

# **Interstate Hiking Club**

**Organized 1931**

**Affiliate of the NY-NJ Trail Conference**



**Schedule of Hikes**

**November 2014 through April 2015**

**IHC Web Page: [WWW.INTERSTATEHIKINGCLUB.ORG](http://WWW.INTERSTATEHIKINGCLUB.ORG)  
IHC e-mail: [INFO@INTERSTATEHIKINGCLUB.ORG](mailto:INFO@INTERSTATEHIKINGCLUB.ORG)**

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**Interstate Hiking Club  
C/O Charles Kientzler  
711 Terhune Drive  
Wayne, NJ 07470-7111**

**First Class Mail**

## GENERAL INFORMATION ABOUT THE INTERSTATE HIKING CLUB

### *Who we are!*

The Interstate Hiking Club (IHC) is a medium-sized hiking club, organized in 1931. IHC has been affiliated with the NY/NJ Trail Conference, as a trail maintaining club, since 1931.

**Guests are welcome!** An adult must accompany anyone under 18. **No Pets allowed on IHC hikes.**

### *Where do we go?*

Most of our activities are centered in the NY/NJ area; some hikes, bicycle rides and canoe trips are farther away. The club occasionally sponsors trips in the Catskills and Pennsylvania. Our hikes are not usually accessible by public transportation.

### *What do we do?*

Hikes, bicycle rides and canoe trips generally are scheduled for every Sunday, and some Fridays and Saturdays, as day-long outings.

They are graded by difficulty of terrain, distance and pace. **The Hiking grades are:**

**Easy:** These hikes are 3 to 5 miles in length and should have no significant hills.

**Moderate:** These hikes are 5 to 8 miles and may take up to 5 hours, including time for trail lunch. They should not generally have multiple long steep hills, and should be at a moderate pace.

**Moderately Strenuous:** These hikes are 5 to 8 miles with multiple steep hills or 8 miles or more which are mostly flat walking. They can last up to 6 hours including trail lunch. Pace to be moderate.

**Strenuous: Not for novices.** Hikes are 8 miles or more and last 6 hours or more, including time for trail lunch. These may have many long steep hills and may be at a brisk pace.

**The club also maintains trails in association with the NY/NJ Trail Conference. Two Sundays a year are devoted to this service work. In addition, in the past we have participated in the following: orienteering, snow-shoeing, cross-country skiing, swimming, mountain biking, backpacking, and camp-outs in the Adirondacks, Southern Appalachians and Maine.**

### *What to bring:*

**Footwear is very important. Hiking boots with non-slip soles are essential for all hikes.** New footwear should be broken-in before being used on a hike!

**Bring plenty of water to drink (In the summer; a minimum of 2 quarts recommended), a trail lunch,** but please no food that requires cooking. Bring a pack to carry your gear in, including rain gear, sweater, etc., leaving your hands free for climbing.

### *Things to be aware of:*

**All outdoor activities involve inherent risks. Your participation in these activities is at your own personal discretion and you are solely responsible for your safety!**

**The stated meeting time for a hike "is" the departure time.**

The leader is in charge of the event. Allow the leader to set the pace. **Do not rush ahead or fall behind the group.**

**The leader has the right to refuse any person he/she deems not prepared for the hike/event.**

### *How to join:*

Application for membership may be given to any club officer or mailed to the treasurer **upon the completion of one activity.** Guests who have attended three activities, **shall be expected to apply for membership** before attending any more activities.

### INTERSTATE HIKING CLUB OFFICERS FOR JUNE 2014 TO May 2015

<b>President:</b>	Guy Percival	628 Sussex Ave.	Morristown NJ 07960	973-590-7437	JENGUY@OPTONLINE.NET
<b>Secretary:</b>	Marguerite La Corte	PO Box 52	Mt. Tabor NJ 07878	973-625-4379	REDTABORLADY@VERIZON.NET
<b>Treasurer:</b>	Charles Kientzler	711 Terhune Dr.	Wayne NJ 07470	973-835-1060	CKIENTZLER@AOL.COM
<b>Trails Chair:</b>	Robin Abrett	21 Ramapo Mountain Dr	Wanaque NJ 07465	862 228-0332	RTABRETT@HOTMAIL.COM
<b>Entertainment:</b>	Alastair MacLennan	195 W Main St. Unit J	Chester NJ 07930	908 955-7723	MACLENNAN_AL@COMCAST.NET
<b>Web Master:</b>	James Canfield	107 Rolling Ridge Rd.	W. Milford NJ 07480	973-728-9774	CANFIELD@NETROM.COM
<b>IHC Web Page:</b>	WWW.INTERSTATEHIKINGCLUB.ORG		<b>Contact IHC (IHC e-mail):</b>	INFO@INTERSTATEHIKINGCLUB.ORG	

