

Interstate Hiking Club

Organized 1931

Affiliate of the NY-NJ Trail Conference



Schedule of Hikes

May 2015 through October 2015

IHC Web Page: www.interstatehikingclub.org
IHC e-mail: info@interstatehikingclub.org

Interstate Hiking Club
C/O Charles Kientzler
711 Terhune Drive
Wayne, NJ 07470-7111

First Class Mail

GENERAL INFORMATION ABOUT THE INTERSTATE HIKING CLUB

Who we are!

The Interstate Hiking Club (IHC) is a medium-sized hiking club, organized in 1931. IHC has been affiliated with the NY/NJ Trail Conference, as a trail maintaining club, since 1931.

Guests are welcome! An adult must accompany anyone under 18. **No Pets allowed on IHC hikes.**

Where do we go?

Most of our activities are centered in the NY/NJ area; some hikes, bicycle rides and canoe trips are farther away. The club occasionally sponsors trips in the Catskills and Pennsylvania. Our hikes are not usually accessible by public transportation.

What do we do?

Hikes, bicycle rides and canoe trips generally are scheduled for every Sunday, and some Fridays and Saturdays, as day-long outings. They are graded by difficulty of terrain, distance and pace. **The Hiking grades are:**

Easy: These hikes are 3 to 5 miles in length and should have no significant hills.

Moderate: These hikes are 5 to 8 miles and may take up to 5 hours, including time for trail lunch. They should not generally have multiple long steep hills, and should be at a moderate pace.

Moderately Strenuous: These hikes are 5 to 8 miles with multiple steep hills or 8 miles or more which are mostly flat walking. They can last up to 6 hours including trail lunch. Pace to be moderate.

Strenuous: Not for novices. Hikes are 8 miles or more and last 6 hours or more, including time for trail lunch. These may have many long steep hills and may be at a brisk pace.

The club also maintains trails in association with the NY/NJ Trail Conference. Two Sundays a year are devoted to this service work. In addition, in the past we have participated in the following: orienteering, snow-shoeing, cross-country skiing, swimming, mountain biking, backpacking, and camp-outs in the Adirondacks, Southern Appalachians and Maine.

What to bring:

Footwear is very important. Hiking boots with non-slip soles are essential for all hikes. New footwear should be broken-in before being used on a hike!

Bring plenty of water to drink (In the summer; a minimum of 2 quarts recommended), a trail lunch, but please no food that requires cooking. Bring a pack to carry your gear in, including rain gear, sweater, etc., leaving your hands free for climbing.

Things to be aware of:

All outdoor activities involve inherent risks. Your participation in these activities is at your own personal discretion and you are solely responsible for your safety!

The stated meeting time for a hike "is" the departure time.

The leader is in charge of the event. Allow the leader to set the pace. **Do not rush ahead or fall behind the group.**

The leader has the right to refuse any person he/she deems not prepared for the hike/event.

How to join:

Application for membership may be given to any club officer or mailed to the treasurer **upon the completion of one activity.** Guests who have attended three activities, **shall be expected to apply for membership** before attending any more activities.

INTERSTATE HIKING CLUB OFFICERS FOR JUNE 2014 TO May 2015

President:	Guy Percival	628 Sussex Ave.	Morristown NJ 07960	973-590-7437	JENGUY@OPTONLINE.NET
Secretary:	Marguerite La Corte	PO Box 52	Mt. Tabor NJ 07878	973-625-4379	REDTABORLADY@VERIZON.NET
Treasurer:	Charles Kientzler	711 Terhune Dr.	Wayne NJ 07470	973-835-1060	CKIENTZLER@AOL.COM
Trails Chair:	Robin Abrett	21 Ramapo Mountain Dr	Wanaque NJ 07465	862-228-0332	RTABRETT@HOTMAIL.COM
Entertainment:	Alastair MacLennan	195 W Main St. Unit J	Chester NJ 07930	908-955-7723	MACLENNAN_AL@COMCAST.NET
Web Master:	James Canfield	107 Rolling Ridge Rd.	W. Milford NJ 07480	973-728-9774	CANFIELD@NETROM.COM
IHC Web Page:	WWW.INTERSTATEHIKINGCLUB.ORG		Contact IHC (IHC e-mail):	INFO@INTERSTATEHIKINGCLUB.ORG	

Membership Application

Having **completed at least one club activity,** I wish to apply for membership in the Interstate Hiking Club.

Enclosed are dues and initiation fee.

Note! Current Members! Annual Dues are \$10.00: Due on June 1

The Club fiscal year is June 1st to May 31st.

Junior (under 18) dues are \$1.00 a year.

If joining between May 1 and Dec. 1, dues are \$11.00 per person.

[\$10.00 per year plus \$1.00 initiation fee]

If joining between Dec. 1 and May 1, dues are \$6.00 per person.

[\$5.00 (1/2 year) plus a \$1.00 initiation fee]

Name: _____ **(Please PRINT Clearly)**

Street: _____

City, State, Zip: _____

Phone: (____) _____ **-- E-mail: (All Caps)** _____

Date of your IHC hike: ____/____/____ **Application Date:** ____/____/____

Amount: ____ \$11.00 (App. Date: 5/1 to 12/1) ____ \$6.00 (App. Date: 12/1 to 5/1) ____ \$1.00 (Junior)

Mail to: Interstate Hiking Club, c/o Charles Kientzler, Treasurer, 711 Terhune Drive, Wayne, NJ 07470

INTERSTATE HIKING CLUB SUMMER 2015 SCHEDULE


→Note! The following event require early registration ←

Friday	May 22-26, 2015	Memorial Day AT Hike - Maryland Border Northward
Week of	July 17-24, 2015	ATC Trail Conference Winchester Virginia
Week of	Sept 13-17, 2015	Hike Baxter State Park Mt Katahdin and Travelers Peaks

***** Canoeing General Instructions

Bring a partner, canoe, or kayak, life jackets, lunch and dry clothes in a waterproof bag. Rain may cancel the trip. Call the leader before 8:00 AM to check. Rentals are not usually available at launch sites, however check with leader.

