

Interstate Hiking Club

Organized 1931

Affiliate of the NY-NJ Trail Conference



Schedule of Hikes

May 2018 through October 2018

IHC Web Page: WWW.INTERSTATEHIKINGCLUB.ORG
IHC e-mail: INFO@INTERSTATEHIKINGCLUB.ORG

INTERSTATE HIKING CLUB OFFICERS FOR JUNE 2017 TO May 2018

President:	Guy Percival	73 Birchwood Road	Bedminster NJ 07921	973-590-7437	JENGUY@OPTONLINE.NET
Secretary:	Marguerite La Corte	PO Box 52	Mt. Tabor NJ 07878	973-625-4379	REDTABORLADY@VERIZON.NET
Treasurer:	Charles Kientzler	711 Terhune Dr.	Wayne NJ 07470	973-835-1060	CKIENTZLER@AOL.COM
Trails Chair:	Sara Van Niekerk	102 Weinmanns Blvd	Wayne NJ 07470	973-489-6442	SUSARAVN@GMAIL.COM
Entertainment:	Alastair MacLennan	195 W Main St. Unit J	Chester NJ 07930	908-955-7723	MACLENNAN_AL@COMCAST.NET
Web Master:	James Canfield	107 Rolling Ridge Rd.	W. Milford NJ 07480	973-728-9774	CMJWCANFIELD@GMAIL.COM

Membership Application

Note! Current Members! Annual Dues are \$20.00: A Second Member at same address \$10.00. Due on June 1!

Having **completed at least one club activity**, I wish to apply for membership in the Interstate Hiking Club.

If joining between **May 1 and Dec. 1**, dues are \$21.00 per person. [\$20.00 per year plus \$1.00 initiation fee]

If joining between **Dec. 1 and May 1**, dues are \$11.00 per person. [\$10.00 (1/2 year) plus \$1.00 initiation fee]

Junior (under 18) dues are \$1.00 a year.

The Club fiscal year is June 1st to May 31st.

Name: _____ (Please PRINT Clearly)

Street: _____

City, State, Zip: _____

Phone: (____) _____ -- **E-mail: (All Caps)** _____

Date of your IHC hike: ____/____/____ **Application Date:** ____/____/____

Amount: _____ \$21.00 (App. Date: 5/1 to 12/1) _____ \$11.00 (App. Date: 12/1 to 5/1) _____ \$1.00 (Junior)

Enclosed are dues and initiation fee. Mail to:

Interstate Hiking Club, c/o Charles Kientzler, Treasurer, 711 Terhune Drive, Wayne, NJ 07470

GENERAL INFORMATION ABOUT THE INTERSTATE HIKING CLUB

Who we are!

The Interstate Hiking Club (IHC) is a medium-sized hiking club, organized in 1931. IHC has been affiliated with the NY/NJ Trail Conference, as a trail maintaining club, since 1931.

Guests are welcome! An adult must accompany anyone under 18. **No Pets allowed on IHC hikes.**

Where do we go?

Most of our activities are centered in the NY/NJ area; some hikes, bicycle rides and canoe trips are farther away. The club occasionally sponsors trips in the Catskills and Pennsylvania. Our hikes are not usually accessible by public transportation.

What do we do?

Hikes, bicycle rides and canoe trips generally are scheduled for every Sunday, and some Fridays and Saturdays, as day-long outings. They are graded by difficulty of terrain, distance and pace. **The Hiking grades are:**

Easy: These hikes are 3 to 5 miles in length and should have no significant hills.

Moderate: These hikes are 5 to 8 miles and may take up to 5 hours, including time for trail lunch. They should not generally have multiple long steep hills, and should be at a moderate pace.

Moderately Strenuous: These hikes are 5 to 8 miles with multiple steep hills or 8 miles or more which are mostly flat walking. They can last up to 6 hours including trail lunch. Pace to be moderate.

Strenuous: Not for novices. Hikes are 8 miles or more and last 6 hours or more, including time for trail lunch. These may have many long steep hills and may be at a brisk pace.

The club also maintains trails in association with the NY/NJ Trail Conference. Two Sundays a year are devoted to this service work. In addition, in the past we have participated in the following: orienteering, snow-shoeing, cross-country skiing, swimming, mountain biking, backpacking, and camp-outs in the Adirondacks, Southern Appalachians and Maine.

What to bring:

Footwear is very important. Hiking boots with non-slip soles are essential for all hikes. New footwear should be broken-in before being used on a hike!

