

Interstate Hiking Club

Organized 1931

Affiliate of the NY-NJ Trail Conference



Schedule of Hikes

June 2019 through November 2019

IHC Web Page: WWW.INTERSTATEHIKINGCLUB.ORG

IHC e-mail: INFO@INTERSTATEHIKINGCLUB.ORG

INTERSTATE HIKING CLUB OFFICERS FOR JUNE 2018 THROUGH May 2019

President:	Guy Percival	73 Birchwood Road	Bedminster NJ 07921	973-590-7437	JENGUY@OPTONLINE.NET
Secretary:	Marguerite La Corte	PO Box 52	Mt. Tabor NJ 07878	973-625-4379	REDTABORLADY@VERIZON.NET
Treasurer:	Charles Kientzler	711 Terhune Dr.	Wayne NJ 07470	973-835-1060	CKIENTZLER@AOL.COM
Trails Chair:	Sara Van Niekerk	102 Weinmanns Blvd	Wayne NJ 07470	973-489-6442	SUSARAVN@GMAIL.COM
Entertainment:	Paul Ferlazzo	102 Iroquois Avenue	Lk. Hiawatha NJ 07034	973-979-2010	P_FERLAZZO@YAHOO.COM
Web Master:	James Canfield	107 Rolling Ridge Rd.	W. Milford NJ 07480	973-728-9774	CMJWCANFIELD@GMAIL.COM

Opps! We forgot the following Canoe Trip in the previous Winter 2018 Schedule

Friday May 10, 2019 Canoe—Split Rock Reservoir Paddle



The launch area can be challenging, but this reservoir is worth the effort. Kayak wheels will be available; we can help each other get the boats down and back up. Split Rock is a 625-acre body of water located on wooded property on the borders of Rockaway Township and Kinnelon. Anticipate possible wind. Bring lunch. We will find a place to eat while paddling. **A PERSONAL FLOTATION DEVICE MUST BE WORN. Joint with TSR**

See Canoeing General Instructions. Must call and register with the Leader by 6 PM the day before.

Leader: Jean Fletcher 973-285-5263 JRFLETC@OPTONLINE.NET Cell 973-452-1567, **Friday only**

Meet: 10:00 AM Split Rock Reservoir Car Top Boat Launch, 345 Split Rock Road, Boonton Twp, NJ 07005.

From I-80 Exit 37: Go north on Green Pond Rd for about 6.5 miles. Opposite the Marcella Community Center (at a Firehouse sign) turn right onto Upper Hibernia Rd. Go 1 mile to a fork/intersection and turn LEFT onto Split Rock Rd (do not follow the NO OUTLET sign). The road turns to dirt. Follow the road over the dam and look on the left for the parking lot. GPS (40.9625, -74.4575)

GENERAL INFORMATION ABOUT THE INTERSTATE HIKING CLUB

Who we are!

The Interstate Hiking Club (IHC) is a medium-sized hiking club, organized in 1931. IHC has been affiliated with the NY/NJ Trail Conference, as a trail maintaining club, since 1931.

Guests are welcome! An adult must accompany anyone under 18. **No Pets allowed on IHC hikes.**

Where do we go?

Most of our activities are centered in the NY/NJ area; some hikes, bicycle rides and canoe trips are farther away. The club occasionally sponsors trips in the Catskills and Pennsylvania. Our hikes are not usually accessible by public transportation.

What do we do?

Hikes, bicycle rides and canoe trips generally are scheduled for every Sunday, and some Fridays and Saturdays, as day-long outings.

They are graded by difficulty of terrain, distance and pace. **The Hiking grades are:**

Easy: These hikes are 3 to 5 miles in length and should have no significant hills.

Moderate: These hikes are 5 to 8 miles and may take up to 5 hours, including time for trail lunch. They should not generally have multiple long steep hills, and should be at a moderate pace.

Moderately Strenuous: These hikes are 5 to 8 miles with multiple steep hills or 8 miles or more which are mostly flat walking. They can last up to 6 hours including trail lunch. Pace to be moderate.

Strenuous: Not for novices. Hikes are 8 miles or more and last 6 hours or more, including time for trail lunch. These may have many long steep hills and may be at a brisk pace.

The club also maintains trails in association with the NY/NJ Trail Conference. Two Sundays a year are devoted to this service work. In addition, in the past we have participated in the following: orienteering, snow-shoeing, cross-country skiing, swimming, mountain biking, backpacking, and camp-outs in the Adirondacks, Southern Appalachians and Maine.

What to bring:

Footwear is very important. **Hiking boots with non-slip soles are essential for all hikes.** New footwear should be broken-in before being used on a hike!

Bring plenty of water to drink (In the summer; a minimum of 2 quarts recommended), a trail lunch, but please no food that requires cooking. Bring a pack to carry your gear in, including rain gear, sweater, etc., leaving your hands free for climbing.

Things to be aware of:

All outdoor activities involve inherent risks. Your participation in these activities is at your own personal discretion and you are solely responsible for your safety!

The stated meeting time for a hike "is" the departure time.

The leader **is in charge** of the event. Allow the leader to set the pace. **Do not rush ahead or fall behind the group.**

The leader has the right to refuse any person he/she deems not prepared for the hike/event.

