

# Interstate Hiking Club

Organized 1931

Affiliate of the NY-NJ Trail Conference



## Schedule of Hikes

December 2019 through May 2020

IHC Web Page: [WWW.INTERSTATEHIKINGCLUB.ORG](http://WWW.INTERSTATEHIKINGCLUB.ORG)

IHC e-mail: [INFO@INTERSTATEHIKINGCLUB.ORG](mailto:INFO@INTERSTATEHIKINGCLUB.ORG)

### INTERSTATE HIKING CLUB OFFICERS FOR JUNE 2019 THROUGH May 2020

<b>President:</b>	Guy Percival	73 Birchwood Road	Bedminster NJ 07921	973-590-7437	JENGUY@OPTONLINE.NET
<b>Secretary:</b>	Marguerite La Corte	PO Box 52	Mt. Tabor NJ 07878	973-625-4379	REDTABORLADY@VERIZON.NET
<b>Treasurer:</b>	Charles Kientzler	711 Terhune Dr.	Wayne NJ 07470	973-835-1060	CKIENTZLER@AOL.COM
<b>Trails Chair:</b>	Sara Van Niekerk	102 Weinmanns Blvd	Wayne NJ 07470	973-489-6442	SUSARAVN@GMAIL.COM
<b>Entertainment:</b>	Paul Ferlazzo	102 Iroquois Avenue	Lake Hiawatha NJ 07034	973-979-2010	P_FERLAZZO@YAHOO.COM
<b>Web Master:</b>	James Canfield	107 Rolling Ridge Rd.	West Milford NJ 07480	973-728-9774	CMJWCANFIELD@GMAIL.COM

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# GENERAL INFORMATION ABOUT THE INTERSTATE HIKING CLUB

## *Who we are!*

The Interstate Hiking Club (IHC) is a medium-sized hiking club, organized in 1931. IHC has been affiliated with the NY/NJ Trail Conference, as a trail maintaining club, since 1931.

**Guests are welcome!** An adult must accompany anyone under 18. **No Pets allowed on IHC hikes.**

## *Where do we go?*

Most of our activities are centered in the NY/NJ area; some hikes, bicycle rides and canoe trips are farther away. The club occasionally sponsors trips in the Catskills and Pennsylvania. Our hikes are not usually accessible by public transportation.

## *What do we do?*

Hikes, bicycle rides and canoe trips generally are scheduled for every Sunday, and some Fridays and Saturdays, as day-long outings. They are graded by difficulty of terrain, distance and pace. **The Hiking grades are:**

**Easy:** These hikes are 3 to 5 miles in length and should have no significant hills.

**Moderate:** These hikes are 5 to 8 miles and may take up to 5 hours, including time for trail lunch. They should not generally have multiple long steep hills, and should be at a moderate pace.

**Moderately Strenuous:** These hikes are 5 to 8 miles with multiple steep hills or 8 miles or more which are mostly flat walking. They can last up to 6 hours including trail lunch. Pace to be moderate.

**Strenuous: Not for novices.** Hikes are 8 miles or more and last 6 hours or more, including time for trail lunch. These may have many long steep hills and may be at a brisk pace.

**The club also maintains trails in association with the NY/NJ Trail Conference. Two Sundays a year are devoted to this service work. In addition, in the past we have participated in the following: orienteering, snow-shoeing, cross-country skiing, swimming, mountain biking, backpacking, and camp-outs in the Adirondacks, Southern Appalachians and Maine.**

## *What to bring:*

Footwear is very important. **Hiking boots with non-slip soles are essential for all hikes.** New footwear should be broken-in before being used on a hike!

**Bring plenty of water to drink (In the summer; a minimum of 2 quarts recommended), a trail lunch,** but please no food that requires cooking. Bring a pack to carry your gear in, including rain gear, sweater, etc., leaving your hands free for climbing.

## *Things to be aware of:*

**All outdoor activities involve inherent risks. Your participation in these activities is at your own personal discretion and you are solely responsible for your safety!**

## The stated meeting time for a hike "is" the departure time.

The leader **is in charge** of the event. Allow the leader to set the pace. **Do not rush ahead or fall behind the group.** **The leader has the right to refuse any person he/she deems not prepared for the hike/event.**

## *How to join:*

Application for membership may be given to any club officer or mailed to the treasurer **upon the completion of one activity.** **Guests, who have attended three activities, shall be expected to apply for membership** before attending any more activities.

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**Rain, inclement weather, will cancel the activities below. Contact the leader if in doubt.**

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## Membership Application

**Note! Current Members! Annual Dues are \$20.00: A Second Member at same address \$10.00. Due on June 1!**

Having **completed at least one club activity,** I wish to apply for membership in the Interstate Hiking Club.

**If joining between May 1 to Dec. 1,** dues are \$21.00 per person. [\$20.00 per year plus \$1.00 initiation fee]

**If joining between Dec. 1 to May 1,** dues are \$11.00 per person. [\$10.00 (1/2 year) plus \$1.00 initiation fee]

Junior (under 18) dues are \$1.00 a year.

