

# Interstate Hiking Club

Organized 1931

Affiliate of NY-NJ Trail Conference



Schedule of Hikes

November 1999 through April 2000

<http://www.mindspring.com/~interstatehiking/> [interstatehiking@mindspring.com](mailto:interstatehiking@mindspring.com)

---

Interstate Hiking Club  
c/o Brian Mazur  
11 Maple Place  
Clifton, NJ 07011

## First Class Mail

### Who we are?

The Interstate Hiking Club (IHC) is a medium-sized hiking club, organized in 1931, affiliated with the NY/NJ Trail Conference.

IHC members are of various ages and diverse backgrounds.

## **Where do we go?**

Most of our activities are centered in the NY/NJ area. Some hikes are further away. The club occasionally sponsors trips in the Catskills and Pennsylvania. We have had camp-outs in the Adirondacks and Maine. Our hikes are usually not accessible by public transportation.

## **What do we do?**

Hikes generally are scheduled for every Sunday, and some Saturdays, as day-long outings. They are graded by difficulty of terrain, distance and pace.

<b>Strenuous</b>	Some climbing, usually rugged, generally 9 miles or more.
<b>Moderate</b>	Some climbing and rugged walking, but less than 9 miles.
<b>Easy</b>	Generally easy, fairly level trails, slower pace, 6 to 8 miles.

## **Is that all we do?**

No. Occasionally the club will host other outdoor activities. In the past we have done trail clearing, orienteering, bushwhacking, snowshoeing, cross-country skiing, camping, backpacking, swimming, canoeing and rafting.

## **What to bring:**

Footwear is very important. We strongly recommend hiking boots with non-slip soles. New footwear should be broken-in before being used on a hike.

Bring water, a trail lunch, but please no food that requires cooking.

Bring a pack to carry your gear in, including rain gear, sweater, etc., leaving your hands free for climbing.

## **Things to be aware of:**

All outdoor activities involve **inherent risks**.

Your participation in these activities is at your own personal discretion and **you are solely responsible for your safety**.

Be prompt. Late arrival may cause you to miss the scheduled event.

No pets please.

The leader is in charge of the event. Allow the leader to set the pace. Do not rush ahead or fall behind the group. If you must leave early, tell the leader at the start of the event.

Guests are welcome. An adult must accompany anyone under 18.

## **What we ask of you:**

Application for membership may be given to any club officer or mailed to the treasurer upon completion of one hike. Guests attending three hikes in three successive months are expected to apply for membership.

**A membership form and list of club officers appear at the end of this schedule.**

# Interstate Hiking Club



## November 1999 — April 2000 Hikes

<p><b>Sunday November 7 9:00 AM</b></p>	<p><b>Annual Trail Clearing on Schunemunk Mountain</b></p> <p><b>Moderately strenuous.</b> The IHC maintains sections of the Long Path and several other trails that are due for some clipping. Bring lunch, work-gloves and clippers, or use the tools provided by the club. Please give us a hand.  <b>Rain date: Saturday, November 13.</b></p> <p>Charlie Kientzler (973) 835-1060</p> <p><b>Red Apple Rest</b>, Rt 17, Southfields, NY</p> <p>The restaurant is on the northbound side of Rt 17, 10 miles north of Sloatsburg, NY. <b>Park in the back.</b></p>
<p><b>Sunday November 14 9:00 AM</b></p>	<p><b>Indian Hill Loop</b></p> <p><b>Moderately strenuous.</b> We ascend Arden Mountain via a steep climb known as Agony Grind. The AT link trail brings us to the Indian Hill Loop.</p> <p>Howard Gillis (973) 697-2280</p> <p><b>Elk Pen Parking Area</b>, Arden, NY</p> <p><i>From Rt 17 north:</i> Continue north through Sloatsburg, Tuxedo and Southfields (Red Apple Rest). Approx. 7 - 8 miles past Tuxedo look for road to the right with Appalachian Trail crossing sign. Follow road (Arden Valley Road) for 1/2 mile to parking area on right.  <i>From NYS Thruway Exit 16:</i> Proceed south on Rt 17 approx. 4 miles. Look for road to the left with Appalachian Trail crossing sign.</p>
<p><b>Saturday November 20 9:00 AM</b></p>	<p><b>Mountain Biking on the Paulins Kill Trail</b></p> <p>Not tough enough to hike this 30 mile trail? Try doing it on a mountain bike or hybrid. Must have own bike and helmet. <b>No road bikes (narrow tire).</b> Depending on the size and strength of the group, we could either do a 30 mile shuttle or a 55 mile round trip. The longer route may require a light of some kind. <b>Rain cancels.</b></p> <p>Brian Mazur (973) 478-5285 mazurb@hotmail.com  Ann Gilabert (973) 839-0292</p> <p><b>Eastern Propane</b>, Houses Corners Road/Limecrest Road, Lafayette, NJ</p> <p><i>From Route 15 West:</i> continue past Sparta. Route 15 will narrow to 2 lanes. Approx. 1.5 miles further turn left at blinking light onto Houses Corners Road/Limecrest Road. Eastern Propane is approx. 1 mile further on the right hand side. Meet by entrance road.</p>