Rain, inclement weather, will cancel the activities below. Contact the leader if in doubt.

Saturday May 2, 2015 Bicycle – Kittatinny Loop Moderately Strenuous
 We will bike Sussex Branch Rail trail, Lehigh and Hudson Rail Trail plus some less travel country roads, Bring lunch and plenty of water, **Helmets required. Rain date is one week later.**
You must call & register (leave number) to ensure ride is still on! Rain postpones the ride.

Leader: Ursula Davis 973-786-7087


Meet: 10:00 AM Kittatinny Valley State Park, 303 Goodale Rd, Newton, NJ 07860

From I-80 W Exit 25: Follow Rt-206N about 8 miles through Andover to Goodale Rd. on the right. (The road is about ½ mile north of Limecrest Rd.) Drive on narrow Goodale Rd. for 1 mile. Parking is on right side. (GPS 41.0163,-74.7440)

Sunday May 3, 2015 Harriman Hike Seven Hills Strenuous
 We'll hike the entire Seven Hills Trail. The hike is 8+ miles long with lots of ups and downs and great views. Possible side jaunt to the Russian Bear and/or Ramapo Torne. Bring water, snacks, and lunch. Leader bakes awesome good cookies. Awful weather cancels, but we'll go in light rain. Call if weather is uncertain. **Short shuttle required**
Leader: Joe Tag 908-938-4053 JGEORGETAG@AOL.COM
Meet: 9:00 a.m. Reeves Meadow Vis Center (Harriman SP), 7 Seven Lakes Dr, Southfields, NY 10975
From Suffern @ I-87N & I-287 Interchange Exit 15A: Take Rt-17 North 4½ miles to traffic light for Seven Lakes Dr. just north of Sloatsburg, NY. Turn right and proceed (Slowly) east on Seven Lakes Dr. 1½ miles to Reeves Meadow Visitor Center on right, or park across the street. (GPS 41.1742, -74.1689)

Saturday May 9, 2015 WANJ 13 Strenuous
 Walk Across New Jersey 13 is the last in a series of a thirteen hikes crossing the Garden State. From the Weehawken ferry terminal we will walk along the Hudson River waterfront walkway and the top of the palisades to reach the George Washington Bridge. Then we cross into New York City, ending at the GWB bus terminal. The hike is 10-14 essentially flat miles (with a couple of short climbs to the top of the palisades) at a moderately brisk pace on city streets and park paths. Bring lunch, snacks and water. **Awful or dangerous weather cancels.** Joint Hike with Shorewalkers, Outdoors Club.
Leaders: Craig Nunn 551-206-6823 DYSTOPICNJ@GMAIL.COM
 AL MacLennan 908-955-7723 MACLENNAN_AL@COMCAST.NET
 Jim Schlenker 908-295-8178 JIMS0331@GMAIL.COM
Meet: Contact leader by Email (preferred) or phone a week before the hike for meeting time and place.
Call after 7:00 AM morning of hike if uncertain about the weather.

Sunday May 10, 2015 Norvin Green Circular Moderately Strenuous
 An 8 to 9 mile hike with numerous ups and downs as our circle includes Buck Mountain, Carris Hill and Wyanokie High Point.
Leaders: Carolyn and Jim Canfield 973-728-9774
Meet: 9:00 a.m. Weis Ecology Center, 140 Snake Den Road, Ringwood, NJ 07456
From I-287 Exit 55: Take Rt-511 (Ringwood Ave.) north 4 miles (becomes Greenwood Tpk) and turn left onto Westbrook Rd. Go west on Westbrook Rd. and make a left at "Y" intersection, then ½ mi. to a left onto Snake Den Road. Follow road to parking lot on right before Weis Ecology. Do not drive into Weis Ecology Center. (GPS 41.0697, -74.3211)

Saturday May 16, 2015 Rail Trails Loop In Sussex County Moderately strenuous
 This circular ride will start at Warbasse JCT and will take us on the Sparta Junction, Sussex Branch, Great Valley, Paulinskill Valley trails, and finally along a beautiful lake to another stretch of the Sussex Branch Rail Trail for a total of about 16 miles. Bring water and lunch. **You must call & register (leave number) to ensure ride is still on!**
Helmets required. Rain will postpone ride to the following Sat.
Leader: Ursula Davis 973-786-7087
Meet: 10:00 a.m. Warbasse Junction, 271 Warbasse Junction Rd, Lafayette Township, NJ 07848
From I-80 Exit 34B: Take Rt-15 N 14.5 mi to Rt-94 just before Lafayette. At intersection with Rt-94S make left turn and go approx. ½ mile. Turn left on Warbasse Jct. Rd (County R-663S) Go ½ mile to parking on right. (GPS 41.0850,-74.6997)