**The Club fiscal year is June 1st to May 31<sup>st</sup>.**

Name: \_\_\_\_\_ (Please PRINT Clearly)

Street: \_\_\_\_\_

City, State, Zip: \_\_\_\_\_

Phone: (\_\_\_\_) \_\_\_\_\_ -- E-mail: (All Caps) \_\_\_\_\_

Date of your IHC hike: \_\_\_\_/\_\_\_\_/\_\_\_\_ Application Date: \_\_\_\_/\_\_\_\_/\_\_\_\_

Amount: \_\_\_\_\_ \$21.00 (App. Date: 5/1 to 12/1) \_\_\_\_\_ \$11.00 (App. Date: 12/1 to 5/1) \_\_\_\_\_ \$1.00 (Junior)

**Enclosed are dues and initiation fee. Payable to INTERSTATE HIKING CLUB**

**Mail to the Treasurer: Charles Kientzler, 711 Terhune Drive, Wayne NJ 07470**

# INTERSTATE HIKING CLUB Winter 2019 SCHEDULE

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## **NOTE! The following event require advance registration or attention**

**Saturday October 17 to 24, 2020 Roan Mountain, Tennessee – AT Hikes from Indian Grave Gap**  
With easier hiking with Jen, in and around Roan Mtn.

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### **Canoeing General Instructions**

Bring a partner, canoe, or kayak, life jackets, lunch and dry clothes in a waterproof bag. Rain may cancel the trip.  
Call the leader before 8:00 AM to check. Rentals are not usually available at launch sites, however check with leader.

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**Saturday December 7, 2019 GWB & Long Path from NYC Moderately Strenuous**  
Starting from NYC and crossing The George Washington Bridge and then hiking on the Long Path on the top of the Palisades gives the hiker many photogenic views of the Hudson River and the skyline of NYC. A different view of the Bridge will be seen from the Shore Path. Hitchhiking, catching a bus or swimming back across the river to NYC, is not contemplated.

**Leaders: Chris Davis** CHRISDAVIS08558@YAHOO.COM  
**Guy Percival** Cell 973-590-7437 JENGUY@OPTONLINE.NET

**Meet 9:45 AM Penn Station NY-NJ Transit Waiting area**

Meet near the NJ Transit waiting area in Penn Station NY on the Men's Restroom side. [Women's Restroom is nearby.]  
The co-leader, Guy Percival will guide us, using the NYC Subway, uptown where we meet the leader (Chris) at the GWB Bus terminal.

**Sunday December 15, 2019 AT #14—Anthony Wayne to Bear Mountain Bridge Strenuous**

About 8.5 miles in length, this section in Harriman Park traverses both West and Bear Mountains with lots of great views, however there is some climbing involved. We get to see the Improved AT Trail on the descent of Bear Mtn, and then walk thru the Zoo on the way to the Bear Mtn. Bridge. Leaving the AT, we divert to Fort Montgomery on the new hiker bridge.

**Rain cancels this hike. Shuttle Required.**

**Leader: Paul Ferlazzo** 973-979-2010 P\_FERLAZZO@YAHOO.COM

**Meet: 9:00 AM Fort Montgomery Overflow Parking on Rt-9W north, 708 Rt-9W, Highland Falls NY 10928**

**Take the Palisades Interstate Parkway north to Rt-9W traffic circle near Bear Mountain Bridge (about 18 miles north of NY State Thruway). At the circle junction go north on Rt-9W about ½ mi across Popolopen Bridge (0.3 mi past Fort Montgomery entrance) to "Additional parking" at end of viaduct just off the east side of Rt-9W. GPS Meeting Place (41.3283, -73.9877)**

*Note! If late or lost see below!*

*We will shuttle to the start at Anthony Wayne, Parking Lot #2, (South Parking Lot), Harriman St. Pk, Tomkins Cove NY 10986*

*Anthony Wayne Entrance GPS (41.2972, -74.0298) Anthony Wayne South Parking Lot GPS Shuttle (41.2915, -74.0249)*

*From the Overflow Parking Lot: Turn right on to Rt-9W and go to light 0.2 mi ahead at Firefighters Memorial Dr. Turning left at light, it should be possible to make a safe U-turn onto Rt-9W southbound. Drive south ¾ mi on Rt-9W and turn off on the right to Rt-6 (PIP). After driving 2.5 mi take the left fork and continue on the PIP to Exit 17 about 0.9 mi ahead. After entering Anthony Wayne, drive ¾ around loop (Southbound) and take Anthony Wayne Dr. to the junction of the small road leading to the South Parking Lot. Drive in to Parking Area.*

**Saturday December 21, 2019 Christmas hike in NYC Moderately Strenuous**

Enjoy the Christmas season in NYC with an afternoon to evening hike. Naughty & Nice Persons only!

**Awful weather cancels. Contact a leader after 7:00 AM morning of hike if uncertain.**

**Leaders: Chris Davis** CHRISDAVIS08558@YAHOO.COM  
**Guy Percival** Cell 973-590-7437 JENGUY@OPTONLINE.NET

**Meet: Penn Station NY-NJ Transit Waiting area**

**Additional details will be announced via IHC E-MAIL NETWORK one week before the event.**

**Sunday December 29, 2019 TBA**

**Sunday January 5, 2020 TBA IHC Meetup**

**Meet: TBA via IHC E-MAIL NETWORK or IHC Meetup one week before the event.**

**Sunday January 12, 2020 Institute Woods Princeton Moderately Strenuous**

Pleasant walk through Institute woods. We will intersect with the D&R Canal and hike north and then into Princeton for a campus tour. Return via Springdale road and back into Institute woods. About 8 miles total. Mostly level.

**Leaders: Guy & Jennifer Percival** 973-590-7437 JENGUY@OPTONLINE.NET

**Meet: 9:30 AM Princeton Battlefield Park, 450 Mercer St (Rt-583), Princeton NJ 08540**

**From 1-287 South Exit 17, (Rt-202/206 South):** Drive 1.5 mi to split of Rts-202/206. Take Rt-206 south 17 miles into Princeton. In the center of Princeton make a right at intersection with Rt-27. This is Stockton street and still Rt-206. Go 0.3 mi and turn left onto Edgehill St and next right onto Mercer Street. Go 0.9 mi south until you reach an open park. At the PEDX-ing sign, there will be a large siding along what is now Rt-583. **GPS Meeting Place (40.3331, -74.6752)**

**Sunday January 19, 2020 Wawayanda in Winter Moderately Strenuous**

Its winter and the lake will be frozen with perhaps Ice Fishermen on it. We'll hike taking the Blue and Orange trails around the lake with a side trip out to Lake Lookout and the Pickle Trail. About 8 miles. In case of ice on the trails, bring micro spikes if you have them!