### Membership Application

Having **completed at least one club activity,** I wish to apply for membership in the Interstate Hiking Club.

Enclosed are dues and initiation fee.

**Note! Current Members! Annual Dues are \$10.00: Due on June 1**

**The Club fiscal year is June 1st to May 31st.**

Junior (under 18) dues are \$1.00 a year.

If joining between May 1 and Dec. 1, dues are \$11.00 per person.

[\$10.00 per year plus \$1.00 initiation fee]

If joining between Dec. 1 and May 1, dues are \$6.00 per person.

[\$5.00 (1/2 year) plus a \$1.00 initiation fee]

**Name:** \_\_\_\_\_ **(Please PRINT Clearly)**

**Street:** \_\_\_\_\_

**City, State, Zip:** \_\_\_\_\_

**Phone:** (\_\_\_\_) \_\_\_\_\_ **-- E-mail: (All Caps)** \_\_\_\_\_

**Date of your IHC hike:** \_\_\_\_/\_\_\_\_/\_\_\_\_ **Application Date:** \_\_\_\_/\_\_\_\_/\_\_\_\_

**Amount:** \_\_\_\_ \$11.00 (App. Date: 5/1 to 12/1) \_\_\_\_ \$6.00 (App. Date: 12/1 to 5/1) \_\_\_\_ \$1.00 (Junior)

**Mail to: Interstate Hiking Club, c/o Charles Kientzler, Treasurer, 711 Terhune Drive, Wayne, NJ 07470**

**INTERSTATE HIKING CLUB      WINTER 2014 SCHEDULE**

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***Rain, inclement weather, will cancel the activities below. Contact the leader if in doubt.***

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**Saturday November 1, 2014      WANJ 12      Strenuous**  
**Walk Across New Jersey 12** is the last in a series of a dozen hikes crossing the Garden State. From the Hoboken Terminal we will walk some combination of the Hudson River waterfront and top of the Palisades to reach the George Washington Bridge. Then we cross into New York City, ending at the GWB bus terminal. The hike is 10-14 essentially flat miles at a moderately brisk pace on city streets and park paths. Bring lunch, snacks and water.  
**Awful or dangerous weather cancels. Joint Hike with Shorewalkers and Outdoors Club.**  
**Leaders: Craig Nunn** 551-206-6823      DYSTOPICNJ@GMAIL.COM  
**AL MacLennan** 908-955-7723      MACLENNAN\_AL@COMCAST.NET  
**Jim Schlenker** 908-295-8178      JIMS0331@GMAIL.COM  
**Meet: Contact leader by Email (preferred) or phone a week before the hike for meeting time and place.**  
**Call after 7:00 AM morning of hike if uncertain about the weather.**

**Sunday November 9, 2014      Patriots Path      Moderately Strenuous**  
This hike is along the Patriots Path from Roseland to Morris County Library. We begin at official start of Patriots Path and will walk through Lurker, Bee Meadow and Central Parks. The hike is a combination of road and hiking trails through the towns of Roseland, East Hanover, Parsippany, Whippany and Cedar Knolls. The hike is around 9 miles. **Shuttle needed from library to Essex County Environmental Center at: 621 Eagle Rock Ave Roseland, NJ 07068.**  
**Leader AL Dicianni** 973 455-7262      JADICIANNI@YAHOO.COM  
**Meet: 9:00 a.m. Morris County Library, 30 East Hanover, NJ 07981**  
**From I-287 Southbound Exit 36B (Ridgedale Rd): Exit and turn right onto Ridgedale Rd, and continue north for ¾ mi to E. Hanover Rd at light. Turn right and drive ½ mi to Library on Left. (GPS 40.8056, -74.4525)**  
**From I-287 Northbound Exit 36B (Rt-510W Lafayette Ave): Exit onto westbound Lafayette Ave. Continue 0.1 mi to Sharp Left onto Ridgedale Ave. Drive north 1 mi to E. Hanover Rd at light. Turn right and drive ½ mi to Library on Left.**

