

Interstate Hiking Club

Organized 1931

Affiliate of the NY-NJ Trail Conference



Schedule of Hikes

May 2013 through November 2013

IHC Web Page: www.interstatehikingclub.org
IHC e-mail: info@interstatehikingclub.org

Interstate Hiking Club
C/O Charles Kientzler
711 Terhune Drive
Wayne, NJ 07470-7111

First Class Mail

GENERAL INFORMATION ABOUT THE INTERSTATE HIKING CLUB

Who we are!

The Interstate Hiking Club (IHC) is a medium-sized hiking club, organized in 1931. IHC has been affiliated with the NY/NJ Trail Conference, as a trail maintaining club, since 1931.

Guests are welcome! An adult must accompany anyone under 18. **No Pets allowed on IHC hikes.**

Where do we go?

Most of our activities are centered in the NY/NJ area; some hikes, bicycle rides and canoe trips are farther away. The club occasionally sponsors trips in the Catskills and Pennsylvania. Our hikes are not usually accessible by public transportation.

What do we do?

Hikes, bicycle rides and canoe trips generally are scheduled for every Sunday, and some Fridays and Saturdays, as day-long outings. They are graded by difficulty of terrain, distance and pace. **The Hiking grades are:**

Strenuous: More climbing, usually rugged walking, generally 9 miles or more.

Moderate: Some climbing and rugged walking, but less than 9 miles.

Easy: Generally easy, fairly level trails, slower pace, and 6 to 8 miles.

The club also maintains trails in association with the NY/NJ Trail Conference. Two Sundays a year are devoted to this service work. In addition, in the past we have participated in the following: orienteering, snow-shoeing, cross-country skiing, swimming, mountain biking, backpacking, and camp-outs in the Adirondacks, Southern Appalachians and Maine.

What to bring:

Footwear is very important. Hiking boots with non-slip soles are essential for all hikes. New footwear should be broken-in before being used on a hike!

Bring plenty of water to drink (In the summer; a minimum of 2 quarts recommended), a trail lunch, but please no food that requires cooking. Bring a pack to carry your gear in, including rain gear, sweater, etc., leaving your hands free for climbing.

Things to be aware of:

All outdoor activities involve inherent risks. Your participation in these activities is at your own personal discretion and you are solely responsible for your safety!

The stated meeting time for a hike "is" the departure time.

The leader is in charge of the event. Allow the leader to set the pace. **Do not rush ahead or fall behind the group.**

The leader has the right to refuse any person he/she deems not prepared for the hike/event.

How to join:

Application for membership may be given to any club officer or mailed to the treasurer **upon the completion of one activity.** Guests who have attended three activities, **shall be expected to apply for membership** before attending any more activities.

INTERSTATE HIKING CLUB OFFICERS FOR JUNE 2012 TO May 2013

| | | | | | |
|-----------------------|------------------------------|-----------------------|----------------------------------|-------------------------------|--------------------------|
| President: | Guy Percival | 628 Sussex Ave. | Morristown NJ 07960 | 973-590-7437 | JENGUY@OPTONLINE.NET |
| Secretary: | Marguerite La Corte | PO Box 52 | Mt. Tabor NJ 07878 | 973-625-4379 | REDTABORLADY@VERIZON.NET |
| Treasurer: | Charles Kientzler | 711 Terhune Dr. | Wayne NJ 07470 | 973-835-1060 | CKIENTZLER@AOL.COM |
| Trails Chair: | James Canfield | 107 Rolling Ridge Rd. | W. Milford NJ 07480 | 973-728-9774 | CANFIELD@NETROM.COM |
| Entertainment: | Jane Egan | 1117 High Mountain Rd | N. Haledon NJ 07508 | 973-636-0809 | EGANJANE19@YAHOO.COM |
| Web Master: | James Canfield | 107 Rolling Ridge Rd. | W. Milford NJ 07480 | 973-728-9774 | CANFIELD@NETROM.COM |
| IHC Web Page: | WWW.INTERSTATEHIKINGCLUB.ORG | | Contact IHC (IHC e-mail): | INFO@INTERSTATEHIKINGCLUB.ORG | |

Membership Application

Having **completed at least one club activity**, I wish to apply for membership in the Interstate Hiking Club.

Enclosed are dues and initiation fee.

Note! Current Members! Annual Dues are \$10.00: Due on June 1

If joining between May 1 and Dec. 1, dues are \$11.00 per person. [\$10.00 per year plus \$1.00 initiation fee]

If joining between Dec. 1 and May 1, dues are \$6.00 per person. [\$5.00 (1/2 year) plus a \$1.00 initiation fee]

Junior (under 18) dues are \$1.00 a year.

The Club fiscal year is June 1st to May 31st.

Name: _____ (Please PRINT Clearly)

Street: _____

City, State, Zip: _____

Phone: (____) _____ -- **E-mail: (All Caps)** _____

Date of your IHC hike: ____/____/____ **Application Date:** ____/____/____

Amount: ____ \$11.00 (App. Date: 5/1 to 12/1) ____ \$6.00 (App. Date: 12/1 to 5/1) ____ \$1.00 (Junior)

Mail to: Interstate Hiking Club, c/o Charles Kientzler, Treasurer, 711 Terhune Drive, Wayne, NJ 07470

INTERSTATE HIKING CLUB Summer 2013 SCHEDULE

→**Note! The following events** ***** **require early registration** ←


| | | |
|---|--|-------------------|
| July 19-26, 2013 Must pre-register to go. | Week at the ATC Conference Reservations starting April 15, 2013 | See July 19, 2013 |
| Aug 17 - Aug 23, 2013 Must pre-register to go. | Week of hikes on the Long Trail Before February 22, 2013 | See Aug 17, 2013 |
| September 14-20, 2013 Must pre-register to go. | Shenandoah Skylands Availability may become difficult late! | See Sept 14, 2013 |

***** Canoeing General Instructions

Bring a partner, canoe, or kayak, life jackets, lunch and dry clothes in a waterproof bag. Rain may cancel the trip. Call the leader before 8:00 AM to check. Rentals are not usually available at launch sites, however check with leader.