Bring plenty of water to drink (In the summer; a minimum of 2 quarts recommended), a trail lunch, but please no food that requires cooking. Bring a pack to carry your gear in, including rain gear, sweater, etc., leaving your hands free for climbing.

Things to be aware of:

All outdoor activities involve inherent risks. Your participation in these activities is at your own personal discretion and you are solely responsible for your safety!

The stated meeting time for a hike "is" the departure time.

The leader is in charge of the event. Allow the leader to set the pace. **Do not rush ahead or fall behind the group.**

The leader has the right to refuse any person he/she deems not prepared for the hike/event.

How to join:

Application for membership may be given to any club officer or mailed to the treasurer **upon the completion of one activity.** Guests, who have attended three activities, **shall be expected to apply for membership** before attending any more activities.

INTERSTATE HIKING CLUB Summer 2018 SCHEDULE

NOTE! The following events require advance registration or attention

Friday	May 25 to 28, 2018	White Mtns. Extended Weekend Hiking
Friday	June 22 to 25, 2018	Catskills Extended Weekend Hiking
Saturday	Aug. 25 to Sept 1, 2018	Full Week Bike Ride on the Erie Canal
Saturday	September 29 to 30, 2018	Weekend Canal Bike Ride, Reading PA
Sunday	October 14 to 20, 2018	Full Week Hiking North Carolina AT – 2nd Section

Canoeing General Instructions

Bring a partner, canoe, or kayak, life jackets, lunch and dry clothes in a waterproof bag. Rain may cancel the trip. Call the leader before 8:00 AM to check. Rentals are not usually available at launch sites, however check with leader.

Rain, inclement weather, will cancel the activities below. Contact the leader if in doubt.

Saturday May 5, 2018 Appalachian Tr. #3 – Flatbrookville Rd to Culvers Gap Strenuous

This 11 mile hike follows the Kittatinny Ridge with great views of the Pocono Mtns. to the West across the Delaware and the farmlands in the flat valley to the East. We shall be ascending over several high spots like Rattlesnake Mtn. along the way. **Shuttle Required.**

Leader: Paul Ferlazzo 973-979-2010 P_FERLAZZO@YAHOO.COM

Meet: 9:00 AM AT Parking Lot, Sunrise Mountain Rd, (Stokes State Forest), Branchville, NJ 07826

From I-80 West Exit 34B: Take Rt-15 north about 17 mi. to Rt-206 (Rt-15 ends). Continue straight on Rt-206 north 6+ mi. towards Culvers Gap and Rt-626 at the AT trail crossing sign. Turn right and go 0.1 mi. to Sunrise Mountain Road, on the left. Turning left; take Sunrise Mt Rd to the Appalachian Trail Parking Lot 200 ft ahead on the left. GPS (41.1794,-74.7877)

Friday May 11, 2018 Split Rock Reservoir Paddle

The launch area can be challenging, but this reservoir is worth the effort. Kayak wheels will be available; we can help each other get the boats down and back up. Split Rock is a 625 acre body of water located on wooded property on the borders of Rockaway Township and Kinnelon. Anticipate possible wind. Bring lunch. We will find a place to eat while paddling. **A personal flotation device must be worn. Joint with TSR**

See Canoeing General Instructions. Must call and register with the Leader by 6 PM the day before.

Leader: Jean Fletcher 973-285-5263 JRFLETC@OPTONLINE.NET Cell 973-452-1567, **Friday only**
Meet: 10:00 AM Split Rock Reservoir Car Top Boat Launch, 345 Split Rock Road, Boonton Twp, NJ 07005.
From I-80 Exit 37: Go north on Green Pond Rd for about 6.5 miles. Opposite the Marcella Community Center (at a Firehouse sign) turn right onto Upper Hibernia Rd. Go 1 mile to a fork/intersection and turn LEFT onto Split Rock Rd (do not follow the NO OUTLET sign). The road turns to dirt. Follow the road over the dam and look on the left for the parking lot. GPS (40.9625, -74.4575)

Sunday May 13, 2018 Otter Hole Moderately Strenuous

This back door approach to the network of trails of Norvin Green crosses Posts Brook and leads to several high points. Come and see which of the various routes the leader takes.