<p><b>Sunday November 21 9:00 AM</b></p>	<p><b>Johnsontown Circular</b></p> <p>Moderately strenuous. Hike to our leader's favorite Harriman locations.</p> <p>Barbara Albeck (973) 328-8557 barbalbeck@aol.com</p> <p><b>Johnsontown Circle</b>, Sloatsburg, NY</p> <p>Take Rt 17 north to Sloatsburg, NY. Immediately north of Sloatsburg is a traffic light for Seven Lakes Drive. Proceed east on Seven Lakes Drive. Turn left onto Johnsotown Road after I-87 underpass. Continue to circle and parking at end of road.</p>
<p><b>Saturday November 27 10:00 AM</b></p>	<p><b>Orienteering II at Garrett Mountain, NJ</b></p> <p>If you have taken Orienteering I or are familiar with the use of a compass, this is your chance to practice your skills. No instruction will be given and a compass and writing utensil are required. First <i>club member</i> to finish the course, answering all questions correctly, wins a prize.</p> <p>Brian Mazur (973) 478-5285 mazurb@hotmail.com</p> <p><b>Caldor Shopping Center, Route 46 West</b>, West Paterson, NJ</p> <p>Meet in front of Dunkin Doughnuts.</p>
<p><b>Sunday November 28 9:00 AM</b></p>	<p><b>The Major Welch Trail</b></p> <p><b>Moderately strenuous.</b> It is not too late to walk off the extra portion of turkey and pie. Grab the chance while you can—great views will reward you. <b>Rain cancels.</b></p> <p>Ilse Dunham (973) 838-8031</p> <p><b>Reeves Meadow Visitors Center</b>, Seven Lakes Drive, Sloatsburg, NY</p> <p>Take Rt 17 north to Sloatsburg, NY. Immediately north of Sloatsburg is a traffic light for Seven Lakes Drive. Proceed east on Seven Lakes Drive 1.5 miles to Reeves Meadow Visitors Center.</p>
<p><b>Sunday December 5 9:00 AM</b></p>	<p><b>Appalachian Trail #13 – Arden to Lake Tiorati</b></p> <p><b>Moderately strenuous.</b> Distance 7.3 miles. Our series of Appalachian Trail hikes continues through the winter with a three-part traverse of Harriman State Park. We'll pass along Island Pond and, unhindered by the Lemon Squeezer, climb over Fingerboard Mountain to Lake Tiorati. <b>Shuttle required.</b></p> <p>Elsie and Joel McKenzie (973) 694-3056 emckenzie@sprynet.com</p> <p><b>Lake Tiorati Parking Area</b>, Harriman State Park, NY</p> <p><i>From Rt 17 north:</i> Immediately north of Sloatsburg, NY is a traffic light for Seven Lakes Drive. Proceed east on Seven Lakes Drive 10.4 miles to parking area on north side of Tiorati traffic circle.  <i>From PIP north or south:</i> From Long Mountain circle, take Seven Lakes Drive west for 3.7 miles until you reach the Tiorati traffic circle. The parking area is on north side of circle.</p>
<p><b>Sunday December 12 10:00 AM</b></p>	<p><b>Pyramid Mountain</b></p> <p><b>Easy.</b> Pyramid Mountain Natural Historical Area is a relatively new jewel in the North Jersey park system. We'll have lunch on an 800 foot overlook on this 5 mile hike. We should be out by early afternoon. <b>Rain cancels.</b></p> <p>Phellis Swan (973) 839-5600</p> <p><b>Kinnelon Ball Field</b>, Kinnelon, NJ</p> <p>(Continued)</p>