**Leaders:** Mike Roulier 201-522-0259 MROULIER@PATELLAWOOD.COM  
Jill Wilson 973-879-0531 SUNSHYN812@GMAIL.COM

**Meet 8:30 – Hike Starts 9:00 AM Wawayanda State Park, Wawayanda Rd, Beach Parking, Hewitt NJ 07421**

**From I-287 Exit 55:** Go north on Ringwood Ave. (Rt-511) (name changes to Greenwood Lake Tpk.) about 13 miles to Warwick Tpk. at south end of Greenwood Lake. Continue straight-ahead 5 mi. on Warwick Turnpike past Upper Greenwood Lake. Turn left at park entrance. Continue past the Ranger Station 2¼ mi. to the entrance to Beach Parking on the left at the north end of Wawayanda Lake.

**GPS Meeting Place (41.1927, -74.4289) GPS Park Entrance (41.1993, -74.3920)**

**Sunday January 26, 2020 D&R Canal #1—New Brunswick to S. Bound Brook Moderate**

**This is the first in a series of canal walks from New Brunswick to Bulls Island.** With its 19th-century bridges, bridgetender houses, past and present locks, cobblestone spillways and hand-built stone-arched culverts, the canal is a tremendous attraction. The upper reach of the feeder canal starts at Bull Island, and wanders through quaint New Jersey towns along the Delaware River such as Stockton and Lambertville. There were three points (we will see 2 of them) to cross the Delaware River in order to connect with the Delaware Canal (Pennsylvania side) for Coal from the North or Iron from the Furnaces near Philadelphia. The main canal, now underground in Trenton, passes the Port Mercer canal house, through the charming villages of Griggstown and Blackwells Mills, ending up in New Brunswick. The canal is now used to supply water to New Brunswick and municipalities along the canal.

This hike of 7 miles length toward New Brunswick, will take us to start of the existing canal at the New Brunswick Spillway where unused water is returned to the Raritan. The original Terminus was 1 mi downstream to where Rutgers Boat House is now situated. On the way, we will pass Five Mile Lock, which is now used as a flow control of the water.

**Shuttle Required. Rain or bad weather cancels this hike.**

**Leader:** Guy Percival 973-590-7427 JENGUY@OPTONLINE.NET

**Meet: 9:30 AM Johnson Park Grove #1, Johnson Park Rd (Rt-807) Highland Park NJ 08904**

**From I-287 Exit 9 (River Rd toward Highland Park):** Take River road (Rt-622) 4.6 mi towards Highland Park, NJ. Make a right when you reach Light at Cedar Lane into Johnson Park Road which is Rt-807. Proceed clockwise to the second parking lot (Grove #1) and use second entrance. [Close to toilets.] **GPS Meeting Place (40.5077, -74.4473)**

**Note! If late or lost see below!**

*We will shuttle some cars to D&R Canal Parking, 169 Canal Rd, South Bound Brook, NJ 08880 GPS Shuttle (40.5584, -74.5311)*

**From the parking lot:** Continue ½ mi north on JOHNSON PARK RD. and bear left at Y fork onto JOHNSON DR. Continue ½ mi to the junction with Landing Rd, turn left and drive ½ mi to Easton Rd. Turning Right proceed 5 mi to the Junction with S. Main St. and Canal Rd Continue straight on Canal Rd. 0.1 mi to D&R Canal Parking Lot on the Right.

**Sunday February 2, 2020 Rutgers Preserve Moderate**

We will hike 6.5 miles in Rutgers Ecological Preserve which is bigger and much hillier than you might think. In addition, we will go outside the preserve exploring Livingston Campus and buildings that remain from old Camp Kilmer.

**Leaders:** Eileen Kowler EILEEN.KOWLER@GMAIL.COM  
Guy Percival 973-590-7427 JENGUY@OPTONLINE.NET

**Meet: 9:30 AM Johnson Park Grove #1, Johnson Park Rd (Rt-807) Highland Park NJ 08904**

**From I-287 Exit 9 (River Rd toward Highland Park):** Take River road (R-622) 4.6 mi towards Highland Park, NJ. Make a right when you reach Light at Cedar Lane into Johnson Park Road which is Rt-807. Proceed clockwise to the second parking lot (Grove #1) and use second entrance. [Close to toilets.] **GPS Meeting Place (40.5077, -74.4473)**

**Sunday February 9, 2020 D&R Canal #2—S. Bound Brook to Blackwells Mills Moderate**

Hiking about 8 miles toward Trenton on the D&R Canal. Along the way we leave the Raritan River and pick up the Millstone River beside the canal. Ten Mile Spillway, Zarephath, and the Weston Causeway will catch our attention. Check out the 1835 Canal House at Blackwells Mills. A Swing Bridge for the road, allowed crossing the canal.

