

# **Interstate Hiking Club**

**Organized 1931**

**Affiliate of the NY-NJ Trail Conference**



**Schedule of Hikes**

**November 2013 through April 2014**

**IHC Web Page: [www.interstatehikingclub.org](http://www.interstatehikingclub.org)  
IHC e-mail: [info@interstatehikingclub.org](mailto:info@interstatehikingclub.org)**

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**Interstate Hiking Club  
C/O Charles Kientzler  
711 Terhune Drive  
Wayne, NJ 07470-7111**

**First Class Mail**

# GENERAL INFORMATION ABOUT THE INTERSTATE HIKING CLUB

## Who we are!

The Interstate Hiking Club (IHC) is a medium-sized hiking club, organized in 1931. IHC has been affiliated with the NY/NJ Trail Conference, as a trail maintaining club, since 1931.

**Guests are welcome!** An adult must accompany anyone under 18. **No Pets allowed on IHC hikes.**

## Where do we go?

Most of our activities are centered in the NY/NJ area; some hikes, bicycle rides and canoe trips are farther away. The club occasionally sponsors trips in the Catskills and Pennsylvania. Our hikes are not usually accessible by public transportation.

## What do we do?

Hikes, bicycle rides and canoe trips generally are scheduled for every Sunday, and some Fridays and Saturdays, as day-long outings. They are graded by difficulty of terrain, distance and pace. **The Hiking grades are:**

**Easy:** These hikes are 3 to 5 miles in length and should have no significant hills.

**Moderate:** These hikes are 5 to 8 miles and may take up to 5 hours, including time for trail lunch. They should not generally have multiple long steep hills, and should be at a moderate pace.

**Moderately Strenuous:** These hikes are 5 to 8 miles with multiple steep hills or 8 miles or more which are mostly flat walking. They can last up to 6 hours including trail lunch. Pace to be moderate.

**Strenuous: Not for novices.** Hikes are 8 miles or more and last 6 hours or more, including time for trail lunch. These may have many long steep hills and may be at a brisk pace.

**The club also maintains trails in association with the NY/NJ Trail Conference. Two Sundays a year are devoted to this service work. In addition, in the past we have participated in the following: orienteering, snow-shoeing, cross-country skiing, swimming, mountain biking, backpacking, and camp-outs in the Adirondacks, Southern Appalachians and Maine.**

## What to bring:

**Footwear is very important. Hiking boots with non-slip soles are essential for all hikes.** New footwear should be broken-in before being used on a hike!

**Bring plenty of water to drink (In the summer; a minimum of 2 quarts recommended), a trail lunch,** but please no food that requires cooking. Bring a pack to carry your gear in, including rain gear, sweater, etc., leaving your hands free for climbing.

## Things to be aware of:

**All outdoor activities involve inherent risks. Your participation in these activities is at your own personal discretion and you are solely responsible for your safety!**

**The stated meeting time for a hike "is" the departure time.**

The leader is in charge of the event. Allow the leader to set the pace. **Do not rush ahead or fall behind the group.**

**The leader has the right to refuse any person he/she deems not prepared for the hike/event.**

## How to join:

Application for membership may be given to any club officer or mailed to the treasurer **upon the completion of one activity.** Guests who have attended three activities, **shall be expected to apply for membership** before attending any more activities.

### INTERSTATE HIKING CLUB OFFICERS FOR JUNE 2013 TO May 2014

|                       |                              |                       |                                  |                               |                          |
|-----------------------|------------------------------|-----------------------|----------------------------------|-------------------------------|--------------------------|
| <b>President:</b>     | Guy Percival                 | 628 Sussex Ave.       | Morristown NJ 07960              | 973-590-7437                  | JENGUY@OPTONLINE.NET     |
| <b>Secretary:</b>     | Marguerite La Corte          | PO Box 52             | Mt. Tabor NJ 07878               | 973-625-4379                  | REDTABORLADY@VERIZON.NET |
| <b>Treasurer:</b>     | Charles Kientzler            | 711 Terhune Dr.       | Wayne NJ 07470                   | 973-835-1060                  | CKIENTZLER@AOL.COM       |
| <b>Trails Chair:</b>  | James Canfield               | 107 Rolling Ridge Rd. | W. Milford NJ 07480              | 973-728-9774                  | CANFIELD@NETROM.COM      |
| <b>Entertainment:</b> | Jane Egan                    | 1117 High Mountain Rd | N. Haledon NJ 07508              | 973-636-0809                  | EGANJANE19@YAHOO.COM     |
| <b>Web Master:</b>    | James Canfield               | 107 Rolling Ridge Rd. | W. Milford NJ 07480              | 973-728-9774                  | CANFIELD@NETROM.COM      |
| <b>IHC Web Page:</b>  | WWW.INTERSTATEHIKINGCLUB.ORG |                       | <b>Contact IHC (IHC e-mail):</b> | INFO@INTERSTATEHIKINGCLUB.ORG |                          |