Leader: Mike Roulier MROULIER@PATELLAWOOD.COM

Meet: 9:00 AM Norvin Green S.F, Otter Hole Parking Lot, 528 Glenwild Ave, Bloomingdale, NJ 07403
From I-287 Exit 53: Turn West (left) onto Hamburg Turnpike (Rt-694 W) and drive 1½ mi thru town of Bloomingdale, continuing on Hamburg Tpk. by taking the right fork at the split at end of town. Just 0.1 mi later Glenwild Rd (Rt-700) is on the right, up a steep slope. Drive 2.9 mi on Glenwild Ave, past Lake Communities to the parking area on the right. GPS (41.0457, -74.3505)

Saturday May 19, 2018 Little Gap in PA Moderately Strenuous

We will meet at the Clinton Park & Ride and carpool to Smith Gap in PA and leave a car. Then shuttle to Little Gap and hike back 8 miles to Smith Gap. While not the most beautiful hike in PA it is relatively flat and scenic high on the AT ridge. **Shuttle required.**

Leader: Jerry Giordano GMGLIV@MSN.COM

Meet: 8:00 AM Clinton Park & Ride, Rt-31, 194 Center St; Clinton, NJ 08809

From Intersection of I-287 & I-78: Merge onto I-78 W toward Easton Pennsylvania and drive 13 miles. Take Exit 17 to merge onto Rt-31N toward Clinton/Washington/Flemington. Continue ¾ mi on Rt-31N and take exit for Rt-31 southbound overpass, bearing right at both forks before the overpass. Continue ¾ mi to light and turn left still heading to Rt-31South. Drive ½ mi to Park & Ride just before Rt-31S entrance. GPS (40.6396, -74.8940)

Friday May 25-29, 2018 White Mountains Long Weekend Hiking Strenuous

We will stay Friday night, Saturday, Sunday and Monday in Conway, NH. Accommodations are up to the individual to provide and please feel free to contact me if you would like suggestions. Depending on the weekend weather we will hike either Saturday or Sunday and ascend Mt. Washington from Pinkham Notch to the summit. This hike is moderately short but quite strenuous, and the views promise to be stellar! During the remaining weekend time we will hike easy to moderate water fall hikes that are quite lovely. Conway hosts a craft fair that weekend so there is much to do in town. You can expect it to be a very fun weekend! **Members & Friends Only**

Leader: Janice Domiter JADOMITER@AOL.COM

Meet: Contact Leader for additional information. You will need to pre-register for this Hiking Event.

Sunday May 27, 2018 Stoke State Forest Blue Mountain Loop #3 Moderately Strenuous

Today we will hike about 8 miles of the northern end of the new Blue Mountain Loop. This is the completion of the Loop. **Rain or Foul Weather cancels this hike. Shuttle Required to Steam Mill Parking Area for start of hike.**

Leader: Roy Williams ROYHIKER1@AOL.COM

Meet: 9:00 AM Stokes State Forest Entrance (Ranger) Station, 1 Coursen Rd, Branchville, NJ 07826

From I-80 West Exit 34B: Take Rt-15 north about 17 mi. to Rt-206 (Rt-15 ends). Continue straight on Rt-206 north 6+ mi. towards Culvers Gap and AT trail crossing sign. Proceed an additional ½ mi. and the Park Entrance is on the right off Rt-206. GPS (41.1857, -74.7957)

Sunday June 3, 2018 IHC Annual Meeting and Hike Moderate or Moderately Strenuous

IHC Members only Please. Come out for the annual meeting with an optional longer and shorter hike afterwards. Let us know what you liked, and possibly what needs improvement? Make your voices and ideas known.

Leaders: The Old Officers Guy Percival 973-590-7437 Marguerite La Corte 973-625-4379
 Alastair MacLennan 908-955-7723 Charlie Kientzler 973-835-1060 Sara Van Niekerk 973-489-6442

Meet: 9:00 AM Tuxedo metered commuter lot, 1 East Village Rd, Tuxedo, NY 10987

From Suffern @ I-87 & I-287 Interchange Exit 15A: Take R-17 about 6.5 miles north to Tuxedo. Just past the Tuxedo train station, turn right on E Village Rd, cross the tracks and turn left into the large parking lot which is free on weekends. GPS (41.1956, -74.1841)

Sunday June 10, 2018 Lake Skannatati Circular North Moderately Strenuous

We will go North on the Long Path instead of South. Then we will use some other trails & then come back on the ASB. **Rain or Foul Weather cancels this hike.**

Leader: Roy Williams ROYHIKER1@AOL.COM

Meet: 9:00 AM Lake Skannatati Parking Area, Seven Lakes Drive, Harriman State Park, NY 10974

From Suffern: @ I-287 & I-87N Interchange exit 15A: Take Rt-17 north 4½ miles, to Seven Lakes Dr., just north of Sloatsburg, NY. Turn right onto Seven Lakes Drive; go 7.8 miles. Parking is on the left (down the hill) along the lower lake. GPS (41.2429, -74.1017)

Sunday June 17, 2018 Duke Island Circuit Moderately Strenuous

This new hike of about 8 miles goes west to the end of Duke Island Park, and then returns to Old York Road via the historic Raritan Power Canal. All flat going with a mixture of dirt path and pavement. We will see the falls at Duke Island Park that is really quite nice.