**Shuttle required. Rain or bad weather cancels this hike.**

**Leader:** Guy Percival 973-590-7427 JENGUY@OPTONLINE.NET

**Meet: 9:30 AM Blackwells Mills Causeway, Somerset NJ 08873**

**From I-287 Exit 17 Rt-206 south:** Take Rt-206 south through the Somerville Circle about 7 miles to Rt-514 (Amwell Rd.). Turn left onto Rt-514 to Millstone, then right onto Millstone River Rd. Continue 2 miles to Blackstone Mills Rd. and turn left 1/8 mile to the parking area near to the D & R Canal Trail. **GPS Meeting Place (40.4753, -74.5730)**

**Note! If late or lost see below!**

*We will shuttle some cars to D&R Canal Parking, 169 Canal Rd, South Bound Brook, NJ 08880 GPS Shuttle (40.5584, -74.5311)*

**From the Parking Lot:** Turn left back to Millstone River Rd. Turning right (North) 4 mi to Manville Causeway. Turning right across the Millstone River and then the canal to Canal Rd. Turn left and drive on Canal Rd 3. mi northward to S Bound Brook. D&R Parking Lot is on the left, just at the start of the commercial area and before the junction with S Main St.

**Sunday February 16, 2020 Manaticut Point—Lake Sonoma Moderately Strenuous**

Today's hike takes us thru and over some of the points of interest in the recently added Burnt Meadow section of Norvin Green. The hike is a moderately strenuous 6-7 miles with some pretty views of the skyline with a stop at overlook rock. If weather is cold and icy, micro-spikes are definitely recommended as some spots may be challenging to get through without them.

**Rain cancels this hike.**

**Leaders:** Mike Roulier 201-522-0259 MROULIER@PATELLAWOOD.COM  
Jill Wilson 973-879-0531 SUNSHYN812@GMAIL.COM

**Meet: 8:30AM – Hike starts 9:00 AM Manaticut Point Trailhead, 20 Crescent Dr, Ringwood NJ 07456**

**From I-287 Exit 55:** Take Rt-511 (Ringwood Ave.) (Becomes Greenwood Lake Tpk.) north 4 mi and turn left onto Westbrook Rd. Go west, across the reservoir, on Westbrook Rd. (left on Y) 2.4 mi to Magee Rd. on the right. Turn in and drive only 0.15 mi to Burnt Meadow Rd. on the left. Go on Burnt Meadow Rd. 1.0 mi to the second Crescent Drive sign on the left. Turning left go 0.1 mi to yellow blazed trailhead sign and large rock outcropping on the right. Park along road. **GPS Meeting Place (41.0907, -74.3213)**

**Sunday February 23, 2020 D&R Canal Walk #3—Blackwells Mills to Kingston Lock Moderate**

About 8½ miles on the D&R Canal. Along the way on the other side of the canal is the large North Brunswick Water Works. At Griggstown is another ~1835 Canal House which was used by the Swing Bridge Tender and family. [Low bridge, everybody down, Low bridge cause we're coming to a town] Another old lock/new flow control is passed in this section on the way to the town of Kingston and the Kingston Lock. **Shuttle required. Rain or bad weather cancels this hike.**

**Leader:** Guy Percival 973-590-7427 JENGUY@OPTONLINE.NET

**Meet: 9:30 AM Kingston D&R Towpath Parking Lot, Kingston, (Princeton) NJ 08540**

**From I-287 Exit 17 Route 206 south:** Take Rt-206 south through the Somerville Circle about 14 miles to CR-518/Georgetown and Franklin Turnpike. Continue to follow CR-518 (Washington St.) 1¼ mi. through town to light. Turn right at CR-603/Kingston-Rocky Hill Rd/Laurel Ave, continue 2 mi to light at Rt-27. Turn right and proceed 0.1 miles downhill to make a left (on a side road) into the Kingston D&R Canal Boat basin parking lot. If you cross the Millstone river you have gone too far. **GPS Meeting Place (40.3745, -74.6179)**

**Note! If late or lost see below!**

*We will shuttle some cars to D&R Canal Parking Blackwells Mills Causeway, Somerset NJ 08873 GPS Shuttle (40.4753, -74.5730)*

**From the Parking Lot:** Turn Right toward Kingston and drive 0.3 mi to second light. Turn left onto Laurel Ave Rt-603 and drive north (Name changes to Canal Rd) for 4.9 mi to Griggstown Causeway. Turning left over the canal drive over the river to Millstone River Rd. Turn Right and Drive 3.5 mi north to Blackwells Mills Rd. Turning right proceed to the D&R Parking a short distance before the canal.

**Sunday March 1, 2020 D&R Canal Walk #4—Kingstone Lock to Rt-1 Moderate**

This hike is about 8 miles of interesting views along the D&R Canal. We pass by Carnegie Lake where rowing events occur in milder weather. From the Carnegie Dam the old preserved Grist Mill can be seen at an old dam on the Millstone River. Then hiking across the Upper Millstone Dam and walking along the outskirts of Princeton, we see the Princeton University up on the hill. After the canal passes under the Princeton Dinky (Shortest passenger RR in USA) its back to the trees for views.

**Shuttle required. Rain or bad weather cancels this hike.**

**Leader:** Guy Percival 973-590-7427 JENGUY@OPTONLINE.NET

**Meet: 9:30 AM Rt-1 Northbound, D&R Parking, Lawrence Township NJ 08648**

**From NJ Turnpike Exit 9:** Go North on Rt-18, 1 mi to Rt-1 southbound. On Rt-1 Southbound drive 20 mi to I-295 interchange. Continue 0.8 mile to next light at Franklin Corner & Bakers Basin Rds. Make a Jug Handle U-turn from the slow lane back onto Rt-1 Northbound. Drive 0.4 mi to the D&R Parking on the right. **GPS Meeting Place (40.2791, -74.7012)**

**Note! If late or lost see below!**

*We will shuttle some cars to D&R Canal Parking Rt-27, Kingston, (Princeton) NJ 08540 GPS Shuttle (40.3745, -74.6179)*

**From the parking Lot:** Drive north on Rt-1, 8.1 mi to Ridge Rd. Exit onto Ridge Rd Westbound toward Kingston. Drive 1¼ mi bearing right at 1 mi onto Heathcote Rd to junction with Rt-27 at light. Turn left and go 0.3 mi on Rt-27 to D&R Parking entrance on the left.