Rain, inclement weather, will cancel the activities below. Contact the leader if in doubt.

Sunday May 5, 2013 **Reeves Meadow to Pine Meadow Lake Circular** **Moderately Strenuous**
We will head over to Pine Meadow Lake via a roundabout way. Then head back to Reeves Meadow Visitor Center by some other trails.
Rain or Foul Weather cancels this hike.
Leader: Roy Williams ROYHIKER1@AOL.COM
Meet: 9:00 AM Reeves Meadow Visitor Center, Seven Lakes Drive, Harriman State Park, NY 10974
From Suffern @ I-87N & I-287 Interchange Exit 15A: Take Rt-17 North 4½ miles to traffic light for Seven Lakes Dr. just north of Sloatsburg, NY. Turn right and proceed east on Seven Lakes Dr. 1½ miles to Reeves Meadow Visitor Center on right, or park across the street.

Friday May 10, 2013 **Canoe Monksville Reservoir.**
 A nice place to spend an easy day on a reservoir and see a reconstructed water wheel in Long Pond Iron Works.
See Canoeing General Instructions. Must call and register the day before. Joint with UCHC
Leaders: Roy Messaros 201-337-5004
Charlie Kientzler 973-835-1060 Cell 973-906-9325 **Friday Only**
Meet: 10:00 AM North Boat Launch, Monksville Reservoir, 111 Beech Rd, Hewitt, NJ 07421
From I-287 Exit 55: Take Rt-511 (Ringwood Ave.) north about 10 miles. Pass the Wanaque Reservoir and the Monksville Dam at 9 mi. Continue 1 mi and look for Long Pond Ironworks State Park/North Boat Launch sign, on the left. Turn left and follow signs to the boat launch. (GPS 41.1365, -74.3073)


Saturday May 11, 2013 **WANJ #7 – Metro Park RR Station to Cranford** **Strenuous**
This is the seventh in a series of about a dozen hikes crossing the Garden State. Walk on streets and through parks from Metro Park RR Station to Rahway, then mostly along the Rahway River Greenway to Cranford. 10-14 essentially flat miles at a moderately brisk pace on city streets and trails. Bring lunch, snacks and water. Joint hike with Shorewalkers.
Awful or dangerous weather cancels. Contact leader after 7:00 AM morning of hike if uncertain.
Meet: E-mail or phone leader a week before the hike for meeting time and place.
Leader: Craig Nunn 551-206-6823 DYSTOPICNJ@GMAIL.COM
Al MacLennan 908-955-7723 MACLENNAN_AL@COMCAST.NET

Sunday May 19, 2013 **Farny Highlands – Four Birds Trail** **Moderately Strenuous**
We will see Graffiti Cliffs, go over to the Hawkwatch and use the Four Birds to get us down into the valley behind Splitrock dam.
Rain or Foul Weather cancels this hike.
Leaders: Guy & Jen Percival 973-590-7437 JENGUY@OPTONLINE.NET
Meet: 9:00 AM Wildcat Ridge (Hibernia Rd.) Parking Lot, Rt-513 (Green Pond Rd.), Rockaway, NJ 07866
From I-80 West, Exit 37: Turn left at bottom of ramp onto Rt-513 North (Green Pond Rd.). Go about 2.75 miles to Wildcat Ridge parking lot on right (entrance to lot slightly obscured).

Friday May 24, 2013 **Canoe—Merrill Creek Reservoir**
 An easy paddle around a nice reservoir above the Delaware River. Perhaps we may see the Eagle again.
See Canoeing General Instructions. Must call and register the day before. Joint with UCHC
Leader: Pat Gaburo 973-377-4074 PATICAKES1@OPTONLINE.NET Cell 973-476-6157-**Friday Only**
Meet: 10:00 AM Boat Launch, Merrill Creek Reservoir, 1 Merrill Creek Rd., Washington, NJ 07882
From I-78 West Exit 4: Turn right at the end of the ramp on to S. Main St. and drive north 1.8 miles to the center of Stewartville. At the blinking light, turn right on Washington St. (becomes Stewartville Rd.) and go 2.7 mi to Rt-57 in New Village. Cross Rt-57 diagonally, turning left onto Montana Rd. which goes uphill for 2 mi. Left on Richlines Rd. and drive 0.3 mi, turning left again, onto Merrill Creek Rd. Follow signs to the Boat Launch. (GPS 40.7388, -75.0907)

Sunday May 26, 2013 **Camp Jefferson** **Moderate**
We will hike 6.5 to 7 miles from Saffin Rock Rill Parking Lot in Mahlon Dickerson Reservation to Camp Jefferson (lunch) & back on various trails including a new section of the Highlands Trail. **Rain or Foul Weather cancels this hike.**
Leader: Jim McKay 973-538-0756 JRMMCKAY@VERIZON.NET
Meet: 9:30 AM Saffin Rock Rill Parking Lot, Mahlon Dickerson Reservation, Jefferson Twp; NJ 07849
From Rt. 80 Exit 34B (Rt-15 North): Go about 5 mi. to Weldon Rd. on right. Exit and continue north about 2 miles on Weldon Rd. and turn right onto road to water treatment plant (Sign). Entrance to parking lot is about 500 ft. on left.