**Saturday November 15, 2014      AT to Wind Gap, PA      Strenuous**  
The hike will be starting at the DWG parking on the PA side. Hike to Wind Gap PA using the AT. This is the start of a series of hikes that will follow a portion of the AT across Pennsylvania.  
**Shuttle required. Joint Hike. Awful or dangerous weather cancels.**  
**Leader: Craig Nunn** 551-206-6823      DYSTOPICNJ@GMAIL.COM  
**Meet: Meeting instructions and start time will be mass emailed a week before this hike starts.**  
**Call leader after 7:00 AM morning of hike if uncertain about the weather.**

**Sunday November 23, 2014      Lake Tiorati Circular      Moderately Strenuous**  
This loop hike traverses the Ridge of Surebridge Mountain, passes by the historic Greenwood and Surebridge Mines and climbs through the narrow Lemon Squeezer.  
**Rain, Snow or Foil Weather cancels this hike.**  
**Leader Roy Williams** ROYHIKER1@AOL.COM  
**Meet: 9:00 a.m. Lake Tiorati Circle Recreation Area, Harriman State Pk, Southfields, NY 10975,**  
**From Suffern @ I-287 & I-87N Interchange Exit 15A: Take Rt-17 north 4½ mi. to Seven Lakes Drive, just north of Sloatsburg, NY. Turn right and proceed east on Seven Lakes Dr. 10½ mi to Recreation/Parking Area on west side of Tiorati traffic circle.**  
**From the Palisades Interstate Parkway Exit 18 @ intersection of PIP & Rt-6: Go north to Long Mountain Circle and then take Seven Lakes Drive southwest approx 3.5 mi to Lake Tiorati Circle & Recreation/Parking Area on right. (GPS 41.2755,-74.0882)**

**Sunday November 30, 2014      The Great Swamp      Moderately Strenuous**  
The Great Swamp National Wildlife Refuge is located in Morris County, New Jersey. Established in 1960, it is one of more than 550 refuges in the National Wildlife Refuge System. We will be hiking for about 7 miles. We'll enjoy its rich wildlife and we're lucky, we'll see some eagles or hawks. **Shuttle is required.**  
**Leaders: Udi & Neli Cohen** 732-543-4624      UDIC2000@GMAIL.COM  
**Meet: 9:00 a.m. Great Swamp Parking, 87 Long Hill Rd, New Vernon NJ 07976**  
**From I-287, Exit 30A: Merge onto N Maple Ave toward Basking Ridge. Drive 0.7 mi and turn left onto Madisonville Rd. Drive 0.5 mi and Continue onto Lees Hill Rd. Drive 1.6 mi and turn right onto Lindsley Rd. Drive 0.7 mi and turn right onto CR-604 / Long Hill Rd. Drive 0.7 mi and you'll see the parking lot on the left. (GPS 40.7274,-74.4950)**

**Sunday December 7, 2014      High Point      Moderately Strenuous**  
We'll hike 6 - 7 miles with route depending on the winter trail conditions. Possibly a few short rocky climbs.  
**Rain, Snow or Foul Weather cancels this hike.**  
**Leaders: Carolyn & James Canfield** 973-728-9774      CANFIELD@NETROM.COM  
**Meet: 9:00 a.m. High Point State Pk Visitors Center (opposite park entrance), Rt-23, Wantage, NJ, 07461**  
**From I-287 Exit 52: Take Rt-23 North 34 mi to High Point State Park. At top of Rt-23 hill, on the left, is the Ranger Station. (GPS 41.3062,-74.6708)**

**Sunday December 14, 2014 Garrett Mountain Moderate**

Garrett Mountain Reservation, on the top of the First Watchung Range, offers splendid views of nearby Paterson City, Turkey Mtn., High Mtn., and also to the northwest as far as Schunemunk Mountain. Perhaps the Lambert Tower will be open for views. **Rain will cancel this hike**