Sunday May 17, 2015 Trail Clearing — Sterling Ridge Moderately Strenuous
 We need every ones help for another spring cleanup. Bring your lunch, water, clippers and good working gloves. If you do not have clippers you can use the tools provided by the club.
Rain Date Saturday June 20, 2015
Leader: Robin Abrett 862 -228-0332 RTABRETT@HOTMAIL.COM
Meet: 9:00 a.m. North End Sterling Ridge Trail Parking, Rt-17A, Sterling Forest, NY 10987
From Suffern @I-87 & I-287 Interchange Exit 15A: Take Rt-17 about 8½ miles north to Rt-17A at light. Turn left (west) on Rt-17A and continue for about 5½ mi. (look for hikers crossing sign). The access road to the Parking Area is on the left side of Rt-17A.
From Greenwood Lake, NY: Travel 3½ miles east on Rt-17A to the parking area access road on the right. (GPS 41.2466,-74.2474)

Friday May 22-26, 2015 Memorial Day AT Hike - Maryland Border Northward Strenuous

We are going to hike the AT in Pennsylvania in sections from the Maryland border north. It will be hilly, but very pretty with pastoral views. Some sections in the 10-14 mile range. Arrive in the area the night of May 22. We will Section hike May 23, 24, & 25th with an optional half day hike on May 26th. This is intended as a car assisted hike where we carpool to the start and shuttle cars to the end of the days hike. The leaders have booked accommodation for 9 in a cabin at Caledonia State Park. **All 9 spaces are currently taken.** But it is possible to camp at Caledonia State Park or get a motel room in the vicinity. If you are interested please register with Guy for the overflow groups. The leaders will send housing suggestions to you in late March.

Leaders: Craig Nunn 551-206-6823 **DYSTOPICNJ@GMAIL.COM**
Guy Percival 973-590-7437 **JENGUY@OPTONLINE.NET**

Meet: Contact Guy by Email or phone to register for this hike and receive housing suggestions. Craig will help you with questions about the hike. (Email preferred).

Sunday May 31, 2015 Schunemunk Strenuous

See the glories of nature on this mountain in Spring. The Jessup Trail, Western Ridge, & Visit the Megaliths. This will be a circular hike. **Bring Plenty of Water** **Rain cancels.**

Leader: Roy Williams **ROYHIKER1@AOL.COM**

Meet: 9:00 a.m. Schunemunk, 7 Taylor Road, Parking area, Mountainville, NY 10953

From I-87 Exit 16 Harriman/Woodbury Commons: After tollbooths stay to right for first exit, Woodbury & Rt-32. Take Rt-32 north about 7½ miles to Pleasant Hill Road, (Black Rock Hunting Club sign on left), Mountainville, NY. Turn left, go to first road (Taylor Road) turn left again, and proceed to parking lot on right side of road after crossing over thruway.

From Rt-17: Travel north on Rt-17 to Rt-32 in Harriman, NY. Take Rt-32 north 8½ miles to Pleasant Hill Rd. See above. (GPS 41.4076,-74.0818)

Sunday June 7, 2015 IHC Annual Meeting and Hike Moderate or Moderately Strenuous

IHC Members only Please. Come out for the annual meeting with an optional longer and shorter hike afterwards. Let us know what you liked, and possibly what needs improvement? Make your voices and ideas known.

Leader: The Old Officers Guy Percival 973-590-7437 Marguerite La Corte 973-625-4379
 Alastair MacLennan 908-955-7723 Robin Abrett 862-228-0332 Charlie Kientzler 973-835-1060

Meet: 9:00 a.m. Tuxedo metered commuter lot, 1 East Village Rd, Tuxedo, NY 10987

From Suffern @ I-87 & I-287 Interchange Exit 15A: Take R-17 about 6.5 miles north to Tuxedo. Just past the Tuxedo train station, turn right on E Village Rd, cross the tracks and turn left into the large parking lot which is free on weekends. (GPS 41.1956, -74.1841)

Saturday June 13, 2015 AT PA Section #2 Fox Gap South on AT Moderately Strenuous

IHC continues the series of AT hikes south of the Delaware Water Gap. This hike goes south from Fox Gap to at least Wind Gap. **Shuttle Required** **Joint Hike** **Awful or dangerous weather cancels.**

Leader: Craig Nunn 551-206-6823 **DYSTOPICNJ@GMAIL.COM**

Meet: Meeting instructions and start time will be mass emailed a week before this hike starts.

Call leader after 7:00 AM morning of hike if uncertain about the weather.

Saturday June 20, 2015 Rain Date Trail Clearing Sterling Ridge Moderately Strenuous

See Sunday May 17, 2015 for more information, same starting time and meeting point and leader.

Sunday June 21, 2015 Panther Mountain Moderately Strenuous

Come along for this strenuous work out in Harriman guaranteed to warm you up. This hike is 8 miles with a bunch of steep ascents, two swamps, and a great view of the emerald city (on a clear day) **Rain will cancel this hike.**

Leader: Roy Williams **ROYHIKER1@AOL.COM**

Meet: 9:00 a.m. Lake Sebago Hiker's/Boat Launch Lot, Seven Lakes Dr, Harriman State Park, NY 10974

From Suffern @ I-87 & I-287 Interchange Exit 15: Take Rt-17 north 4 miles, to Seven Lakes Drive, just north of Sloatsburg, NY. Turn right onto Seven Lakes Dr; go 4¼ miles. The "Boat Launch Parking" is on the left. (Small Sign, Small Road) (GPS 41.1975,-74.1291)

Sunday June 28, 2015 Allamuchy thru Hike Moderately Strenuous

Route 80 bisects Allamuchy and it is not often you get to hike Allamuchy on both sides in one hike! This hike will do that and you also get to see Rutherford Hall and Waterloo Village! The hike is 9 miles long and hilly but never too steep.