Saturday June 1, 2013 Bike Ride – McDade Trail, DWGNRA, PA Moderately Strenuous

 A nice bike ride along the Delaware R. on the 32 mi multiuse McDade Trail. We can go south as far as we wish. **Bring Lunch & Water. ATB or sturdy Hybrids only. Helmets required. Rain postpones the ride.**

You must call & register to ensure ride is still on. Joint with UCHC

Leader: Ursula Davis 973-786-7087 Cell 973 670-5584 - **morning of ride only.**

Meet: 10:00 AM Milford Beach DWGNRA, Milford Beach Rd, Milford, PA 18337

From I-80 Exit 34: Onto Rt-15 north about 17 mi through Lafayette on Rt-15 to the traffic light at the intersection of Rt-15 with Rt-206. (Rt-15 ends) Continue straight (northwest) 16 mi on Rt-206 crossing the Delaware to Rt-209 in PA. Turn right and go 0.4 mi to Milford Beach Rd. on the right. Turn in and go 0.4 mi to first parking area just beyond toll booth. (GPS 41.3108,-74.7961)

→ **Please note that dues (\$10.00 per member) are due by Today!** ←

Sunday June 2, 2013 IHC Annual Meeting and Hike Moderate or Moderately Strenuous

IHC Members only Please. Come out for the annual meeting with an optional longer and shorter hike afterwards. Let us know what you liked, and possibly what needs improvement? Make your voices and ideas known.


Leader: The Old Officers Guy Percival 973-590-7437 Marguerite La Corte 973-625-4379

James Canfield 973-728-9774 Charlie Kientzler 973-835-1060 Jane Egan 973-636-0809

Meet: 9:00 AM Tuxedo Metered Commuters Lot, East Village Dr, Tuxedo, NY, 10987

From Suffern @ I-87 & I-287 Interchange Exit 15A: Take R-17 about 6.5 miles north to Tuxedo. Just past the Tuxedo train station, turn right on East Village Rd, cross the tracks and turn left into the large parking lot which is free on weekends

Friday June 7, 2013 Canoe—Passaic River at Essex County Environmental Center

 Spend the day paddling the mighty Passaic River, NJ's longest river. We will paddle downstream and upstream from the Environmental Center, (no shuttle). Lunch will be at the Environmental Center.

See Canoeing General Instructions. Must call and register the day before. Joint with UCHC

Leader: Carol Czajkowski 973-539-4084 Cell 973-462-7747 - **Friday Only**

Meet: 10:00 AM Essex County Environmental Education, 656 Eagle Rock Ave, Roseland, NJ 07068

From I-80 & I-287 Intersection: Go East on I-80 exiting right for I-280. Continue eastward on I-280 to Exit 4A, Eisenhower Pkwy southbound. Continue on Eisenhower Pkwy ½ mi to Eagle Rock Ave. Turn right and drive ½ mi to ECEE on the left. (GPS 40.8263, -74.3328)

Sunday June 9, 2013 Round Valley Strenuous


We meet at the large parking lot near the Park HQ at Round Valley State Park in NJ. We then do a short (<2 mi.) shuttle to a Hunterdon County park accessed from Old Mtn. Rd. The walk ascends the rim of Round Valley & proceeds around the reservoir for a total distance of about 10 mi. **Rain or Foul Weather cancels this hike. Shuttle Required.**

Leader: Chris Davis CHRISDAVIS08558@YAHOO.COM or 973-590-7437 (Guy Percival #)

Meet: 9:00 am Round Valley State Park, (S. Parking), 1220 Lebanon Stanton Rd (Rt-629), Lebanon, NJ 08833

From I-78 Exit 20A: Merge onto Cokesbury Rd. southbound and continue 0.3 mi to Rt-22. Turn right (West) and drive 0.7 mi. to right jug handle toward Round Valley Access Rd. Continue southbound 1.7 mi and to Park entrance on left. Look for Ranger station and follow signs to South Parking Lot with year round rest rooms. (GPS 40.6228, -74.8551)

Friday June 14, 2013 Canoe—D&R Canal

 An interesting stretch of the historic Canal in the Princeton area. Both Carnegie Lake and the Canal are accessible from here. Rentals may be available, check with leader.

See Canoeing General Instructions. Must call and register the day before. Joint with UCHC

Leader: Meg Kane 732-564-5391 Cell 513-403-2497 - **Friday Only**

Meet: 10:00 AM Princeton Canoe & Kayak Rental, 483 Alexander Street, Princeton NJ 08540

From I-287 South Exit 17, (Rt-202/206 South): Drive 1.5 mi to split of Rts-202/206. Take Rt-206 south 17 miles into Princeton. Turn left onto Rt-27 North Nassau St. Make a quick right on Mercer St. Make 1st left onto Alexander St. Proceed 1 mile to Canoe Rental. Parking is on right side. (GPS 40.3322 -74.6528)

From NJ Turnpike Exit 9: Go North on Rt-18 1 mi to Rt-1 southbound. On Rt-1 South drive 16 mi to Alexander Rd. in the Princeton area. Turn onto Alexander Rd, headed towards Princeton. Proceed 1/2 mi to Canoe Rental on right. Parking lot is on the left.

Saturday June 15, 2013 The Gunks – Duck Pond to Smiley Memorial Tower Strenuous

We will meet at Harriman RR Station and carpool over to Duck Pond. Hike up to the pond then ascend to Smiley Memorial Tower by the Birchen Path, up the crevice through and the Lemon Squeeze. Return via Mohonk House and carriage roads. **Day Pass (\$12) needed. Rain or Foul Weather cancels this hike. Car Pool Required.**


Leaders: Guy & Jen Percival 973-590-7437 JENGUY@OPTONLINE.NET

Meet: 8:00 AM Harriman RR Station, Route 17, Arden NY 10910

From the South, @I-87N & I-287 Exit 15A: Take Rt-17 North 15 mi. The Commuter Lot is on the northbound side (right) of Rt-17.