	<p><i>From I-287 North:</i> Exit 45, Wooton ave (Boonton). Take first left and go under I-287. Follow Wooton Ave straight up hill to blinker light. Turn right on Rt 511 (Boonton Ave) and continue 4.5 miles to ball field and parking area on left (you will pass the Pyramid Mountain Visitors Center).</p> <p><i>From I-287 South:</i> Exit 52, Rt 23 North. Go 2 miles to Boonton Ave (Rt 511). The exit is from the left lane. Follow Rt 511 south about 2.2 miles to ball field and parking area.</p>
<p><b>Saturday December 18</b></p>	<p><b>Friday Mountain (Catskills)</b></p> <p><b>Very strenuous.</b> A demanding, 7 mile, 2500 foot ascent of one of the more challenging trailless peaks in the Catskills. Friday Mountain is known for it's ring of ledges.</p> <p>Mike Selender (201) 451-5411mike_selender@mindspring.com</p> <p><b>Advanced registration required by Thursday night. Crampons required. Snowshoes may be required.</b></p>
<p><b>Sunday December 19 9:00 AM</b></p>	<p><b>Appalachian Trail #18 – Rt 301 Canopus Lake, NY to Dennytown Road</b></p> <p><b>Moderate.</b> Hike from Canopus Lake, NY south along the AT to Dennytown Road and return via the Old Mine Railroad. <b>Rain cancels.</b></p> <p>Ilse Dunham (973) 838-8031</p> <p><b>Anthony Wayne Recreation Area (north parking area), Harriman Park, NY</b></p> <p>Exit 17 on Palisades Interstate Parkway (15 miles north of NYS Thruway, just beyond Visitors Center in middle island). From the north, the parking area is 0.5 miles south of the Rt 6 and Seven Lakes Drive intersection. Contact leader for alternate Westchester meeting points.</p>
<p><b>Sunday December 26 8:30 AM</b></p>	<p><b>Kakiat End-to-End</b></p> <p><b>Moderately strenuous.</b> The days may be short, but there's still enough time for this 7.4 mile end-to-end hike along the Kakiat trail. We'll pass Grandma and Grandpa rocks as well as Cascade of Slid along the way. <b>Shuttle required.</b></p> <p>Jim Hayes (201) 825-9506</p> <p><b>Tuxedo Railroad Station, Tuxedo, NY</b></p> <p>Railroad station is on northbound side of Rt 17 in the village of Tuxedo approx. 2.5 miles north of NYS Thruway exit 15A.</p>
<p><b>Sunday January 2 9:00 AM</b></p>	<p><b>Skylands in Winter</b></p> <p><b>Moderately strenuous.</b> The plants in the Botanical Gardens will be dormant and perhaps covered in snow. However the views from Pierson Ridge will be clear and crisp. The Ice Flows on Mount defiance should be worth recording on film.</p> <p>Roy Williams (973) 283-9756</p> <p><b>Parking Lot A, Skylands Manor, Ringwood, NJ</b></p> <p><i>From I-287:</i> Exit 55. Go north on Ringwood Ave (Rt 511) about 7 miles to Sloatsburg Rd; turn right for 2 miles to Skylands sign. Turn right one mile to "Lions Gateway" near Manor House; continue straight to parking lot on left.</p> <p><i>From Rt 17:</i> Exit at Sloatsburg Road. Continue southwest on Sloatsburg Rd to Skylands sign, turn left to Manor House as above.</p>