Shuttle Required


Leader: Guy Percival 973-590-7437 **JENGUY@OPTONLINE.NET**

MEET: 9:00 AM South End Sussex Branch Rail Trail, Waterloo Rd. (Rt-604), Stanhope, NJ 07874

From I-80 Exit 25: Follow Rt-206 north ¼ mi; then the first exit right, following signs to Waterloo Village. (Loop & Right turn). Continue to T-junction with Waterloo Rd. The Sussex Branch Parking Lot is straight ahead across the road. (GPS 40.9210, -74.7283)

Saturday July 4, 2015 Awosting Swim and Hike Moderately Strenuous
 Come and enjoy a beautiful 8+ mile hike in Minnewaska State Park. We will start our hike on the Mossy Glen Trail to Blueberry Run and the Castle Point Carriage Road. Enjoy lunch and a legal swim at Lake Awosting set in white conglomerate cliffs. Highlights include a forest of hemlocks, mountain laurel thickets, blooming rhododendron, stunted pitch pines, a walk along the Peters Kill, one-log crafted trail bridges, and panoramic views of the Lake Awosting, Sam's Point and the Catskills. Return trip will include the Lower Awosting Carriage Road, a walk across the rebuilt bridge over the Fly Brook and Jenny Lane. Bring lunch, water, and a bathing suit. Optional dinner afterwards at a local eatery.
Leader: Gail Stocks 973-839-9038 GAILSTOX@GMAIL.COM

Meet: 8:30 a.m. Harriman RR Station, Route 17, Monroe, NY 10950
From the South, @I-87N & I-287 Exit 15A: Take Rt-17 North 15 mi. The Commuter Lot is on the northbound side (right) of Rt-17. (GPS 41.2934,-74.1428)
From the North, NYS Thruway Exit 16: Proceed south on Rt-17 about 2 miles to Commuter lot on the left side.
Alternate Meet: 10:00 a.m. Minnewaska SP Rt-55 Parking at the lower parking lot
From I-87 North (New York State Thruway) Exit 18: Turn left onto NY 299 (Main St) and follow through New Paltz about 7.5 miles to right turn onto US 44/ 55. Proceed 4.4 miles to Park entrance on left. Proceed to the toll booth and then make an immediate right and proceed 0.1 mi to lower parking lot.) Do not go up hill to lake parking. Parking fee. (GPS Gate 41.7353,-74.2390)

Wednesday July 8, 2015 Canoe — White Lake (Near Blirstown) – A half day paddle for a hot day.
 Drift around this lovely lake with a white bottom (crustacean deposit) and see turtles and fish in the water as well as birds and wildlife on the shore. If it is not too hot we can wade ashore (muddy) and look at the historic works (deposits in the lake were mined). Bring lunch. We will have an early leisurely lunch in the shade. Sun hats a good idea. Bring camera and binoculars if you wish. We should be done before late afternoon. **Serious rain cancels.**

See Canoeing General Instructions. Must call and register the day before. Joint with UCHC
Leader: Jean Fletcher 973-285-5263 jrfltc@optonline.net Cell 973-452-1567 - **Wednesday only**
Meet: 9:30 AM White Lake Fish & Game Parking Lot, 99 Stillwater Rd (Rt-521), Hardwick Twp; NJ 07825
From I-80 West Exit 12: Proceed north on Rt-521 ¼ mi to Silver Lake Rd on right and follow it to the end (Rt-94). Turn right and follow Rt-94 about ½ mi into the hamlet of Marksboro, then turn left onto Spring Valley Rd (see historic building). Proceed down the hill and over the Paulinskill River continuing to Stillwater Rd (again Rt-521). Turn right. The entrance is about ½ mile on the right. Drive to the lake, unload your boat and take your car back to the parking lot near the road. (GPS 41.0024, -74.9166)

Sunday July 12, 2015 Watchung Reservation Circular Moderately Strenuous
 We'll hike all eleven miles of the Sierra Trail - counter-clockwise for a change of scene, visiting the water tower, stables, Surprise Lake, ancient cemetery, Deserted Village, Seely's Pond, and Nature Center. Bring water, snacks, and lunch.
Leader: Joe Tag 908-938-4053 JGEORGETAG@AOL.COM
Meet: 9:30 a.m. Watchung Reservation, Trailside Museum, 462 New Providence Rd, Mountainside, NJ 07092
From East bound I-78, Exit 45: Go right onto Glenside Ave. In ½ mi turn left onto Watchung Reservation Tracy Dr. Continue to the first circle and take first right onto Summit Lane. Go ½ mi and bear right onto New Providence Rd. to the end. The Trailside Parking is on right. (GPS 40.6826, -74.3728)
From West bound I-78, Exit 43: Proceed right on Diamond Hill Rd. to Traffic Light and turn right onto McMane Ave. Go on ¾ mi to intersection of Glenside Ave. and turn left. Continue ¾ mi to Watchung Reservation, turn into Tracy Dr. on right. Continue to the first circle and take first right onto Summit Lane. Go ½ mi and bear right onto New Providence Rd. to the end. The Trailside Parking is on right.
From Garden State Parkway Exit 140 (Rt-22): Take Rt-22 west about 5 mi to New Providence Rd, (Boro of Mountainside) turn right and continue 4 blocks to Tracy Dr. Turn right, follow Tracy Dr. to circle, then ¾ around to Summit Lane. Go ½ mi and bear right onto New Providence Rd. to the end. The Trailside Parking Area is on right.