From the North, NYS Thruway Exit 16: Proceed south on Rt-17 about 2 miles to Commuter lot on the left side.

Friday June 21, 2013 Canoe—Lake Farrington

 A very nice lake with lots to see, wildlife, nice waterfronts, including a view of the Dam.


See Canoeing General Instructions. Must call and register the day before. Joint with UCHC

Leader: Pat Gaburo 973-377-4074 PATICAKES1@OPTONLINE.NET Cell 973-476-6157-**Friday Only**


Meet: 10:00 AM Lake Farrington Canoe Access, 549 Riva Ave, East Brunswick, NJ 08816


From NJ Turnpike Exit 9: Go North on Rt-18 1 mi to Rt-1 southbound. On Rt-1S drive 2.4 mi to Rt-130 south. Continue 2.2 mi on Rt-130S to light at Old George Rd. Make a left and then go south on Old George Rd 0.8 mi to Church Lane on the left. Turn left and go 0.8 mi over bridge to Riva Ave on left. Turn left and the parking area is 200 ft ahead. (GPS 40.4243,-74.4768)


Sunday June 23, 2013 AT Fire Tower Long Loop Moderately Strenuous
 We will cover about 8 miles out from Camp Mohican to the AT Fire Tower for lunch returning by Rattlesnake Swamp. Beautiful views of the Paulinskill Valley can be had from the AT tower. **Rain or Foul Weather cancels this hike.**
Leaders: Guy & Jen Percival 973-590-7437 JENGUY@OPTONLINE.NET
Meet: 9:00 AM Mohican Outdoor Center (AMC), Camp Road, Blairstown, NJ 07825
From I-80 West Exit 12: Proceed north on Rt-521 about 5 miles, to intersection of Rt-94. Turn left onto R-94 south and proceed 1¼ mi through Blairstown, to Mohican Rd on right. Follow Mohican Rd 3¼ mi to Gaisler Rd. Turn left for ½ mi to continuation of Mohican Camp Rd on right. Turning right, follow this road 1½ mi to Camp Parking Lot. (GPS 41.035,-75.0014)

Friday June 28, 2013 Canoe—Wawayanda
 Spend a day on a pretty lake that is easy paddling.
See Canoeing General Instructions. Must call and register the day before. Joint with UCHC
Leader: Henry Fernandez 973-462-7747 Cell 973-462-7747 - **Friday Only**
Meet: 10:00 am Wawayanda State Park, Boat Launch Parking, Warwick Twp; Hewitt, NJ 07421
From I-287 Exit 55: Go north on Ringwood Ave. (Rt-511) about 13 miles to Warwick Tpk. at south end of Greenwood Lake. Continue straight-ahead 5 mi. on Warwick Tpk. past Upper Greenwood Lake. Turn left at park entrance. Continue past the Ranger Station 2¼ mi. to the entrance to Beach Parking on the left. Drive left past the Beach Parking ¼ mi. to the Boat Launch Parking Area. (GPS Park Entrance 41.1963, -74.3920) (GPS Boat Launch 41.1881, -74.4258)

Sunday June 30, 2013 Sterling Forest Summer Hike Moderately Strenuous
 A nice circular hike of about 8 miles, first hiking north along Sterling Ridge with views, and then returning around Sterling Lake. **Rain or Foul Weather cancels this hike.**
Leader: Jim & Carolyn Canfield 973-782-9774
Meet: 9:00 AM Sterling Forest Visitor Center, Sterling Forest, Tuxedo, New York 10987
From Suffern @ I-87 & I-287 Interchange Exit 15: Take Rt-17 north 2 miles to Sterling Mine Road (CR-72). Proceed west on Sterling Mine Road about 3 miles to traffic light. Turn right at traffic light onto Long Meadow Road (CR-84). Go north 3½ miles to Old Forge Road on left. Turn left onto Old Forge Road and take the next right toward the Visitor's Center (left side ¼ mi.) and park in the parking lot on right. (The old visitor center lot.)

Sunday July 7, 2013 Annual Hike/Picnic on Pompton Lake Easy
 **IHC Members and Families only Please.** First we will hike along the Pompton Feeder Canal, observe the Old Locks and Feeder Dam. Afterwards we drive back to Kientzler's house for a swim in the lake, *no pool anymore*, (don't forget the bathing suit & swim fins) and then a picnic. Bring a dish to share and/or something to cook. Charlie will have the grill going. If you wish, bring a door prize contribution. **Rain does not cancel the Picnic!**
Leader: Charlie Kientzler 973-835-1060 Cell 973-906-9325 - **Sunday Only**
Meet: 9:30 AM Pompton Plains Shopping Ct; Rt-23 (Northbound) & Jackson Ave, Pequannock, NJ 07444
From the I-80, Rt-46 & Rt-23 Interchange: Take Rt-23 north 5.5 miles to Jackson Avenue (Right turn). Enter from either Rt-23 or Jackson Ave. Meet at north side of lot along Jackson Ave. near McDonald's. Address: 190 Jackson Ave, Pequannock, NJ 07444
From I-287 Exit 52: Take Rt-23 Southbound 2 mi (4th light) to Jackson Ave. Make a jug handle (left) turn onto Jackson Ave eastbound toward Pompton Plains Shopping Ctr. Entering from Jackson Ave, meet at north side of lot along Jackson Ave near McDonald's. (GPS 40.9689,-74.2839 Address: 190 Jackson Ave, Pequannock, NJ 07444)