## Membership Application

Having **completed at least one club activity,** I wish to apply for membership in the Interstate Hiking Club.

Enclosed are dues and initiation fee.

**Note! Current Members! Annual Dues are \$10.00: Due on June 1**

The Club fiscal year is June 1st to May 31st.

Junior (under 18) dues are \$1.00 a year.

If joining between May 1 and Dec. 1, dues are \$11.00 per person.

[\$10.00 per year plus \$1.00 initiation fee]

If joining between Dec. 1 and May 1, dues are \$6.00 per person.

[\$5.00 (1/2 year) plus a \$1.00 initiation fee]

**Name:** \_\_\_\_\_ **(Please PRINT Clearly)**

**Street:** \_\_\_\_\_

**City, State, Zip:** \_\_\_\_\_

**Phone:** (\_\_\_\_) \_\_\_\_\_ **-- E-mail: (All Caps)** \_\_\_\_\_

**Date of your IHC hike:** \_\_\_\_/\_\_\_\_/\_\_\_\_ **Application Date:** \_\_\_\_/\_\_\_\_/\_\_\_\_

**Amount:** \_\_\_\_ \$11.00 (App. Date: 5/1 to 12/1) \_\_\_\_ \$6.00 (App. Date: 12/1 to 5/1) \_\_\_\_ \$1.00 (Junior)

**Mail to: Interstate Hiking Club, c/o Charles Kientzler, Treasurer, 711 Terhune Drive, Wayne, NJ 07470**

# INTERSTATE HIKING CLUB Winter 2013 - 2014 SCHEDULE

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Rain, inclement weather, will cancel the activities below. Contact the leader if in doubt.

\*\*\*\*\*  
 The IHC Summer 2014 Event will be hiking in the Adirondacks, and is likely to occur the first week of August 2014. Advance reservations will be required. Contact Chris Davis by e-mail for further details. CHRISDAVIS08558@YAHOO.COM

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**Sunday November 3, 2013 Bridge bagging the Gowanus Canal and on to Red Hook Strenuous**  
 Walk over all five pedestrian accessible bridges crossing the Gowanus Canal. Then walk through Red Hook connecting interesting things with some focus on industrial sites. The hike is 8-12 essentially flat miles at a moderately brisk pace, mainly on city streets and some park paths. Lunch probably from Red Hook Park food vendors or bring your own. E-mail (preferred) or phone leaders a week before the hike for meeting time and place.

**Awful or dangerous weather cancels. Contact leaders after 7:00 AM morning of hike if uncertain.**

**Leaders: Craig Nunn** 551-206-6823 DYSTOPICNJ@GMAIL.COM  
**Guy Percival** 973-590-7437 JENGUY@OPTONLINE.NET

**Meet: Meeting place and time will be announced a week before by e-mail.**

**Sunday November 10, 2013 Van Campens Glen - Millbrook Village Moderate**  
 A moderate 7 mile hike following the Orchard, Hamilton Ridge, Pioneer and Van Campens Glen trails. We will view the scenic Delaware River and visit a historic unmarked cemetery along the way. Lunch will be overlooking a beautiful cascading Van Campens Brook waterfall. **Bring lunch and water. Steady rain cancels.**

**Leader: Al MacLennan** MACLENNAN\_AL@COMCAST.NET

**Meet: 9:30 AM Millbrook Village Parking Lot, Old Mine Rd & Millbrook Rd, Hardwick, NJ 07825**

**From I-80 West to Delaware Water Gap:** Exit for River Rd. This is the last exit before bridge to Pa. Take River Rd. north about 11 miles to Millbrook Village. (GPS 41.0731,-74.9637)

**ALTERNATE: I-80 West to Exit 12:** Right on Rt-521 for about 4 miles to Blirstown. Turn left onto Rt-94; go 0.2 miles to light then turn right onto Rt-602 (Bridge St) (becomes Millbrook Rd), which goes between Agway and a red building on the left. Follow Rt-602 (Millbrook Rd) about 7 mi to River Rd and Millbrook Village. Parking lot is on right.