Leaders: Guy & Jennifer Percival 973-590-7437 JENGUY@OPTONLINE.NET ↓ **More**

Meet: 9:00 AM Duke Island Park Bikeway, 1128 Old York Road, Raritan, NJ 08869

From 1-287 South Exit 17, (Rt-202/206 South): Drive South 1.5 mi on Rt-202/206 to split of Rts-202 & 206. Take Rt-206 South ½ mi to right lane exit at light for E Somerset St. Turning right, follow E Somerset westward (No Turns) 1.3 mi to parking for the Duke Island Park Bikeway. The road name changes to W. Somerset and then to Old York Rd. GPS (40.5610, -74.6479)

Friday June 22–25, 2018 Catskills – Long Path Extended Weekend Strenuous

Four days in the Catskills hiking the Long Path while enjoying the comforts (especially of the floor) of a member's country home. There are two "big" days, Saturday a 14 mile hike including Plateau Mountain and Sunday a 15 mile hike skirting Kaaterskill High Peak. Friday we will do a 7 mile loop including Sugarloaf Mountain and Monday we will do an 8 mile hike including Indian Head Mountain. **SHUTTLES REQUIRED Joint with NYC Ramblers**

Members of either Club & Friends only please

Leader: Ian Hochstead IANHOCH@HOTMAIL.COM

Meet: Pre-Registration required with Ian for this event and to receive meeting time/place/carpool instructions.

Sunday July 1, 2018 Somerville and the Nevius Bridge Moderately Strenuous

This 8 mi hike in Somerville is new to us. We start eastward from the parking spot and go first across the Raritan on the Nevius Pedestrian Bridge. The route goes under Rt-206 via a new path Somerville is installing. There are very pretty views of the Raritan and lots of bird life on the way. Once in Somerville we will use Peters Brook Trail to get us onto the streets of Somerville. Then farm paths over to the Derrick Van Veghten House. We are likely to see sheep in Somerville! Return by same route, but we will be careful of mule that looks sullen.

Leaders: Guy & Jennifer Percival 973-590-7437 JENGUY@OPTONLINE.NET

Meet: 9:00 AM Duke Island Park Bikeway, 1128 Old York Road, Raritan, NJ 08869

From 1-287 South Exit 17, (Rt-202/206 South): Drive South 1.5 mi on Rt-202/206 to split of Rts-202 & 206. Take Rt-206 South ½ mi to right lane exit at light for E Somerset St. Turning right, follow E Somerset westward (No Turns) 1.3 mi to parking for the Duke Island Park Bikeway. The road name changes to W. Somerset and then to Old York Rd. GPS (40.5610, -74.6479)

Sunday July 8, 2018 Sterling Valley Loop Strenuous

We are going to hike a section of Sterling Forest that we seldom visit. We will look at the route using the light up map at the Sterling Center before embarking. That way you know what you are getting into! Come see two pretty swamps and old roads along the Sterling Valley loop 9 miles, reasonably flat with good views of Sterling Lake.

Leaders: Guy & Jennifer Percival 973-590-7437 JENGUY@OPTONLINE.NET

Meet: 9:00 AM Sterling Forest Visitor Center, 119 Old Forge Rd, Tuxedo, NY 10987

From Suffern @ I-87 & I-287 Interchange Exit 15: Take Rt-17 north 2 mi to Sterling Mine Rd (CR-72). Proceed west on Sterling Mine Rd about 3 miles to traffic light. Turn right at traffic light onto Long Meadow Rd (CR-84). Go north 3½ miles to Sterling Lake Rd (Old Forge Road) on left. Turn left and go ¼ mi taking the next right toward the Visitor's Center which is ¼ mi ahead. The Parking will be opposite the Visitor Center, in the hiker parking lot on right side of road. GPS (41.1983, -74.2562)

Saturday July 14, 2018 Bike the Lehigh Canal to Jim Thorpe Moderately Strenuous

The connection from Weissport to Jim Thorpe will be open for this trip. We will ride 30 miles on the Lehigh Canal towpath from Slatington PA, 15 miles north and return. You will need a bike with wider tires and a helmet. Slatington trailhead has bathrooms.