Friday July 12, 2013 Canoe---Lake Mercer
 Spend a day on a pretty lake that is easy paddling. This is a new lake for us.
See Canoeing General Instructions. Must call and register the day before. Joint with UCHC
Leader: Henry Fernandez 973-462-7747 Cell 973-462-7747 - **Friday Only**
Meet: 10:00 AM Mercer County Park, Marina Parking, 334 S Post Rd, West Windsor Twp, NJ 08550
From NJ Turnpike Exit 9: Take Rt-33 East 0.7 mi to Rt-133 (Hightstown Bypass). Take Rt-133 3.5 mi to end on Princeton Hightstown Rd. Turning right continue 0.3 mi to Old Trenton Rd. Turn left and follow Old Trenton Rd southward 3.8 mi to Paxton Rd. on the right. Where there is a big Mercer County Park sign. Follow Paxton 1 mi to S Post crossing. Turn right toward lake and parking area for Marina. (GPS 40.2628,-74.6429)

Saturday July 13, 2013 Bike Ride – Saddle River Park Moderate
 A nice easy 16 mile bike ride along the river and around the lakes. The path is paved and any type of bike is suitable. Bring lunch; water is available at rest stops. **Helmets required.** **Rain postpones the ride.**
Leader: Charlie Kientzler 973-835-1060 Cell 973-835-1060 - **Saturday Only**
You must call & register to ensure ride is still on. Joint with UCHC
Meet: 10:00 AM Duck Pond Area, Saddle River County Park, 1144 E. Ridgewood Ave, Ridgewood, NJ 07450
From Intersection of Rt-4 & Rt-17: Go north 3.5 mi on Rt-17 and exit at E & W Ridgewood Ave. Look for E Ridgewood Ave (To Ridgewood) signs (westward over Rt-17) and proceed towards Ridgewood about 1mi. to Saddle River County Park on the right. Go to Parking Area just after the maintenance buildings. (GPS 40.9739,-74.0956)


Sunday July 14, 2013 Cannon Ball End to End Strenuous
 We will start at Ramapo County Reservation and hike 2.8 miles to Bear Swamp Lake. Then continue on Cannonball trail for a total of 10.5 miles. **Shuttle Required** **Rain or Foul Weather cancels this hike.**
Leaders: Al DiCianni JADICIANNI@YAHOO.COM
Dennis Balance DBZINGER1@HOTMAIL.COM
Meet: 9:00 AM Cannon Ball Parking, 157 Barbara Drive, Pompton Lakes, NJ 07442

From I-287 Exit 57 Skyline Drive: Turn right at the end of the exit ramp on West Oakland Rd; which will become Colfax Ave at the town border. Drive for 1.8 miles. Turn right onto Schuyler Ave. Schuyler Ave dead ends into Barbara Drive. Turn right and go 0.1 mi to its end. (GPS 41.0127, -74.2786) **We need to car shuttle from Barbara Drive to Ramapo County Res.**

Friday July 19, 2013 to July 26 ATC Conference **Easy to Strenuous**
 The conference starts Jul 19th and runs to July 26th. It is located in Cullowhee, North Carolina, USA this year. There will be easy, medium and strenuous hikes on Appalachian Trail, the Bartram Trail, the Great Smoky Mountains National Park, and the Nantahala National Forest. **Note! Reservations will be required for hikes as well as other events on a first come basis. Reservations will be taken by the conference starting April 15th, 2013. Reserve early for everything!**
 Visit the website at: <http://www.appalachiantrail.org/who-we-are/events/2011/07/26/atc-cullowhee-2013>
 Looking forward to seeing you on Southern trails! **Shuttle Required Leaders will coordinate carpooling.**
Leaders: Guy & Jennifer Percival 973-590-7437 JENGUY@OPTONLINE.NET

Friday July 19, 2013 Canoe—Spruce Run Reservoir
 We will paddle on an old favorite, which has plenty of water all year long.
See Canoeing General Instructions. Must call and register the day before. Joint with UCHC
Leader: Charlie Kientzler 973-835-1060 Cell 973-906-9325 - Friday Only
Meet: 10:00 AM Boat Launch, Spruce Run State Park, Van Syckels Rd, Clinton, NJ 08809
From I-78W Exit 17 (Rt-31): Drive north 3 mi. on Rt-31, past the reservoir on the left, to the light at Van Syckels Rd. (look for sign). Turning onto Van Syckels Road, proceed 1.5 mi to Park Entrance, Turn left into the State Park and follow sign for boat launch. (GPS Park Entrance 40.6628, -74.9389)

Sunday July 28, 2013 Johnstown Circular Moderately Strenuous
 We will start on the Blue Disc and head north over Almost Perpendicular and then go to Claudius Smith's Den. After that we will hike to Lake Skenanto and have lunch. Then we will find some trail to return on. **Rain or Foul Weather cancels this hike.**
Leader: Roy Williams ROYHIKER1@AOL.COM
Meet: 9:00 AM Johnstown Circle at end of Johnstown Road, Sloatsburg, New York 10974
From Suffern @ I-87 & I-287N Interchange Exit 15A: Take R-17 north 4.5 miles, to Seven Lakes Dr., just north of Sloatsburg, NY. Turn right onto Seven Lakes Dr. and proceed ½ mile to Johnstown Road on the left after underpass. Follow road about 2 miles to the circle at the end.