**Sunday November 17, 2013 The Great Swamp Moderately Strenuous**  
 The Great Swamp National Wildlife Refuge is located in Morris County, New Jersey. Established in 1960, it is one of more than 550 refuges in the National Wildlife Refuge System. We will be hiking for about 7 miles. We'll enjoy its rich wildlife and we're lucky, we'll see some eagles or hawks. **Shuttle is required.**

**Leaders: Udi & Neli Cohen** 732-543-4624 UDIC2000@GMAIL.COM

**Meet: 9:00 AM Great Swamp Parking, 87 Long Hill Rd, New Vernon NJ 07976**

**From I-287, Exit 30A:** Merge onto N Maple Ave toward Basking Ridge. Drive 0.7 mi and turn left onto Madisonville Rd. Drive 0.5 mi and Continue onto Lees Hill Rd. Drive 1.6 mi and turn right onto Lindsley Rd. Drive 0.7 mi and turn right onto CR-604 / Long Hill Rd. Drive 0.7 mi and you'll see the parking lot on the left. (GPS 40.7274,-74.4950)

**Saturday November 23, 2013 WANJ - VIII Cranford to Summit Strenuous**  
 Eighth in a series of about a dozen hikes crossing the Garden State. Walk though various parks and along streets from Cranford to the Watchung Reservation, cross the Watchung Reservation, then continue along streets and parks to Summit. 8-12 miles at a moderately brisk pace with some substantial ups and downs, including some trails which may be rocky.

**Leaders: Craig Nunn** 551-206-6823 DYSTOPICNJ@GMAIL.COM  
**Al MacLennan** MACLENNAN\_AL@COMCAST.NET

**Jim Schlenker** 908-561-0228 JIMS0331@GMAIL.COM

**Meet: Meeting place and time will be announced a week before by e-mail.**

**Sunday December 1, 2013 Farny Highlands – Four Birds Trail Moderately Strenuous**  
 We will see Graffiti Cliffs, go over to the Hawkwatch and use the Four Birds to get us down into the valley behind Splitrock dam. **Rain or Foul Weather cancels this hike.**

**Leaders: Guy & Jen Percival** 973-590-7437 JENGUY@OPTONLINE.NET

**Meet: 9:00 AM Wildcat Ridge (Four Birds South) Parking, 401 Green Pond Rd, (Rt-513) Rockaway, NJ 07866**

**From I-80 West, Exit 37:** Turn left at bottom of ramp onto Rt-513 North (Green Pond Rd.). Go about 2.75 miles to Lower Hibernia Rd on right. Turn in and parking is 100 ft on left. (GPS 40.9444, -74.4930)

**Sunday December 8, 2013 Butler Reservoir from Kakeout Moderately Strenuous**  
 Join us and see Pyramid Mountain and Butler Reservoir starting from Kakeout Road in Butler. This is an 8+ mile moderately strenuous loop hike along the Butler Reservoir and going past Bear Rock and Tripod Rock along the way.

**Leader: Al DiCianni** 973-455-7262 JADICIANNI@YAHOO.COM

**Meet: 9:30 AM Cascade Way/Kakeout Parking, Kinnelon NJ 07405**

**From I-287 Exit 52 (Rt-23 North):** Merge onto Rt-23 toward Butler and continue 3 mi to right exit for Kinnelon/Kiel Rd. At Light at end of ramp, turn left for Kinnelon Rd and cross Rt-23. Continue 1 block to light and turn left onto Kakeout Rd. Drive 0.6 mi to Cascade Way on left. Go into Cascade Way. Parking is available along Cascade Way.