How to join:

Application for membership may be given to any club officer or mailed to the treasurer **upon the completion of one activity.** **Guests, who have attended three activities, shall be expected to apply for membership** before attending any more activities.

Rain, inclement weather, will cancel the activities below. Contact the leader if in doubt.

Membership Application

Note! Current Members! Annual Dues are \$20.00: A Second Member at same address \$10.00. Due on June 1!

Having **completed at least one club activity,** I wish to apply for membership in the Interstate Hiking Club.

If joining between May 1 to Dec. 1, dues are \$21.00 per person. [\$20.00 per year plus \$1.00 initiation fee]

If joining between Dec. 1 to May 1, dues are \$11.00 per person. [\$10.00 (1/2 year) plus \$1.00 initiation fee]

Junior (under 18) dues are \$1.00 a year.

The Club fiscal year is June 1st to May 31st.

Name: _____ (Please PRINT Clearly)

Street: _____

City, State, Zip: _____

Phone: (____) _____ -- E-mail: (All Caps) _____

Date of your IHC hike: ____/____/____ Application Date: ____/____/____

Amount: _____ \$21.00 (App. Date: 5/1 to 12/1) _____ \$11.00 (App. Date: 12/1 to 5/1) _____ \$1.00 (Junior)

Enclosed are dues and initiation fee. Payable to INTERSTATE HIKING CLUB

Mail to the Treasurer: Charles Kientzler, 711 Terhune Drive, Wayne, NJ 07470

INTERSTATE HIKING CLUB Summer 2019 SCHEDULE

NOTE! The following events require advance registration or attention

Friday	June 14 to 17, 2019	Catskills Extended Weekend Hiking
Sunday	July 28 to Aug 3, 2019	Backpack Great Smoky Mountains
Saturday	Sept 7 to 14, 2019	Bike the Erie Canal
Saturday	Sept 28 to Oct 5, 2019	Hike/Bike Acadia Maine <i>Wait List</i>

Canoeing General Instructions

Bring a partner, canoe, or kayak, life jackets, lunch and dry clothes in a waterproof bag. Rain may cancel the trip. Call the leader before 8:00 AM to check. Rentals are not usually available at launch sites, however check with leader.

Sunday June 2, 2019 IHC Annual Meeting and Hike Moderate or Moderately Strenuous

IHC Members only Please. Come out for the annual meeting with an optional longer and shorter hike afterwards. Let us know what you liked, and possibly what needs improvement? Make your voices and ideas known.

Leaders: The Old Officers Guy Percival 973-590-7437 Marguerite La Corte 973-625-4379

Paul Ferlazzo 973-979-2010 Charlie Kientzler 973-835-1060 Sara Van Niekerk 973-489-6442

Meet: 9:00 AM Tuxedo metered commuter lot, 1 East Village Rd, Tuxedo, NY 10987

From Suffern @ I-87 & I-287 Interchange Exit 15A: Take R-17 about 6.5 miles north to Tuxedo. Just past the Tuxedo train station, turn right on E Village Rd, cross the tracks and turn left into the large parking lot which is free on weekends. GPS (41.1956, -74.1841)

Sunday June 9, 2019 Sourland in Summer Moderately Strenuous

Come enjoy an 8½ mile hike in the Sourland Mountain preserve. Scale the valley of rocks and see the Devils half acre. Be prepared for a great view of NYC. We will see waterfalls and streams along the way

Leader: Udi Cohen 732- 543-4624 UDIC2000@GMAIL.COM

Meet: 9:00 AM Sourland Mountain Preserve Parking Area, 380 East Mountain Rd, Hillsborough, NJ 08844

From Rt-287 Exit onto Rt-206 southbound: Follow Rt-206 south to Somerville Circle (Junction of Rt-202 & Rt-206). Continue south on Rt-206 5.9 mi, then turn right on Rt-514 (Amwell Rd). Precede West 2.8 mi to East Mountain Rd. Turn left onto East Mountain Rd. Travel for two mi, and you will see the Sourland Mountain Preserve entrance sign on the right.

From Rt-206 Northbound: Follow Rt-206 through Princeton and Montgomery. Traveling up a small ramp, make a left onto Rt-601. Follow Rt-601 for a 1.1 mi, and make a right turn onto East Mountain Road by Carrier Foundation. Travel for 1.1 mi, and you will see the Sourland Mountain Preserve entrance sign on the left. GPS (40.4751, -74.6926)

Friday June 14 –17, 2019 Catskills – Long Path Extended Weekend Strenuous



Four days in the Catskills hiking the Long Path while enjoying the comforts (especially of the floor) of a member's country home. There are two "big" days, Saturday a 14-mile hike including Plateau Mountain and Sunday a 15-mile hike skirting Kaaterskill High Peak. Friday we will do a 7-mile loop including Sugarloaf Mountain and Monday we will do an 8-mile hike including Indian Head Mountain. **SHUTTLES REQUIRED Joint with NYC Ramblers**

Members of either Club & Friends only please

Leader: Ian Hochstead IANHOCH@HOTMAIL.COM

Meet: Pre-Registration required with Ian for this event and to receive meeting time/place/carpool instructions.