Leaders: Guy & Jennifer Percival 973-590-7437 JENGUY@OPTONLINE.NET

Meet: 10:00 AM Slatington, PA Trail Head, 50 Main St; Slatington, PA 18080

From I-78 Tolls just west of the Delaware R Crossing: Continue 22 mi on I-78 to Rt-309. Take the exit and drive 7½ mi north to Rt-873 in Schnecksville. Take Rt-873 northward 6 mi to Main St, Slatington. Stay on Main St (Rt-873 turns off) about ½ mi after the bend to Slatington Trailhead on right side, just before the river. Look for gravel lot with former railway station. GPS (40.7527, -75.6047)

Sunday July 15, 2018 Annual Hike/Picnic on Pompton Lake Easy

IHC Members and Families only Please. First we will hike along the Pompton Feeder Canal, observe the Old Locks and Feeder Dam. Afterwards we drive back to Kientzler's house for a swim in the lake, no pool anymore, (don't forget a bathing suit & swim fins) and then a picnic. Bring a dish to share and/or something to cook.



Charlie will have the grill going. If you wish, bring a door prize contribution. **Rain does not cancel the Picnic!**

Leader: Charlie Kientzler 973-835-1060 Cell 973-906-9325 – Sunday Only

Meet: 9:30 AM Pompton Plains Shopping Ct; Rt-23 (Northbound) &/or 190 Jackson Ave, Pequannock, NJ 07444

From the I-80, Rt-46 & Rt-23 Interchange: Take Rt-23 north 5.5 miles to Jackson Avenue (Right turn). Enter from either Rt-23 or Jackson Ave. Meet at north side of lot along Jackson Ave. GPS (40.9689, -74.2839)

From I-287 Exit 52: Take Rt-23 Southbound 2 mi (4th light) to Jackson Ave. From right lane, make a jug handle (left) turn onto Jackson Ave eastbound toward Pompton Plains Shopping Ct. Entering from Jackson Ave, meet at north side of lot along Jackson Ave.

Sunday July 22, 2018 Elk Pen Circular Moderately Strenuous

We will start from the Elk Pen on the ASB trail. Then hike the Dunning Trail to the RD and then head North on the RD trail to the Lichen Trail. After lunch which ever trails that will lead us back to the Elk Pen to end the day.

Rain or Foul Weather cancels this hike.

Leader: Roy Williams ROYHIKER1@AOL.COM

Meet: 9:00 AM Elk Pen Parking Area, Arden Valley Road, Arden, NY 10910

From I-87 & I-287 Interchange Exit 15A: Take Rt-17 north about 13 miles to the Arden Valley Road entrance to Harriman State Park, on the right. Turn right and proceed ½ mile to parking area on right. GPS (41.2654, -74.1535)

Sunday July 29, 2018 Ramapo Ridge Ramble Moderately Strenuous

We will be doing the Millstone Trail, and parts of the yellow/ Old Guard Trail. This is a loop hike that traverses several historic scout trails (Camps Todd, Glen Gray and Cannonball), climbs to panoramic viewpoints and follows a picturesque stream. The hike is about 8 miles in length.

Leader: Mike Roulier MROULIER@PATELLAWOOD.COM

↓ **More**

Meet: 9:00 A.M. Ramapo Mountain State Forest, Upper Parking Lot, 265 Skyline Dr, Oakland, NJ 07436
From I-287 Exit 57: Take Skyline Drive north 1.3 miles towards Ringwood. Parking area is on the left at the top of the mountain almost opposite the entrance to Camp Tamarack. GPS (41.0475, -74.2513)

→**July 29, 2018 Deadline to submit new hike ideas for Winter Schedule. Nov. 2018 to mid May 2019**←

Sunday August 5, 2018 Sourland in Summer Moderately Strenuous
 Come enjoy an 8½ mile hike in the Sourland Mountain preserve. Scale the valley of rocks and see the Devils half acre. Be prepared for a great view of NYC. We will see waterfalls and streams along the way

Leader: Udi Cohen 732- 543-4624 UDIC2000@GMAIL.COM

Meet: 9:00 AM Sourland Mountain Preserve Parking Area, 380 East Mountain Rd, Hillsborough, NJ 08844

From Rt-287 Exit onto Rt-206 southbound: Follow Rt-206 south to Somerville Circle (Junction of Rt-202 & Rt-206). Continue south on Rt-206 5.9 mi, then turn right on Rt-514 (Amwell Rd). Precede West 2.8 mi to East Mountain Rd. Turn left onto East Mountain Rd. Travel for two mi, and you will see the Sourland Mountain Preserve entrance sign on the right.