**Sunday December 15, 2013 Wawayanda in Winter Moderate**  
 After enjoying a winter walk around the lake, join us at our West Milford home for an early holiday celebration. Carolyn will have light refreshments including brownies. **Bring a wrapped grab bag gift to exchange.**  
**Rain or Foul Weather cancels this hike.**  
**Leaders: Carolyn and Jim Canfield 973-728-9774**  
**Meet: 9:00 AM Wawayanda State Park, Wawayanda Rd, Beach Parking, Hewitt, NJ 07421**  
**From I-287 Exit 55:** Go north on Ringwood Ave. (Rt-511) about 13 miles to Warwick Tpk. at south end of Greenwood Lake. Continue straight-ahead 5 mi. on Warwick Turnpike past Upper Greenwood Lake. Turn left at park entrance. Continue past the Ranger Station 2¼ mi. to the entrance to Beach Parking on the left at the north end of Wawayanda Lake. (GPS 41.1927, -74.4289)

**Wednesday December 25, 2013 Bonura's Hotel and More! Moderate**  
 Let's look for St Nick on six mile moderate hike in Harriman. We shall visit Bonura's hostel, Blauvelt panorama and the long forgotten fox trail.  
**Rain or Foul Weather cancels this hike.**  
**Leader: Dave Sutter DSUTTR@GMAIL.COM No phone calls please!**  
**Meet: 9:30 AM Johnstontown Circle, 199 Johnstontown Road (End of Road), Sloatsburg, New York 10974**  
**From Suffern @ I-87 & I-287N Interchange Exit 15A:** Take R-17 north 4.5 miles, to Seven Lakes Dr., just north of Sloatsburg, NY. Turn right onto Seven Lakes Dr. and proceed ½ mile to Johnstontown Rd on the left after underpass. Follow road about 2 miles to the circle at the end. (GPS 41.1799, -74.1639)

**Wednesday January 1, 2014 Old ASB with secret caves, steep ascent Moderately Strenuous**  
 New Years Day Hike! Shake off the cobwebs with a six mile hike in Harriman. Hikers will use old route of ASB long used by IHC and now abandoned. Then it's up a steep section to Island Pond Mt to visit obscure caves. **Rain or Foul Weather cancels this hike.**  
**Leader: Dave Sutter DSUTTR@GMAIL.COM No phone calls please!**  
**Meet: 9:30 AM Elk Pen Parking Area, 1003 Arden Valley Road, Southfields, New York 10975**  
**From I-87 & I-287 Interchange Exit 15A:** Take Rt-17 north about 13 miles to the Arden Valley Road entrance to Harriman State Park on the right. Turn right and proceed ½ mile to parking area on right. (GPS 41.2654, -74.1535)

**Saturday January 11, 2014 Terrace Pond and Bearfort Fire Tower Circular Strenuous**  
 We will do a 9+ mile circular hike starting at the Clinton Road trailhead, with a visit to the Bearfort fire tower and a visit to Terrace Pond in winter. Hiking boots are required, and crampons or other traction devices may also be required. Bring snacks, lunch, water, and pack with extra cold weather clothing. **Heavy Rain or Foul Weather will cancel this hike.**  
**Leader: Joe Tag 908-938-4053 JGEORGETAG@AOL.COM**  
**Meet: 9:00 AM (Clinton) Parking Lot P7, 1373 Clinton Rd, West Milford, NJ 07480**  
**From I-287 Exit 52 (Rt-23 West):** Take Rt-23 West 9.5 mi to Clinton Rd. Turn North on Clinton Rd. and go 7.7 miles to parking P7. on left side of road. (GPS 41.1428,-74.4073) [Bearfort Waters - Terrace Pond on Trail Conference Map 116]  
 Clinton Road has a number of dangerous curves - drive with caution.

**Saturday January 18, 2014 Swing & Tern Contra Dance Moderately Strenuous**  
 Come enjoy an evening of Contra dancing. Like Square Dancing but you interact with more people. Bring a partner if you like, but it is not required. ADMISSION: \$10 per adult, \$5 per student with Student ID. If you dance all night you will be too tired to hike on Sunday. Optional – Meet for dinner at 5:30 in East Hanover. Contact leaders for details.  
**Leaders: Guy & Jen Percival 973-590-7437 JENGUY@OPTONLINE.NET**  
**Meet: 7:30 PM The First Presbyterian Church Parish House, 14 Hanover Road, East Hanover, NJ**  
 The Parish House is a smoke & alcohol free environment!