Sunday June 23, 2019 Bearfort Mountain Moderately Strenuous

The hike follows the Quail Trail up to Surprise Lake and then onto the ridge overlooking Greenwood Lake. We then go back around the lake via the State Line Trail & the AT. Return down to the lot via the Bearfort Ridge Trail for a total of about 9 mi in length. **Carpool to Trail Head Required**

Leader: Mike Roulier 201-522-0259 MROULIER@PATELLAWOOD.COM

Meet: 9:00 AM Shopping Center/Hewitt Post Office; 1938 Union Valley Rd (Greenwood Lk. Tpk), Hewitt, NJ 07421

From Rt-23 north: Right exit onto Union Valley Rd. (Rt-513). Then go northeast 7 miles to the traffic light in the center of West Milford by Shoprite. Turn left following Union Valley Rd (Rt-513) at 1.4 mi. bear right (Do not go up White Rd.). Continue straight on Union Valley Rd (Rt-513) ½ mi. to intersection of Rt-511 (Greenwood Lake Tpk.). The shopping center is ½ block on right.

From I-287 Exit 55 (Rt-511): Go north on Ringwood Ave. (name changes to Greenwood Lake Tpk.) about 14 miles to Lakeside Rd. at south end of Greenwood Lake. Continue straight-ahead ½ block to shopping center on left. (GPS 41.1542, -74.3538)

Saturday June 29, 2019 New Parks along the East River Moderately Strenuous

After crossing the Williamsburg Bridge, we will explore several new parks along the East River ending in Long Island City.

Leaders: Jim Schlenker Cell# 908-295-8178 JIMS0331@GMAIL.COM

Craig Nunn Cell# 551-206-6823 DYSTOPICNJ@GMAIL.COM

Meet 9:45 Penn Station NY—NJ Transit Waiting area

Meet near the NJ Transit waiting area in Penn Station NY on the Men's Restroom side. [Women's Restroom is nearby.]

Sunday July 7, 2019 Schunemunk Observation Moderately Strenuous

See the glories of nature on this mountain in the early Spring. This will be a circular hike that includes The Jessup Trail, Western Ridge, & a Visit to Megaliths. Views abound at every turn of the trail. **Rain cancels this hike.**

Leader: Guy & Jen Percival 973-590-7437 JENGUY@OPTONLINE.NET

Meet: 9:00 AM Schunemunk, Taylor Road Parking area, Mountainville, NY 10953

From I-87 Exit 16 Harriman/Woodbury Commons: After tollbooths stay to right for first exit, Woodbury & Rt-32. Take Rt-32 north about 7½ miles to Pleasant Hill Road, (Black Rock Hunting Club sign on left), Mountainville, NY. Turn left, go to first road (Taylor Road) turn left again, and proceed to parking lot on right side of road after crossing over thruway.

From Rt-17: Travel north on Rt-17 to Rt-32 in Harriman, NY. Take Rt-32 north 8½ miles to Pleasant Hill Road. See above. GPS (41.4076, -74.0818)

Friday July 12, 2019 Canoe the Delaware River - Poxono to the Gap at Columbia

We will paddle 6 to 8 miles, down the Delaware, which at this time of year the water should be low and slow and the bottom will be visible in many places. In several places there will be pebble bars to avoid as well as an occasional rock. This is an easy paddle; however, you should be able to guide your kayak around obstacles at slow speed. Bring lunch. We will stop along the river. The paddle will end at the Gap. **See Canoeing General Instructions. You must call and register with the leader by 6:00 PM the previous day. Cancellation will be at 8:00 PM the previous day. A PERSONAL FLOTATION DEVICE MUST BE WORN. Joint with TSR**

Leader: Jean Fletcher 973-285-5263 JRFLETC@OPTONLINE.NET Cell Friday only 973-452-1567

Meet: 10:00 AM at Delaware Water Gap, Kittatinny Visitor Center, I-80E, Columbia, NJ 07832

From I-80 west to Delaware Water Gap area: Exit for Visitor Center. THIS IS THE LAST EXIT BEFORE BRIDGE TO PA. Follow signs to Visitor Center making a Left at stop sign at end of exit ramp and proceeding under I-80. Meet near the Rest Rooms. GPS (40.9703, -75.1286)

Do not unload your boat. We will take the boats to Poxono, on Old Mine Road, 6 mi north of the intersection with I-80 and shuttle the cars back to the Visitor Center at the Gap. Then all the paddlers will go in as few cars as possible to Poxono Launch to start the Paddle. GPS Poxono (41.0399, -75.0224)

Sunday July 14, 2019 Apshawa Preserve Moderately Strenuous

Apshawa is a 576 acre preserve with the 40-acre Butler Reservoir in the middle of it. Are the old tanks still there? Come join us for a 6-mile hike in Northern New Jersey. Rain cancels this hike.