**Note! Daylight Saving Resumes Sunday March 8, 2020! Turn Clocks Ahead! [Lose Sleep]**

**Sunday March 8, 2020 D&R Feeder Canal Walk #5—Scudders Falls to Lambertville Moderate**

The D&R Feeder Canal parallels the Delaware River from Bull Island to Trenton. This hike of about 7 miles on the Canal Path is from Scudders Falls to Lambertville. Along the way we will see Scudders Falls, the Lambert Lock where canal boats crossed the free running Delaware to get to the Pa Canal on the West bank, with the help of cables. The Lambertville Wing Dam was built to assist the crossing by controlling the water depth. Great views may be had by walking out on the rocks part way. It will be a little early to see kayaks shooting the gap in the dam. **Shuttle required. Rain or bad weather cancels this hike.**

**Leader:** Guy Percival 973-590-7427 JENGUY@OPTONLINE.NET

**Meet: 9:30 AM Lambertville Public Parking, 1 Bridge St, Lambertville NJ 08530 GPS**

**From I-287 Exit 17 (Rts-206/202 south):** Take Rt-202 south through the Somerville Circle, past Flemington about 24 mi to Rt-179 about 5 miles before the Delaware Bridge. Go south on Rt-179 for 5.1 mi to the Lambertville Light. Turn right onto Bridge St and drive toward the Bridge and just before the bridge, turn left into the parking drive next to the Lambertville Station. Drive down to the parking along the river close to the bridge. **GPS Meeting Place (40.3654, -74.9464)**

**Note! If late or lost see below!**

*We will shuttle cars to Scudders Falls D&R Canal Parking, Bernard Dr; Ewing Township NJ 08628 GPS Shuttle (40.2654, -74.8477)*

**From the parking Lot:** Turn right back onto Bridge St and drive to Rt-29/ Rt-179 light and turn right and drive south on Rt-29, River Rd. Proceed 9 miles until you come to turnoff for Rt-175. Taking the turnoff go 1 block to Bernard Dr. crossing and turn right crossing the Canal into the D&R Parking.

**Sunday March 15, 2020 Stokes Hike Moderately Strenuous**

Will be hiking on the Lackner Trail, and the AT where we will enjoy views of Lake Owassa and Culver Lake. Stopping at the fire tower for some very awesome views there too. Hike will be approximately 9+ miles. **Rain cancels this hike.**

**Leaders:** Mike Roulier 201-522-0259 MROULIER@PATELLAWOOD.COM  
Jill Wilson 973-879-0531 SUNSHYN812@GMAIL.COM

**Meet: 8:30AM – Hike starts 9:00 AM Kittle Field Parking Lot, Stokes St. Forest, 13 Kittle Rd, Sandyston NJ 07826**

**From I-80 West Exit 34B:** Take Rt-15 north about 17 mi. to Rt-206 (Rt-15 ends). Continue straight on Rt-206 north 6+ mi. towards Culvers Gap and AT trail crossing sign. Proceed an additional ½ mi. and the Park Entrance is on the right off Rt-206. Turning right drive about 2 mi past the Ranger Station (Warm John's) on Coursen Rd, to intersection with Kittle Rd, turn left and continue 100 feet to parking lot on left. Heated Rest Rooms are available at Kittle Field!

**Park Entrance:** 30 Rt-206, Branchville NJ 07826 GPS (41.1843, -74.7974)

**Kittle Field Parking:** 13 Kittle Road Sandyston NJ 07826 **GPS Meeting Place (41.2062, -74.7746)**

**Sunday March 22, 2020 AT #15 Hike—Bear Mt. Br. to Rt-9/Graymoor Moderately Strenuous**

About 7.5 miles in length, this section has the lowest elevation of the AT @ 176 ft. From the Bridge there are excellent views of the Hudson Highlands. A steep climb up and we reach the Camp Smith Trail. We will take a 1-mile round trip diversion to Anthony's Nose, (named after pre-Revolutionary War sea captain, Anthony Hogan which and not Mad Anthony Wayne.) We will be rewarded with views of Bear Mt. and the Bridge we just crossed, and Iona Island is also visible.

Returning to the AT, it continues thru mostly wooded area, and then a good view of West of Hudson. After descending the trail passes Hemlock Springs Campground before climbing Canada Hill. Several side trails that lead to the Manitoa Nature Preserve are passed, those we will ignore. Then after one last view of the Bridge and West Point we descend and cross a boardwalk to the end of this section and our cars. **Rain cancels this hike. Shuttle required.**

**Leader: Paul Ferlazzo 973-979-2010 P\_FERLAZZO@YAHOO.COM**

**Meet: 9:00 AM AT Parking, Jct Rt-9 & Rt-403, Philipstown NY 10524**

**Take the Palisades Interstate Parkway:** North to Rt-9W traffic circle near Bear Mountain Bridge (about 18 miles north of NY State Thruway). At the Rotary go ½ around following Rt 202 to Bear Mt Bridge. After paying toll drive across bridge to intersection with Rt-9D & Rt-202. Turn right and follow the winding scenic Rt-202 south for 3½ mi to the junction with Rt-9. Take Rt-9 North 4 mi to Rt-403 and AT Parking nearby at the intersection. **GPS Meeting Place (41.3508, -73.9262)**