**Friday January 24, 2014 Deadline for May 2014 – October 2014 Trip Plans**

**Sunday January 26, 2014 Sourland in Winter Strenuous**  
 Come enjoy a 8½ mile hike in the Sourland Mountain preserve. Scale the valley of rocks and see the Devils half acre. The leaves will be down so be prepared for lovely view of the surrounding farm fields.  
**Foul Weather or poor driving conditions cancels this hike.**  
**Leaders: Udi & Neli Cohen 732-543-4624 UDIC@AUDIOCODES.COM**  
**Meet: 9:00 AM Sourland Mountain Preserve Parking Area, 380 East Mountain Rd, Hillsborough, NJ 08844**  
**From Rt-287 Exit onto Rt-206 southbound:** Follow Rt-206 south to Somerville Circle (Junction of Rt-202 & Rt-206). Continue south on Rt-206 5.9 miles, then turn right on Rt-514 (Amwell Rd). Proceed West 2 miles to East Mountain Rd. Turn left onto East Mountain Rd. Travel for two miles, and you will see the Sourland Mountain Preserve entrance sign on the right.  
**From Rt-206 Northbound:** Follow Rt-206 through Princeton and Montgomery. Traveling up a small ramp, make a left onto Rt-601. Follow Rt-601 for a ½ mile, and make a right turn onto East Mountain Road by Carrier Foundation. Travel for 1 mile, and you will see the Sourland Mountain Preserve entrance sign on the left. (GPS 40.4751, -74.6926)

**Sunday February 2, 2014 Muckshaw Ponds Preserve and Whittingham wildlife area Moderate**  
 Let's enjoy an interesting winter hike of 6 to 8 miles in this beautiful nature preserve in Sussex County. Soup and dessert at the treehouse after the hike is a strong possibility!  
**Leaders and hosts: Ursula & Pat Davis 973 786 7087**  
**Meet: 9:00 AM Whittingham Wildlife Management Area, Fredon - Springdale Rd; Newton, NJ 07860**  
**From I-80, Exit 25:** Take Rt-206 North for about 8 miles. Turn left on Rt-618 (Fredon - Springdale Rd.) for 1 mile where you will see Whittingham Parking on your left.

**Sunday February 9, 2014 Watchung Reservation in Winter Moderately Strenuous**  
 We will explore most of the Watchung Reservation in a whirl wind tour including the Lost Village and a former quarry and old industrial area. The hike is an 8 mile loop. **Foul weather or poor driving conditions cancels this hike.**  
**Leader: Jim Schlenker** 908-561-0228 JIMS0331@GMAIL.COM  
**Meet: 9:00 AM Watchung Reservation, Trailside Museum, 462 New Providence Rd, Mountainside, NJ 07092**  
**From East bound I-78, Exit 45:** Go right onto Glenside Ave. In ½ mi turn left onto Watchung Reservation Tracy Dr. Continue to the first circle and take first right onto Summit Lane. Go ½ mi and bear right onto New Providence Rd. to the end. The Trailside Parking is on right.  
**From West bound I-78, Exit 43:** Proceed right on Diamond Hill Rd. to Traffic Light and turn right onto McMane Ave. Go on ¾ mi to intersection of Glenside Ave. and turn left. Continue ¾ mi to Watchung Reservation, Tracy Dr. on right. Continue to the first circle and take first right onto Summit Lane. Go ½ mi and bear right onto New Providence Rd. to the end. The Trailside Parking is on right.  
**From Garden State Parkway Exit 140 (Rt-22):** Take Rt-22 west about 5 mi to New Providence Rd. (Boro of Mountainside) turn right and continue 4 blocks to Tracy Dr. Turn right, follow Tracy Dr. to circle, then ¾ around to Summit Lane. Go ½ mi and bear right onto New Providence Rd. to the end. The Trailside Parking Area is on right. (GPS 40.6826, -74.3728)

**Saturday February 22, 2014 NJ Gold Coast Strenuous**  
 We walk (probably) from Weehawken to Jersey City, mostly along the Hudson River Waterfront Walkway with its spectacular Manhattan views. The hike is 8-12 essentially flat miles at a moderately brisk pace along park paths and city streets.  
**Leader: Craig Nunn** 551-206-6823 DYSTOPICNJ@GMAIL.COM  
**Meet: Meeting place and time will be announced a week before by e-mail.**