<p><b>Saturday January 8 8:30 AM</b></p>	<p><b>Hudson Highlands–Anthony's Nose</b></p> <p><b>Moderately strenuous.</b> Great views. Hike north from toll house to Anthony's Nose and follow same route back. Ups and downs. <b>Please pre-register by phone.</b> Message with name and phone number is fine. <b>Very bad weather cancels.</b> Call between 6:00 am and 7:15 am if doubtful.</p> <p>Eileen Berch (201) 703-5565 outat55@hotmail.com</p> <p><b>Old Toll House,</b> Rts 6 and 202, Peekskill, NY</p> <p>On East side of Hudson River South of Bear Mountain Bridge. Ask leader if unsure of location.</p>
<p><b>Sunday January 9 9:00 AM</b></p>	<p><b>Tuxedo Circular</b></p> <p><b>Moderately strenuous.</b> A combination of the Ramapo-Dunderburg, Triangle and Torne-Mount Ivy trails. A visit to Claudius Smith's Den. <b>Rain cancels.</b></p> <p>Frank Bauer (201) 845-3066</p> <p><b>Tuxedo Railroad Station,</b> Tuxedo, NY</p> <p>Railroad station is on northbound side of Rt 17 in the village of Tuxedo approx. 2.5 miles north of NYS Thruway exit 15A.</p>
<p><b>Sunday January 16 9:00 AM</b></p>	<p><b>Cranberry Galore</b></p> <p><b>Moderate.</b> Circuitous locus. Bushwhack to our favorite mine.</p> <p>Pete Rigotti (718) 769-3814</p> <p><b>Silvermine Parking Area,</b> Harriman Park, NY</p> <p><i>From Rt 17:</i> Turn right onto Seven Lakes Drive just north of Sloatsburg, NY. Go 12.6 miles to parking area on right.  <i>From Palisades Interstate Parkway:</i> North to Long Mountain circle (intersection of PIP and US Rt 6). Take Seven Lakes Drive west 1.5 miles to Silvermine Parking Area on left.</p>
<p><b>Saturday January 22</b></p>	<p><b>CPR Training</b></p> <p>Donal Maloney will lead this one day class to be held in northern NJ. <b>Limited to 8 club members.</b> <b>Contact Anita Kientzler to register.</b> This class will be offered again in February.</p> <p>Anita Kientzler (973) 835-1060</p>
<p><b>Sunday January 23 9:00 AM</b></p>	<p><b>Cross Country Skiing at High Point, NJ</b></p> <p><b>Moderately strenuous.</b> Ski around the monument on top of NJ. Rentals are available, call park (973) 875-4800. If there is insufficient snow, we'll have a vigorous hike.</p> <p>Brian Mazur (973) 478-5285 mazurb@hotmail.com</p> <p><b>Burger King,</b> Butler, NJ</p> <p><i>From I-287:</i> Exit 52 Take Rt 23 north 3 miles to Kinnelon Ave. Continue thru traffic light to first entrance into Grand Union/Burger King parking lot. Park near this entrance. (We'll car pool to High Point.)</p>

<p><b>Sunday January 30 9:00 AM</b></p>	<p><b>Wawayanda</b></p> <p><b>Moderately strenuous.</b> We'll follow a variety of trails through frozen Rhododendron and Cedar swamps. The park is beautiful in winter.</p> <p>Steve Rikon (973) 962-4149 RIKON4@prodigy.net</p> <p><b>A &amp; P / Hewitt Post Office / Five Star Shopping Center</b>, Warwick Tpk, Hewitt, NJ</p> <p><i>From Rt 23:</i> North to New Foundland, NJ; turn right onto Union Valley Rd (Rt 513), go 9.3 miles (bear left at ShopRite) to intersection of Warwick Tpk; turn right one block into shopping center.  <i>From I-287:</i> Exit 55 (Rt 511, Ringwood Ave); go north about 13+ miles to Warwick Tpk at <i>south end</i> of Greenwood Lake (Jct of Rt 511 &amp; Rt 513 &amp; Lakeside Ave); continue straight ahead on Warwick Tpk for half a block.</p>
	<p>It's time to work on the Schedule of Hikes for May 2000 through October 2000. Submit hikes you'd like to lead to the club president or volunteer to lead hikes selected by the schedule committee.</p> <p>We'll continue our AT series with an occasional segment from the Taconic east toward Connecticut and will also start a new multi-year project that will encompass a great triangle consisting of the Liberty-Water Gap, Highlands and Batt to Bear Trails starting and ending at Liberty State Park.</p> <p>The variety of hikes and flavor of the schedule depends mainly on the participation of volunteer leaders.</p>
<p><b>Sunday February 6 9:00 AM</b></p>	<p><b>Mystery Swamp</b></p> <p><b>Strenuous.</b> Circular hike from the Elk Pen. Never done before with a secret location.</p> <p>Pete Rigotti (718) 769-3814</p> <p><b>Elk Pen Parking Area</b>, Arden, NY</p> <p><i>From Rt 17 north:</i> Continue north through Sloatsburg, Tuxedo and Southfields (Red Apple Rest). Approx. 7 - 8 miles past Tuxedo look for road to the right with Appalachian Trail crossing sign. Follow road (Arden Valley Road) for 1/2 mile to parking area on right.  <i>From NYS Thruway Exit 16:</i> Proceed south on Rt 17 approx. 4 miles. Look for road to the left with Appalachian Trail crossing sign.</p>
<p><b>Sunday February 13 9:00 AM</b></p>	<p><b>Appalachian Trail #15 – PIP/Anthony Wayne to Bear Mountain Bridge</b></p> <p><b>Moderately strenuous.</b> Distance: About 7 miles. This section in Harriman Park traverses both West and Bear Mountains with lots of great views. However, there is some climbing involved to get to the summits. <b>Shuttle required.</b></p> <p>Elsie and Joel McKenzie (973) 694-3056 emckenzie@sprynet.com</p> <p><b>Bear Mountain Inn</b>, Bear Mountain, NY</p> <p>Take the Palisades Interstate Parkway north to Route 9W traffic Circle near the Bear Mountain Bridge. Turn south on Rt 9W and continue approx. 1 mile to the Inn. <b>\$4 parking fee.</b></p>
<p><b>Sunday February 20 9:00 AM</b></p>	<p><b>Black Rock Forest</b></p> <p><b>Moderately strenuous.</b> Route will probably include Mount Misery, Black Rock Mountain, Rattlesnake Hill and Hill of Pines. There are several good views. Approx. 8 miles.</p> <p>Jim Hayes (201) 825-9506</p> <p><b>Anthony Wayne Recreation Area (north parking area)</b>, Harriman Park, NY</p> <p>Exit 17 on Palisades Interstate Parkway (15 miles north of NYS Thruway, just beyond Visitors Center in middle island). From the north, the parking area is 0.5 miles south of the Rt 6 and Seven Lakes Drive intersection</p>