**Leader: AL MacLennan** 908-955-7723 MACLENNAN\_AL@COMCAST.NET

**Meet: 9:00 a.m. Home Depot, 545 Rt-46 Riverview Dr & Rt-46 (westbound Side), Totowa, NJ 07512**

**From I-80 West Exit 55 Union Ave:** Go south ½ mi to Rt-46 West. Then west for ½ mi. to Riverview Dr, stay on Rt-46 and proceed past underpass to first entrance to Mall. Park on the South side of Home Depot by Fortunoff. (GPS 40.8954,-74.2393)

**From I-80 East Exit 53 Wayne Rt-46:** Go east 1 mi on Rt-46 to Riverview Dr. **Extreme Right Lane** exit after going under underpass toward Wayne. Proceed north over Rt-46 on Riverside Dr. to Mall entrance on left. Park on the South side of Home Depot by Fortunoff.

**Sunday December 21, 2014 Lake Skannatati Circular South Moderately Strenuous**

In our loop hike today we will see the Little Cemetery on the Beech trail, the Hasenclever Mine, Lake Askoti and Lake Skannatati. The Long Path, Beech, Red Cross, ASB are some of the Trails we will use. **Rain, Snow or Foul Weather cancels this hike.**

**Leader: Roy Williams** ROYHIKER1@AOL.COM

**Meet: 9:00 a.m. Lake Skannatati Parking Area, Seven Lakes Drive, Harriman State Pk, NY 10974**

**From Suffern: @ I-287 & I-87N Interchange exit 15A:** Take Rt-17 north 4½ mi, to Seven Lakes Dr., just north of Sloatsburg, NY. Turn right onto Seven Lakes Dr; go 7¼ mi. Parking Area is on the left (down the hill) along the lower lake. (GPS 41.2429,-74.1017)

**Saturday December 27, 2014 Steam Generating Ramble Strenuous**

Connect most if not all of the plants in Brooklyn, Queens and Manhattan which generate steam for Manhattan's historic (parts dating to 1882) district heating system. The hike is 15-20 essentially flat mi at a moderately brisk pace on city streets and park paths. Bring lunch, snacks and water. **Awful or dangerous weather cancels.**

**Joint Hike with Shorewalkers & Outdoors Club.**

**Leaders: Craig Nunn** 551-206-6823 DYSTOPICNJ@GMAIL.COM

**Guy Percival** 973-590-7437 JENGUY@OPTONLINE.NET

**Meet: Contact leader by Email (preferred) or phone a week before the hike for meeting time and place. Call after 7:00 AM morning of hike if uncertain about the weather.**

**Sunday January 4, 2015 Cooper Mill to Bamboo Brook Moderately Strenuous**

This 8 mile hike will take the Patriots path along the Black River to the Conifer Pass trail, then Bamboo Brook trail to Bamboo Brook. Black River has several pretty pools and small waterfalls that are great to see in Winter. **Shuttle required**

**Leaders: Guy & Jen Percival** 973-590-7437 JENGUY@OPTONLINE.NET

**Meet 9:30 a.m. Cooper Gristmill, 66 Rt-24 (Rt-513), Chester, NJ 07930**

**From I-80 Exit 27: (Rt-206 South).** Continue southward 7+ mi to the Chester area at the intersection of Rt-513 (no Rt-24 sign). Turn right (west) on Rt-513 and continue 1½ mi to the Morris County Cooper Mill parking on the left. (GPS 40.7788,-74.7202)

**Sunday January 11, 2015 Tourne & Mtn. Lakes Moderately Strenuous**

This is an 8 mile hike around the trails of the Tourne Park and also an excursion into historic Mtn. Lakes to see its historic "Hapgood Development" homes.