Leader: Paul Ferlazzo 973-979-2010 P_FERLAZZO@YAHOO.COM

Meet: 9:00 A.M. Apshawa Preserve, 26 Northwood Drive, West Milford, NJ 07480

From I-287 Exit 52: Take Rt-23 North for 5.3 miles to Germantown Road Right turn onto Germantown Road and travel east for 2.5 miles. Right turn onto Macopin Road and travel for 1.6 miles. Right turn onto Northwood Road and immediately look to the right for "Apshawa Preserve, New Jersey Conservation Foundation" sign. (GPS 41.0250, -74.3730)

Saturday July 20, 2019 Highland Hike & Swim at Macs Place Moderately Strenuous

We will hike on a section of the Highlands Trail followed by a swim and picnic at the end of the hike. Bring bathing suits and a dish to share.

Heavy Rain cancels this hike. IHC Members and Friends only Please.

Leader: Mac McCaulley 973-398-3002 MACMCCAULLEY@AOL.COM Cell 908-416-4460

Meet: 9:00 AM Roland May Eves Mt. Inlet Sanctuary, 445 Lakeside Ave/Northwood Rd (Rt-609), Hopatcong NJ 07821

From I-80 Exit 34B (Rt-15 North): Go north on Rt-15 about 4.6 mi.; and exit onto Rt-181N toward Lake Forest / Woodport. Proceed 1.8 mi. on Rt-181N to Prospect Point Rd on left. Turn on Prospect Point Rd and go 1.2 mi to Northwood Rd (Rt-609) on right. Turn and precede 1.0 mi. turning into parking area on left. Note! Northwood Rd. becomes Lakeside Ave in Hopatcong. GPS (40.9710, -74.6404)

→**July 27, 2019 Deadline to submit new hike ideas for Winter Schedule. December 2019 thru May 2020**←

Sunday July 28—Aug 3, 2019 Backpack Great Smoky Mountains Strenuous

Contact leader for more information, mileages and the date of the hike.

Leader: Guy & Jen Percival 973-590-7437 JENGUY@OPTONLINE.NET


Saturday August 10, 2019 Oldwick Bike Ride Moderately Strenuous

A 30 Mile bike ride on 50% dirt road to Oldwick and around Pottersville. Plenty of lovely streams and quiet roads. You want at least a 28mm tire for the dirt roads. But a road bike will be fine.

Leader: Guy & Jen Percival 973-590-7437 JENGUY@OPTONLINE

Meet 9:00 AM River Road Park, 3055 River Road, Bedminster Township, 07921

From Rt-287 Southbound Exit 22: or From Rt-287 Northbound Exit 22B: Exit onto Rt-202/206 Northbound. Heading North only 0.1 mi on Rt-202/206, look for signs for All Turns, River Rd or Rt-78/287. Make a right into a jug handle and stay far right. Go straight across Rt-202/206 onto River Rd. Make immediate right into gravel parking lot. GPS (40.6623, -74.6465)

Sunday August 11, 2019 Annual Hike/Picnic on Pompton Lake **Easy**
IHC Members and Families only Please. First, we will hike around **Laurel Wood Arboretum** to observe and identify trees and blooming shrubs. Afterwards we drive back to Kientzler's house for a swim in the river, *no pool anymore*, (don't forget the bathing suit & swim fins) and a picnic. Bring a dish to and something to cook. Charlie will have the grill going. If you wish, bring a door prize contribution. **Rain does not cancel the Picnic!**  share

Leader: Charlie Kientzler 973-835-1060 Cell 973-906-9325 CKIENTZLER@AOL.COM

Meet: 9:30 am CVS Pharmacy Parking, 2440 Hamburg Tpk, Wayne NJ 07470

From I-287 Exit 53: Take Pompton-Hamburg Tpk eastward 0.9 mi toward Pompton Lakes. The road bears right; continue 0.8 mi to light by the falls at junction of Terhune Dr (Rt-202). Turn left and proceed 400 ft then turn right into CVS Parking. (GPS 40.9913, -74.2797)

Friday August 16, 2019 Canoe—Paulinskill Lake Paddle



A pleasant paddle for a hot day, Stillwater Twp, Sussex County We will paddle in the waters upstream of the Paulinskill Lake cottage community, either going upstream, until it becomes too shallow, enjoying the wildlife and historic artifacts or, downstream, in the lake above the cottage colony. Wear good water/walking shoes and bring a short rope – we might want to pull the boats over the pebble bars in the river. Bring lunch; we will find a place to eat during the paddle. See the book, Quiet Waters of New Jersey, a canoe and kayak guide by Kathy Kenley, published by the Appalachian Mountain Club for more information and a map. Also, about the area; https://en.wikipedia.org/wiki/Paulins_Kill.

A PERSONAL FLOTATION DEVICE MUST BE WORN. Joint with TSR

See Canoeing General Instructions. Must call and register with the Leader by 6 PM the day before.