From Rt-206 Northbound: Follow Rt-206 through Princeton and Montgomery. Traveling up a small ramp, make a left onto Rt-601. Follow Rt-601 for a 1.1 mi, and make a right turn onto East Mountain Road by Carrier Foundation. Travel for 1.1 mi, and you will see the Sourland Mountain Preserve entrance sign on the left. GPS (40.4751, -74.6926)

Saturday August 11, 2018 Highland Hike & Swim at Macs Place Moderately Strenuous
 We will hike on a section of the Highlands Trail followed by a swim and picnic at the end of the hike. Bring bathing suits and a dish to share.

Heavy Rain cancels this hike. IHC Members and Friends only Please.
Leader: Mac McCaulley 973-398-3002 MACMCCAULLEY@AOL.COM Cell 908-416-4460

Meet: 9:00 AM Roland May Eves Mt. Inlet Sanctuary, 445 Lakeside Ave/Northwood Rd (Rt-609), Hopatcong NJ 07821

From I-80 Exit 34B (Rt-15 North): Go north on Rt-15 about 4.6 mi.; and exit onto Rt-181N toward Lake Forest / Woodport. Proceed 1.8 mi. on Rt-181N to Prospect Point Rd on left. Turn on Prospect Point Rd and go 1.2 mi to Northwood Rd (Rt-609) on right. Turn and precede 1.0 mi. turning into parking area on left. Note! Northwood Rd. becomes Lakeside Ave in Hopatcong. GPS (40.9710, -74.6404)

Friday August 17, 2017 Paulinskill Lake Paddle



A pleasant paddle for a hot day, Stillwater Twp, Sussex County We will paddle in the waters upstream of the Paulinskill Lake cottage community, either going upstream, until it becomes too shallow, enjoying the wildlife and historic artifacts or, downstream, in the lake above the cottage colony. Wear good water/walking shoes and bring a short rope – we might want to pull the boats over the pebble bars in the river. Bring lunch; we will find a place to eat during the paddle. See the book, Quiet Waters of New Jersey, a canoe and kayak guide by Kathy Kenley, published by the Appalachian Mountain Club for more information and a map. Also about the area; https://en.wikipedia.org/wiki/Paulins_Kill. **A personal flotation device must be worn. Joint with TSR See Canoeing General Instructions. Must call and register with the Leader by 6 PM the day before.**

Leader: Jean Fletcher 973-285-5263 JRFLETC@OPTONLINE.NET Cell 973-452-1567, Friday only

Meet: 10:00 AM Paulinskill Fishing Parking Area, Plotts Rd, Newton, NJ 07860

From I-80 Exit 25: Take Rt-206 north through the town of Andover. Approximately 4 mi. north of Andover pass through the Greendale light and make the immediate left onto Fredon-Springdale Rd. Follow this road, which becomes Willows Rd until it ends at Rt-94. Turn right on Rt-94 and proceed ~1 mi. watching on the left for Anderson Hill Rd, just at the crest of the hill. Turn left and go on Anderson Hill Rd being careful to bear hard right at a Y intersection; follow Anderson Hill Rd to Rt-622 (Newton Swartswood Rd). Turning left on Rt-622 continue ~1 mi and turn right onto Junction Rd. Proceed on the road along a railroad track until a stone RR trestle is visible on the left. Turn left and go under the trestle (Plotts or Parsons Road). Follow the road on the causeway along Paulinskill Lake to the far side. Turn left into the parking area, make a U turn and drive back onto the causeway and park along the side of the road at the launch area. GPS (41.0834, -74.7826)

Saturday August 18, 2018 Gertrude's Nose Strenuous

The Shawangunks are really pretty in summer, lots of blueberries and plenty of light for a long trip. We will hike on the Millbrook Mtn trail out to Millbrook Ridge. Then head out to Gertrude's nose for fabulous views and large cliffs.