**Leader: Paul Ferlazzo** 973 979-2010 P\_FERLAZZO@YAHOO.COM

**Meet: 9:30 a.m. The Tourne Park, 50 McCaffrey Lane, Boonton Township, NJ 07005**

**From I-80 West, Exit 39:** Rt-46 East. Go east 1¼ mi to Mountain Lakes Blvd. CR-618. Turn left at the traffic light and go 2½ mi to fork. Bear left for another ¼ mi to McCaffrey Lane. Turn left and go ¾ mi to parking lot on left by ball field. (GPS 40.9092,-74.4366)

**Sunday January 18, 2015 Sourlands in Winter Strenuous**

Come enjoy an 8½ mile hike in the Sourland Mountain preserve. Scale the valley of rocks and see the Devils half acre. The leaves will be down so be prepared for lovely view of the surrounding farm fields.

**Foul Weather or poor driving conditions cancels this hike.**

**Leader: Udi Cohen** 732-543-4624 UDIC2000@GMAIL.COM

**Meet: 9:00 a.m. Sourland Mountain Preserve Parking Area, 380 East Mountain Rd, Hillsborough, NJ 08844**

**From Rt-287 Exit onto Rt-206 southbound:** Follow Rt-206 south to Somerville Circle (Junction of Rt-202 & Rt-206). Continue south on Rt-206 6 mi, then turn right on Rt-514 (Amwell Rd). Proceed west 2 mi to East Mountain Rd. Turn left onto East Mountain Rd. Travel for 2 mi, and you will see the Sourland Mountain Preserve entrance sign on the right.

**From Rt-206 Northbound:** Follow Rt-206 through Princeton and Montgomery. Traveling up a small ramp, make a left onto Rt-601. Follow Rt-601 for a ½ mi, and make a right turn onto East Mountain Rd by the Carrier Foundation. Travel for 1 mi, and you will see the Sourland Mountain Preserve entrance sign on the left. (GPS 40.4751, -74.6926)

**Sunday January 25, 2015 Silvermine Circular Moderately Strenuous**

This hike begins and ends at the Silvermine parking/picnic area. We'll take the Menomine trail and Stockbridge Mountain (Long Path) trail to Lake Tiorati for lunch. Then return by the Ramapo-Dunderberg trail and Menomine trail for a complete circle. Rain, Snow or foul weather cancels this hike.

**Leader: Roy Williams** ROYHIKER1@AOL.COM

**Meet: 9:00 a.m. Silvermine Picnic Area, Seven Lakes Drive, Harriman State Park, NY 10926**

**From Suffern @ I-87 & I-287 Interchange Exit 15A:** Take Rt-17 north 4½ mi, to Seven Lakes Drive, just north of Sloatsburg, New York. Turn right onto Seven Lakes Drive; go 12½ mi. Silver Mine Picnic/Parking Area is on the right.

**From the Palisades Interstate Parkway Exit 18 @ intersection of PIP & Rt-6:** Go north to Long Mountain Circle and then take Seven Lakes Drive west 1½ mi to Silver Mine Picnic/Parking Area on left. (GPS 41.2960,-74.0592)

**Saturday Jan 31st →Deadline for May 2015 to October 2015 Trip Plans←**

**Sunday February 1, 2015 Palisades and Giants Steps Strenuous**  
Starting at the Alpine Boat Basin, we hike north along the Shore Path, scramble over the Giant Steps and then ascend the trail to the Long Path. Then we follow it South to our descent just past the Alpine Lookout. Loop is 8 miles long.

**Rain or Foul Weather cancels this hike.**

**Leader: Christian Wojtko** 201-707-2547 CHRISTIANWOJTKO@KPMG.COM

**Meet: 9:00 a.m. Alpine Boat Basin, Henry Hudson Dr, Alpine, NJ 07620**

**From The Palisades Parkway Exit 2: (almost 8 mi north of the GW Bridge) Northbound:** Get off at exit, stay left at bottom of curve, follow road to river and Boat Basin.