Leader: Jean Fletcher 973-285-5263 JRFLC@OPTONLINE.NET Cell 973-452-1567, **Friday only**

Meet: 10:00 AM Paulinskill Fishing Parking Area, Plotts Rd, Newton, NJ 07860

From I-80 Exit 25: Take Rt-206 north through the town of Andover. Approximately 4 mi. north of Andover pass through the Greendale light and make the immediate left onto Fredon-Springdale Rd. Follow this road, which becomes Willows Rd until it ends at Rt-94. Turn right on Rt-94 and proceed ~1 mi. watching on the left for Anderson Hill Rd, just at the crest of the hill. Turn left and go on Anderson Hill Rd being careful to bear hard right at a Y intersection; follow Anderson Hill Rd to Rt-622 (Newton Swartswood Rd). Turning left on Rt-622 continue ~1 mi and turn right onto Junction Rd. Proceed on the road along a railroad track until a stone RR trestle is visible on the left. Turn left and go under the trestle (Plotts or Parsons Road). Follow the road on the causeway along Paulinskill Lake to the far side. Turn left into the parking area, make a U turn and drive back onto the causeway and park along the side of the road at the launch area. GPS (41.0834, -74.7826)

Sunday August 18, 2019 AT #10—Mt Peter to West Mombasha Rd. Moderately Strenuous

This 7-mile section continues on the Bellvale ridge crossing the Cat Rocks, a conglomerate outcropping. After descending to the Monroe Rd, we climb to the base of the 25 ft high Fitzgerald Falls and then continue upward to Mombasha High Point (1,280 ft) Excellent views may be had from here. Then its down to West Mombasha Rd. and the cars.

Leader: Paul Ferlazzo 973-979-2010 P_FERLAZZO@YAHOO.COM

Meet: 9:00 AM US Post Office, 1000 NY-17, Southfields, NY 10975

From I-87N & I-287 Exit 15A: Take Rt-17 North 8 mi. The PO is on the right side just before the Orange Turnpike intersection on the left. GPS (41.2424, -74.1764)

Note! If late or lost see below!

We will be parking some cars at the AT Parking, 13 CR-91, West Mombasha Rd, Monroe, NY 10950 GPS (41.2700, -74.2148)
 From Southfields P.O.; Go 0.1 mi on Rt-17 N to Orange Turnpike CR-19 on left. On Orange Tpk. drive 0.8 mi to Bramertown Rd on left. Take Bramertown Rd 1.7 mi to Jct with Benjamin Meadow Rd on left. Turning right and continue on Bramertown for ¾ mile to small AT Parking on the left. (Name changes to West Mombasha Rd at town line and parking is 0.1 mi after town line.)

After the shuttle we will start at the AT Parking, 95 Continental Road (Rt-17A), Warwick, NY 10990 GPS (41.2442, -74.2873)

From AT parking: Go south on Bramertown Rd. for ¾ mi to Benjamin Meadow Rd on right. Take Benjamin Meadow Rd 1.4 mi to the Jct with Rt-17A. Turn right (West) and drive 6 mi up & down thru Greenwood Lake Village and up Mt Peter to the Rt-17A parking.

Sunday August 25, 2019 Minnewaska—Gertrude's Nose and Return Strenuous

This hike of about 9 miles will start from Lake Minnewaska parking lot using the Millbrook Mountain Trail for the view from the almost vertical cliffs. Then enjoy lunch at Gertrude's Nose along with fabulous views and large cliffs. We return via Peterson's Pellet to the Minnewaska Lake & cars. Swim is possible **Bring lots of water. Parking fee!**

Leader: Mike Roulier 201-522-0259 MROULIER@PATELLAWOOD.COM

Meet: 8:00 am Harriman RR Station, Route 17, Arden, NY 10910 GPS (41.2931, -74.1425)

From the South, @I-87N & I-287 Exit 15A: Take Rt-17 North 15 mi. The Commuter Lot is on the northbound side (right) of Rt-17.

From the North, NYS Thruway Exit 16: Proceed south on Rt-17 about 2 miles to Commuter Lot on the left side. **Car pooling**
Alternate Meeting Point: 9:30 AM Minnewaska SP (upper parking lot) 5281 Route 44/55, Kerhonkson, NY 12446

From I-87 North (New York State Thruway) Exit 18: Turn left onto NY-299 (Main St) and follow through New Paltz about 7.5 miles to right turn onto US-44/55. Proceed 4.4 miles to Park entrance on left. Proceed straight ahead from the toll booth up the hill for about 0.7 miles to Lake parking area (upper parking lot). GPS Park Entrance (41.7352, -74.2390) GPS Parking (41.7295, -74.2368)

Sunday September 1, 2019 Lewis Morris & Jockey Hollow Exploration Moderately Strenuous

On this 8 mi. loop around and thru the various historic places, we shall revisit in our minds the hardships of the Continental Army during the winter of 1779-80. It was during this "cruellest winter" that twelve men often shared one of over one thousand simple huts built in Jockey Hollow to house the army.

Leaders: Guy & Jen Percival 973-590-7437 JENGUY@OPTONLINE.NET

Meet: 9:30 AM Morristown National Historical Pk. Visitors Ctr. (Jockey Hollow), Morristown, NJ 07960

From: I-287 Exit 30: Go north on Rt-202 for 1.8 miles to traffic light at Tempe Wick Rd. Go left (West) 1.4 miles to Park Entrance on right. Proceed ½ mile to parking lot. GPS Park Entrance (40.7622, -74.5457)

Saturday September 7 to 14, 2019 Bike the Erie Canal**Moderately Strenuous**

We are going to bike the eastern end of the Erie Canal staying in Air B&B or Hotel where needed to make car shuttle manageable. Mileages are 23 -33 miles a day on all flat either light gravel or paved tow path.

Contact leaders for availability of openings.

