Look for the U-turn on left!** Make a U-turn back along the L Welch and bear right on to Tiorati Brook Rd. (a.k.a. Cedar Pond Rd.) and continue ½ mi. to parking along road on left.

From Palisades Interstate Parkway Exit 16: Take Lake Welch Pky. for ½ mi; bear right on to Tiorati Brook Rd. (a.k.a. Cedar Pond Rd.) and continue ½ mi. to parking along road on left.

From the West; Rt-17A: Note! No connection between Rt-106 (if its open) & Lake Welch Pky! Use Seven Lakes Dr. at Sloatsburg.

Friday September 3, 2010 Canoe—Swartwood Lake

 A pleasant day on a quiet lake with lunch at the old mill.

See top of Page 3 for additional canoe information

Leader: Mae Deas 908-233-6641 **Must call and register.**

Meet: 9:30 AM McDonald's, Rt-206/Rt-94 (Hampton House Rd/Water St), Newton, NJ 07860

From I-287N & I 80W; Take I-80 West to Exit 25 (Rt-206 N): Follow Rt-206 N 11½ mi to the center of Newton. Continue north on Rt-206/Rt-94 ½ mi through Newton. Look for McDonald's on the left side in shopping center. We will drive to the lake on Rt-622.

Note! Rental canoes and kayaks are available close by the launch site. (973-383-4200)

Sunday September 5, 2010 Bearfort Ridge Circular Strenuous

This will be a really pretty circular around Bearfort ridge of around 9 miles.

Leader: Howard Litwack 732-571-9608

Meet: 9:30 AM A&P Shopping Center/Hewitt Post Office; 1938 Union Valley Rd (Greenwood Lk. Tpk), Hewitt, NJ 07421

From Rt-23 north: Right exit onto Union Valley Rd. (Rt-513). Then go northeast 7 miles to the traffic light in the center of West Milford by Shoprite. Turn left following Union Valley Rd (Rt-513) at 1.4 mi. bear right (Do not go up White Rd.). Continue straight on Union Valley Rd (Rt-513) ½ mi. to intersection of Rt-511 (Greenwood Lake Tpk.). The shopping center is ½ block on right .

From I-287 Exit 55 (Rt-511): Go north on Ringwood Ave. (name changes to Greenwood Lake Tpk.) about 14 miles to Lakeside Rd. at south end of Greenwood Lk. Continue straight-ahead ½ block to shopping center on left.

Sunday September 12, 2010 Highlands Trail—Tunnel Road to Spruce Run Moderately Strenuous

We meet at Spruce Run, shuttle to Tunnel Road and hike back along the Highlands Trail across Jugtown Mountain. Lots of pretty view, old dirt roads, and farms. This section of the highlands Trail is 8 miles long.

Continuous Rain cancels this hike.

Leader: Guy & Jen Percival 973-590-7437 jenguy@optonline.net

Meet: 9:00 AM Spruce Run State Park, 68 Van Syckels Rd, Clinton, NJ 08809

From I-78W Exit 17 (Rt-31): Drive north 3 mi. on Rt-31, past the reservoir on the left, to the light at Van Syckels Rd. (look for sign). Turn left onto Van Syckels Rd. and continue 1.5 mi to left into State Park. Turn in and go past Ranger station, and make right by Stone Tower, CCC Restrooms.


Full Week September 18–25, 2010 Vacationing—Acadia NP, Maine Moderately Strenuous

This will be a week with cabin accommodations in Acadia NP, Maine with day hikes , boat trips or bike rides all week. If you are in the area for other reasons and just want to join this group for a day hike you are also welcome.

Leaders: Jennifer Percival, Chris Davis 609-924-2563 or 973-590-7437 jenguy@optonline.net

Meet: Call either leader to register and figure out meal plans. IHC Members and Families only Please!

Friday September 24, 2010 Canoe—Lakes Kanawauke and Little Long Pond, Harriman State Pk, NY

 Spend a nice day on two lakes in a great state park. Perhaps the change-of-season color will be available.

See top of Page 3 for additional canoe information

Leaders: Pat Gaburo 973-377-4074 **Must call and register.**

Meet: 10:00 AM Kanawauke Parking, Rt-106, Harriman SP, Bear Mountain, NY 10911 (Park permit required)

From Suffern @ I-87 & I-287 Interchange Exit 15: Take Rt-17 north 4 miles to Seven Lakes Drive, just north of Sloatsburg, NY. Turn right onto Seven Lakes Dr. for 7 miles to Kanawauke Circle and Rt-106. Go west (left) ¼ mile on Rt-106 to parking for boat launch on the left. **Note: A \$25 (may be more) seasonal permit is required to paddle on all but two of the lakes in Harriman.**

From Kanawauke Circle, drive north 3 mi. to the Ranger Station on the circle at Lake Tiorati to buy your permit, which is valid from April 1 to Nov. 30, 2010. Have your life jackets available for the ranger inspection. Allow time for permit purchase.

Sunday September 26, 2010 Wawayanda -AT hike Moderate

Leader: Steve Rikon 973-962-4149 RIKON4@OPTONLINE.NET

We will meet at Wawayanda park office off Warwick Turnpike and then drive to Rt-94/AT crossing site and climb up the "Stairway to Heaven" to viewpoint, then hike eastward back through the park a distance of about 7 miles.

Meet: 9:00 AM Wawayanda State Park, Ranger Station, Hewitt, NJ 07421

From I-287 Exit 55: Go north on Ringwood Ave. (Rt-511) about 13 miles to Warwick Tpk. at south end of Greenwood Lake.