Week of July 17-24, 2015 ATC Trail Conference Winchester Virginia
 The ATC trail conferences are fun events where you get to meet and hike with other clubs. Local Virginia clubs will lead the hikes and take you to spots they know well. Most hikes are day hikes. There will be some overnight backpacks too. You can use this opportunity to complete sections of the AT in Virginia quickly. Or take a historic excursion to Washington D.C. You will stay overnight at a community college dorm or camp. Either bring your car or carpool with other drivers and pay for mileage. Registration starts in April 2015. Search for "2015 atc biennial meeting". Contact me to let me know you are going? Also I will help to arrange carpooling to Virginia.
Leaders: Guy Percival 973-590-7437 JENGUY@OPTONLINE.NET

Sunday July 19, 2015 The Timp from Jones Point Strenuous

Experienced Hikers Only! High above the Hudson River is the Timp. After a climb up the R-D trail and over Bald Mountain we will stop on the top of the Timp. This is one of the greatest spots, it includes a dramatic 270° panorama. We return via the T-T, and the never completed Dunderberg Railway and tunnels, to the cars. **Rain or Foul weather will cancel this hike.**

Leader: Roy Williams ROYHIKER1@AOL.COM
Meet: 9:00 a.m. Jones Point Parking, Rt-9W, Rt-202, (Jones Point) Tomkins Cove, NY 10986
From Palisades Parkway northbound: Take Parkway to its end at the Bear Mountain Bridge Circle and Rt-9W. (about 18 miles north of New York State Thruway) Go south (right) on Rt-9W for about 4 miles to the parking area along southbound side of Rt-9W, opposite the old road to Jones Point. (GPS 41.2811,-73.9627)

Friday July 24, 2015 Canoe — Merrill Creek Reservoir

An easy paddle around a nice reservoir above the Delaware River. Perhaps we may see the Eagle again.

See Canoeing General Instructions. Must call and register the day before. Joint with UCHC

Leader: Pat Gaburo 973-377-4074 PATICAKES1@OPTONLINE.NET Cell 973-476-6157-**Friday Only**

Meet: 10:00 AM Boat Launch, Merrill Creek Reservoir, 1 Merrill Creek Rd; Washington, NJ 07882

From I-78 West Exit 4: Turn right at the end of the ramp on to S. Main St. and drive north 1.8 miles to the center of Stewartville. At the blinking light, turn right on Washington St. (becomes Stewartville Rd.) and go 2.7 mi to Rt-57 in New Village. Cross Rt-57 diagonally, turning left onto Montana Rd. which goes uphill for 2 mi. Left on Richlines Rd. and drive 0.3 mi, turning left again, onto Merrill Creek Rd. Follow signs to the Boat Launch. (GPS 40.7388, -75.0907)

Sunday July 26, 2015 Annual Hike/Picnic on Pompton Lake**Easy**

IHC Members and Families only Please. First we will hike along the Pompton Feeder Canal, observe the Old Locks and Feeder Dam. Afterwards we drive back to Kientzler's house for a swim in the lake, *no pool anymore*, (don't forget a bathing suit & swim fins) and then a picnic. Bring a dish to share and/or something to cook. Charlie will have the grill going. **If you wish, bring a door prize**

contribution. Rain does not cancel the Picnic!

Leader: Charlie Kientzler 973-835-1060 Cell 973-906-9325 – **Sunday Only**

Meet: 9:30 a.m. Pompton Plains Shopping Ct; Rt-23 (Northbound) &/or 190 Jackson Ave, Pequannock, NJ 07444

From the I-80, Rt-46 & Rt-23 Interchange: Take Rt-23 north 5.5 miles to Jackson Avenue (Right turn). Enter from either Rt-23 or Jackson Ave. Meet at north side of lot along Jackson Ave.

From I-287 Exit 52: Take Rt-23 Southbound 2 mi (4th light) to Jackson Ave. From right lane, make a jug handle (left) turn onto Jackson Ave eastbound toward Pompton Plains Shopping Ctr. Entering from Jackson Ave, meet at north side of lot along Jackson Ave. (GPS 40.9689,-74.2839)

Saturday August 1, 2015 Highland Hike & Swim at Macs Place**Strenuous**

We will hike on a section of the Highlands Trail followed by a swim and picnic at the end of the hike. Bring bathing suits and a dish to share.

Heavy Rain cancels this hike.

Leader: Mac McCaulley 973-398-3002 MACMCCAULLEY@AOL.COM Cell 908-416-4460

Meet: 9:00 AM Roland May Eves Mt. Inlet Sanctuary, 445 Lakeside Ave/Northwood Rd (Rt-609), Hopatcong NJ 07821

From I-80 Exit 34B (Rt-15 North): Go north on Rt-15 about 4.6 mi.; and exit onto Rt-181N toward Lake Forest / Woodport. Proceed 1.8 mi. on Rt-181N to Prospect Point Rd on left. Turn on Prospect Point Rd and go 1.2 mi to Northwood Rd (Rt-609) on right. Turn and proceed 1.0 mi. turning into parking area on left. Note! Northwood Rd. becomes Lakeside Ave in Hopatcong. (GPS 40.9710,-74.6404)