Leaders: **Guy Percival** 973-590-7437 JENGUY@OPTONLINE.NET
Craig Nunn 551-206-6823 DYSTOPICNJ@GMAIL.COM

Sunday September 15, 2019 Stonetown Circular**Strenuous**

This 10½ -mile hike on the edge of Norvin Green Park is famous both for views from all the peaks, and the serious ups and downs. Starting with Windbeam Mt, then Bear and Board we cross Stonetown Rd to ascend Harrison Mtn. too. Then Tory Rocks, reported to have been hideouts for Tory solders during the American Revolution are passed just before we exit by the firehouse.

Leader: Mike Roulier 201-522-0259 MROULIER@PATELLAWOOD.COM

Meet: 9:00 AM Stonetown Recreation Parking Lot, Mary Roth Dr (Off Stonetown Rd), Ringwood, NJ. 07456

From I-287 Exit 55: Take Ringwood Ave. (Rt-511) (name changes to Greenwood Lake Tpk.) north 4 mi and turn left onto Westbrook Rd. Go westward 1½ mi on Westbrook Rd. to a "Y" intersection, turn right onto Stonetown Rd. Proceed ½ mi to Mary Roth Dr. on the left. Proceed in on Mary Roth to the Recreation Parking Lot. (GPS 41.0802, -74.3076)

Sunday September 22, 2019 AT #11— West Mombasha Rd. to Elk Pen**Moderately Strenuous**

This short 5.2-mile section of the AT has its ups & downs. First, it's up and over Buchanan Mtn, then we skirt Little Dam Lake. After another road crossing the trail ascends Arden Mtn. at 1,180 ft. with limited views of where we started. Then as we start our descent, we see very famous steep Agony Grind below us. Crossing Rt-17, it is just a short walk along Arden Valley Rd. to the cars.

Leader: Paul Ferlazzo 973-979-2010 P_FERLAZZO@YAHOO.COM

Meet: 9:00 AM Elk Pen Parking, Arden Valley Road, Southfields, NY 10975

From I-87 & I-287 Interchange Exit 15A: Take Rt-17 north about 13 miles to the Arden Valley Road entrance to Harriman State Park, on the right. Turn right and proceed ½ mile to the road on the right that leads into the parking area. GPS (41.2654, -74.1535)

Note! If late or lost see below!

We will shuttle to the start at AT Parking on W. Mombasha Rd, 13 County Rd-91, Monroe, NY 10950 GPS (41.2700, -74.2148)

From Elk Pen: Go 1.8 mi on Rt-17 South to Orange Turnpike CR-19 on right. On Orange Tpk. drive 0.8 mi to Bramertown Rd on left. Take Bramertown Rd 1.7 mi to Jct with Benjamin Meadow Rd on left. Turning right and continue on Bramertown for ¾ mile to small AT Parking on left. (Name changes to West Mombasha Rd at town line (good road) and parking is 0.1 mi after town line.)

Saturday Sept 28 to October 5, 2019 Hike/Bike Acadia Maine**Moderate/Moderately Strenuous**

We are staying in Bar Harbor for the week taking the shuttle to Acadia National park. One day will be an optional kayak trip into the harbor combined with a walk across the bar at low tide. Bring your bike too!



There are a lot of great carriage roads to travel. Need to contact leaders to go. **Waitlisted at time of publication.**

Leader Guy & Jen Percival 973-590-7437 JENGUY@OPTONLINE.NET

Sunday October 6, 2019 High Point Circular**Moderately Strenuous**

A nice hike on the AT, Monument, and Cedar Swamp trails. Returning on some old paths. Great views at the monument. The Monument might be open for anyone that would like to climb to the top (\$1.00 fee). Lunch at the monument or along the trail. The Cedar Swamp is a unique, rare and disappearing natural environment. One short steep incline to Monument (the highest point in NJ, 1803 feet above sea level).

Rain or foul weather cancels this hike.

Leader: Roy Williams ROYHIKER1@AOL.COM

Meet: 9:00 a.m. High Point State Park AT Parking Lot, Rt-23, Wantage, NJ 07461

From I-287 Exit 52: Take Rt-23 North 34 mi to High Point State Park. Almost to the Top of Rt-23 hill, on the left is the AT Parking Lot (just past mile marker 48), immediately after large stone piers on both sides of Rt-23. (GPS 41.3035, -74.6667)

Sunday October 13, 2019 AT #12—Elk Pen to Lake Tiorati**Moderately Strenuous**

Our series of AT hikes continues with this 7.3 mi. section. Starting at the Elk Pen (So named after the unsuccessful attempt by the Harriman family to raise Western Elk.), we will pass Island Pond, then are unhindered by the Lemon Squeezer. It's Surebridge Mtn. next and passing Greenwood Mine, we begin our ascent of Fingerboard Mtn. (1,328 ft.) with excellent views. Then it's back down to Arden Rd. and just a short downhill walk to the Parking Area and our cars.