The hike is 10 miles and strenuous, **bring lots of water.**

Leader: Guy & Jen Percival 973-590-7437 JENGUY@OPTONLINE.NET

Meet: 8:30 AM Harriman RR Station, Route 17, Arden, NY 10910

From the South, @I-87N & I-287 Exit 15A: Take Rt-17 North 15 mi. The Commuter Lot is on the northbound side (right) of Rt-17.

From the North, NYS Thruway Exit 16: Proceed south on Rt-17 about 2 mi. to Commuter lot on the left side. GPS (41.2931, -74.1425)

Saturday Aug. 25–Sept. 1, 2018 Bike Ride on the Erie Canal in Western New York Moderately Strenuous



Ride much of the Erie Canal towpath and other bike trails around Buffalo and Rochester, NY. Some riding on back roads as well. We will stay in local motels. **This Bike Ride Trip requires pre-registration to attend**

Leaders: Craig Nunn DYSTOPICNJ@GMAIL.COM

Guy Percival JENGUY@OPTONLINE.NET

Meet: Contact Leaders for additional Information. IHC Members & Friends Only

Sunday September 2, 2018 Schunemunk Strenuous

See the glories of nature on this mountain in the Fall. Hike the Jessup Trail & Western Ridge. Visit the Megaliths.

This will be a circular hike.

Bring Plenty of Water

Rain cancels this hike.

Leader: Roy Williams ROYHIKER1@AOL.COM

Meet: 9:00 AM Schunemunk, Taylor Road Parking area, Mountainville, NY 10953

From I-87 Exit 16 Harriman/Woodbury Commons: After tollbooths stay to right for first exit, Woodbury & Rt-32. Take Rt-32 north about 7½ miles to Pleasant Hill Road, (Black Rock Hunting Club sign on left), Mountainville, NY. Turn left, go to first road (Taylor Road) turn left again, and proceed to parking lot on right side of road after crossing over thruway. GPS (41.4076, -74.0818)

From Rt-17: Travel north on Rt-17 to Rt-32 in Harriman, NY. Take Rt-32 north 8½ miles to Pleasant Hill Road. **See above.**

Saturday September 8, 2018 Explore the Hudson Poughkeepsie Moderately Strenuous

This is an exploratory hike to see some new areas by the Hudson with great views. There will be some hunting and pecking involved! Come see a future hike in the making. At the end of the hike we will explore a downtown Poughkeepsie brewery. **WE WILL CARPOOL TO THE START OF THE HIKE.**

Leader: George Carfagno GCARFAGNO@OPTONLINE.NET

Meet: 8:00 AM CAR POOL, Stop & Shop, 4 Union Ave (Rt-511), Haskell, NJ 07420 (GPS (41.0178,-74.2988))

From I-287 Exit 55 Northbound: Take exit ramp to light at Ringwood Ave and turn right. Get into left lane and in 0.1 mi at light make a left turn on to Union Ave. Entrance to Stop & Shop is one block ahead on right at light. Drive in and make a right U-turn to parking lane nearest Union Ave.

From I-287 Exit 55 Southbound: Take exit ramp to light. Stop & Shop is directly ahead. See Above.

Meet: 9:15 AM Home Depot Parking, 3470 Rt-9, Poughkeepsie, NY 12601 GPS (41.7263, -73.9322)

From I-87 Exit 18 New Paltz 45 mi North of Suffern: After tolls, turn right onto Rt-299 East and go 5 mi to Rt-9W. Turning right, travel South 2.4 mi to Rt-44. Take Rt-44 East 1.5 mi over the Hudson R. to Rt-9 North. Drive 1.8 mi North on Rt-9 to second Home Depot Entrance at light. (Just before Mobil Gas.) Meet at north row of Parking Lot.

Sunday September 16, 2018 Storm King Strenuous

We will start out on the Orange Butter Hill trail (initial steep climb), connect with the Yellow trail to the Blue/Red (Bluebird) trail and then circle around the Stillman trail taking in the views. Next we will take the White By-Pass trail to the Blue (Howell) Trail, which circles around to the White Stillman Spring Trail back to the Howell trail. The dotted line on the map is an unmarked trail back to the parking lot. The hike is about 8 miles and 5 hours. (Note in the parking lot the yellow-on-blue historical marker entitled "Freedom Road" and an adjacent marker commemorating the completion of the Storm King By-Pass Highway.)