<p><b>Saturday February 26</b></p>	<p><b>CPR Training</b></p> <p>Donal Maloney will lead this one day class to be held in northern NJ. <b>Limited to 8 club members. Contact Anita Kientzler to register.</b></p> <p>Anita Kientzler (973) 835-1060</p>
<p><b>Sunday February 27 9:00 AM</b></p>	<p><b>Jones Point</b></p> <p><b>Moderately strenuous.</b> Very different hike to an obscure location unknown even to the leader. Some bushwhacking.</p> <p>Pete Rigotti (718) 769-3814</p> <p><b>Jones Point parking lot on Rt 9W, Jones Point, NY</b></p> <p>Take Rt 9W north approx 9.5 miles past intersection with Rt 303 to small street sign on right, "Jones Point". Bear right at "Y" to parking lot at riverfront railroad tracks.</p>
<p><b>Sunday March 5 9:00 AM</b></p>	<p><b>Appalachian Trail # 14 – Lake Tiorati to PIP/Anthony Wayne</b></p> <p><b>Moderately strenuous.</b> Distance 8.0 miles. North over Fingerboard Mountain, then upward to Letterrock Mountain. We will have lunch in a shelter and enjoy excellent views on Black Mountain. <b>Shuttle required.</b></p> <p>Charlie and Anita Kientzler (973) 835-1060</p> <p><b>Anthony Wayne Recreation Area (north parking area), Harriman Park, NY</b></p> <p>Exit 17 on Palisades Interstate Parkway (15 miles north of NYS Thruway, just beyond Visitors Center in middle island). From the north, the parking area is 0.5 miles south of the Rt 6 and Seven Lakes Drive intersection.</p>
<p><b>Sunday March 12 9:00 AM</b></p>	<p><b>Silvermine Circular</b></p> <p><b>Moderately strenuous.</b> This hike begins and ends at the Silvermine Parking Area.</p> <p>Roy Williams (973) 283-9756</p> <p><b>Silvermine Parking Area, Harriman Park, NY</b></p> <p><i>From Rt 17:</i> Turn right onto Seven Lakes Drive just north of Sloatsburg, NY. Go 12.6 miles to parking area on right.  <i>From Palisades Interstate Parkway:</i> North to Long Mountain circle (intersection of PIP and US Rt 6). Take Seven Lakes Drive west 1.5 miles to Silvermine Parking Area on left.</p>
<p><b>Sunday March 19 9:00 AM</b></p>	<p><b>Westward Ho!</b></p> <p><b>Moderately strenuous.</b> Over West and onto Timp via various obscure routes.</p> <p>Barbara Albeck (973) 328-8557 barbalbeck@aol.com</p> <p><b>Anthony Wayne Recreation Area (north parking area), Harriman Park, NY</b></p> <p>Exit 17 on Palisades Interstate Parkway (15 miles north of NYS Thruway, just beyond Visitors Center in middle island). From the north, the parking area is 0.5 miles south of the Rt 6 and Seven Lakes Drive intersection.</p>