Leader: Paul Ferlazzo 973-979-2010 P_FERLAZZO@YAHOO.COM

Meet: 9:00 AM Lake Tiorati Circle Parking Area, Harriman State Park, NY 10911

From Suffern @ I-287 & I-87N Interchange Exit 15A: Take Rt-17 north 4½ mi. to Seven Lakes Drive, just north of Sloatsburg, NY. Turn right and proceed east on Seven Lakes Dr. 10½ mi to Tiorati traffic circle. Go ¾ around circle to small Arden Valley Rd. (Just beyond the comfort station.) Turn in and Recreation/Parking Area is just beyond the circle.

From the Palisades Interstate Parkway Exit 18 @ intersection of PIP & Rt-6: Go north to Long Mountain Circle and then take Seven Lakes Drive southwest approx. 3.5 mi to Lake Tiorati Circle & Recreation Parking Area on right. GPS (41.2755, -74.0887)

Note! If late or lost see below!

We will shuttle to the start at the AT Parking, Elk Pen, Intersection of Rt-17 and Arden Valley Road, Southfields, NY 10975

Turning left out of the lot drive along Arden Valley Rd for about 4¾ miles to Elk Pen Parking Lot on the left. GPS (41.2654, -74.1535)

Sunday October 20, 2019 **Farny Highland—4 Birds to Hibernia Brook** **Moderately Strenuous**
 Starting at old foundations from the old mining operations we look into the Bat Caves which is the Adit to the old Iron mines. Next Hawk Watch Mtn. for the view, and then on to Splitrock Reservoir. (Perhaps Lunch Spot and look at Old Iron Furnace.) We will pass an active Beaver Pond and Old Hibernia mining town on the route back.
Leader: Mike Roulier 201-522-0259 MROULIER@PATELLAWOOD.COM
Meet: 9:00 AM **Wildcat Ridge (Four Birds South) Parking, 401 Green Pond Rd, (Rt-513) Rockaway, NJ 07866**
From I-80 West, Exit 37: Turn left at bottom of ramp onto Rt-513 North (Green Pond Rd.). Go about 2.75 miles to Lower Hibernia Rd on right. Turn in and parking is 100 ft on left. GPS (40.9444, -74.4930)

Sunday October 27, 2019 **Trail Maintenance Schunemunk** **Moderately Strenuous**
 The club maintains this section of the Western Ridge trail (the previous Long Path), as well as the Lower Jessup Trail. Please come and help us maintain these trails! Bring your lunch, water, clippers and good working gloves. If you do not have clippers you can use the tools provided by the club. **Rain Date Sunday, November 3, 2019**
Leader: Trails Chair — Sara Van Niekerk 973-489-6442 SUSARAVN@GMAIL.COM
Meet: 9:00 AM **Schunemunk, 10 Taylor Road, Parking area, Mountainville, NY 10953**
From I-87 Exit 16 Harriman/Woodbury Commons: After tollbooths stay to right for first exit, Woodbury & Rt-32. Take Rt-32 north about 7½ miles to Pleasant Hill Road, (Black Rock Hunting Club sign on left), Mountainville, NY. Turn left, go to first road (Taylor Road) turn left again, and proceed to parking lot on right side of road after crossing over thruway. GPS (41.4076, -74.0818)
From Rt-17: Travel north on Rt-17 to Rt-32 in Harriman, NY. Take Rt-32 north 7½ miles to Pleasant Hill Road. See above.

Saturday November 2, 2019 **Brooklyn Hike** **Moderately Strenuous**
 This city walk thru Brooklyn will start at Greenwood Cemetery & end in Prospect Park. Points of interest will include Overlook Hill & maybe the Botanical Garden (entrance fee). *If the day is clear Miss Liberty & NY harbor are visible from the high point in Greenwood Cemetery.*
Leaders: Chris Davis 718-633-0928 CHRISDAVIS08558@YAHOO.COM
Guy Percival Cell # 973-590-7437 JENGUY@OPTONLINE.NET
Jim Schenker Cell # 908-295-8178 JIMS0331@GMAIL.COM
Meet: 9:45 New York Penn Station—NJ Transit Waiting area
 Meet near the NJ Transit waiting area in Penn Station on the Men's Restroom side. [Women's Restroom is nearby.]
 The co-leaders, Guy Percival & Jim Schenker will guide us, using the NYC Subway, to Brooklyn where we meet the leader (Chris) at the 25th Street & 4th Ave., Brooklyn subway station entrance to the D, N, R & W lines.

Daylight Savings Ends Saturday Night/Sunday Morning—November 3, 2019.

Sunday November 3, 2019 **Rain Date— Trail Maintenance Sterling Ridge** **See October 27, 2019**