**Southbound:** Get off at exit, make right onto Rt-9W northbound, go on to traffic light and make right. Proceed, going under the overpass, bear right to road to river and Boat Basin. The Boat Basin is 1+ mi. down (Southeastward) the Northern End of the Henry Hudson Dr. It passes the PIP HQ and descends toward river. At the circle, down near the river, bear left (North) going to the Boat Basin. Parking is on left side near restrooms. (GPS 40.9446, -73.9190)

**Sunday February 8, 2015 High Line and NYC Moderately Strenuous**  
Hike across the High Line, Greenwich Village, Soho, and Chinatown for dinner with dessert in Little Italy. This city walk is 10 miles and flat. **Bring sneakers if no snow.**

**Leader: AL MacLennan** 908-955-7723 MACLENNAN\_AL@COMCAST.NET

**Meet: Penn Station NY, NJ Transit waiting room. Time will be announced by mass email the week before.**

**Sunday February 15, 2015 Water Gap Moderately Strenuous**  
Weather permitting we will hike up to Mt. Tammany to enjoy some exciting views and then take the Blue Dot trail to Dunnfield Creek up to Sunfish Pond, where we will enjoy lunch and return on the AT. Approx. 8-9 mi long, however, ice, high water levels and bad weather condition will alter and certainly shorten the route!! **Bring ice traction devices.**

**Leader: Ursula Davis** 973-786-7087 UDAVIS@PTD.NET

**Meet: 9:30 a.m. Delaware Water Gap, Kittatinny Visitor Center, I-80, Columbia, NJ 07832**

**From I-80 west to Delaware Water Gap area:** Exit for Visitor Center. THIS IS THE LAST EXIT BEFORE BRIDGE TO PA. Follow signs to Visitor Center making a Left at stop sign at end of exit ramp and proceeding under I-80.(GPS 40.9706,-75.1314)

**Sunday February 22, 2015 Lake Skannatati Circular North Moderately Strenuous**  
On our hike today, some of the Trails we will use are the Long Path, Dunning, R-D, Lichen, ASB, and Bottle Cap. **Rain, Snow or Foul Weather cancels this hike.**

**Leader: Roy Williams** ROYHIKER1@AOL.COM

**Meet: 9:00 a.m. Lake Skannatati Parking Area, Seven Lakes Dr, Harriman State Pk, NY 10974**

**From Suffern: @ I-287 & I-87N Interchange exit 15A:** Take Rt-17 north 4½ mi, to Seven Lakes Dr., just north of Sloatsburg, NY. Turn right onto Seven Lakes Dr; go 7.8 mi. Parking is on the left (down the hill) along the lower lake. (GPS 41.2429,-74.1017)

**Sunday March 1, 2015 Voorhees State Park to Brew Pub Strenuous**  
Will start out at Voorhees Pk and take the Highlands trail to the Columbia trail and then onto Long Valley. The hike is 10 mi long, mostly flat or downhill, but strenuous due to the mileage. Optional after hike warm up at the Brew Pub! **Shuttle required.**

**Leaders: Guy & Jen Percival** 973-590-7437 JENGUY@OPTONLINE.NET

**Meet: 9:00 a.m. Long Valley Brew Pub, 1 Fairmount Rd (Rt-517), Long Valley, NJ 07853**

**From I-80 Exit 27 (Rt-206 South):** Continue southward 7+ mi to the Chester area at the intersection of Rt-513. Turn right (west) and continue 4½ mi to Long Valley. At the light turn left onto Fairmount Rd (Rt-517) uphill one block to parking on right. (GPS 40.7838,-74.7798)

→Spring Ahead 2:00 AM goes to 3:00 AM March 8th - That is why Sundays Hike gives you an extra hour←

**Sunday March 8, 2015 White Lake Moderate**  
We will explore the White Lake management area via its circular trail. The lake is white due to marl along its bottom. There is an old marl works and lime kiln to see. The hike is 5 mi long and mostly level.

**Leader: Angela Williamson** 908-644-5715 DREAM8996@OPTONLINE.NET

**Meet: 10:30 a.m. White Lake Fish & Game Parking lot, 99 Stillwater Rd (Rt-521), Hardwick Twp, NJ 07825**

**From I-80 West Exit 12:** Proceed north on Rt-521 ¾ mi to Silver Lake Rd on right and follow it to the end (Rt-94). Turn right and follow Rt-94 about ½ mi into the hamlet of Marksboro, then turn left onto Spring Valley Rd (see historic building). Proceed down the hill and over the Paulinskill River continuing to Stillwater Rd (again Rt-521). Turn right. The entrance is about ½ mi on the right. (GPS 41.0024,-74.9166)