<p><b>Sunday March 26 9:30 AM</b></p>	<p><b>Compass Bushwhack</b></p> <p><b>Strenuous.</b> Challenging hike from Anthony Wayne to Perkins Tower with return via Old Timp-Torne and Caves O' Hoefflerlin (vaguely remembered by our ancient leaders). <b>No beginners. Rain cancels.</b></p> <p>Dave and Naomi Sutter (973) 778-0992 dsuttr@aol.com</p> <p><b>Anthony Wayne Recreation Area (north parking area),</b> Harriman Park, NY</p> <p>Exit 17 on Palisades Interstate Parkway (15 miles north of NYS Thruway, just beyond Visitors Center in middle island). From the north, the parking area is 0.5 miles south of the Rt 6 and Seven Lakes Drive intersection.</p>
<p><b>Eastern Daylight Time Resumes – Spring Ahead One Hour</b></p>	
<p><b>Sunday April 2 9:00 AM</b></p>	<p><b>Bushkill Falls</b></p> <p><b>Moderately strenuous.</b> Contact leader for details..</p> <p>Brian Mazur (973) 478-5285 mazurb@hotmail.com</p> <p><b>McDonalds at the Morris Hills Shopping Center,</b> intersection of Rt 202 &amp; Rt 46, Parsippany-Troy-Hills, NJ</p> <p><i>From I-287 southbound:</i> Exit 42 onto Rt 202 South. Continue South about 0.5 miles across Rt 46 and turn right into shopping center. McDonalds will be ahead on the Rt 46 side.</p> <p><i>From I-287 northbound:</i> Exit 43 to Rt 202 south for 1.3 miles to Rt 46 and follow the above instructions.</p> <p><i>From I-80 west or east:</i> Exit to I287 north, then Exit 43 on I-287 and follow above instructions for I-287 northbound.</p>
<p><b>Sunday April 9 9:00 AM</b></p>	<p><b>Annual Trail Clearing on the Sterling Ridge Trail</b></p> <p><b>Moderately strenuous.</b> The IHC has maintained this trail for 40 years. We need your help for another spring cleanup. Bring lunch, gloves and clippers, or use the tools provided by the club. <b>Rain date: Saturday, April 15.</b></p> <p>Ilse Dunham (973) 838-8031</p> <p><b>South end of the Sterling Ridge Trail,</b> Hewitt, NJ</p> <p>From I-287: Exit 55, take Rt 511 (Ringwood Ave) north approx. 10+ miles to junction with Greenwood Lake Tpk (Rt 511) and East Shore Drive.</p>
<p><b>Sunday April 16 10:00 AM</b></p>	<p><b>Skylands</b></p> <p><b>Easy.</b> It may be a bit early for flowers in the New Jersey State Botanical Gardens, but we can imagine what this beautiful area will be like in another month. However, those great trails are there for us to investigate Pierson Ridge and climb Mount Defiance with lunch on our usual overlook for a total of approx. 5 miles. We can explore the wild gardens and the formal descending pools with their statuary behind the mansion after the hike.</p> <p>Phellis Swan (973) 835-4513</p> <p><b>Parking Lot A, Skylands Manor,</b> Ringwood, NJ</p> <p><i>From I-287:</i> Exit 55. Go north on Ringwood Ave (Rt 511) about 7 miles to Sloatsburg Rd; turn right for 2 miles to Skylands sign. Turn right one mile to "Lions Gateway" near Manor House; continue straight to parking lot on left.</p> <p><i>From Rt 17:</i> Exit at Sloatsburg Road. Continue southwest on Sloatsburg Rd to Skylands sign, turn left to Manor House as above.</p>