Sunday August 9, 2015 Ramapo Valley Reservation Circular**Moderately Strenuous**

Today's hike starts at the Ramapo River and using the Schuber Trail ascends the Ramapo ridge. After following Bear Swamp Brook thru a pretty glen it ascends the ridge for excellent views of the Big City. Our return is by a different historic route. This hike is about 7.5 miles in length

Leader: Mike Roulier 201-522-0259

Meet: 9:00a.m. Ramapo Valley Co. Reservation, 600 Ramapo Valley Rd, Rt-202, Mahwah, NJ 07430

From Rt-17 Mahwah, NJ: Take Rt-202 south 1.8 miles to Ramapo Valley County Reservation entrance on right side of road. (GPS 41.0776,-74.1863)

From I-287 Exit 58 Oakland, NJ: Take Rt-202 north 4.8 mile to Ramapo Valley County Res. on left. No left turns allowed here! So continue north about 1 block and make U-turn and come back to parking lot entrance.

Friday August 14, 2015 Canoe — Pompton Lake

Spend a day paddling on a beautiful lake with a picnic afterwards.

See Canoeing General Instructions. Must call and register the day before. Joint with UCHC

Leader: Charlie Kientzler 973-835-1060 Cell 973-906-9325 - **Friday Only**

Meet: 10:00 a.m. Kientzler Home, 711 Terhune Dr. (Rt-202), Wayne NJ 07470

From I-287 North Exit 58: On exiting turn left at light and proceed 0.1 mi to Rt-202 (Ramapo Valley Rd). Turn right (southbound), drive 1 mi to light where Rt-202 turns right. Follow Rt-202 0.9 mi to driveway on right. Note! Driveway is at the end of guardrail.

From I-287 South Exit 58: On exiting, turn left (southbound) onto Rt-202 (Ramapo Valley Rd) and continue through town 1.1 mi to light where Rt-202 turns right. Follow Rt-202 0.9 mi to driveway on right. Note! Driveway is at the end of guardrail.

(GPS 40.6628, -74.9389)

Saturday August 15, 2015 AT PA Section #3 Wind Gap South**Strenuous**

IHC continues the series of AT hikes south of the Delaware Water Gap. This hike goes south from Wind gap area.

Shuttle Required Joint Hike Awful or dangerous weather cancels.

Leader: Craig Nunn 551-206-6823 DYSTOPICNJ@GMAIL.COM

Meet: Meeting instructions and start time will be mass emailed a week before this hike starts.

Call leader after 7:00 AM morning of hike if uncertain about the weather.

Sunday August 23, 2015 Elk Pen Surprise**Moderately Strenuous**

We will start from the Elk Pen on the ASB trail. Then the Stahahe Brook Trail to the Nurian and then head towards the White bar & the ASB trail to the Lemon Squeezer. Then to Island Pond for some scenery. The AT will lead us back to the Elk Pen to end the day.

Rain or Foul Weather cancels this hike.

Leader: Roy Williams ROYHIKER1@AOL.COM

Meet: 9:00 a.m. Elk Pen Parking Area, 1003 Arden Valley Road, Southfields, New York 10975

From I-87 & I-287 Interchange Exit 15A: Take Rt-17 north about 13 miles to the Arden Valley Road entrance to Harriman State Park on the right. Turn right and proceed ½ mile to parking area on right. (GPS 41.2654, -74.1535)

Monday August 24, 2015 → DEADLINE for November 2015 —April 2016 Hike Schedule ←

Friday August 28, 2015 Canoe — Lake Farrington

A very nice lake with lots to see, wildlife, nice waterfronts, including a view of the Dam.

See Canoeing General Instructions. Must call and register the day before. Joint with UCHC**Leader: Pat Gaburo** 973-377-4074 PATICAKES1@OPTONLINE.NET Cell 973-476-6157-**Friday Only****Meet: 10:00 AM Lake Farrington Canoe Access, 549 Riva Ave, East Brunswick, NJ 08816****From NJ Turnpike Exit 9:** Go North on Rt-18 1 mi to Rt-1 southbound. On Rt-1S drive 2.4 mi to Rt-130 south. Continue 2.2 mi on Rt-130S to light at Old George Rd. Make a left and then go south on Old George Rd 0.8 mi to Church Lane on the left. Turn left and go 0.8 mi over bridge to Riva Ave on left. Turn left and the parking area is 200 ft ahead on the left. (GPS 40.4243,-74.4768)**Sunday August 30, 2015 Pyramid Mountain and Turkey Mountain Moderately Strenuous**

A hike of 8 - 9 miles in Pyramid Mountain Natural Historic Area, which includes Tripod Rock and other interesting rock formations. We will also visit the lesser traveled Turkey Mountain side, and possibly return via the 100 Steps.

Leader: Paul Ferlazzo 973-979-2010**Meet: 9:00 a.m. Pyramid Mt Visitors Center, 472 Boonton Ave, (Rt-511), Boonton Township, NJ 07005****From the North: I-287 Exit 52, to Rt-23 north.** Go 2 miles to Boonton Ave (Rt-511 south). Exit is a right-hand jug-handle turn. Follow Rt-511 south 4 miles to Morris County Park parking lot on right. (GPS 40.9472,-74.3873)**From the South: I-287 Exit 45 Wootton Avenue (Boonton).** Take first left and go under I-287. Follow Wootton Ave straight up the hill to blinker light. Turn right on Boonton Ave (Rt-511) and continue about 3 miles to Morris County Park parking lot on left.**Friday September 4, 2015 Canoe — Split Rock Reservoir**

A reservoir recently opened to boating and canoeing. Very pretty and quiet.