Friday August 2, 2013 Canoe—Swartwood Lake
 A pleasant day on a quiet lake with lunch at the old mill.
See Canoeing General Instructions. Must call and register the day before. Joint with UCHC
Leader: Henry Fernandez 973-462-7747 Cell 973-462-7747 - Friday Only
Meet: 10:00 AM Boat Launch, Swartwood State Park, 1091 E Shore Rd, Swartwood, NJ 07877
From I-287N & I 80W: Take I-80 West to Exit 25 (Rt-206 N): Follow Rt-206 N 11½ mi to the square in the center of Newton. Continue north on Rt-206/Rt-94 one block to light at Mill St on the left. Take Mill St. 0.4 mi to light at Rt-622/Swartwood Rd. on left. Go 4.25 mi on Rt-622 to junction with Rt-619/ E Shore Rd. on the left. Drive 0.9 mi, passing the Main Entrance of the park, to the Boat Launch Road on the right. (GPS 41.0720 -74.8238) **Note! Rental canoes and kayaks are available close by (973-383-4200)**

Saturday August 3, 2013 Highland Hike & Swim at Macs Place Strenuous
 We will hike on a section of the Highlands Trail followed by a swim and picnic at the end of the hike. Bring bathing suits and a dish to share.
Heavy Rain cancels this hike.
Leader: Mac McCaulley 973-398-3002 MACMCCAULLEY@AOL.COM Cell 908-416-4460
Meet: 9:00 AM Roland May Eves Mt. Inlet Sanctuary, 445 Lakeside Ave/Northwood Rd (Rt-609), Hopatcong, NJ 07821
From I-80 Exit 34B (Rt-15 North): Go north on Rt-15 about 4.6 mi.; and exit onto Rt-181N toward Lake Forest / Woodport. Proceed 1.8 mi. on Rt-181N to Prospect Point Rd on left. Turn on Prospect Point Rd and go 1.2 mi to Northwood Rd (Rt-609) on right. Turn and proceed 1.0 mi. turning into parking area on left. Note! Northwood Rd. becomes Lakeside Ave in Hopatcong. (GPS 40.9710, -74.6404)

Saturday August 10, 2013 The High Line, Hudson R Park, Governor's Is & E River Cruise Strenuous
 From Penn Station, NY, walk the High Line then Hudson River Park to the Battery. Catch free ferry to Governor's Island and circumnavigate the island. Then take the East River Ferry for a \$4 (unless they raise the fare for 2013) cruise on the East River to Long Island City for optional barbeque and subways back to Penn Station. 8-12 essentially flat miles at a moderately brisk pace on city streets and trails. **Awful or dangerous weather cancels. Contact leader after 7:00 AM morning of hike if uncertain.**
Leader: Craig Nunn 551-206-6823 DYSTOPICNJ@GMAIL.COM
Meet: E-mail or phone leader a week before the hike for meeting time and place.

Saturday August 17, 2013 Long Trail Vermont Strenuous
 Plans are being made for five days of hiking on the northernmost section of Vermont's famous Long Trail, starting at the VT/Canada border, and heading south for approximately 50 miles. An extra day will allow for possible bad weather or optional other hikes or activities in the area. All hikes will be day-hikes of about 10 miles from a central location, where we will be staying in rented accommodations - not motels - and we will be able to prepare our own meals as we wish. Both Saturdays are reserved for driving.
Contact the leader, Joe Tag, before February 22 to get more information and to express your interest. Cost will be developed after that date, and will be kept as modest as possible. An advance deposit will be needed to secure our reservations.
Leader: Joe Tag 908-938-4053 JGEORGETAG@AOL.COM


Sunday August 25, 2013 Schunemunk Moderately Strenuous
 See the glories of nature on this mountain in August. Up the Jessup Trail & visit the Megaliths. Going out on the Sweet Clover Trail. This will be a circular hike. Bring Plenty of Water
Rain cancels.
Leader: Roy Williams ROYHIKER1@AOL.COM
Meet: 9:00 AM Schunemunk, 10 Taylor Road Parking area, Mountainville, NY 10953

Continued next page!

From I-87 Exit 16 Harriman/Woodbury Commons: After tollbooths stay to right for first exit, Woodbury & Rt-32. Take Rt-32 north about 7½ miles to Pleasant Hill Road, (Black Rock Hunting Club sign on left), Mountainville, NY. Turn left, go to first road (Taylor Road) turn left again, and proceed to parking lot on right side of road after crossing over thruway. (GPS 41.4076,-74.0818)
From Rt-17: Travel north on Rt-17 to Rt-32 in Harriman, NY. Take Rt-32 north 8½ miles to Pleasant Hill Road. See above.

Monday August 26, 2013 → DEADLINE for November 2013 —April 2014 Hike Schedule ←

Friday August 30, 2013 Canoe – Rio Reservoir

 This is a great place to paddle. Enjoy a day on a lower NY State reservoir that is long & narrow. We'll look for some of the resident pairs of Bald Eagles. Well worth the drive.

See Canoeing General Instructions. Must call and register the day before. Joint with UCHC

Leader: Henry Fernandez 973-462-7747 Cell 973-462-7747 - **Friday Only**

Meet: 10:00 AM Rio Reservoir Boat Access, 613 Plank Road Section A, Forestburgh, NY 12777

From I-80 Exit 34: Take Rt-15 north to Rt-206, and continue northward to Milford Toll Bridge. After exiting bridge plaza, take Rt-209 through Milford, PA to Port Jervis, NY. At intersection of Rt-209 and RT-97/42, turn left and follow Rt-97/42 for 3 mi and turn right as Rt-42 goes north. Follow Rt-42 to Mill Road 11.1 mi ahead on left. (Mill Rd is 50 ft before blinking light) Follow Mill Rd 0.6 mi to Plank Rd Section A, and turn left. Look for Rio Access 1.9 mi on the right. (GPS 41.5214,-74.7604)

Sunday September 1, 2013 Cataract Park to Long Valley Moderately Strenuous


We will explore a new and partially completed section of the Patriots Path. Yes there will be some road walking along with some new sights to see. Ending at Long Valley where those that wish can visit the famous Long Valley Brew Pub!
Shuttle Required Rain or Foul Weather cancels this hike.