**Saturday March 1, 2014 Northern Manhattan Walk from Hispanic Society Strenuous**  
 We will walk northern Manhattan starting at the Hispanic Society at 155th St. & B'way. Hikers will see Riverside, Fort Tryon, Inwood and, perhaps, Riverdale parks. Then we will return via subway (#1 Line) to Port Authority Terminal. The Society's collection includes a work which attracted the largest crowds ever at Madrid's Prado when it was on loan there. Enjoy free admission at the Society.  
**Leader: Chris Davis** CHRISDAVIS08558@YAHOO.COM or 973-590-7437 (Guy Percival #)  
**Meet: 9:30 AM NW corner of 155th & Broadway, New York City, NY**  
**Directions:** Take #1 train Northbound from Port Auth (or Penn Station) & get off at the 158th St. stop. Walk 3 blocks South to 155<sup>th</sup>.

**! Note Clocks spring ahead an hour March 9<sup>th</sup>!**

**Sunday March 9, 2014 WANJ – IX Summit to South Orange Strenuous**  
 This is the 9<sup>th</sup> in a series of about 12 hikes crossing the Garden State. From Summit train station, walk mostly streets to Millburn, then walk into South Mountain Res. Hike the length of the reservation, exiting towards the north end into West Orange and ending at the South Orange train station. The hike is 8-12 miles at a moderately brisk pace with some substantial ups and downs, including some trails that may be rocky.  
**Leaders: Craig Nunn** 551-206-6823 DYSTOPICNJ@GMAIL.COM  
**Al MacLennan** MACLENNAN\_AL@COMCAST.NET  
**Jim Schlenker** 908-561-0228 JIMS0331@GMAIL.COM  
**Meet: Meeting place and time will be announced a week before by e-mail.**

**Sunday March 16, 2014 Wallkill Valley Rail Trail (Ulster County, NY) Strenuous**  
 Hike a section of the Wallkill Valley rail trail, probably between New Paltz and Rosendale, including the impressive Rosendale trestle over Rondout Creek opened to hikers June 2013. The hike is 8-12 mostly flat miles on an easy trail which may be muddy.  
**Leader: Craig Nunn** 551-206-6823 DYSTOPICNJ@GMAIL.COM  
**Meet: Meeting place and time will be announced a week before by e-mail.**

**Sunday March 23, 2014 Frenchtown to Upper Black Eddy Moderate**  
 Come and enjoy an 8 mile, soft ground and flat walk along the Delaware Canal from Frenchtown to Upper Black Eddy. We will stop at the General Store in Upper Black Eddy halfway through the hike and enjoy coffee, ice cream and treats.  
**Bring water, lunch and comfortable walking shoes.**  
**Leader: Angela Williamson** DREAM8996@OPTONLINE.NET  
**Meet: 10:00 AM Canal Parking Area, 2 River Rd, Frenchtown NJ 08825**  
**From I-78W Exit 15:** Stay left at exit for left turn onto Rt-513. Follow Rt-513 south about 11 miles to the center of Frenchtown at Rt-29. Turn right onto Bridge St.; (Not Rt-29) and proceed to Canal St, the last street before Frenchtown/Uhlerstown Bridge. Parking Area is along the road. (GPS 40.5263, -75.0632)

**Sunday March 30, 2014 Johnstown Circular Moderately Strenuous**  
 We will start on the Blue Disc and head north over Almost Perpendicular and then go to Claudius Smith's Den. After that we hike to Lake Skentonto for lunch. We then return using some of the many trails and pretty woods roads in this area. Note! The high bush blueberries will not be ripe for picking! **Rain or Foul Weather cancels this hike.**  
**Leader: Monika Murphy** 845-357-9461  
**Meet: 9:00 AM Johnstown Circle, 199 Johnstown Road (End of Road), Sloatsburg, New York 10974**  
**From Suffern @ I-87 & I-287N Interchange Exit 15A:** Take R-17 north 4.5 miles, to Seven Lakes Dr., just north of Sloatsburg, NY. Turn right onto Seven Lakes Dr. and proceed ½ mile to Johnstown Rd on the left after underpass. Follow road about 2 miles to the circle at the end. (GPS 41.1799, -74.1639)

**Sunday April 6, 2014****Palisades and Giants Steps****Moderately Strenuous**

Starting at the Alpine Boat Basin, we hike north along the Shore Path, scramble over the Giant Steps and then ascend the cliff to the Long Path. Then we follow it South to our descent just past the Alpine Lookout. Loop is 8 miles long.