See Canoeing General Instructions. Must call and register the day before. Joint with UCHC**Leader: Bob Bodenstein** 908-204-0321 Cell 908-883-0921 **Friday Only****Meet: 10:00 AM Split Rock Reservoir Parking Lot, 345 Split Rock Road, Boonton Twp, NJ 07005****From I-287N Exit 44:** At the top of the ramp, turn right over I-287 onto Main St. (Rt-511) in Boonton. Drive 0.3 mile to Boonton Rd. (Rt-511) Turn right and go 2.5 miles to Rockaway Valley Rd. Turn left and drive 2.2 miles to Split Rock Rd, a 150 degree turn on the right. (Stone Rd. is the street 0.1 mile before Split Rock Rd.) Follow Split Rock Rd. 2.8 miles (Stay to the right at Decker Rd. and to the left at Charlottesville Rd.) to the parking lot and launch area. (The last 0.8 mile is gravel.)**From I-80 Exit 37 Rockaway/Hibernia:** Go north on Green Pond Rd. (Rt-513) toward Hibernia. At about 6.5 miles turn right at the Marcella Firehouse sign. This is Upper Hibernia Rd. Continue 2 mi. to fork in the road. Bear left onto Split Rock Rd. After the pavement ends keep going over the dam. The new fisherman's boat launch parking lot is about 1/8 mile on the left after the dam. (GPS 40.9625, -74.4575)**Sunday September 6, 2015 Patriots Path – Frelinghuysen to Heisteins Park Strenuous**

This hike will begin at Frelinghuysen Arboretum and travel through Morristown, Morris Township, Mendham and Randolph. Most of the hike will be on hiking trails and old railroad beds. It travels by Speedwell Lake, Clyde Potts Reservoir, and through Dismay Harmony Natural Area and Heisteins Park. 10-15 miles

Shuttle Required -Heisteins Park to Frelinghuysen Arboretum parking lot.**Leader: AL Dicianni** 973 455-7262 Cell 973 462-5583 **Day of hike only****Meet: 9:00 a.m. Heisteins Park, 21 Doby Rd, Mendham, NJ 07945****From I-287 Exit 39:** Take Rt-10 west 8.9 to Dover-Chester rd (Rt- 513) exit. Turn left (south) on Dover-Chester Rd and travel 2.8 mi. Make a left on South Rd and 0.1 mile later, a left on Doby Rd. Make a right on Heistein Park Rd and meet at building parking lot. (GPS Park Entrance 40.8249,-74.6137)**Week of Sept 13-17, 2015 Hike Baxter State Park Mt Katahdin and Travelers Peaks Strenuous**Baxter State Park is a wilderness area. It should have peak foliage this week. I am planning 3 days hiking in the vicinity of Mt Katahdin doing the Knife edge, and two days hiking to the north on the Travelers peaks. The park road is dirt with a 20 MPH limit. Accommodations will be in lean-tos or tents. You will need to bring a winter sleeping & ensolite pad and light weight food like dehydrated meals for two dinners. Along with three days heavier food/toilet paper/soap that can be kept in a car trunk. The group will have water filters, two extra 6 person tents and three stoves. If you have your own tent, water filter or stove please let me know when you register. Maine does not allow me to book camp sites until May 17th. So I do not now know the sequence of the trip, where we will be staying if tent or lean to or the exact cost. May 1st 2015 is the deadline for registration. If you want me to book a site for you send me a check for \$45 by May 1st. Camping is \$15 a day. We will share sites when possible. It will be difficult to get out of the park and resupply. Think about how to bring everything you will need except water (all water needs to be treated) for 5 days.**Leader: Guy Percival** 973-590-7437 JENGUY@OPTONLINE.NET

Friday September 18, 2015 Canoe —Lake Hopatcong

This canoe trip puts in on the North End of Lake Hopatcong, to explore the many quiet coves in this area. **Serious rain cancels. See Canoeing General Instructions. Must call and register the day before.** Joint with UCHC

Leader: Jean Fletcher 973-285-5263 Cell 973-452-1567—Friday only JRFLETC@OPTONLINE.NET

Meet: 9:30 AM Gatwyns II Restaurant & Bar, 900 Rt-15 North, Lake Hopatcong, NJ 07849

From I-80 West Exit 34B: Take Rt-15 North 4.7 mi, passing thru the Jefferson Diner area. Just after Bowling Green Parkway light look for "Lake Shawnee take next exit" sign, and exit onto Lake Shawnee ramp. Follow ramp to the end (Gatwyns Restaurant is visible) and turn right, and right again into Gatwyns parking lot. Pass through the parking lot onto the unpaved area. Outflow of the Lake Shawnee Dam is beyond the line of trees. Choose best launch area. Wade or paddle ~50 yards to Lake Hopatcong cove depending on water level.

From the North: Proceed South on R-15, at mile marker 7 take Exit Weldon Road, Oak Ridge, Milton. Go to top of ramp and turn left, passing over R-15. Just past end of the bridge, turn right onto Mallard Road. Turn right on West Shawnee Trail Turn right on Hurdstown Trail (see Lake Shawnee Club on the left) Turn left into Gatwyns parking lot, proceed to the unpaved lot. (GPS 40.9702,-74.5988)

Sunday September 20, 2015 A Different Reeves Meadow Circular Moderately Strenuous

We will start out on the Pine Meadow trail going towards Pine Meadow Lake. The Kakiat & the Seven Hills Trail over Diamond Mountain are next. After lunch by Pine Meadow Lake we start heading back to Reeves Meadow Visitor Center by some other wood roads & trails.