Leaders: Guy & Jennifer Percival 973-590-7437 JENGUY@OPTONLINE.NET

Meet: 9:00 AM Long Valley Brew Pub, Fairmount Rd (Rt-517), Long Valley, NJ 07853

From I-80 Exit 27 (Rt-206 South): Continue southward 7+ miles to the Chester area at the intersection of Rt-513. Turn right (west) and continue 4.5 miles to Long Valley. At the light turn left onto Fairmount Rd (Rt-517) up hill one block to parking on right.

Friday September 6, 2013 Canoe—Pompton Lake

 Spend a day paddling on a beautiful lake with a picnic afterwards.

See Canoeing General Instructions. Must call and register the day before. Joint with UCHC

Leader: Charlie Kientzler 973-835-1060 Cell 973-906-9325 - **Friday Only**

Meet: 10:00 AM Kientzler Home, 711 Terhune Dr. (Rt-202), Wayne, NJ 07470

From I-287 North Exit 58: On exiting turn left at light and proceed 0.1 mi to Rt-202 (Ramapo Valley Rd). Turn right (southbound), drive 1 mi to Light where Rt-202 turns right. Follow Rt-202 1 mi to driveway on right. Note! Driveway is at the end of guardrail.

From I-287 South Exit 58: On exiting, turn left (southbound) onto Rt-202 (Ramapo Valley Rd) and continue through town 1.3 mi to Light where Rt-202 turns right. Follow Rt-202 1 mi to driveway on right. Note! Driveway is at the end of guardrail.
 (GPS 40.6628, -74.9389)

Saturday September 7, 2013 WANJ #8 – Cranford to Summit Strenuous

This is the eighth is a series of about a dozen hikes crossing the Garden State. Walk though various parks and along streets from Cranford to the Watchung Reservation, cross the Watchung Reservation, then continue along streets and parks to Summit. 8-12 miles with some substantial ups and downs including some trails, which may be rocky. Joint Hike with Shorewalkers.

Awful or dangerous weather cancels. Contact leader after 7:00 AM morning of hike if uncertain.

Meet: E-mail or phone leader a week before the hike for meeting time and place.

Leader: Craig Nunn 551-206-6823 DYSTOPICNJ@GMAIL.COM
Al MacLennan 908-955-7723 MACLENNAN_AL@COMCAST.NET

Saturday September 14, 2013 to Friday 9/20 Shenandoah Skylands Moderate to Strenuous

We will hike on a variety of trails, some quite close to the Skylands Lodge in Shenandoah Park. There will be trips to see water falls as well as hikes up peaks. There will be the option of a trip to Old Rag. **Contact Al for more information and car pool arrangements.** Accommodations are available at Skylands 877-600-4341. The best deal has a promo code of "Spectacular". Book your first three nights using "Spectacular", then the following nights at the best rate they can give you.

Leader: Al MacLennan 908-955-7723 MACLENNAN_AL@COMCAST.NET

Sunday September 22, 2013 Anthony Wayne to the Timp & Back Moderately Strenuous

We will go over West Mountain on the Timp-Torne trail to west Mountain Shelter, then coming back on some other trails.
Trails. Rain or Foul Weather cancels this hike.


Leader: Roy Williams ROYHIKER1@AOL.COM

Meet: 9:00 AM Anthony Wayne Recreation Area (N. Parking Area), Harriman St. Park, NY 10911

From the South: Exit 17 on the Palisades Interstate Parkway. (Exit is 15 miles north of the NYS Thruway).

From the North: Exit 17 on the Palisades Interstate Parkway. (Exit is ½ mi. south of the Rt-6 and Seven Lakes Dr. Intersection.)

Friday September 27, 2013 Canoe—Split Rock Reservoir

 A reservoir recently opened to boating and canoeing. Very pretty and quiet.

See Canoeing General Instructions. Must call and register the day before. Joint with UCHC

Leader: Bob Bodenstein 908-204-0321 Cell 908-883-0921 **Friday Only**


Meet: 10:00 AM Split Rock Reservoir Parking Lot; 345 Split Rock Road, Boonton Twp. NJ 07005

From I-287N Exit 44: At the top of the ramp, turn right over I-287 onto Main St. (Rt-511) in Boonton. Drive 0.3 mile to Boonton Rd. (Rt-511) Turn right and go 2.5 miles to Rockaway Valley Rd. Turn left and drive 2.2 miles to Split Rock Rd, a 150 degree turn on the right. (Stone Rd. is the street 0.1 mile before Split Rock Rd.) Follow Split Rock Rd. 2.8 miles (Stay to the right at Decker Rd. and to the left at Charlottesburg Rd.) to the parking lot and launch area. (The last 0.8 mile is gravel.)

Continued next page

From I-80 Exit 37 Rockaway/Hibernia: Go north on Green Pond Rd. (Rt-513) toward Hibernia. At about 6.5 miles turn right at the Marcella Firehouse sign. This is Upper Hibernia Rd. Continue 2 mi. to fork in the road. Bear left onto Split Rock Rd. After the pavement ends keep going over the dam. The new fisherman's boat launch parking lot is about 1/8 mile on the left after the dam. (GPS 40.9625, -74.4575)

Saturday September 28, 2013 Bike Ride—Wallkill Valley Tr.—Gardiner/Rosendale Moderately Strenuous

 Enjoy up to 25 miles along the Wallkill River as we cycle through autumn foliage and the apple orchards. **Bring Lunch & Water. ATB or sturdy Hybrids only. Helmets required. Rain postpones the ride.**

Leader: Charlie Kientzler 973-835-1060 Cell 973-835-1060 - **Saturday Only**

You must call & register to ensure ride is still on. Joint with UCHC

Meet: 10:00 AM Visitor Parking Lot at Huguenot Village, 19 Broadhead St; New Paltz, NY 12561