**Saturday March 14, 2015 Five Bridges and Three Boroughs Strenuous**  
Walk across all three segments of the Triborough Bridge plus the Third Avenue Bridge and the Ward's Island Footbridge to connect interesting things in Queens, Manhattan and the Bronx. The hike is 8-12 mostly flat miles at a moderately brisk pace on city streets and park paths. Bring lunch, snacks, and water. **Awful or dangerous weather cancels.**

**Leader: Craig Nunn** 551-206-6823 DYSTOPICNJ@GMAIL.COM

**Meet: Contact leader by Email (preferred) or phone a week before the hike for meeting time and place.**

**Call after 7:00 AM morning of hike if uncertain about the weather.**

**Sunday March 22, 2015 High Point State Park Moderately Strenuous**  
Let us see which trails we can find today to hike on today. **Rain, Snow or Foul Weather cancels this hike**

**Leader: Roy Williams** ROYHIKER1@AOL.COM

**Meet: 9:00 a.m. High Point State Park AT Parking Lot, Rt-23, Wantage, NJ 07461**

**From I-287 Exit 52:** Take Rt-23 North 34 mi to High Point State Park. Almost to the Top of Rt-23 hill, on the left is the AT Parking Lot (just past mile marker 48), immediately after large stone piers on both sides of Rt-23. (GPS 41.3035,-74.6667)

**Sunday March 29, 2015****Ringwood Loop****Strenuous**

This loop hike is 10½ miles long and takes about 6 hours. Starting at Skylands Manor, we will use the following trails to complete this scenic loop: The Ringwood–Ramapo, Hoeflerlin and Pearson Trails.

**Leader AL Dicianni** 973-455-7262 JADICIANNI@YAHOO.COM

**Meet: 9:00 a.m. Skylands Parking Lot A, Skylands Manor, Morris Rd (End), Ringwood, NJ 07456**

**From I-287 Exit 55:** Go north on Ringwood Ave. (Rt-511) about 7 mi to Sloatsburg Rd; turn right for 2 mi to Skylands sign. Turn right onto Morris Ave, go 1¼ mi to intersection near Manor House, (Eagles Gateway); continue straight to parking lot "A" on left.

**From Suffern @ I-87 & I-287 Interchange Exit 15A:** Take Rt-17 north 2 mi to Sterling Mine Rd (Rt-72). Right exit at Sterling Mine Rd (becomes Sloatsburg Rd. in NJ), go about 4 mi. Turn left at Skylands Botanical Garden sign, and proceed as above. (GPS 41.1268,-74.2378)

**Saturday April 4, 2015****High Mountain Vista****Moderately Strenuous**

High Mountain on the Second Mtn. Ridge has 360 views over most of Northern NJ, and on to the Palisades and NYC. IHC had its origin in 1931 by splitting from the Paterson Ramblers; on this mountain. This 7 mile hike explores most of the Park.

**Leader: Paul Ferlazzo** 973 979-2010 P\_FERLAZZO@YAHOO.COM

**Meet: 9:00 a.m. High Mountain Preserve, Red Trail Parking Lot, College Rd, Wayne NJ 07470**

**From I-80 East Exit 53 Wayne Rt-46:** Go east 1 mi on Rt-46, and make an **Extreme Right Lane Exit** to Riverview Dr, (north direction.) Then drive north 1½ mi on Riverview Dr. towards Wayne and turn right onto Valley Rd. (by golf course.) Drive ¾ mi, turn right onto Hamburg Turnpike. Continue 1 mi and turn left onto College Rd. Drive up hill ¾ mi, past stop sign, to trail head parking lot on LEFT.

**From I-80 West Exit 55 Union Ave:** Go south ½ mi to Rt-46 West. Then drive west for ½ mi. to Riverview Dr Exit, (north direction.) Then proceed as above. (GPS 40.9520,-74.2002)

**Sunday April 12, 2015****NY CitiBike & Hike****Moderately Strenuous**

Explore Manhattan and try out the Citi Bike system. Must have a Citi Bike permit or be willing to spend \$10 for a 24 hour license. Bring Credit Card. We will start out at Penn Station and head down the West Side by the Hudson. We will drop off CitiBike ever ½ hour to avoid the \$4 surcharge. Will also drop bikes off whenever the going gets rough and take to our feet until we get good biking conditions or a nice bike lane again. **Helmets Required. Bring water, we will pick up lunch**