Leader: Mike Roulier MROULIER@PATELLAWOOD.COM

Meet: 9:00 AM Storm King State Park, Butter Hill–Storm King Rt-9W Parking Area, West Point, NY 10996

From Palisades Interstate Parkway Northbound: Continue north following the PIP until the intersection of Rt-9W at the Bear Mt. Bridge circle. (18 miles north of New York State Thruway) Go north on Rt-9W 8.1 miles. At the top of the hill, at a sharp bend in the road is the parking area at a view point. GPS (41.4228, -74.0005)

Sunday September 23, 2018 Trail Maintenance Schunemunk Moderately Strenuous

The club maintains this section of the Western Ridge trail (the previous Long Path), as well as the Lower Jessup Trail. Please come and help us maintain these trails! Bring your lunch, water, clippers and good working gloves. If you do not have clippers you can use the tools provided by the club. **Rain Date Saturday, October 6, 2018**


Leader: Trails Chair — Sara Van Niekerk 973-489-6442 SUSARAVN@GMAIL.COM

Meet: 9:00 AM Schunemunk, 10 Taylor Road, Parking area, Mountainville, NY 10953

From I-87 Exit 16 Harriman/Woodbury Commons: After tollbooths stay to right for first exit, Woodbury & Rt-32. Take Rt-32 north about 7½ miles to Pleasant Hill Road, (Black Rock Hunting Club sign on left), Mountainville, NY. Turn left, go to first road (Taylor Road) turn left again, and proceed to parking lot on right side of road after crossing over thruway. GPS (41.4076,-74.0818)

From Rt-17: Travel north on Rt-17 to Rt-32 in Harriman, NY. Take Rt-32 north 7½ miles to Pleasant Hill Road. See above.

Saturday Sept. 29-30, 2018 Bike/Hike trails near Reading, PA Moderately Strenuous

 Bike trails include those around Blue Marsh Lake, the Union Canal and the Schuylkill River trail. We will be staying in a local hotel. There may also be some hiking options. **IHC Members & Friends Only**

Leaders: Craig Nunn DYSTOPICNJ@GMAIL.COM

Guy Percival JENGUY@OPTONLINE.NET

Meet: Contact Leaders for additional Information. This trip requires pre-registration to attend.

Saturday October 6, 2018 Rain Date— Trail Maintenance Schunemunk See September 23, 2018**Sunday October 7, 2018 Appalachian Tr. #4 – Culver Gap to Deckertown Pike. Strenuous**


This 9 mi hike will start with a climb up Sunrise Mountain and soon we will be rewarded with a series of views, including a panorama of the Kittatinny Mountains from the Culver Fire Tower. Then later in the day Sunrise Mountain Overlook Shelter provides another outstanding view. **Shuttle Required**

Leader: Paul Ferlazzo 973-979-2010 P_FERLAZZO@YAHOO.COM

Meet: 9:00 AM AT Parking Lot, Deckertown Turnpike, Sussex, NJ 07461

From: I-287 Exit 52: Take the Exit for Rt-23North. Drive Northbound 26 mi to the center of Sussex. Drive thru town following Rt-23 as it makes a sharp left and then a sharp right and drive 1 mi. to Rt-650 on the left. (Libertyville Rd. becomes Deckertown Twp.) Follow Rt-650 for 5.5 mi up the steep winding road to just past the summit and AT Parking on the right. GPS (41.2523, -74.6893)

Sunday October 14–20, 2018 Full Week Hiking North Carolina AT - 2nd Section Strenuous

 We will be staying in Wolf Ridge NC and hiking from Bear Wallow Gap over the Nolachucky River in 5 days of section hiking. Come see the beautiful and wild North Carolina/Tennessee border country!

This Hiking Trip requires pre-registration to attend. IHC Members & Friends Only.

Leaders: Guy & Jennifer Percival 973-590-7437 JENGUY@OPTONLINE.NET

Meet: Contact Leaders for additional Information.

Sunday October 28, 2018 High Point State Park Moderately Strenuous

Today we will go south on the AT trail and then return back north on the Iris trail. There will be some nice views on this hike and maybe the fall colors will be at peak. **Rain, Snow or Foul Weather cancels this hike**

Leader: Roy Williams ROYHIKER1@AOL.COM

Meet: 9:00 AM High Point State Park AT Parking Lot, Rt-23, Sussex, NJ 07461

From I-287 Exit 52: Take Rt-23 North 34 miles to High Point State Park. Almost to the Top of Rt-23 hill, on the left is the AT Parking Lot just past mile marker 48 after large stone piers on both sides of Rt-23 (GPS 41.3035,-74.6667)

Daylight Savings Ends Sunday November 5, 2018.