**Rain or Foul Weather cancels this hike.****Leader: Guy & Jen Percival**

973-590-7437 JENGUY@OPTONLINE.NET

**Meet: 9:00 AM Alpine Boat Basin, Henry Hudson Dr, Alpine, NJ 07620****From The Palisades Parkway Exit 2:** (almost 8 miles north of the GW Bridge)**Northbound:** Get off at exit, stay left at bottom of curve, follow road to river and Boat Basin. (GPS 40.9446, -73.9190)**Southbound:** Get off at exit, make right onto Rt-9W northbound, go on to traffic light and make right. Proceed, going under the overpass, bear right to road to river and Boat Basin. **The Boat Basin** is 1+ mi. down (Southeastward) the Northern End of the Henry Hudson Dr. It passes the PIP HQ and descends toward river. At the circle, down near the river, bear left (North) going to the Boat Basin. Parking is on left side near restrooms.**Sunday April 13, 2014****Stonetown Circular****Strenuous**

On the Red Trail we do Board, Bear and Windbeam. Support Paul! This is his part of his preparation for a Ridge Run in Vermont!

**Leader: Paul Ferlazzo**

P\_FERLAZZO@YAHOO.COM

**Meet: 9:00 AM Stonetown Recreation Parking Lot, Mary Roth Dr (Off Stonetown Rd), Ringwood, NJ. 07456****From I-287 Exit 55:** Take Ringwood Ave. (Rt-511) north 4 mi and turn left onto Westbrook Rd. Go westward 1½ mi on Westbrook Rd. to a "Y" intersection, turn right onto Stonetown Rd. Proceed ½ mi to Mary Roth Dr. and Recreation Parking Lot on the left. (GPS 41.0802, -74.3076)**Saturday April 19, 2014****WANJ – X South Orange to Branch Brook Park, Newark Strenuous**

This is the tenth in a series of about a dozen hikes crossing the Garden State. From South Orange train station walk mainly streets and some parks connecting interesting things in Orange, West Orange, Montclair, Glen Ridge, Bloomfield, and Belleville. End at the north end of Branch Brook Park in Newark where hopefully cherry trees will still be blooming. The hike is 10-14 essentially flat miles at a moderately brisk pace on city streets and park paths.

**Leaders: Craig Nunn**

551-206-6823 DYSTOPICNJ@GMAIL.COM

**Al MacLennan**

MACLENNAN\_AL@COMCAST.NET

**Jim Schlenker**

908-561-0228 JIMS0331@GMAIL.COM

**Meet: Meeting place and time will be announced a week before by e-mail.****Sunday April 27, 2014****Sterling Forest Bare Rock Loop****Strenuous**

We will explore the new Bear Rock Trail then return to the Visitors center. Bear Rock offers very pretty views both North & South. 9 miles total in loop. **Rain or Foul Weather cancels this hike.**

**Leaders: Guy & Jennifer Percival** 973-590-7437 JENGUY@OPTONLINE.NET**Meet: 9:00 AM Sterling Forest Visitor Center, 119 Old Forge Rd, Tuxedo, New York 10987****From Suffern @ I-87 & I-287 Interchange Exit 15:** Take Rt-17 north 2 mi to Sterling Mine Rd (CR-72). Proceed west on Sterling Mine Rd about 3 miles to traffic light. Turn right at traffic light onto Long Meadow Rd (CR-84). Go north 3½ miles to Sterling Lake Rd (Old Forge Road) on left. Turn left and go ¼ mi taking the next right toward the Visitor's Center which is ¼ mi ahead. The Parking will be opposite the center in the hiker parking lot on right side of road. (GPS 41.1983, -74.2562)**Note! Spring Trail Maintenance on Sterling Ridge will occur early in May 2014.**