**Leader: Guy & Jen Percival** 973-590-7437 JENGUY@OPTONLINE.NET

**Meet: Penn station NJ Transit waiting room. Time will be announced one week before by mass email.**

**Sunday April 19, 2015****Black Rock Forest Farm****Moderately Strenuous**

We walk the Stillman Trail (a.k.a. Highlands Trail) over Whitehorse Mtn. & Mt. Misery passing the Upper Reservoir enroute. Then it's on past the mightiest of white oaks. Our return takes us over Black Rock and through Black Hollow past Ben's Bridge and out on the Duggan Trail. Hike is about 8-10 miles with options.

**Leader: Chris Davis** 973-590-7437 (Guy Percival #) CHRISDAVIS08558@YAHOO.COM

**Meet: 9:30 a.m. Black Forest Public Parking Lot, 86 Reservoir Rd., Cornwall, NY 12518**

**From Palisades Interstate Parkway North:** Drive north on the PIP until the intersection of Rt-9W at the Bear Mt. Bridge (about 18 mi north of NY Thruway). From the Bear Mountain Circle, take Rt-9W north for 8¾ mi and make a sharp right turn onto Mountain Road. In about 100 feet at the first street on the right, make a sharp right turn through the tunnel under Rt-9W. Proceed about a half-mile to the parking lot on the right at the foot of the hill before the park gate.

**From NY Thruway north to Exit 16 Harriman:** Keep to the right after the toll onto Rt-32 North for about 7½ mi. Just before the Black Rock Fish & Game Club sign, turn right on Angola Rd (CR-65) and go 1 mi to stop sign. Turn left and continue on Angola Rd (becomes CR-9) 2 mi to Rt-9W south (right turn). Go south 1½ mi and turn right on to Reservoir Rd. leading to Black Rock parking lot, ½ mi ahead. (GPS 41.4188,-74.0100)

**Sunday April 26, 2015****Elk Pen Circular****Moderately Strenuous**

We will start from the Elk Pen on the ASB trail. Then the Dunning Trail to the RD and then head North on the RD trail to the Lichen Trail. After lunch which ever trails that will lead us back to the Elk Pen to end the day. **Rain or Foul Weather cancels this hike.**

**Leader: Roy Williams** ROYHIKER1@AOL.COM

**Meet: 9:00 a.m. Elk Pen Parking Area, 1003 Arden Valley Rd, Southfields, NY 10975**

**From I-87 & I-287 Interchange Exit 15A:** Take Rt-17 north about 13 miles to the Arden Valley Road entrance to Harriman State Park on the right. Turn right and proceed ½ mile to parking area on right. (GPS 41.2654, -74.1535)

## Interstate Hiking Club -- Changes to Membership List after March 2014 Printing

### Members Address / Phone Changes (Underlined):

Greg Hudis	<u>23A Washington Heights</u>	<u>Washington NJ 07882</u>	551-404-5461	GRHUDIS@GMAIL.COM
Mark Norman	<u>8 Meadow Pond Rd</u>	<u>Hamburg NJ 07419</u>	973-229-6186	NORMANFLORIST@VERIZON.NET
Chris Wojtko	<u>107 N Walnut St</u>	<u>Ridgewood NJ 07450</u>	201-707-2547	CHRISTANWOJTKO@KPMG.COM

### New Members:

Eileen Gavin	104 Village Dr	Basking Ridge NJ 07920	908-334-6215	EMGAVIN@OPTONLINE.NET
Kathy Kloos	11 Glenmont Rd	Whitehouse Sta. NJ 08889	908-534-5528	KLOOS.KATHY@GMAIL.COM
Naomi Marcus	5648 Netherland Ave 1G	New York NY 10471	718-549-2253	NESHAMA44@OPTONLINE.NET
Katherine K Ruppel	PO Box 121, 1084 Durham Rd	Pineville PA 18946	215-478-1529	KINDNESS37@VERIZON.NET
Nicole Urban	3175 Rt-10 E, San-Mar Sq, # 1001	Denville NJ 07834	201-819-8488	URBANROFFICE@OPTIUM.NET