Rain or Foul Weather cancels this hike.

Leader: Roy Williams

ROYHIKER1@AOL.COM

Meet: 9:00 a.m. Reeves Meadow Visitor Center, Seven Lakes Drive, Harriman State Park, NY 10974

From Suffern @ I-87N & I-287 Interchange Exit 15A: Take Rt-17 North 4½ miles to traffic light for Seven Lakes Dr. just north of Sloatsburg, NY. Turn right and proceed east on Seven Lakes Dr. 1½ miles to Reeves Meadow Visitor Center on right, or park across the street. (GPS 41.1742, -74.1689)

Sunday September 27, 2015 High Point Circular Moderate

A 6-7 mile hike at a moderate pace on the AT, Monument, and Cedar Swamp trails. Great views at the monument for lunch and along the trail; the Cedar Swamp is a unique, rare and disappearing natural environment. One short steep incline to Monument (the highest Point in NJ).

Leader: Alan Breach 973-875-4376 cell 973-875-4376 -- day of hike only ABREACH@PTD.NET

Meet: 10:00 a.m. High Point State Park AT Parking Lot, Rt-23, Wantage, NJ 07461

From I-287 Exit 52: Take Rt-23 North 34 mi to High Point State Park. Almost to the Top of Rt-23 hill, on the left is the AT Parking Lot (just past mile marker 48), immediately after large stone piers on both sides of Rt-23. (GPS 41.3035,-74.6667) (good place for a bathroom stop)

Saturday October 3-4, 2015 Port Jervis/Allamuchy Bike Ride Strenuous

We will start at Secaucus transfer station. Outbound trip to Port Jervis by train. Catch the 9:31 on Saturday; we reach Port Jervis at 11:31. Return by bicycle with Saturday overnight at Camp Mohican. 40 miles on Saturday, much of it on Old Mine Road. 30 Miles on Sunday, much of it on rails to trails, so a cross bike is best for this. Ending at Allamuchy where we join the

Sunday hike at 1:00 PM. Train fare one way \$30.50. Less for seniors. **Register by Thursday, Oct 1st to be sure trip is on.**

Leader: Guy Percival 973-590-7437 JENGUY@OPTONLINE.NET

Sunday October 4, 2015 Allamuchy Exploration Moderate

Today's hike will be a section of Highland's trail in Hopatcong. 5 miles total. Good views and pretty streams will be seen. You will get to meet the bike riders coming in from Port Jervis on their second day!

Leader: Guy Percival 973-590-7437 JENGUY@OPTONLINE.NET

Meet: 1:00 PM. Byram Plaza (McDonalds-Shoprite), 80 Rt-206, Stanhope, NJ 07874

From Route I-80 West Exit 25: Take Rt-206 north 2.3 miles to Lackawanna Ave. Just past the light, turn right into Byram Plaza. Park by McDonald's.

Sunday October 11, 2015 NYC Greenway Strenuous

In this walk we continue our trek along the Brooklyn-Queens Greenway. This section begins at Grand Army Plaza and ends in Coney Island. Approximately 10-12 miles long. Bring lunch/water. Brisk, steady pace. Many drop-out points. Walk in conjunction with Shorewalkers. **Rain cancels the trek.**

Leaders: Jack McClelland & Elizabeth Campbell 718-478-2430 JGMWOLF@GMAIL.COM

Meet: 9:15 a.m. for prompt 9:30 start. Meet outside Brooklyn Museum at subway entrance. Take 2 or 3 train to Eastern Parkway.

Saturday October 17, 2015 AT PA Section #4 Hike South Strenuous

IHC continues the series of AT hikes south of the Delaware Water Gap. This hike goes south from Smith Gap area.

Shuttle Required Joint Hike Awful or dangerous weather cancels.

Leader: Craig Nunn 551-206-6823 DYSTOPICNJ@GMAIL.COM

Meet: Meeting instructions and start time will be mass emailed a week before this hike starts.

Call leader after 7:00 AM morning of hike if uncertain about the weather.

Sunday October 25, 2015 Schunemunk Trail Maintenance Moderately Strenuous

The club maintains this section of the Western Ridge trail (the previous Long Path), as well as the Lower Jessup Trail. Please come and help us maintain these trails! Bring your lunch, water, clippers and good working gloves. If you do not have clippers you can use the tools provided by the club. **Rain Date Saturday October 31, 2015**

Leader: Robin Abrett 862-228-0332 RTABRETT@HOTMAIL.COM

Meet: 9:00 AM Schunemunk, 10 Taylor Road, Parking area, Mountainville, NY 10953

From I-87 Exit 16 Harriman/Woodbury Commons: After tollbooths stay to right for first exit, Woodbury & Rt-32. Take Rt-32 north about 7½ miles to Pleasant Hill Road, (Black Rock Hunting Club sign on left), Mountainville, NY. Turn left, go to first road (Taylor Road) turn left again, and proceed to parking lot on right side of road after crossing over thruway. (GPS 41.4076,-74.0818)

From Rt-17: Travel north on Rt-17 to Rt-32 in Harriman, NY. Take Rt-32 north 7½ miles to Pleasant Hill Road. See above.

Saturday October 31, 2015 Rain date - Trail Clearing, same leader, same time and place as above.

Note! Sunday November 1, 2015 Daylight Saving Time Ends