**Note! If late or lost see below!**

*We will shuttle cars to the start at Fort Montgomery Overflow Pkg on Rt-9W North, 708 Rt-9W, Highland Falls NY 10928*

*GPS Shuttle (41.3283, -73.9877)*

*From the AT Parking at Rt-9/Rt-403 intersection: Go south 4 mi on Rt-9 to the Rt-202 intersection. Turn right and follow the winding scenic Rt-202 north for 3½ mi to the Bear Mt Bridge. Turn left crossing the bridge (no Toll) to the Rt-9W traffic circle. Go north on Rt-9W about ½ mi across Popolopen Bridge (0.3 mi past Fort Montgomery entrance) to "Additional parking" at end of viaduct just off the east side of Rt-9W.*

*Hint for end of day! If there is heavy traffic on Rt-9W and a U turn is dangerous, then: From the Overflow Parking Lot, Turn right on to Rt-9W northbound and getting in fast lane, go to light 0.2 mi ahead at Firefighters Memorial Dr. Turning left at light, it should be possible to make a safe U-turn onto Rt-9W southbound.*

**→IHC Hike Ideas due by Saturday March 28<sup>th</sup> 2020****Sunday March 29, 2020 Watchung Reservation Historical Moderately Strenuous**

We'll hike part of the Sierra Trail and lots of connecting trails perhaps visiting the Stables, Surprise Lake, Ancient Cemetery, Deserted Village, Seely's Pond, and end at the Nature Center.

**Leader: Udi Cohen 732-543-4624 UDIC2000@GMAIL.COM**

**Meet: 9:00 AM Watchung Reservation, Trailside Museum, 462 New Providence Rd, Mountainside NJ 07092**

**From Eastbound I-78, Exit 44 toward New Providence/Berkeley Heights:** Turn left onto Glenside Ave. Continue 1.3 mi and turn right onto Watchung Reservation, Tracy Dr. Continue 1.3 mi. At the traffic circle, take the 1st exit onto Summit Lane. Continue 0.4 mi and turn right onto New Providence Rd, then Continue 0.2 mi to the parking lot of Trailside Nature & Science Center.

**From West bound I-78, Exit 43:** Proceed right on Diamond Hill Rd. to Traffic Light and turn right onto McMane Ave. Go on ¾ mi to intersection of Glenside Ave. and turn left. Continue ¾ mi to Watchung Reservation, Tracy Dr. on right. Continue to the first circle and take first right onto Summit Lane. Go ½ mi and bear right onto New Providence Rd. to the end. The Trailside Parking is on right.

**From Garden State Parkway Exit 140 (Rt-22):** Take Rt-22 west about 4.3 mi to Summit Rd turn right and continue 1.2 mi to Summit Lane. Go 0.7 mi and at the traffic circle, take the 2nd exit onto Summit Lane (Boro of Mountainside). Continue 0.5 mi and bear right onto New Providence Rd. to the end. The Trailside Parking Area is on right. **GPS Meeting Place (40.6826, -74.3728)**

**Sunday April 5, 2020 Pyramid Mountain County Park Excursion Strenuous**

This hike starts at the Visitor center & we will do 12 miles in scenic Pyramid Mountain Park. You will get to see it all including Bear Rock, Tripod Rock, Turkey Mtn. and the 100 steps. **Rain cancels this hike.**

**Leader: TJ Rubino TJRUBINO@GMAIL.COM**

**Meet: 9:00 A.M. Pyramid Mt. Visitors Center, 472 Boonton Ave, (Rt-511), Boonton Township NJ 07005**

**From the South: I-287 Exit 45 Wootton Avenue (Boonton):** Take first left and go under I-287. Follow Wootton Ave straight up the hill to blinker light. Turn right on Boonton Ave (Rt-511) and continue about 3 miles to Morris County Park parking lot on the left.

**From the North: I-287 Exit 52, to Rt-23 north:** Go 2 miles north on Rt-23 to Boonton Ave (Rt-511 south). Exit is a right-hand jug-handle turn. Follow Rt-511 south 4 miles to Morris County Park parking lot on the right. **GPS Meeting Place (40.9472, -74.3873)**

**Saturday April 11, 2020 AT #16—Rt-9/Graymoor to Dennytown Rd. Moderately Strenuous**

This section is about 9 miles of mostly just short up and downs. We pass Graymoor Monastery which has been kind to AT hikers in the past. Views of the Hudson may be had along the trail. From Denning Hill, on a clear day, it's possible to see NYC skyline some 40 mi south. We end up at the Group Campsites in Fahnestock Park.

**Rain cancels this hike. Shuttle Required.**

**Leader: Paul Ferlazzo** 973-979-2010 P\_FERLAZZO@YAHOO.COM

**Meet: 9:00 AM AT Parking, Dennytown Rd; Putnam Valley, NY 10579**

**Take the Palisades Interstate Parkway:** North to Rt-9W traffic circle near Bear Mountain Bridge (about 18 miles north of NY State Thruway). At the Rotary go ½ around following Rt 202 to Bear Mt Bridge. After paying toll drive across to intersection with Rt-9D & Rt-202. Turn right and follow the winding scenic Rt-202 south for 3½ mi to the junction with Rt-9. Take Rt-9 north 10 mi to Rt-301. Turn right and drive eastward 2.6 mi to Dennytown Rd on the right. Turn right heading south for 1¼ mi to AT Parking on left. Park on south side of lot. **GPS Meeting Place (41.4206, -73.8689)**

**Note! If late or lost see below!**

*We will shuttle cars to Rt-9/Graymoor AT Parking, Jct Rt-9 & Rt-403, Philipstown NY 10524 GPS Shuttle (41.3508, -73.9262)*

**Directions for shuttle: From AT Parking, Dennytown Rd** go north on Dennytown Rd 1¼ mi to Rt-301. turn left and drive 2.6 mi westward on Rt-301 to junction of Rt-9 at light. Go southward on Rt-9 6½ mi to intersection at light with Rt-403. Turn onto Rt-403 for AT Parking along Rt-403 in two places: 1) At west side of Rt-403 by trail crossing, 2) Just past gas Station on east side of Rt-403.