From Exit 18: of the NY Thruway: Turn left onto Rt-299 (Main St.) and follow it west about 1.3 miles to the intersection of Rt-208 and Rt-32. Turn right on N. Chestnut St. (Rt-32) and go 3 blocks to Broadhead St. on the left. Parking is on Broadhead St. just past the Rail Trail. (GPS 41.7520, -74.0867)

Sunday September 29, 2013 Mountain Lake to Ghost Lake Strenuous

This hike will take us through lovely woods overlooking Mountain Lake and on the fairly new connector ridge trail through Jenny Jump's State Forest with its beautiful views ending down at Ghost Lake. About 9 miles total. Hike can be shortened by posting an extra car at "Land of Make Believe". **Shuttle required. Rain or Foul Weather cancels this hike.**

Leader: Ursula & Patrick Davis 973-786-7087 or cell 973 670-5584 **morning of hike only.**

Meet: 9:00 AM Ghost Lake Parking, 174 Shades of Death Rd; Great Meadows, NJ 07838

From I-80 Exit 19 (Hackettstown/Andover exit): Keep to right at the end of the ramp; cross Rt-517 heading downhill for 0.2 mile; turn left before the Allamuchy General Store onto Rt-612. Continue 1.1 mile; turn left onto Long Bridge Rd. (Rt-615) then continue 1.2 mile; turn right onto Shades of Death Rd. and continue 3.1 miles to the parking lot for Ghost Lake on the right, with the Jenny Jump sign visible. (GPS 40.9230, -74.8930)

Saturday October 5, 2013 Castle Point Strenuous

We will start from the upper parking lot at Minnewaska heading over to Castle Point and beyond as time allows. The hike will have pretty vistas and the leaves are just starting to change. NY State Park charges \$8.00 a car load.

Rain or Foul Weather cancels this hike.

Leaders: Guy & Jennifer Percival 973-590-7437 JENGUY@OPTONLINE.NET

Meet: 8:00 AM Harriman RR Station, Route 17, Arden NY 10910

From the South, @I-87N & I-287 Exit 15A: Take Rt-17 North 15 mi. The Commuter Lot is on the northbound side (right) of Rt-17.

From the North, NYS Thruway Exit 16: Proceed south on Rt-17 about 2 miles to Commuter lot on the left side.

Sunday October 13, 2013 Delaware Overlook Moderately Strenuous

We meet at Visitor Center at Washington Crossing State Park in NJ. After a few miles of walking in NJWCSP, we do a short road walk to the Bald Pate Mt. Preserve & meander to the top of Bald Pate Mt. for views of the Delaware River & Philadelphia to the SW (& maybe NYC to the NE). We then wander back to NJWCSP Visitor Center. About 8 mi. **Rain or Foul Weather cancels this hike.**

Leader: Chris Davis CHRISDAVIS08558@YAHOO.COM or 973-590-7437 (Guy Percival#)

Meet: 9:00 AM Washington Crossing State Pk, 497 Washington Crossing Pennington Rd, Titusville, NJ 08560

From I-287 Exit 17 (Rts-206/202 south): Take Rt-202 south through the Somerville Circle, past Flemington about 24 mi to Rt-29 just before the Delaware Bridge. Go south on Rt-29 for 7.5 mi past Lambertville to Rt-546, Washington Crossing Pennington Rd, at edge of Washington Crossing St. Pk. Turn left away from river on Rt-546, and go about 1 mi to park entrance on left. Turn into Park and go left at next crossing to Visitor Center. (GPS 40.3049, -74.8568)

Sunday October 20, 2013 Schunemunk Trail Maintenance Moderately Strenuous

The club maintains this section of the Western Ridge trail (the pervious Long Path), as well as the Lower Jessup Trail. Please come and help us maintain these trails! Bring your lunch, water, clippers and good working gloves. If you do not have clippers you can use the tools provided by the club. **Rain will cancel and postpone to Sunday October 26, 2013**

Leader: Jim Canfield 973-728-9774

Meet: 9:00 AM Schunemunk, 10 Taylor Road, Parking area, Mountainville, NY 10953

From I-87 Exit 16 Harriman/Woodbury Commons: After tollbooths stay to right for first exit, Woodbury & Rt-32. Take Rt-32 north about 7½ miles to Pleasant Hill Road, (Black Rock Hunting Club sign on left), Mountainville, NY. Turn left, go to first road (Taylor Road) turn left again, and proceed to parking lot on right side of road after crossing over thruway. (GPS 41.4076, -74.0818)

From Rt-17: Travel north on Rt-17 to Rt-32 in Harriman, NY. Take Rt-32 north 8½ miles to Pleasant Hill Road. See above.

Saturday October 26, 2013 Rain date - Trail Clearing, same leader, same time and place as above.

Sunday October 27, 2013 Indian Rock Moderately Strenuous

A moderate strenuous hike starting at Back Beach Park, into the west side of Ramapo State Park, with a climb to Ramapo Lake. The hike includes Wanaque Ridge trail along the western ridge of Ramapo Mountains and is about 7-8 miles long.

Rain or Foul Weather cancels this hike.

Leaders: Al Di Cianni JADICIANNI@YAHOO.COM

Dennis Balance DBZINGER1@HOTMAIL.COM

Meet: 9:00 AM Back Beach Park, 1 Forth Ave, Haskell, NJ 07420

From I-287, Exit 55: Go north on Ringwood Ave (Rt-511) about 0.8 miles to 2nd Ave. (light) on the right. Follow 2nd Ave. east 4 blocks to T intersection with Boulevard Ave. Turn left and drive north bearing right, now continuing onto 4th Ave, about 1/2 mile to Back Beach Park large parking area. (GPS 41.0346, -74.28601)

Note! Sunday November 3, 2013 Daylight Saving Time Ends