<p><b>Sunday April 16 9:00 AM</b></p>	<p><b>Ramapo Mountain State Forest</b></p> <p><b>Moderately strenuous.</b> We'll hike to Ramapo Lake and pick up the Cannonball Trail for a 10 mile circular.</p> <p>David Kocian (201) 393-0986 davidamk@yahoo.com</p> <p><b>Lower Parking Lot, Ramapo Mountain State forest, Oakland, NJ</b></p> <p><i>From I-287:</i> Exit 57. Take Skyline Drive north toward Ringwood. Look for lower parking lot on left shortly after you start up hill (approx. 0.3 miles from exit).</p>
<p><b>Saturday April 22 9:00 AM</b></p>	<p><b>Appalachian Trail #17 – Route 9, Graymoor to Dennytown Road</b></p> <p><b>Moderately strenuous.</b> Distance 8.8 miles. We continue through the hills (Little Fort, Denning, Canopus) of Westchester and Putman counties to the eastern end of Fahnestock State Park. This time, the weather will cooperate! <b>Shuttle required.</b></p> <p>Donal Maloney (201) 391-6591 Charlie and Anita Kientzler (973) 835-1060</p> <p><b>Anthony Wayne Recreation Area (north parking area), Harriman Park, NY</b></p> <p>Exit 17 on Palisades Interstate Parkway (15 miles north of NYS Thruway, just beyond Visitors Center in middle island). From the north, the parking area is 0.5 miles south of the Rt 6 and Seven Lakes Drive intersection.</p>
<p><b>Sunday April 23 9:30 AM</b></p>	<p><b>Bockberg Reprise</b></p> <p><b>Strenuous.</b> Steep with extensive bushwhacking. Sip from Stalter's spring and ascend the "Escalator". <b>No beginners. Rain cancels.</b></p> <p>Dave and Naomi Sutter (973) 778-0992 dsuttr@aol.com</p> <p><b>Jones Point parking lot on Rt 9W, Jones Point, NY</b></p> <p>Take Rt 9W north approx 9.5 miles past intersection with Rt 303 to small street sign on right, "Jones Point". Bear right at "Y" to parking lot at riverfront railroad tracks.</p>
<p><b>Sunday April 30 9:00 AM</b></p>	<p><b>Storm King Mountain</b></p> <p><b>Strenuous.</b> We will hike from the <i>bottom</i>, the old Storm King Highway, <i>up</i> to the summit, 1,300 feet above the Hudson River. there are grand views to be enjoyed. <b>Rain cancels.</b></p> <p>Ilse Dunham (973) 838-8031</p> <p><b>Anthony Wayne Recreation Area (north parking area), Harriman Park, NY</b></p> <p>Exit 17 on Palisades Interstate Parkway (15 miles north of NYS Thruway, just beyond Visitors Center in middle island). From the north, the parking area is 0.5 miles south of the Rt 6 and Seven Lakes Drive intersection.</p>

## Officers/Contacts

<b>President</b>	Mike Selender	159 Jewett Avenue, Jersey City, NJ 07304-2003 mike_selender@mindspring.com	(201) 451-5411
<b>Secretary</b>	Brian Mazur	11 Maple Place, Clifton, NJ 07011 mazurb@hotmail.com	(973) 478-5285
<b>Treasurer</b>	Charles Kientzler	711 Terhune Drive, Wayne, NJ 07470-7111	(973) 835-1060
<b>Trails Chair</b>	Ilse Dunham	3 Brentwood Drive, Kinnelon, NJ 07405	(973) 838-8031
<b>Entertainment Chair</b>	Anita Kientzler	711 Terhune Drive, Wayne, NJ 07470-7111	(973) 835-1060
<b>interstatehiking@mindspring.com</b>		<b><a href="http://www.mindspring.com/~interstatehiking/">http://www.mindspring.com/~interstatehiking/</a></b>	

## Membership Application:

Having **completed at least one club hike**, I wish to apply for membership in the Interstate Hiking Club. Enclosed are dues and initiation fee as listed below:

Dues are \$5.00 plus a \$1.00 initiation fee for a total of \$6.00. If joining after December 1st, dues are \$2.50 plus a \$1.00 initiation fee for a total of \$3.50. Junior (under 18) dues are \$1.00.

<b>Name:</b>					
<b>Street:</b>					
<b>City, State, Zip:</b>					
<b>Phone:</b>		<b>E-Mail:</b>			
<b>Date:</b>		<b>Amount:</b>	<input type="checkbox"/> \$6.00	<input type="checkbox"/> \$3.50 (after 12/1)	<input type="checkbox"/> \$1.00 (junior)

This form may be given to any club officer or mailed to the treasurer:

Charles Kientzler  
711 Terhune Drive  
Wayne, NJ 07470-7111