**Easter is April 12, 2020****Sunday April 19, 2020 Fairmount Preserve Moderately Strenuous**

Post-Easter Day hike. Please bring a snack to share with others. 6 miles hilly. Nice country views and farms.

**Leader: Guy & Jen Percival** 973-590-7437 JENGUY@OPTONLINE.NET

**Meet: 9:30 AM Fairmount Preserve, Old Turnpike Road (RT-517), Tewksbury NJ 07830**

**From I-80 Exit 27 (Rt-206 South):** Continue southward 7+ mi to the Chester area at the intersection of Rt-513. Turn right (west) and continue 4½ mi to Long Valley. At the light turn left onto Fairmount Rd (Rt-517), name changes to Old Turnpike Rd, and drive 3.8 mi to the Tewksbury Open-Space parking area on left, just after the cemetery. **GPS Meeting Place (40.7323, -74.7755)**

**Sunday April 26, 2020 South Sterling Ridge Trail Maintenance Moderately Strenuous**

Sterling Ridge needs some extra help on its southern section. Sara has obtained parking passes so we will start from the north and work south. We will car shuttle to the Visitor center. The hike is 2 miles to the fire tower and then 5.5 miles of clipping to the cars. Tools will be provided, **however please bring work gloves. Shuttle Required**

**Leader: Sara Van Niekerk** 973-489-6442 SUSARAVN@GMAIL.COM

**Meet: 9:00 AM South end of the Sterling Ridge Trail, 1561 Greenwood Lake Tpk (Rt-511), Hewitt NJ 07421**

**From I-287 Exit 55:** Take Rt-511 (Ringwood Ave.) (becomes Greenwood Lake Tpk.) north about 11 miles to junction of Greenwood Lake Turnpike and East Shore Drive.) Parking is on the left side of the Road. **GPS Meeting Place (41.1400, -74.3280)**

**Saturday May 2, 2020 Rain Date—South Sterling Ridge Trail Maintenance See April 26, 2020****Sunday May 3, 2020 AT #17—Dennytown Rd to RPH Cabin Strenuous**

The first part of this AT hike of 10½ miles takes us thru part of Fahnestock Park with its section of old mine roads and some views from the ridge. Arriving at Canopus Lake we hike up the ridge along the Lake with several excellent views of the lake. Leaving the lake, we have some serious ups and downs. Shenandoah Mt (1,282 ft.) affords more views. and then it's one more up & down until we reach **Ralph's Peak Hikers Cabin**. The Cabin is used by Thru Hikers as a mail/food drop and rest stop (real bunks). Its location has been moved from its original spot and it is now a sturdy masonry structure. Hiking the AT, it is only 1,429 mi from the start at Springer Mt, and 744 mi to Katahdin Mt.

**Rain cancels this hike. Shuttle Required.**

**Leader: Paul Ferlazzo** 973-979-2010 P\_FERLAZZO@YAHOO.COM

**Meet: 9:00 A.M. AT/RPH Parking, 760 Hortontown Rd, Hopewell Junction, NY 12533**

**From Suffern: @ I-287 & I-87N Interchange Exit 15A:** Drive North on I-87N for 29 mi to Exit 17 for I-84 **Eastbound**. After the Tolls continue on I-84 across the Hudson for 15 mi to Exit 52A for Taconic State Pkwy Southbound toward New York City. Drive south 1½ mi to Exit #35 Miller Hill Rd. and exit. At the bottom of exit ramp is Miller Hill Rd. Turn right and drive 0.3 mi to intersection with Hortontown Rd. Turn left and go 0.1 mi to AT Parking on left side at curve in road. (About 50 mi from NJ line. ~1 hr.) **GPS Meeting Place (41.5142, -73.7912)**

**Note! If late or lost see below!**

*We will shuttle cars to AT Parking, Dennytown Rd; Putnam Valley, NY 10579 GPS Shuttle (41.4206, -73.8689)*

**Directions for Shuttle: From Hortontown Rd, AT/RPH Parking.** Go back 0.1 mi on Hortontown Rd to Miller Hill Rd. Turn Right and drive to Junction with of the Taconic State Parkway (Exit #35). Turning right onto the entrance ramp, take the Parkway south for 3¾ mi to Rt-301 at Exit 31B. At the end of the exit ramp at Stop Sign turn Right toward Cold Spring (West) on Rt-301 and drive 3½ mi to Dennytown Rd. on left. (No light) Turn left heading south for 1¼ mi to AT Parking on left. Park on south side of lot.

**Sunday May 10, 2020 Van Slyke Castle and Cannonball Trail Moderately Strenuous**

Hike will be about 8+ miles of hilly terrain. Parts of the trail are rocky with a few short steep climbs. Hike starts at Back Beach Park and will hike along Ramapo Lake (maybe the water lilies will be blooming) to the Van Slyke Castle and then returning via the Wanaque Ridge.