Sunday November 10, 2019 **AT # 13—Lake Tiorati to Anthony Wayne** **Moderately Strenuous**
 This section of the AT series is about 8 miles long, continuing north over Fingerboard Mtn. then back down and crossing Seven Lakes Dr. Then its upward to Letterrock Mtn. and a short diversion to Letterrock Shelter. [Bill Miles, in his book, states the name has nothing to do with the exchange of mail.] We will have lunch at the shelter, and then enjoy views from Black Mtn. before descending down to Beachy Bottom at Anthony Wayne.
Leader: Paul Ferlazzo 973-979-2010 P_FERLAZZO@YAHOO.COM
Meet: 9:00 **Anthony Wayne Rec. Area, Parking Lot #2, (South Parking Lot), Harriman St. Pk, Tomkins Cove, NY 10986**
From the South: @ Exit 17 on the Palisades Interstate Parkway, about 15 mi north of the NYS Thruway. After entering drive ¾ around loop and take Anthony Wayne Dr. to the junction of the small road leading to the South Parking Lot.
Anthony Wayne Rec. Area Entrance GPS (41.2972, -74.0298) **Anthony Wayne South Parking Lot GPS (41.2915, -74.0249)**
From the North: @ Exit 17 on the Palisades Interstate Parkway. (Exit is ½ mi. south of the Rt-6 and Seven Lakes Dr. Intersection.)
Note! If late or lost see below!
We will shuttle to the start at Lake Tiorati Circle Parking Area, Harriman State Park, NY 10911 GPS (41.2755, -74.0887)
 From the Palisades Interstate Parkway Exit 18 @ Intersection of PIP & Rt-6: Go north to Long Mountain Circle and then take Seven Lakes Drive southwest approx. 3.5 mi to Lake Tiorati Circle & Recreation Parking Area on right.

Sunday November 17, 2019 **Great Swamp** **Moderately Strenuous**
 The Great Swamp National Wildlife Refuge is located in Morris County, New Jersey. Established in 1960, it is one of more than 550 refuges in the National Wildlife Refuge System. We will be hiking for about 7 miles. We'll enjoy its rich wildlife and if we're lucky, we'll see some eagles or hawks. **Shuttle is required.**
Leaders: Udi & Neli Cohen 732-543-4624 UDIC2000@GMAIL.COM
Meet: 9:00 AM **East/ South Parking Lot, Orange Trail, 646 Whitebridge Road, Gillette NJ, 07933**
From I-287 Exit 30: Take North Maple Ave. Southbound 2.7 mi to Lord Sterling Rd on left. Drive East 3.4 mi on Lord Sterling Rd. to intersection with New Vernon Rd. (Rt-604) Note! [The road just past Somerset Co. Environmental Center is unpaved for a short distance and name changes to Whitebridge Rd.] At the intersection with Rt-604 / New Vernon Rd., continue straight 0.5 mi to South Orange Trail Parking Lot at the end of road. GPS (40.7062, -74.4681)

Sunday November 24, 2019 **Hike the Highlands Trail — Voorhees Park to Califon** **Moderately Strenuous**
 Start the hike at Voorhees park (after a shuttle from Califon) and explore some of its trails, then hike on the Highlands trail to Califon through pretty Ken Lockwood Gorge. About 8 miles. Mostly level. **Shuttle Required**
Leaders: Guy & Jen Percival 973-590-7437 JENGUY@OPTONLINE.NET
Meet 9:00 Old Califon Railway Station, 8 Academy St. (Rt-512), Califon, NJ 07830
From I-80 Exit 27 (Rt-206 South): Continue southward 7+ miles on Rt-206 to the Chester area at the intersection of Rt-513 (Rt-24 on maps - No Rt-24 sign). Turn right (westward) on Rt-513 and continue 10 mi through Long Valley to Rt-512 (Main St.) on the left. (Look for Califon sign!) Turn left (opposite the Dunkin Doughnuts) and proceed ½ mi across bridge. Bear slightly right on Rt-512, one block to Railroad Avenue and RR Station on the right. GPS (40.7191, -74.8375)

Sunday NEXT YEAR AT #14— Anthony Wayne to Bear Mountain Inn**Moderately Strenuous**

About 8.5 miles in length, this section in Harriman Park traverses both West and Bear Mountains with lots of great views, however there is some climbing involved. We get to see the Improved AT Trail on the descent, and then walk thru the Zoo on the way to the Bear Mtn. Bridge and then to Fort Montgomery on the new hiker bridge.

Leader: Paul Ferlazzo 973-979-2010 P_FERLAZZO@YAHOO.COM

Meet: 9:00 AM Fort Montgomery Overflow Parking on Rt-9W north, 708 Rt-9W, Highland Falls, NY 10928

Take the Palisades Interstate Parkway north to Rt-9W traffic circle near Bear Mountain Bridge (about 18 miles north of NY State Thruway). At the circle junction go **north** on Rt-9W about ½ mi across Popolopen Bridge (**0.3 mi past Fort Montgomery entrance**) to **“Additional parking”** at end of viaduct just off the east side of Rt-9W. GPS (41.3283, -73.9877)

Note! If late or lost see below!

We will shuttle to the start at Anthony Wayne, Parking Lot #2, (South Parking Lot), Harriman St. Pk, Tomkins Cove, NY 10986

Anthony Wayne Entrance GPS (41.2972, -74.0298) Anthony Wayne South Parking Lot GPS (41.2915, -74.0249)

***From the Overflow Parking Lot** turn on to Rt-9W right and go to light 0.2 mi ahead at Firefighters Memorial Dr. Turning left at light, it should be possible to make a safe U-turn onto Rt-9W southbound. Drive south ¾ mi on Rt-9W and turn off on the right to Rt-6 (PIP). After driving 2.5 mi take the left fork and continue on the PIP to Exit 17 about 0.9 mi ahead. After entering the Park drive ¾ around loop and take Anthony Wayne Dr. to the junction of the small road leading to the South Parking Lot.*