Continue straight-ahead 5 mi. on Warwick Tpk. past Upper Greenwood Lk. Turn left at park entrance. Ranger Station is ½ mi ahead

Sunday October 3, 2010 Lake Skannatati Circular Moderately Strenuous

In our loop hike today we will see the Little Cemetery on the Beech trail, the Hasenclever Mine, Lake Askoti and Lake Skannatati. Long Path, Beech, Red Cross, ASB are some of the Trails.

Rain, Snow or Foul Weather cancels this hike.

Leader: Roy Williams 570-828-6207 Royhiker1@aol.com

Meet: 9:00 AM Lake Skannatati Parking Area, Seven Lakes Drive, Harriman State Park, NY 10974

From Suffern: @ I-287 & I-87N Interchange exit 15A: Take Rt-17 north 4½ miles, to Seven Lakes Dr., just north of Sloatsburg, NY. Turn right onto Seven Lakes Dr; go 7.8 miles. Parking is on the left (down the hill) along the lower lake.

Saturday October 9, 2010 Bonticou Crag, Shawangunks Moderate or Moderately Strenuous

The approach of the Crag uses a combination of shale roads and paths. The final ascent can be made via the easy "Back Way" or via a short climb "Straight up the Cliff". On a clear day the broad summit offers views from the Catskills to the Hudson Highlands. An optional hike to Table Rocks is available for additional views. **We should have time to stop at the nearby Apple Orchards and perhaps have an early supper in the area. Drive to hike.** The hike starts at the Spring Farm Parking Area in the Mohonk Preserve and there is a **Hiking Fee \$\$**.


Leaders: Charlie & Anita Kientzler 973-835-1060

Meet: 8:30 AM Harriman RR Station, Rt. 17, Arden, New York 10910

From the South, @ I-87N & I-287 Exit 15A: Take Rt-17 North 15 mi. The Commuter Lot is on the northbound side (right) of Rt-17.

From the North: NYS Thruway Exit 16: Proceed south on Rt-17 about 2 miles to Commuter lot on the left side.

Saturday October 16, 2010 Bicycle Tour in beautiful Warren & Sussex County Moderately Strenuous

 A leisure ride of 25 to 35 miles on beautiful country roads. Some rolling hills. Bring lunch and water.

Helmets required. Rain cancels

Leader: Ursula Davis 973-786-7087 **You must call & register to ensure ride is still on.**

Meet 10:00 AM Allamuchy Regional School, 20 Johnsonburg Rd, Allamuchy, NJ 07821

From I-80 Exit 19 (Rt-517): Upon exiting onto Rt-517 north, proceed directly across Rt-517 to small road to Allamuchy. Continue to small town and at 0.2 mi bear left at the Y onto Johnsonburg Rd. Drive on Johnsonburg Rd 0.2 mi to school parking on right

Sunday October 17, 2010 Breakneck Ridge & Taurus Strenuous

In the Hudson Highlands State Park, east of the Hudson River, are two striking peaks rising above the river. We shall climb both, enjoy the breathtaking views and perhaps find out why the bull broke his neck. Bring your camera and take some gorgeous pictures. The views of the Hudson River and Valley are spectacular at this time of the year.

Shuttle Required Rain or Foul Weather Cancels hike.

Leader: Roy Williams 570-828-6207 Royhiker1@aol.com

Meet: 8:30 AM Anthony Wayne Recreation Area (N. Parking Area), Harriman St. Park, NY 10911

From the South: Exit 17 on the Palisades Interstate Parkway (15 miles north of the NYS Thruway).

From the North: Exit 17 on the Palisades Interstate Parkway. Parking is ½ mi. south of the Rt-6 and Seven Lakes Dr. Intersection.

Alternate meeting place: 9:00 AM Breakneck Ridge Parking Lot: The lot is on left side of the road (¼ mile past the tunnel) on Rt-9D north of Cold Spring, NY 10516

Sunday October 24, 2010 IHC Trail Clearing on Schunemunk Mt. Moderately Strenuous

The club maintains this section of the Long Path, as well as the Lower Jessup Trail. Please come and help us maintain these trails! Bring your lunch, water, clippers and good working gloves. If you do not have clippers you can use the tools provided by the club.

Leader: Jim Canfield 973-728-9774

Meet: 9:00 AM Schunemunk, Taylor Road Parking area, Mountainville, NY 10953

From I-87 Exit 16 Harriman/Woodbury Commons: After tollbooths stay to right for first exit, Woodbury & Rt-32. Take Rt-32 north about 7½ miles to Pleasant Hill Road, (Black Rock Hunting Club sign on left), Mountainville, NY. Turn left, go to first road (Taylor Road) turn left again, proceed to parking lot on right side of road after crossing over thruway.

From Rt-17: Travel north on Rt-17 to Rt-32 in Harriman, NY. Take Rt-32 north 8½ miles to Pleasant Hill Road. **See above.**

Saturday October 30, 2010 Rain date - Trail Clearing, same leader, same time and place as above.**Sunday October 31, 2010 Round Valley Reservoir Moderately Strenuous**

We will take the rugged Cushetunk Trail [red] nearly around the reservoir. Views of reservoir and a good work out to warm you up.

Rain or Foul Weather cancels this hike.

Leader: Chris Davis 609-924-2563

Meet: 9:00 AM Round Valley State Park, (S. Parking), 1220 Lebanon Stanton Rd (Rt-629), Lebanon, NJ 08833

From I-78 Exit 20A: Merge onto Cokesbury Rd southbound and continue 0.3 mi to Rt-22. Turn right (West) and drive 0.7 mi. to right jug handle toward Round Valley Access Rd. Continue southbound 1.7 mi and to Park entrance on left. Look for Ranger station and follow signs to South Parking Lot with year round rest rooms.