**Rain cancels this hike.**

**Leaders:** Mike Roulier 201-522-0259 MROULIER@PATELLAWOOD.COM  
Jill Wilson SUNSHYN812@GMAIL.COM

**Meet: 9:00 A.M. Back Beach Park, 4th Ave, Haskell NJ 07420**

**From I-287, Exit 55:** Go north on Ringwood Ave (Rt-511) about 0.8 miles to 2nd Ave. (light) on the right. Follow 2nd Ave. eastward 4 blocks to T intersection with Boulevard Ave. Turn left and drive north bearing right, now continuing onto 4th Ave, about ½ mile to Back Beach Park large parking area. **GPS Meeting Place (41.0346, -74.2860)**

**Sunday May 17, 2020 Sourland & Devils Half Acre Moderately Strenuous**

Come enjoy an 8½ mile hike in the Sourland Mountain preserve. Scale the valley of rocks and see the Devils half acre.

Be prepared for a great view of NYC. We will see waterfalls and streams along the way

**Leader:** Udi Cohen 732- 543-4624 UDIC2000@GMAIL.COM

**Meet: 9:00 AM Sourland Mountain Preserve Parking Area, 380 East Mountain Rd, Hillsborough NJ 08844**

**From I-287 Exit onto Rt-206 southbound:** Follow Rt-206 south to Somerville Circle (Junction of Rt-202 & Rt-206). Continue south on Rt-206 5.9 mi, then turn right on Rt-514 (Amwell Rd). Precede West 2.8 mi to East Mountain Rd. Turn left onto East Mountain Rd. Travel for two mi, and you will see the Sourland Mountain Preserve entrance sign on the right.

**From Rt-206 Northbound:** Follow Rt-206 through Princeton and Montgomery. Traveling up a small ramp, make a left onto Rt-601. Follow Rt-601 for a 1.1 mi, and make a right turn onto East Mountain Road by Carrier Foundation. Travel for 1.1 mi, and you will see the Sourland Mountain Preserve entrance sign on the left. **GPS Meeting Place (40.4751, -74.6926)**

**FRIDAY MAY 22, 2020 Canoe—Monksville Reservoir, Hewitt, NJ**

Monksville Reservoir has a surface area of 505 acres and spans about three miles from end to end. Route 511/Greenwood Lake Road crosses the reservoir on a long bridge. South of the bridge is the main part of the reservoir. This large area curves all the way down to the Monksville Dam. North of the bridge, near Beech Road, the remains of submerged trees are in the water. On Beach Rd. there are launches in both directions: the south for cars with boat trailers; the north for kayaks, from a grassy lawn. We will use the Northern most Launch on Beech Road. Actual route of the paddle will depend on the weather and the group. Bring lunch. A portable sanitary facility is available.

**See Canoeing General Instructions. You MUST REGISTER with the leader by 6 PM the day before the event.**

**A PERSONAL FLOTATION DEVICE MUST BE WORN.**

**Leader:** Jean Fletcher 973-285-5263, cell 973-452-1567 JRFLETC@OPTONLINE.NET

**Meet: 10:00 AM North Boat Launch (On Northern Beech Rd.), Monksville Reservoir, 121 Beech Rd., Hewitt, NJ. 07456**

**From I-287, Exit 55:** Take Rt-511 (Ringwood Ave.) north about 10 mi. Pass the Wanaque Reservoir, the Monksville Dam and South Boat Launch at 9 mi. Continue 1 mi and look for a sign on the left “Long Pond Ironworks State Park/ North Boat Launch”. **Turn RIGHT (North)** as we will be using the Kayak Launch on Northern Beech Rd. and follow signs to the boat launch. **GPS Meeting Place (41.1423, -74.2999)**

**Sunday May 24, 2020 Lewis Morris & Jockey Hollow Exploration Moderately Strenuous**

On this 8 mi. loop around and thru the various historic places, we shall revisit in our minds the hardships of the Continental Army during the winter of 1779-80. It was during this “cruellest winter” that twelve men often shared one of over one thousand simple huts built in Jockey Hollow to house the army.

**Leaders:** Guy & Jen Percival 973-590-7437 JENGUY@OPTONLINE.NET

**Meet: 9:30 AM Morristown National Historical Pk. Visitors Ctr. (Jockey Hollow), Morristown NJ 07960**

**From: I-287 Exit 30:** Go north on Rt-202 for 1.8 miles to traffic light at Tempe Wick Rd. Go left (West) 1.4 miles to Park Entrance on right. Proceed ½ mile to parking lot. GPS Park Entrance. (40.7622, -74.5457) **GPS Meeting Place (40.7619, -74.5428)**

**Sunday May 31, 2020 Trail Maintenance—Sterling Ridge North Moderately Strenuous**

Come help the club with Spring Trail maintenance. Tools will be provided, **however please bring work gloves.**

**Leader:** Sara Van Niekerk 973-489-6442 SUSARAVN@GMAIL.COM

**Meet: 9:00 a.m. North End Sterling Ridge Trail Parking, 798 Minturn Bridge Rd (Rt-17A), Monroe NY 10950**

**From Suffern @I-87 & I-287 Interchange Exit 15A:** Take Rt-17 about 8½ miles north to Rt-17A at light. Turn left (west) on Rt-17A and continue for about 5½ mi. (look for hikers crossing sign). The access road to the Parking Area is on the left side of Rt-17A. Turn in and drive 300 ft to parking.

**From Greenwood Lake, NY:** Travel 3½ mi east on Rt-17A to the parking area access road on the right. Turn in and drive 300 ft to parking. Enter slowly and carefully. There are large potholes in the access road. **GPS Rt-17A turnoff (41.2306, -74.2608) Lot (41.2297, -74.2606)**

**Saturday June 6, 2020 Rain Date—North Sterling Ridge Trail Maintenance See May 31, 2020**

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